

TWO VALLEYS PARISH NEWS



**Serving the parishes of Cartmel Fell, Crook,
Crosthwaite, Helsington, Underbarrow, Winster &
Witherslack**

April 2026

£1

Joseph Haydn's **THE SEASONS**

Kendal South Choir

Conducted by **Geoffrey Field**

Orchestra leader **Pamela Redman**

Kendal Parish Church

at **7.30pm**

SATURDAY 16th MAY

Tickets £18 (under 18s free)

via TicketSource or choir members

kendalsouthchoir.weebly.com



ticket source

- **Car parks**
- **Caravan parks**
- **Driveways**
- **Farm roads**
- **Private roads**
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Phil Hawkins

Surfacing & Groundworks



07890 636167

philhawkinssurfacing.com

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Cover picture: **Brigsteer Woods** by Dorothy Grace
Church miniature pictures from watercolours by **John Wilcock**

Church Services for APRIL 2026

Thursday 2nd April Maundy Thursday

7.30pm Witherslack Maundy Thursday Communion Rev. Beverley Lock

Friday 3rd April Good Friday

2.00pm Cartmel Fell Holy Hour Reflection Rev. Simon Howard

Sunday 5th April Easter Day

9.30am Cartmel Fell Easter Communion (CW) Rev. Ray Dent

9.30am Witherslack Easter Communion (CW) Brian & Rev. Beverley Lock

9.30am Underbarrow Easter Communion (CW) Rev. Bob Dew

11.00am Crosthwaite & Winster joint service at St Mary's:

Easter Communion (CW) Brian & Rev. Beverley Lock

11.00am Crook Easter Communion (CW) Rev. David Parsons

Sunday 12th April 2nd of Easter

9.30am Cartmel Fell Morning Worship + APCM (CW) Lay Team

9.30am Underbarrow Holy Communion (CW) Rev. Simon Howard

11.00am Winster Morning Worship + APCM (CW) Lay Team

11.00am Crosthwaite Christening Service Rev. Simon Howard

11.00am Crook Morning Worship (CW) Neil Carter

Sunday 19th April 3rd of Easter

9.30am Witherslack Morning Worship (CW) Dorothy Grace

9.30am Underbarrow Holy Communion (CW) Rev. Simon Howard

11.00am Winster Holy Communion (BCP) Rev. Michael Hunter

11.00am Crook Morning Worship (CW) Tony & Hilary Fitch

Thursday 23rd April

9.15am Crosthwaite Holy Communion with the school

Sunday 26th April 4th of Easter

9.30am Cartmel Fell Holy Communion (BCP) Rev. Beverley Lock

9.30am Underbarrow Morning Worship (CW) Nick Gray

11.00am Crosthwaite Morning Worship + APCM (CW) Dorothy Grace

11.00am Crook Morning Worship (CW) Nick Gray

A LETTER FROM NICK GRAY



“HAPPY EASTER ! ” . . . I greeted everyone I met; friends, neighbours, unknown strangers on the road. After a shift in my life in my mid 30s - ‘a turn to follow Jesus’ call’ - those first Easter Sundays were so full of wonder that I just had to share that greeting with **everyone**. And yes, I got some surprised looks returned! But you see I’d not ‘got it’ before, either.

“Happy Christmas” everyone understood as a greeting. We’d all reached that midwinter lull together. We could all share in the joy of celebrating Jesus’ birthday as we looked forward to the light ahead;

the promise of a new year. But Easter I’d not fully grasped. Lambing time. Hopefully better weather. But for me there was too much chocolate - and rabbits?! Coming almost too soon after Christmas, I knew what Easter was basically about but I didn’t really understand it. I didn’t ‘get it’. Do you?

Looking at the gospel accounts of Easter Sunday, Mark’s gospel ends with: *“trembling and bewildered the women went out and fled from the tomb. They said nothing to anyone because they were afraid.”* Matthew’s gospel says: *“The women went away afraid, yet filled with joy”*.

