

TWO VALLEYS PARISH NEWS



**Serving the parishes of Cartmel Fell, Crook,
Crosthwaite, Helsington, Underbarrow, Winster &
Witherslack**

February 2026

£1

THE ELDERLY BROTHERS

FRIDAY
27TH FEBRUARY

BRIGSTEER VILLAGE
HALL LA8 8AL

GENTLE MAYHEM
AND SOULFUL R&B



TICKETS: £12
DOORS: 7PM
START: 7:30PM
BAR AVAILABLE

SCAN QR FOR TICKETS OR CONTACT MELANIE ON 07771737629

Church Services for FEBRUARY 2026

Sunday 1st February Candlemas

9.30am Witherslack	Morning Worship (CW)	Dorothy Grace
9.30am Underbarrow	Holy Communion (CW)	Rev. Bob Dew
11.00am Winsters	Holy Communion (BCP)	Rev. Mike Hunter
11.00am Crook	Baptism service	Rev. George Briggs

Sunday 8th February 2nd before Lent

9.30am Cartmel Fell	Holy Communion (BCP)	Brian & Rev. Beverley Lock
10.00am Underbarrow	Baptism service	Rev. Simon Howard
11.00am Crosthwaite	Holy Communion (CW)	Brian & Rev. Beverley Lock
11.00am Crook	Morning Worship (CW)	Tony & Hilary Fitch

Thursday 12th February

9.15am Crosthwaite Holy Communion with the school

Sunday 15th February Sunday before Lent

9.30am Witherslack	Holy Communion (CW)	Rev. Rob McLellan
9.30am Underbarrow	Holy Communion (CW)	Rev. Ian James
11.00am Winsters	Holy Communion (BCP)	Rev. Rob McLellan
11.00am Crook	Holy Communion (CW)	tbc

Sunday 22nd February 1st of Lent

9.30am Cartmel Fell	Holy Communion (BCP)	Brian & Rev. Beverley Lock
9.30am Underbarrow	Morning Worship (CW)	Nicola Whitehead
11.00am Crosthwaite	Holy Communion (CW)	Brian & Rev. Beverley Lock
11.00am Crook	Morning Worship (CW)	Rev. Di Gilmore

Cover photo: by Julian and Vanda Lambton as exhibited at the 'Life on the Fell' exhibition

Church miniature pictures from watercolours by John Wilcock

A LETTER FROM ROB MCLELLAN



‘Access takes the waiting out of wanting’.

That was the credit card slogan from forty years ago - but it’s not a principle to live by.

Apparently the average person spends about 5 years of their life ‘waiting’! I think this means waiting in queues, in traffic etc which is perhaps different to another kind of waiting – i.e. anticipation.

Here we are on the other side of the Advent which precedes the Christmas season and is a poignant season of anticipation in the Christian calendar. I confess I didn’t enter into the advent-ure with great intent which perhaps took some of the shine off the celebrations when they arrived.

Waiting can feel frustrating – especially in an age which is obsessed with instant results and instant gratification. I’m not convinced we are any better for it.

There is something essential about waiting – something that cannot be obtained in an instant. If the waiting is removed we’ll miss something important along the way.

By the time you read this Epiphany will have provided another chance to think about what it must have been like for the magi, Anna and Simeon and those at the wedding at Cana to encounter Jesus for the first time - the long awaited Messiah. It was 700 years after the prophet Isaiah, who declared ‘unto us a child is born’ that Jesus finally came; more than 20 generations later! What a lesson in waiting. If it’s true that *the best things come to those who wait* – surely Jesus is undoubtedly ‘the best’ we could have asked for.

Consider ‘Access’; the opportunity to approach and enter. Jesus reveals who God really is - giving us access to the Father and the Holy Spirit. When we turn to God we are welcomed in an instant – with forgiveness and joy - but this leads to a journey of restoration – a process that cannot be hurried.

