

# TWO VALLEYS PARISH NEWS



Serving the parishes of **Cartmel Fell, Crook, Crosthwaite, Helsington, Underbarrow, Winster & Witherslack**

**February 2025**

**80p**

The Witherslack Parish Hall Committee would like  
to invite you to their annual...

# Winter Warmer Lunch



## Sun 23rd Feb

A meal to warm the soul

### Soup and a hot pudding

Lots of choice...Homemade  
Veggie and Gluten free options

**Only £8** children £4

Served 12 til 2... Witherslack Parish Hall

Cover photo: Witherslack Mill, c 1920 by Slingsbys of Grange  
Church miniature pictures from watercolours by John Wilcock

## Church Services for FEBRUARY 2025

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### Sunday 2<sup>nd</sup> February Presentation of Christ at the Temple

9.30am Witherslack	Morning Worship (CW)	Ben McLeod
9.30am Underbarrow	Holy Communion (CW)	Rev. Bob Dew
11.00am Winstar	Morning Worship	Tony & Hilary Fitch
11.00am Crook	Morning Worship (CW)	Rev. Rob McLellan

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### Thursday 6th February

9.15am Crosthwaite Holy Communion with the school Rev. Beverley Lock

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### Sunday 9<sup>th</sup> February 4<sup>th</sup> before Lent

9.30am Cartmel Fell	Holy Communion (BCP)	Rev. Beverley and Brian Lock
9.30am Underbarrow	Holy Communion (CW)	Rev. Simon Howard
11.00am Crosthwaite	Holy Communion (CW)	Rev. Beverley and Brian Lock
11.00am Crook	Morning Worship (CW)	H. Fitch and Rev. D. Gilmour

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### Sunday 16<sup>th</sup> February 3<sup>rd</sup> before Lent

9.30am Witherslack	Holy Communion (CW)	Rev. George Briggs
9.30am Underbarrow	Holy Communion (CW)	Rev. Ian James
11.00am Winstar	Holy Communion (BCP)	Rev. George Briggs
11.00am Crook	Holy Communion (CW)	Rev. David Parsons

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### Sunday 23<sup>rd</sup> February 2<sup>nd</sup> before Lent

9.30am Cartmel Fell	Holy Communion (BCP)	Rev. George Wilson
9.30am Underbarrow	Morning Worship (CW)	Rev. Simon Howard
11.00am Crosthwaite	Morning Worship (CW)	Dorothy Grace
11.00am Crook	Morning Worship (CW)	Tony & Hilary Fitch

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### Sunday 2<sup>nd</sup> March Next before Lent

9.30am Witherslack	Morning Worship (CW)	Dorothy Grace
9.30am Underbarrow	Holy Communion (CW)	Rev. Bob Dew
11.00am Winstar	Holy Communion (BCP)	Rev. Anne Pettifor
11.00am Crook	Morning Worship (CW)	tbc

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## *A LETTER FROM DOROTHY GRACE*

Dear friends,

How do you view February? It seems to me to be a bit in-between, a bit like a time of waiting for something to happen. It falls between Christmas and Easter, so church-wise there's not much going on – Lent doesn't start this year until 5<sup>th</sup> March.



February contains my birthday, so that's something to look forward to. But it means I'm a year older!

Apparently the birth stone for February is amethyst, a blue-purple gemstone, which made me think that actually February can be a bit of a blue month for some. The credit card and other bills from Christmas have had to be paid, everywhere looks drab and the Christmas chocolates have all gone. The often poor weather can disguise the lengthening daylight hours and leave us feeling a bit down.

But there are glimpses of promise and light. The snowdrops have raised their heads and in some gardens there are early daffodils – something to make us smile and lift our spirits just a bit. Our house faces south-east, and for a few weeks from late November to late January, on clear mornings, we can see the sun rise over the fells on the horizon. Thereafter it rises further east and out of sight. I love watching the sun rise: that first, unmistakeable, tiny bright speck, so quickly growing into a crescent of such brilliance that I can no longer look directly at it.

I sometimes wonder what it would be like to see God. God's brilliance and wonder would be overwhelming, just like the sunlight over the horizon but much, much more so. I would have to turn away, yet God somehow is also approachable, near. Despite God's greatness and power God is available to us through a love for us that is so much deeper than we can ever comprehend.