Why not read the short Easter accounts in each of the four Gospels and compare notes? Don’t worry if you find it difficult to comprehend the mystery of Easter. Those early followers did too. Fear, doubt and joy were all present in equal measure. So let us journey on together this month, through the year, through our lives, exploring and embracing this startling story. As George Herbert urges in his poem **Easter**: *“Rise heart; thy Lord is risen. Sing his praise without delays.....can there be any day but this? There is but one, and that one ever.”*

‘Easter’ should inform the way we live today. Here is another poem to reflect upon this month. RS Thomas combines scriptural images with seasonal weather, and the day to day reality of an abandoned vehicle, all crowned with the beauty of new life in creation. Maybe we too can sometimes feel *“stranded”* by all that another year brings.

“Resurrection”

by RS Thomas.

Easter. The grave clothes of winter are still here,
but the sepulchre is empty.

A messenger from the tomb tells us
how a stone has been rolled from the mind,
and a tree lightens the darkness with its blossom.

There are travellers upon the road
who have heard music blown from a bare bough,
and a child tells us how the accident
of last year, a machine stranded
beside the way for lack of petrol,
is crowned with flowers.

“Happy Easter!”

Nick Gray

New Bishop of Penrith

His Majesty The King has approved the nomination of the Rev Canon Dr Michael Leyden to be the next Suffragan Bishop of Penrith, following recommendation by the Bishop of Carlisle, the Rt Rev Rob Saner-Haigh.

Michael is the founding Dean of Emmanuel Theological College, which provides a wide range of ministry training for the six Dioceses in NW England. Through his theological college role he has close ties with the Diocese of Carlisle, having supported dozens of people from the county in training for ministry, ordination and lay leadership. He will move to Cumbria in the summer and will live in Clifton, near Penrith. As Suffragan Bishop he will have particular responsibility for further developing discipleship, vocations and leadership as well as supporting the Diocese's 104 church schools.

Michael succeeds Bishop Rob as the Suffragan Bishop of Penrith, following Rob's appointment as Bishop of Carlisle in May 2025. He will be consecrated at a service in York Minster on Thursday 30 April, followed by a service of introduction and welcome at Carlisle Cathedral on Sunday 19 July.

EASTER SERVICES IN THE TWO VALLEYS

THURSDAY 2 APRIL 7.30 P.M.

Maundy Thursday Communion at
St. Paul's Witherslack

FRIDAY 3 APRIL 2 P.M.

Good Friday Holy Hour Reflection at
St. Anthony's Cartmel Fell

EASTER DAY SERVICES – SUNDAY 5 APRIL

- 9.30 a.m. Easter Communion at Cartmel Fell
- 9.30 a.m. Easter Communion at Witherslack
- 9.30 a.m. Easter Communion at Underbarrow
- 11.00 a.m. Easter Communion at Crosthwaite
- 11.00 a.m. Easter Communion at Crook

Please take time over Easter Week to come along to some of the services on offer in our parishes.

You will be assured of a warm welcome as we celebrate the Easter Story.

Advertising Manager and Magazine postal service:

Lorraine Brierley, 4 Whitbarrow Grove, Levens. LA8 8LT.

07826 800469 brierleyl@yahoo.co.uk

NOTICE OF THE ANNUAL MEETING OF CROSTHWAITE AND LYTH PARISH 2026

To be held in accordance with the requirements of the Local Government Act 1972. It is a legal requirement to hold a village meeting once a year between 1st March & 30th June. This is not a Parish Council meeting but, whilst it is not a responsibility on it, the Parish Council usually organises the meeting on behalf of Parishioners. In addition to delivering legal requirements, including a Report from the Parish Council, the Meeting makes provision for village organisations to update parishioners on their activities.

**The Annual Parish Meeting Will be Held on Monday 20th APRIL 2026 at
7.00 p.m. in the Argles Memorial Hall**

Invitations are extended to:

Parishioners and Members of the Public
Representatives of Village Organisations
Councillor Steve Bavin, Westmorland & Furness Council
Members of the Crosthwaite and Lyth Parish Council

The **Agenda** will be posted on the Parish Council Website (<https://crosthwaiteandlyth-pc.gov.uk>) and on village Noticeboards nearer the time.