My time as Curate at St Thomas’ draws to a close later this year and my wife and I are praying in anticipation of what comes next - which at times feels exhausting. If you too are anticipating something significant perhaps you can relate.

And yet waiting doesn’t necessarily equal *static*. Waiting can mean actively serving – think *waiter*.

In Isaiah 40 the phrase ‘trust in the Lord’ is sometimes translated as ‘hope in the Lord’ or ‘*wait upon* the Lord’:

...they who wait upon the Lord will get new strength. They will rise up with wings like eagles. They will run and not get tired. They will walk and not become weak. (Isaiah 40:31 New Life Version)

I am speaking to myself here but whatever we are waiting for at this time let’s be encouraged to serve and trust God actively and receive the strength to...

²³ **...hold unswervingly to the hope we profess, for he who promised is faithful.** ²⁴ **And let us consider how we may spur one another on toward love and good deeds,** ²⁵ **not giving up meeting together, as some are in the habit of doing, but encouraging one another** (Hebrews 10 NIV)

Every blessing as you hold unswervingly to God throughout this year.

Rob McLellan – one of the Curates at St Thomas’ Kendal.

Vicar Vacancy Update 16

Not much to report at the moment – it's a waiting game. The revamped advert ran during January in the *Church Times*, on related websites and on our Diocesan website, with a closing date of 28th January; shortlisting is scheduled for 4th February and interviews for 16th March.

As well as waiting, we keep on praying! Our new Vicar is out there somewhere!

*God, the giver of life,
whose Holy Spirit wells up within your Church:
hear our prayer for all your faithful people in the Two Valleys,
that by the Spirit's gifts we may each be equipped to be an instrument of your love.
Grant wisdom and discernment
to all those involved in the process of appointing a new incumbent,
and draw amongst us one who will lead us and guide us in the victory of your love,
through Jesus Christ your Son our Lord.
Amen.*

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

CARTMEL FELL VOLUNTEERS

Cartmel Fell Volunteers (CFV) is a community group focussed on supporting a sustainable rural community.



The Committee meet monthly to plan activities that are open to all. In addition to regular Friday work parties to maintain the land around the Parish Hall, our activity in December included a well-attended film night showing "Wilding", a session to prune the newly planted orchard and nuttery, and a meal at the Black Labrador for the volunteers.

Our "Living on the Fell" calendars showcase some of the best photographs from our recent exhibition at the Parish Hall and there are a few calendars left for sale so contact us if you'd like one.

Consideration was given to the programme of events for 2026, which will kick-off with a Wassail in the Community Orchard on 16 January, and to what projects the volunteers could usefully undertake over the coming year. If you have any requests or ideas, please get in touch.

We are also considering varying our work party sessions from the regular Friday afternoon to enable more people to attend. If you'd be interested in this (no commitment) please get in touch. Our website is at www.cartmelfellvolunteers.com.



Join Us for Two Wonderful Community Events This February!

 **Sunday Lunch**

Sunday 8th February 2026 – 12:30 for 1pm

Enjoy a delicious two-course Sunday Lunch.

Tickets: £25 per person

 **Quiz Night**

Saturday 21st February – 7pm

Test your knowledge and enjoy a hearty Pie & Peas supper.

Tickets: £12 per person

Both events will take place at Cartmel Fell Parish Hall.

All Tickets must be purchased in advance and are available online at cartmelfellparishhall.com or directly from Helen on 07979 840889.

CARTMEL FELL AND DISTRICT LOCAL HISTORY SOCIETY

2 pm in The Parish Hall, Cartmel Fell

On 9th February **Jennifer Snell** is going to tell us about 'The **Ulverston Canal**'. This begins with the construction, problems and the start of the shipbuilding trade, followed on by tracing the careers of three of the ships built there: the 'ULVERSTONE' of 1811; the 'TOWN OF ULVERSTON' launched in 1826 and the 'ULVERSTON' built in 1862.