Jesus, God incarnate, is described in the Bible as the Light of the World. He came into a dark world: one of oppression, occupation and instability. Before he was 2 years old his family had to flee to Egypt to avoid an evil slaughter of small male children ordered by a paranoid puppet king. Yet in all of this we remember the Magi, who gladly followed the light. Herod chose darkness, and the religious leaders felt threatened by the light, but the Magi – travellers from a different

country and culture – embraced the light and worshipped the infant King.

There is a wonderful painting by the English Pre-Raphaelite artist William Holman Hunt (1827–1910); it is an allegorical portrayal of Jesus knocking on an overgrown and long-unopened door, holding a lighted lamp. Jesus is knocking on the door of our hearts, asking for entry. In the Bible verse that this illustrates, Jesus says that if we let him in, he will come in and eat with us – a picture of harmony and peace.

Perhaps February is feeling a bit flat for you, a bit dark or a bit blue. Jesus can bring light into the darkness of our hearts and homes through changing our perspective, if we invite him to. Our situation may not change, but in his light things look different. He is the light that shines in the darkness, the light that the darkness has failed to overcome.

With best wishes



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### **Vicar Vacancy update 5**

Not much to report here – we're in a time of waiting now. The fully approved Parish Profile formed the basis for the advert for the post of Vicar to go in the *Church Times* and associated platforms on 24<sup>th</sup> & 31<sup>st</sup> January and 7<sup>th</sup> & 14<sup>th</sup> February. The closing date for applications is 19<sup>th</sup> February.

Never has it been so important for us to pray for this process! The impact of any new Vicar will extend well beyond the boundaries of the churches in the Two Valleys and their communities. Whether you are part of a church community or not, but believe in the power of prayer, please keep praying that God will provide the person that He wants to lead and shepherd us. This is the most important thing that any of us can do.

*God, the giver of life,*

*whose Holy Spirit wells up within your Church:*

*hear our prayer for all your faithful people in the Two Valleys,*

*that by the Spirit's gifts we may each be equipped to be an instrument of your love.*

*Grant wisdom and discernment*

*to all those involved in the process of appointing a new incumbent,*

*and draw amongst us one who will lead us and guide us in the victory of your love,*

*through Jesus Christ your Son our Lord.*

*Amen.*

# CALLING ALL PARISHES

## Crosthwaite Show 2025: 12th July

This is a date for your diary- so you don't go away that weekend and can plan for all the entries you decide to put into the Show!

Remember this event is open to all residents within the Two Valleys and also to others who work, study or play in our village. It is a great opportunity to get together and ensure this traditional village show remains an ongoing feature of what we do in these parts.

Details of the classes you can enter will be on the website and in the hard copy published Schedule which will be available in February to pick up from School, The Exchange, the Village Hall entrance and from any member of the Show Committee.

In the meantime a 'heads up' of what you can do

- Get your sweet peas planted - and anything purple!
- Vegetables- try planting Swiss Chard - as well as the usual crops
- Men - start practising your favourite pudding-making that is, not just eating
- Make some marmalade and any other preserve you enjoy - and check how your damson gin is doing
- Watch out for Fat Rascals....?
- Painters and photographers: this year's topics are; 'weather', 'my best friend' and 'local life' and watch the schedule for two new innovative classes
- Lots of classes for children: don't leave it all to the School - get creative at home.

More information will be coming your way over the next few months so make sure you take a look at the Schedule and make 2025 the year you give it a try and make the Show bigger and better!

Pat Howarth  
On behalf of the Show Committee



**Damp and mould have built up in our home. Our letting agency say they'll speak to our landlord but there's been no action and I'm really worried**

**about how this might affect our health.**

It's not always easy to work out the cause of damp and mould. Your landlord will be responsible for the issue if it's being caused by structural problems or disrepair such as a leaking roof or bad insulation, and if it's affecting your health. However, they might suggest that it's your fault for causing condensation. On the Citizens Advice website you can find information to help you work out what type of damp you have, who is responsible and what you can do about it.

The best way to prevent condensation is to keep homes well-heated and ventilated, but high heating costs and cold weather can make this difficult. Check the website to see if you're eligible for financial support, and for advice on actions to avoid, like drying clothes on heaters.

However, if the property can't be heated and ventilated adequately to cope with normal day-to-day living activities like showering, cooking and laundry, then it's the property that's the problem, not your behaviour.