Current Parish Council Initiatives on its Website

Please visit the Parish Council Website at <https://crosthwaiteandlyth-pc.gov.uk> for details of the following initiatives:

Crosthwaite and Lyth Speed Reduction Project: Initial high-level proposal prepared by Cllr. Jordan Perry on behalf of the Parish Council

Crosthwaite and Lyth Strategic Plan (Draft): Government funding for the finalisation of the Crosthwaite and Lyth Neighbourhood Development Plan was curtailed in 2025 and the Plan has therefore been paused for the time being. In the meantime, the Parish Council has resolved to produce a Strategic Plan to advise and inform Parishioners of its priorities over the next 5-year period. A first draft has been approved by the Parish Council and is currently on the website. Arrangements for local consultation will be made and publicised.

Both these initiatives will be described in more detail at the Annual Parish Meeting on 20 April.

Crosthwaite and Lyth Community Litter Pick 2026

The Parish Council is gearing up for the annual community litter pick **14th – 25th March 2026** and is looking for volunteers to join in and tidy up our verges before the grass gets going. If you are willing and able, please get in touch with Cllr. Jordan Perry via email at jlrperry.clpc@yahoo.com.

Pickers, high-vis vests, gloves and bags will be provided, and you will be given a route to pick. The more the merrier! Grateful thanks to those who have already offered. We will be in touch!

Thank you.

Curlew Recovery South Lakes "They're back!" Reports of hearing the first curlews have been flooding in from farmers and locals around our valleys since mid-February. Many people take note when they first hear them as they are strongly associated with the start of springtime. Locally a group of volunteers work with farmers to protect curlews. Last year the group had their best results yet with 27 chicks fledged in 2025 compared with 18-20 in 2024. To join the volunteers on the first Survey Day meet at the Black Labrador on Saturday 18 April at 1pm or contact - curlewrecoverysl@gmail.com. Web: <https://linktr.ee/curlewslakes>

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

CARTMEL FELL VOLUNTEERS

Work continues around the Parish Hall including felling and logging trees with dieback. if you get a chance, come and enjoy the new paths opened up and the extra light in the woodland. You are welcome to come along to a Friday session in the Woodland, or get in touch if you fancy helping on one of our other events this year. team@cartmelfellvolunteers.com



CARTMEL FELL AND DISTRICT LOCAL HISTORY SOCIETY

2 p.m. in the Parish Hall, Cartmel Fell

We are looking forward to **Dr Chris Donaldson's** talk outlining the Links between Cumbria's history and the history of the US including Harriet Martineau's role on Monday 13th April at 2p.m. in the Parish Hall. Visitors are most welcome.

CROSTHWAITE



CROSTHWAITE CINEMA
A DIFFERENT KIND OF NEIGHBOURHOOD WATCH



A huge thank you to all those who came along to watch the films shown in Crosthwaite Village Hall over the past 6 months. We hope you thoroughly enjoyed the films we chose to show. We would like to show more films in the Autumn, but having a few more volunteers will be important, so that we can welcome you with more popcorn and ice cream in the Autumn. If you have a favourite film you would like to see, or can help out at future film nights, please email:

filmnights@crosthwaiteandlyth.co.uk

The Crosthwaite Cinema Team



Recycling at St Mary's Church

As part of our Eco Church commitments and CLEAN activities, you will be aware of our ongoing recycling arrangements at St Mary's Church in Crosthwaite. Currently we collect and re-distribute to a range of organisations the following items:

- Plastic bread wrappers
- Used ink cartridges
- Used domestic batteries
- Postage stamps
- Pill Blister packs

We no longer collect crisp packets and toothpaste tubes.

But **we have a problem** (Houston).....

We collect a HUGE number of pill blister packs - but our volunteers have found it necessary to sort through piles of these because **donations have included foil and foil items - which we cannot redistribute** - these can be sorted by you and placed in your blue bags as part of your household recycling. **We collect the pill blister packs only.**

It would also be appreciated if items could be emptied from any plastic bags into the recycling containers in church, as this is another unnecessary task for our volunteers who give of their time to dispose of all these items. Your cooperation in this would be much appreciated.