On March 9th **Mark Hatton** will talk about **The History of Slate Quarrying in the Lake District**.

CROOK

There will be a Pie and Quiz evening on Saturday 28th February in Crook Memorial Hall. This is always a popular evening so please contact Kath Jackson at Ellerbeck Farm (01539 821415) for more information and to make a booking.



CROSTHWAITE



CLEAN: Bulk Buy of compost and other gardening products

For the last couple of years many local gardeners have taken advantage, both financially, ecologically and with increased convenience, of a large-scale bulk purchase of compost and other horticultural products, organised by CLEAN (Crosthwaite and Lyth Eco Action Network).



and Lyth Eco Action Network).

To take advantage of bulk purchases and get advantageous rates, CLEAN registered with a horticultural supplier as a 'Gardening Society and Allotment Group'.

To make the distribution of order forms and help with the compilation of a single order it is helpful that all who are interested in taking advantage of the CLEAN order should sign up to our local online Gardening group (at no cost!).

To do this, please register with the Gardening Group by contacting Jenny Waldron either by email or mobile: jennifer.jane57@gmail.com or phone 07900 508941.

Once you have signed up, you can receive an order form with details of the priced products on offer, decide what you want, and send your order back to Pat Howarth at CLEAN. You will then receive an individual costed bill to be paid before the whole CLEAN order is finally submitted. You will be informed when the bulk order will be delivered to St Mary's Church car park, and your individual order will be ready for pick up on a specific date.

So, fewer repeat trips to the garden centre, saving time and fuel, the advantage of local delivery and pickup, economical prices and peat free products wherever possible – So, good for the planet and good for the community, working together.

Pat Howarth (07765 010252)

Final reminder

THE LANDOWNERS OF CROSTHWAITE AND LYTH

The Annual General Meetings of Charity No.1073467 and the newly registered CIO (Charitable Incorporated Organisation) No.1216263 will be held on

Tuesday 3rd February 2026 at 7.00pm. in the Main Hall at Crosthwaite School.

All residents of the Parish are welcome. Come and find out about our land on Whitbarrow and how you can get involved in its management.

There will also be a presentation, with opportunity to contribute, on the proposals for the land next to the Recreation Field, purchased for the village by The Landowners.

Martin Casson. Chair of the Trustees

**Home Energy Support
(formerly Cold to Cosy Homes)**



This service, which **CLEAN** has promoted in the past, is designed to help people who may be in financial difficulty with products and vouchers to assist with fuel bills and make their homes more energy efficient.

Support can include fuel vouchers, energy saving appliances and 'renter friendly' draughtproofing. Applications are open whilst funds last, with a closing date of 31st March 2026. This funding applies to residents within the Westmorland and Furness Council area.

If you feel you might qualify or you are aware of a friend or neighbour who might, please get in touch, in confidence, with **CLEAN** who can arrange a referral. There are no guarantees and success will depend on individual circumstances.

In addition to this localized Household Support Fund, all Cumbrian residents can access free advice on energy tariffs, and grants through Home Energy Support.

As an additional tool in identifying energy 'cold spots', **CLEAN** now has a Thermal Imaging Camera which can provide households with reliable visual confirmation and measurements of heat loss within the home.

If any of these issues and services are of interest, please make contact with **Pat Howarth (07765010252)** or **Steven Brierley (07470 169890)**



CROSTHWAITE CINEMA
A DIFFERENT KIND OF NEIGHBOURHOOD WATCH

FRIDAY 6TH
FEBRUARY

7.30 P.M.

DOORS OPEN AT 7 P.M
(CERT PG)

TICKETS:

£6 ON THE DOOR

£5 IN ADVANCE*

ON SALE

- **POPCORN**
- **SNACKS**
- **ICE CREAMS**

BRING YOUR OWN DRINK

*Account No. 31440969

Sort Code 40-26-02

Account name:

Argles Memorial Hall

Crosthwaite

(use surname+100FT as
reference)

When the spirited Kadam family opens a bold, flavoursome Indian restaurant directly across from Madame Mallory's elite French establishment, a culinary war erupts—until young chef Hassan's extraordinary talent forces both sides to confront their prejudices. What begins as a fierce rivalry becomes a journey of ambition, cultural fusion, and unexpected connection, all sparked across a mere hundred feet.