If your landlord is responsible for the damp in your home but doesn't do anything about it, you can report them to the local authority. And if you have medical evidence that damp is making you ill, you may be able to get free legal advice. Contact South Lakes Citizens Advice if you need further help.

***Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:***

- ***Call 015394 46464 (9.30am – 2pm, Monday – Friday)***
- ***Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)***
- ***Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)***
- ***email advice via the submission page on our website***  
***[www.southlakescab.org.uk](http://www.southlakescab.org.uk)***

**DATE FOR YOUR DIARY!**  
**Damson Day 2025 Saturday April 12**  
**Westmorland Showground**

**Adult Competition Classes:**

**Produce**

*Using any Lyth Valley grown or foraged fruits*

1. Jam/Jelly
2. Preserve (Chutney, gumbo, condiment, cheese etc)
3. Gin/Liqueur
4. Fruit juice or cordial

**Craft**

1. A knitted/crocheted item in damson colours
2. A collage in damson colours

**Art**

*In any medium/ any size. Must be mounted but not necessarily framed*

1. Water in the Valley
2. A still life of damson produce

**Photography**

*Any size. Must be mounted but not necessarily framed*

1. Water in the Valley
2. Anything Damson! - could be still life, for instance

Entries to be brought to Crosthwaite Memorial Hall between 9.30 and 11.00 am on Friday 11th April.

**HELPERS needed to organise the day**  
**For more details contact**  
**Mark at [info@lythdamsons.org.uk](mailto:info@lythdamsons.org.uk)**



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We are looking for new blood to take over the management of the community website for Crosthwaite and Lyth. (<https://www.crosthwaiteandlyth.co.uk>).

There is also an opportunity to redevelop it in a way that leaves it easier to manage. At the moment there are 2 volunteers who do this.

If you would like to talk about what's involved then please email [webmaster@crosthwaiteandlyth.co.uk](mailto:webmaster@crosthwaiteandlyth.co.uk) or phone Colin on

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**Additional Magazine Editors**

We still need to add more editors to the Two Valleys News editorial team. You would need a computer and it helps a little if you are familiar with Microsoft Word or Publisher, but, even if you aren't, the team members will help you get started.

We are a cheerful supportive bunch and we find that we are generally only 'on duty' a few times a year. Please don't assume that someone else is going to volunteer.

Contact [tvn@crosthwaiteandlyth.co.uk](mailto:tvn@crosthwaiteandlyth.co.uk) or phone one of the editors find out more.

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**St Polycarp  
February 2025**

The liturgical calendar in *Common Worship* has an entry for 23rd February which reads 'Polycarp, Bishop of Smyrna, Martyr, c. 155'. He is a saint about whom, I suspect, most of us know very little, if anything at all. But the roman black typeface signals that this is a Lesser Festival. In other words, although Polycarp's day is not a major feast-day, it is more than a simple commemoration: he is honoured as a significant figure in the history of the church. Why is this?

Clearly, as someone who was martyred in the mid-second century, he has the distinction of being a very early saint. Smyrna, where his martyrdom occurred, is known today as Izmir, situated on the west coast of modern Turkey, now, as then, a major port and trading centre. Shortly after Polycarp's death, another church in Asia Minor asked for an account of his

martyrdom, which was duly sent from Smyrna in a letter, with the narrative partly recorded in the first person, suggesting the contribution of an eyewitness account. This text, known as the *Martyrdom of Polycarp*, is the earliest surviving genuine account of a Christian martyrdom after the account of the martyrdom of Stephen in the Acts of the Apostles.

What we otherwise know about Polycarp's life comes from two of the early Fathers of the Church, Irenaeus (c.130-c.200) who, when he was a young man, had known Polycarp personally, and Tertullian (c.160- c.220). Both say that Polycarp had been a disciple of the Apostle John, who had ordained him as bishop of Smyrna. That gives him a special place in the history of the church: he is one of the three chief Apostolic Fathers, along with Clement of Rome (flourished 96), probably the third bishop after Peter, and Ignatius of Antioch (35-107), all of whom personally bridge the period between the world of the New Testament and the more developed world of Christianity, with its traditions of theological scholarship, which began to establish itself in the later second century, with Irenaeus and Tertullian being amongst the early intellectual leaders.