"Power Up Your Home with Solar PV" in Crosthwaite

Free event on Wednesday 29 April, 7pm at Crosthwaite CofE Primary School. Explore the benefits of solar and energy batteries for the home, with free advice, real stories, local installers, and support to get started.

This FREE event from Futureproof Cumbria in partnership with CLEAN will explore the costs, benefits, and options of installing solar photovoltaic (PV) panels and home battery storage. Local, vetted, MCS Accredited installers will be on hand to answer your questions, and Futureproof Cumbria can support you with quotes and guidance.

Key concepts such as self-consumption, exporting to the grid, and smart tariffs will all be unpacked, to help you decide if solar PV is right for your home. The panel will include a local householder who has benefitted from solar panels. Together, they'll do their best to answer all your solar PV questions.

For more information and to book your free place, see

www.futureproofcumbria.org.uk/events

Direct link to event registration page and details via QR code



ST. MARY'S ANNUAL PAROCHIAL CHURCH MEETING
26 APRIL 11 A.M.

St. Mary's church will be holding their APCM after a short service at 11 a.m. If you are not already on our electoral roll and wish to vote at the meeting, please contact Lorraine Brierley on 07826 800469 or email brierleyl@yahoo.co.uk for details on how to join.

£8 PER FAMILY OF 4

JOIN OUR
**EASTER
EGG TRAIL**

**CROSTHWAITE
VILLAGE HALL
LA88HT**

3RD APRIL 10 -12PM

Help the Easter Bunny find all his missing eggs to reveal the secret word.

Refreshments available after the trail.

All proceeds to Village Hall

For more information email
eventsdiary@crosthwaiteandlyth.co.uk

CROOK

Crook Memorial Hall committee recently hosted a successful Quiz Evening. Everyone enjoyed the hotpot supper, delicious sweets and the varied quiz questions.

Crook Young Farmers recently spent a Saturday learning to lay the hedge around the village field near to Crook Church. This field is owned by Crook Memorial Hall Trustees who are very grateful to the young people for helping to care for this land.



COFFEE MORNING

CROOK WI

Friday 24th April

Crook Memorial Hall.10 – 12 am

In Aid of

KIDNEY RESEARCH



**Cake Stall, Plants, Bric a Brac
& Raffle**



Witherslack Parish Hall Committee are hosting a



NIGHT

Friday 24th April

Witherslack Parish Hall 7pm for

Eyes down at 7.30pm

Cash prize for a line and for a full house!

Tea, Coffee and Soft drinks will be available, but if you would prefer to bring something a little bit stronger, please feel free to bring your own!

Everyone Welcome

YOUR LOCAL COMMUNITY SHOP



NEEDS YOU!

At Witherslack Community Shop, we're desperately keen to build up our team of volunteers. Whether you can help each week, or provide occasional holiday cover, we'd love to hear from you!

Full training will be given by one of the friendly team.
If you can help, contact Debbie on 07891593523 or pop into the shop and see us there.

We're open 9 am to 4 pm, Monday to Friday.



***Helsington 300
300th Anniversary
of the founding of St. John's church***

Hymns and Pimms Service
3pm Sunday 3rd May in St. John's
Come along and sing your favourite hymns
to the accompaniment of the Brigsteer band
and enjoy the refreshments.

Choose your favourite hymn now by contacting
Nicola Whitehead nicola@windmillgroup.org.uk 07986 132350

Exhibition of photographs and archives
of Helsington people and places in the past
10.00 a.m - 4.00 p.m Saturday & Sunday, 30th & 31st May
in Brigsteer Village Hall during Brigsteer Open Gardens.

If you have interesting photographs we could include, please contact
Mike Fleetood mikejohnfleetwood@gmail.com 01539 568148

MAGAZINE DEADLINE

**Items for entry to the Editor by 12th of previous month by
e-mail please:**

tvn@crosthwaiteandlyth.co.uk

Magazine Editor next month: Hannah Gross (07933 952756)



ALL WELCOME AT THE NEW
MONTHLY

Coffee Mornings

at Underbarrow Village
Institute

SATURDAY 4 APRIL

10 AM – 12 NOON

AND EVERY FIRST SATURDAY OF THE MONTH

Proceeds to Institute funds

Any questions/suggestions – contact Jenny on

07957211325



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POETRY AT UNDERBARROW CHURCH

Saturday 18th April 2.30pm

Do come along to join us reading a random collection of poems on the theme of

CREATURES

Followed as always by tea, coffee and cake.