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Helen MIRREN

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JOURNEY**

On Puri, Manish DAYAL, Charlotte LE BON

PG PARENTS STRONGLY CAUTIONED

FROM THE AWARD-WINNING DIRECTOR OF "CHOCOLAT"



COMPETITION IS THE SPICE OF LIFE

ALL PROCEEDS IN AID OF CROSTHWAITE MEMORIAL HALL



CROSTHWAITE CINEMA
A DIFFERENT KIND OF NEIGHBOURHOOD WATCH

FRIDAY 13TH MARCH

7.30 P.M.

DOORS OPEN AT 7 P.M.

(CERT 12)

TICKETS:

£6 ON THE DOOR

£5 IN ADVANCE*

ON SALE

- **POPCORN**
- **SNACKS**
- **ICE CREAMS**

**BRING YOUR OWN
DRINK**

***Account No. 31440969**

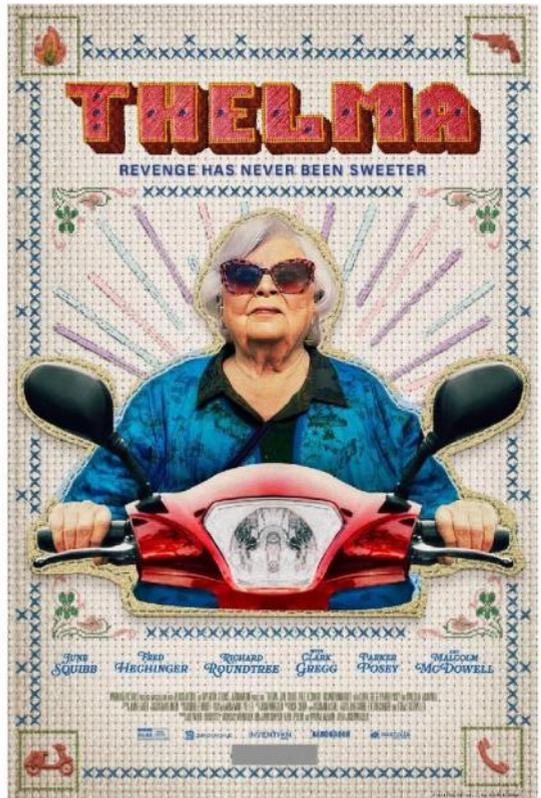
Sort Code 40-26-02

Account name:

Argles Memorial Hall

Crowthwaite

**(use surname+ Thelma
as reference)**



ALL PROCEEDS IN AID OF CROSTHWAITE MEMORIAL HALL

UNDERBARROW



Calling For All Underbarrow Stories!

We are creating a book about the history of Underbarrow up to the present and would love contributions from residents and anyone with past or family connections to the village.

We're looking for:

- Memories and personal stories
- Old photographs
- Family / property histories
- Recollections of village life, events, farms, the pub, shops, church or school

Letters, diaries or documents of local interest

You don't need to be a writer — all contributions, large or small, are welcome.

✉ To contribute or find out more:

Contact: Mike Harpham

Email: mikeharpham@hotmail.com / Telephone: 07725 947829

Help us preserve Underbarrow's history
for future generations.

Additional Magazine Editors

We still need to add more editors to the Two Valleys News editorial team.

You would need a computer and it helps a little if you have some familiarity with Microsoft software, such as Word or Publisher, but, even if you aren't, the current team members will help you get started.

We are a cheerful supportive bunch and we find that we are generally only 'on duty' a few times a year. Please don't assume that someone else is going to volunteer.