In those very early days of the church, Polycarp will obviously have been more of an evangelist than a scholar. But we do have one work from his pen: an Epistle to the Philippians, although in fact the form in which it survives today may be a combination of two epistles of different dates. It is little more than a collection of references to and quotations from some of the texts that would come to form our New Testament, but it is exceptionally important for this very reason since it shows that these texts were already circulating and regarded as authoritative.

We know that Polycarp travelled to Rome, when he was already quite elderly, to consult with other church leaders about differences in the practices of Rome and the churches of Asia (as it was then called: Asia Minor as we know it). It was shortly after his return that he was arrested at a public festival, when the participants were required to burn incense to the Emperor. Polycarp, of course, refused, and since such refusal to participate in the imperial cult defined him as a traitor, he was burnt at the stake and pierced with a spear. The Martyrdom narrative describes how his bones were collected up and revered as relics, with the intention in future years of celebrating his 'birth-day of martyrdom' (i.e. birth into eternal life) on subsequent anniversary dates, making this Christianity's first account of the veneration of relics and annual commemoration.

Joyce Hill

# NOTICES FOR INDIVIDUAL PARISHES

## CARTMEL FELL

### Cartmel Fell Local History Society

At 2.30 pm on 10th February we will welcome back Mike Winstanley and 'Muck, Medicine and Mortality'.



## Cartmel Fell Community Trust

### QUIZ NIGHT

**With PIE & PEAS SUPPER & HOMEMADE PUDS  
On Saturday 1<sup>st</sup> March at 7pm in the Parish Hall**

£10 per ticket to include Supper & Quiz  
Cash Bar

Please purchase your tickets from Helen on 07979840889 or from any committee member **by Tuesday 25<sup>th</sup> February**

### COMMUNITY SHOW

**On Saturday 3<sup>rd</sup> May 2025**

In Cartmel Fell Parish Hall

Classes to include:

Handicrafts, Home Baking, Flower Arranging, Garden Produce,  
Art and Children's classes.

Also Scarecrow Trail and Homemade Refreshments

Look out for our Show Schedule on our website

[www.cartmelfellparishhall.com](http://www.cartmelfellparishhall.com)

or facebook page – Cartmel Fell Community Trust,  
or phone Helen on 07979840889

## Cartmel Fell Volunteers

In 2025 we'll be planting fruit and nut trees and investigating options for tree sponsorship. Our weekly woodland maintenance sessions have resumed on Fridays at Cartmel Fell Parish Hall (weather permitting) and we hope to host some more community events during the year.

If you would like to come along and get involved in any way (no commitment) then get in touch via

[facebook.com/cartmelfellvolunteers](https://facebook.com/cartmelfellvolunteers) or email  
[cartmelfellvolunteers@gmail.com](mailto:cartmelfellvolunteers@gmail.com)

## CROSTHWAITE

### **A date for your diary:**

Wednesday May 28th 7.30pm

Crosthwaite Village Hall

Mike Berners-Lee on his new book A Climate of Truth why we need it and how to get it.

All proceeds will go to the Village Hall.



### **Experiencing Easter**

On Thursday 3rd and Friday 4th April Crosthwaite church will be the Venue for Experiencing Easter.

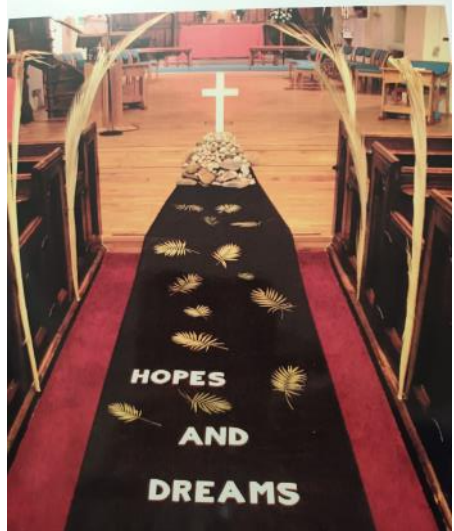
This is an exciting, interactive event for school children to take them through the Easter story via a series of themed bases.

At each base the children have a story, an activity and a chance to reflect on some aspect of the Easter story; Hopes and Dreams (Palm Sunday) Alone (Gethsemane) Remember Me (The Last Supper) ....

All coming together with a celebration of Easter Sunday.