If you would like to read a couple of poems of your own choice about any animal that you love, wild or domestic, do please let me know by Thursday 16th, otherwise just come and listen and enjoy.

Jenny Whalley jenwhall43@gmail.com



Underbarrow & Bradleyfield

Sports Day

ALL WELCOME ON

Saturday 27th June 2026

12 Noon with races starting at 12.30pm prompt

On Underbarrow village sports field

Traditional sports races and tug 'o' war

BBQ & bar, strawberries and cream & Ice lollies

Prizes for every child. Sports day entry free.

For more information contact Alec: 07919233112

or Emma: 07733415204

See you there!





Secret Gardens of Brigsteer

Saturday 30th May & Sunday 31st May

10 a.m. - 4p.m.

Entry on the door £7 adults — (Children go free)

Advance tickets: www.ticketsource.co.uk/hbvh

**Plant Sales, Food & Drink in the Village Hall and two gardens
(Locations & timings of which are shown on your map)**

Free Parking

Card Sales in the Hall but Cash required in the Gardens

Raffle Prizes

All proceeds in aid of Brigsteer Village Hall

Charity Number 1131993

My mum doesn't live nearby, but we keep in touch by using the internet. I discovered today that she has been scammed into sending money to people she has never met, because she is very kind-hearted, and I think she has given away her bank details. Whatever can I do?

Online scammers take advantage of people's kindness, and some are very clever at gaining trust before they ask for money and bank details. It is very embarrassing to admit that you have been scammed, but the cleverest people can be caught out, and it's important to take action as soon as you can.

Check if she can get her money back: Tell her bank about the scam as soon as possible - they might be able to stop the transaction before it reaches the other account. If the transaction went ahead, she can ask for a refund. The bank will make a decision by looking at the evidence, e.g. emails, and they should reply within 15 working days.

Protect from further risks: If she feels personally threatened, she should call 999, and ignore all messages but report them to the police. Remind her to be very suspicious of requests for money from now on. Her bank should alter her account details to protect her, but keep an eye on her bank statements and look out for any unusual transactions. Also [check her credit score](#) to see if there are applications for credit you don't recognise. She should re-set her passwords and update her anti-virus software.

Report the scam: Report the scam to Citizens Advice, who will pass it on to other relevant organisations. Your mother's evidence could help them stop the scammer targeting other people, and she should not feel embarrassed about it.

If you need more help with any of these actions, contact South Lakes Citizens Advice to speak to an adviser.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

How to access:

- **Call [015394 46464](tel:01539446464) (9.30am – 2pm, Monday – Friday)**
- **Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)**
- **Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)**
- **Email advice via the submission page on our website www.southlakescab.org.uk**

South Lakes Citizens Advice is a local charity based in the heart of South Lakeland. Can you help us by giving six hours a week to train to be a volunteer and help local people, or by joining our Trustee Board, or by donating to support our vital service? If so, please contact Karen – manager@southlakesca.org.uk

BRIGSTEER WI

Our first Open Meeting was held this evening with many villagers in attendance. The talk was given by Mr Colin Kendal, a long time volunteer for North West Blood Bikers.

The talk was very interesting and enlightening to hear about how the volunteers started in 2012 and is the busiest group in the country. Their work extends from Barrow in the north to Leyland in the south, Blackpool in the west and Burnley in the east. Blood is transported by the riders every day of the year to where it is urgently needed. The commitment of all the riders, organisers and fundraisers saves lives but also saves the NHS huge amounts of money. Huge thank you to them all.

This month we lost our longest serving member, Susan Steer was a very active member of our WI and will be sadly missed.

Our next meeting on the 8th of April is a Fashion Show by Kitty Brown, all welcome, in support of the Bendrigg Trust.