Contact tvn@crosthwaiteandlyth.co.uk or phone one of the editors to find out more.

UNDERBARROW MARROW DAY PRESENT



TUES 3RD FEB
2026
7PM FOR 7.30
START

BLACK LABRADOR PUB
UNDERBARROW



ENTRY PRICE
INCLUDES BINGO
GAMES, SANDWICHES
AND CHIPS



ENTRY
£10 PER
PERSON



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JENNIE
07825959268
OR WILL
07557902061

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IS THE TUNE BEING PLAYED ON YOUR CARD?
LOTS OF DIFFERENT MUSIC STYLES

The Witherslack Parish Hall Committee would like
to invite you to their...

Winter
Warmer
Lunch



Sunday 22nd
February

Our annual meal to warm the soul

Soup and a hot pudding

Lots of choice...Homemade
Veggie and Gluten free options

Only £8 children £4

Card Payments Accepted

Served 12 til 2... Witherslack Parish Hall

BRIGSTEER WI

A great start with the first of our 2026 speakers Claire Wickam telling us all about Waste into Wellbeing and the work it does reducing food wastage by using donated food to offer a food larder , cafes and a luncheon club to the community in Kendal. The charity has expanded its role and now offers events and educational opportunities based in the Eddington.

At Christmas there was the familiar carol singing around the village which raised an amazing £650 for our charity North West Air Ambulance.

Our next meeting on the 11th February is an invitation Quiz Night.

New members and visitors are always welcome. Call Johan on 07810013787 or Gerry on 07870664492 or Nicola on 07986132350.

CARTMEL FELL WI

Due to the icy conditions only 11 members met at Hare Hill for the first meeting of 2026.

Florence introduced Martin Cooper who described living in a multi-cultural society in Malaysia. In his position as High Commissioner of Malaysia from the mid 90s to 2000 he had plenty to describe and he did it in a most informative and amusing manner, especially our late Queen's visit in 1994 to open the Commonwealth Games. Such was the enjoyment the members felt following the talk, Martin has been provisionally booked for November 2027.

The winners of the competition for a holiday souvenir were Pam, Beryl and Sue with Wendy winning the raffle.

Following refreshments Sue chaired a short business meeting, Molly reported on the party herself and Marion had attended at Crosthwaite, warm welcome, good company, delicious food and excellent entertainment.

At present 3 members are interested in attending the Council meeting.

Vanda was thanked for her warm comfortable hospitality.

The next meeting will be in the hall on 4th February when Ben McLeod will talk on 'My journey as a painter' the competition will be for 'Something creative you made' any medium.

As always a warm welcome will be extended to prospective new members or visitors.

CROOK WI

Our afternoon meeting in January was very well attended despite the frosty weather. We were entertained by some of the members of the South Lakes Acapella choir with their leader Jeff Boradaile. Jeff told us about his career and some of the choirs and groups he is involved with. He gave us some fun, warm-up exercises and some simple rounds to sing. We greatly enjoyed the harmonies from the choir as they sang several songs for us. We all agreed that singing is a great way to chase away the winter blues!

We are looking forward to resuming our occasional craft group meetings and also to having our spring lunch at the Windermere Motor Boat Club.

CROSTHWAITE & LYTH WI

Thirty four members and guests gathered forces in the Argles Memorial Hall to enjoy a splendid WI Christmas Party with delicious food all prepared by the ladies of the Committee. There was much jollification and Jean Sherratt warmly welcomed both new members and guests from other institutes. The evening was rounded off in great style with a great entertainment from Fiona Hanlon who sang beautifully.

Seven active ladies went to the Bowling Rink at Holgate Caravan Park for a splendid afternoon's bowling, and much fun was had by all. They all enjoyed the tea and cakes afterwards.