In order that everybody can Experience Easter the displays will be up in the church from 5th April.

Do make a note in your diary to come along and see what it is all about.



**Magazine Editor next month: Jolyon Dodgson**

e-mail: [tvn@crosthwaiteandlyth.co.uk](mailto:tvn@crosthwaiteandlyth.co.uk)

**Advertising Manager and Magazine postal service:**

Lorraine Brierley, 4 Whitbarrow Grove, Levens. LA8 8LT.

07826 800469 [brierleyl@yahoo.co.uk](mailto:brierleyl@yahoo.co.uk)

## **CROSTHWAITE EXCHANGE DATES FOR YOUR DIARY**

### **TEA@2**

2 till 4 p.m. in the Memorial Hall  
Tea/Coffee and homemade cakes.

Come for a chat and catch up on everyone's news

17<sup>th</sup> February

5<sup>th</sup> & 19<sup>th</sup> March

16<sup>th</sup> April

And every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month

When there is no lunch event

### **19TH BIRTHDAY LUNCH 5TH FEBRUARY**

Glass of Fizz on Arrival

Live Music!

2 Course Lunch

1- 3 p.m.

**SOLD OUT**

### **SPRING LUNCH 2<sup>nd</sup> APRIL**

*Note change of date!*

2 course lunch

1-3 p.m.

Booking Essential

### **MACMILLAN FUNDRAISING LUNCH**

5th November

2 course Lunch

1-3 p.m.

Booking Essential

**To Book Contact Geraldine on 07766 646504**

**Grangee1@hotmail.co.**

## **WITHERSLACK**

### **Winter Warmer Lunch**

Sun 23<sup>rd</sup> Feb. See display Page 2



### **MAGAZINE DEADLINE**

Items for entry to the Editor(s) by 12<sup>th</sup> of previous month by  
e-mail please:

[tvn@crosthwaiteandlyth.co.uk](mailto:tvn@crosthwaiteandlyth.co.uk)

### **BRIGSTEER WI**

Our first meeting of 2025 was thwarted by the weather and illness, as our speaker and many members were unable to attend. A select few enjoyed a largely social evening, which included Sue's Marmalade presentation provided via A.I. and Beryl, our Marmalade Queen, passed the taste test. By contrast twenty five of us had made it to our Christmas meal at Kendal College in December. We raised £500 carol singing around the village for the Air Ambulance Service which was amazing and the Christmas gift donations we took to Springfield House were very much appreciated. In March we are hosting the Lyth Valley Group Meeting when David Morland from Westmorland Farm Shops Butchery Department will be talking about his life in the Meat Trade and in February, we have the first of our Open Meetings when Angela White, The Running Granny, will be telling us all about her run from John O'Groats to Lands End. All welcome from 8pm.

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### **CARTMEL FELL WI**

Members were saddened to learn of the sudden passing of Lib Cleasby, although she had moved away, Lib was always interested in and supportive of the Institute and had enjoyed many annual minibus outings with us.

Our meeting arranged for 8th January was cancelled due to the difficult road conditions. However Molly and Jane C did get to Crook at lunch time for Crook WI's annual party, although fewer members and guests attended due to the weather, good food and company were enjoyed.

The guest speaker's topic "Boring old women" was hilarious and sadly relateable!

The next meeting will be held on 5th February at 7.30p.m in the Parish Hall. The speaker will be Martin Cooper who will give a personal perspective on Mountain Rescue. The competition will be for your favourite mug.

As always visitors will be made most welcome.

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### **CROSTHWAITE & LYTH WI**

A very merry group of ladies gathered in the Memorial Hall to celebrate their Christmas Dinner which was superbly prepared by Liz Clarke with the ladies of

the committee providing delicious sweets. The Hall was beautifully decorated in all its festive glory and the assembled throng finished up the evening with some fiendish quizzes and cheering rounds of Carols accompanied by Madam President Jean Sherratt on the piano. What a lovely occasion.

7 members enjoyed a rather active trip to Holgate Caravan Park where 6 of them went bowling on 2 lanes, (they think they are getting rather good at it) and Penni went for a swim. They were all joined in the lovely cafe for tea and cakes by Jim and Pam Bownass.