All potential new members are welcome to experience our active programme. Please contact: Johan Welsh 07810013787, Gerry Prescott 07870664492, Nicola Whitehead 07986132350

CARTMEL FELL WI

Following a short business meeting where members were reminded of the forthcoming Council Meeting, the Spring Quiz and the Group meeting, Andy from Shed was ready with his first batch of gin tasters.

This award-winning small business started in 2016 as a means of using available fruits and hedgerow bounty, being a hobby which soon grew, with knowledge from books and friends' and neighbours' encouragement and help, to the diverse business it has become in the last decade. Moving from their 7x4 garden shed to adapted premises in the calf shed at Ulverston Auction Mart.

3 tipples were enjoyed with tonic by Shed 1 with members enjoying the different flavour of the gin. There are now classes available for making your own distilled spirit, distillery tour and tasting, and botanically-inspired afternoon 'G&Tea'. All hosted by owners and distillers Andy & Zoe.

This entertaining and interesting talk was followed by Ivy winning the raffle and Jane 'C' winning the competition for 'a book you would recommend': The Secret Garden.

The next meeting is an open meeting where the subject will be Home Energy Support; as always visitors will be made most welcome to see what Future Proof Cumbria can offer. The competition will be for a home produced jam.

LYTH VALLEY WI GROUP MEETING

Thursday 23rd April 2026
Underbarrow Institute 7 p.m.

The Great British Sewing Bee & Me



Entrance Charge - £5 including refreshments

Remember to bring your purse for :
The Raffle & The Federation Gift Stall

Competitions to be judged by Mitch
1: A Pin Cushion 2: Four Brownies

Everyone Welcome – including Friends & Visitors

CROOK WI

Our recent speakers at the WI gave a wonderful and informative talk about Swifts. Most of us had no idea how amazing these birds are and we were thrilled to learn so much about them.

On Thursday 23rd April at 7pm at Underbarrow Institute, the Lyth Valley Group of WI's look forward to hearing Mitch Bridgewater tell us about his experience of being a "not very successful contestant" on the Great British Sewing Bee. Everyone is very welcome for what will be a fun evening.

On Friday 24th April from 10am – 12noon Crook WI are hosting a coffee morning in Crook Memorial Hall, to which everyone will be warmly welcomed. There will be a produce stall, plants, bric-a-brac and a raffle. We will be supporting the charity "Kidney Care UK" and we do hope you will be able to join us.

UNDERBARROW WI

At our March meeting, the Rev John Morton, a retired Methodist Minister, entertained us with jokes, anecdotes and his own poems. He also talked a little about his life as a Minister.

Arrangements were made for an outing for ten pin bowling at Holgate and a Summer visit to Saltaire. On 1st April at 7.00pm Jenny Wilson will speak about the lost Kendal Fell Community.

New members and guests are welcome, please contact
Sarah Rashleigh sarahrashleigh@gmail.com

CROSTHWAITE & LYTH WI

25 members gathered to hear Callum Smith and Lola Armistead explain to us the many and varied "Goings On" that Crook Young Farmers' get up to. In the audience was Ivy Pearson, whose husband John had been a Founder member in 1949. The Young Farmers activities are incredibly varied, and the chances the young members get to travel around both Britain and the World learning about many different subjects came as quite a surprise to our members. Their Charity and Community work in our local area is substantial and unsung. We ended with a debate masterminded by Callum with 3 W.I. ladies debating the value of cattle to our planet. That got us thinking. Thank you Callum and Lola, you gave a superb presentation and the W.I learnt a lot.

WITHERSLACK WI

Linda welcomed 17 members to Witherslack's March meeting. We discussed ideas for our trip in August.

We were entertained by our annual speaker Andy Lowe talking about a career in ruins which was a story about his life in the lake district planning board. He explained how Ash Street in Bowness was pedestrianised to make it safer and also talked about the pedestrianisation of Keswick to make the town more appealing and safer for tourists.