Members gathered to enjoy a very interesting and stimulating talk on Independent Custody Visits at Barrow Police Station given by our County President Karen Hanks. We certainly learnt a great deal about our Police Service and the thorough care that is taken to ensure that people taken into Custody are treated with fairness dignity and respect. Our eyes were opened. We then discussed the 5 resolutions that are before all members to choose the most important one that we wish to put forward nationally.

Plans were laid for future excursions and the year's programme revealed to all.

Two Valleys Churches

"Enriching lives Embracing God"

Cartmel Fell, Crosthwaite, Winster and Witherslack

Vicar: Vacant

Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony's, Cartmel Fell

Churchwarden: Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Steven Brierley 07470 169890

Mrs. Geraldine Wilson 07766646504/ 015395 68836

Mrs. Pat Howarth 07765 010252

Holy Trinity, Winster

Churchwarden: Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwarden: Mr. Richard Coates 015395 52469

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Beth Booker assjadmin@stkmail.org.uk : 01539 730683

Safeguarding Officer for all the above:

Mrs. Jane Eccles 07779 953763

St Thomas' Kendal with St. Catherine's, Crook

Vicar: Rev'd. George Briggs, george@stkmail.org.uk 015395 83058

St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Beth Booker assjadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook

lilatkinson8@gmail.com

REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 07729101252

Email: villagehall.brigsteer@gmail.com

Monday

Strength circuits
Pilates

8:15-9:00
9:10-10:00

Tuesday

Circle Dance
Tea Shop (last Tuesday in the month)
Table Tennis

10:00-11:45
15:00-16:30
19:00-21:00

Wednesday

Yoga with Tara
WI (second Wednesday in the month)

9:30-11:00
7:30-21:30

Thursday

Dru Yoga
Tai Chi
Ballroom and Latin dancing

9:30-11:00
14:00-15:45
8:30-21:30

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute
Local History Society

First Wednesday in the month at 7.30pm
Second Monday in the Month Sept-May at 2.30pm or
7.30pm. Please check time - gandjviney@live.co.uk

CROOK MEMORIAL HALL

For bookings contact Mrs Kath Jackson 01539 821415

Music Group
Art Group
Table Tennis

Guitar Group
Young Farmers Club
WI

Sewing/Craft Group
Aerobics/Body Toning
Folk Dance Group

Monday morning
Monday afternoon
Monday and Friday 7.30 – 10.00pm
(from September during the winter months)
Tuesday morning
Occasional Tuesdays 7.30 – 9.30pm
First Wednesday in the month
(afternoons in winter, evenings rest of year)
Occasional Wednesday evenings
Thursday 10am – 11.00am
Thursdays 7.30pm – 10.00pm

CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Angela Dobson Tel: 07766 881183 or
email: eventsdairy@crosthwaiteandlyth.co.uk

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tuesdays & Thursdays 7.30-10pm Jan 6th-Mar 24th
Exchange	Tea@2 1st and 3rd Wednesdays of month 2pm. to 4pm
Yoga	Wednesdays 7.00-8.30pm (3rd Wednesday from 5pm)
WI	Every third Wednesday of the month 7.30 to 9.30pm
	Social Afternoon every first Thursday of the month 2 to 4pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 1st Wednesday of the month (from February 2026) 2pm, October to March inclusive, 7.30pm, April to September inclusive.
Coffee Morning	Every 1st Saturday of the month 10am - 12noon

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

WITHERSLACK

For bookings contact Janet Crowe 07919 988566
janet.crowe@outlook.com

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Please check the Witherslack Hub Facebook page for info
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm

Advertise in the Two Valleys Parish News

We have a circulation of 600 every month, reaching homes in Brigsteer, Cartmel Fell, Crosthwaite, Crook, Underbarrow, Winster and Witherslack. With adverts starting from as little as £21.50 for 12 months, why not advertise your business to your local community?

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or brierleyl@yahoo.co.uk**

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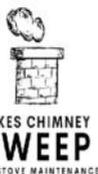


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