Two Valleys Churches

"Enriching lives Embracing God"

Cartmel Fell, Crosthwaite, Winster and Witherslack

Vicar: Vacant

Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony's, Cartmel Fell

Churchwarden: Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Steven Brierley 07470 169890
Mrs. Geraldine Wilson 07766646504/ 015395 68836
Mrs. Pat Howarth 07765 010252

Holy Trinity, Winster

Churchwarden: Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwarden: Mr. Richard Coates 015395 52469

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Beth Booker assjadmin@stkmil.org.uk : 01539 730683

Safeguarding Officer for all the above:

Mrs. Jane Eccles 07779 953763

St Thomas' Kendal with St. Catherine's, Crook

Vicar: Rev'd. George Briggs, george@stkmil.org.uk 015395 83058

St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Beth Booker assjadmin@stkmil.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook

lilatkinson8@gmail.com

REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 07729101252

Email: villagehall.brigsteer@gmail.com

Monday

Strength circuits
Pilates

8:15-9:00
9:10-10:00

Tuesday

Circle Dance
Tea Shop (last Tuesday in the month)
Table Tennis

10:00-11:45
15:00-16:30
19:00-21:00

Wednesday

Yoga with Tara
WI (second Wednesday in the month)

9:30-11:00
7:30-21:30

Thursday

Dru Yoga
Tai Chi
Ballroom and Latin dancing

9:30-11:00
14:00-15:45
8:30-21:30

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute
Local History Society

First Wednesday in the month at 7.30pm
Second Monday in the Month Sept-May at 2.30pm or
7.30pm. Please check time - gandjviney@live.co.uk

CROOK MEMORIAL HALL

For bookings contact Mrs Kath Jackson 01539 821415

Music Group
Art Group
Table Tennis

Guitar Group
Young Farmers Club
WI

Sewing/Craft Group
Aerobics/Body Toning
Folk Dance Group

Monday morning
Monday afternoon
Monday and Friday 7.30 – 10.00pm
(from September during the winter months)
Tuesday morning
Occasional Tuesdays 7.30 – 9.30pm
First Wednesday in the month
(afternoons in winter, evenings rest of year)
Once a month on Thursday afternoons.
Thursday 10am – 11.00am
Thursdays 7.30pm – 10.00pm

CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

www.crosthwaiteandlyth.co.uk/memorialhall.php

For Bookings contact Angela Dobson Tel: 07766 881183 or

email: eventsdairy@crosthwaiteandlyth.co.uk

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tuesdays & Thursdays 7.30-10pm Jan 6th-Mar 24th
Exchange	Tea@2 1st and 3rd Wednesdays of month 2pm. to 4pm
Yoga	Wednesdays 7.00-8.30pm (3rd Wednesday from 5pm)
WI	Every third Wednesday of the month 7.30 to 9.30pm
	Social Afternoon every first Thursday of the month 2 to 4pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 1st Wednesday of the month (from February 2026) 2pm, October to March inclusive, 7.30pm, April to September inclusive.
Coffee Morning	Every 1st Saturday of the month 10am - 12noon

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

WITHERSLACK

Contact: Jane on 07787075544 email, janeweaves@gmail.com or

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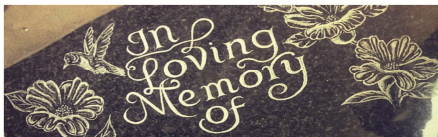


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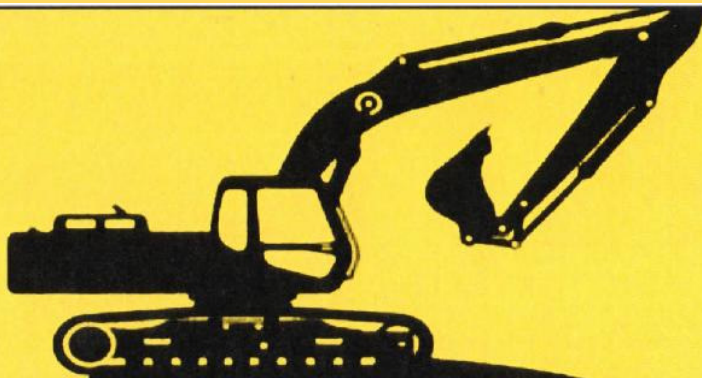
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