**The members of Crosthwaite and Lyth W.I.  
would like to invite you to our Open Meeting  
on **Wednesday 19<sup>th</sup> February at 8pm****

(Our business meeting starts at 7.30 and visitors are very welcome to come and listen)

**Speaker: Robert Beale Skipper of MV Swift**  
Telling us about  
**Windermere: The Highway**



The cost is £4.00, which includes light refreshments, and men are welcome too!

## **UNDERBARROW WI**

Underbarrow WI meets on the second Wednesday of the month, at 2.00pm in winter, and at 7.30pm in summer months. All women are very welcome to come along and join us, and anyone is welcome to come to the speaker part, the first hour, of our meetings as a visitor, - we ask for a donation of just £3, including refreshments.

Each year we have a new programme of talks and events, and our new 2025 programme is displayed on the village noticeboards, or copies are available to pick up at our meetings. The first talk of the year as I write is about the Turnpike roads in Westmorland. The meeting on February 12th at 2.00pm is about the craft of swill basket making and coppicing. Meetings take place in the Underbarrow Institute, opposite the Black Labrador pub. Any enquiries to Maggie Stockdale on 07887881011.

# Two Valleys Churches

*“Enriching lives ..... Embracing God”*

## **Cartmel Fell, Crosthwaite, Winster and Witherslack**

**Vicar: Vacant**

**Reader: Dorothy Grace** [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com) 015395 68569

### **St. Anthony’s, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke 015395 31481  
Mrs. Vanda Lambton 015395 31311

### **St. Mary’s, Crosthwaite**

Churchwardens: Mr. Steven Brierley 015395 60702/07470 169890  
Mrs. Geraldine Wilson 015395 68836  
Mrs. Pat Howarth 015395 68652

### **Holy Trinity, Winster**

Churchwarden: Mrs. Cath Casson 015394 44958

### **St. Paul’s, Witherslack**

Churchwarden: Mr. Richard Coates 015395 52469

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## **Underbarrow with Helsington**

**Associate Priest: Rev’d. Simon Howard**

[revdsimonhoward92@outlook.com](mailto:revdsimonhoward92@outlook.com) : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

**Janet Sullivan** [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) 01539 730683

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**Safeguarding Officer for all the above:**

**Mrs. Jane Eccles** 07779 953763 : 015395 58138

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## **St Thomas’ Kendal with St. Catherine’s, Crook**

**Vicar: Rev’d. George Briggs,** [george@stkmail.org.uk](mailto:george@stkmail.org.uk) 015395 83058  
St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

**Readers: Tony and Hilary Fitch** [fitchesuk@aol.com](mailto:fitchesuk@aol.com) : 015395 68577

**Church Administrator:**

**Janet Sullivan** [crookadmin@stkmail.org.uk](mailto:crookadmin@stkmail.org.uk) : 01539 730683

**St Catherine’s Churchwardens:** Mrs. Lilian Atkinson 01539 821389  
Mrs. Mary Allcock 01539 821312

**Safeguarding Officer for Crook:** Mrs. Lilian Atkinson, Low Fold, Crook  
[lilatkinson8@gmail.com](mailto:lilatkinson8@gmail.com)



## REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 015395 68067. Email [villagehall.brigsteer@gmail.com](mailto:villagehall.brigsteer@gmail.com)

### Monday

Short Mat Bowls 19.30—21.30

### Tuesday

Circle Dancing with Miggy 10.00 - 11.45  
Tea Shop Tea and chat Last Tues of the month 15.00 - 16.30  
Table Tennis 19.00 - 21.00

### Wednesday

Yoga with Tara 09.30 - 11.00  
W.I Second Weds of the month 19.30 - 21.30

### Thursday

Dru Yoga with Johan 09.30 - 11.00  
Tai Chi with David Intermediate 14.00 - 15.45  
Ballroom and Latin Dancing 18.30 - 21.30

### Saturday

Pilates with Emma 08.30 - 09.30  
09.45 - 10.45

## CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: [balsh@hotmail.com](mailto:balsh@hotmail.com)

Women's Institute First Wednesday in the month at 7.30pm  
Local History Society Second Monday in the Month Sept-May at 2.30pm or  
7.30pm. Please check time - [gandjviney@live.co.uk](mailto:gandjviney@live.co.uk)

## CROOK MEMORIAL HALL

For bookings contact Mrs Kath Jackson 01539 821415

Email: [eventsdiary@crosthwaiteandlyth.co.uk](mailto:eventsdiary@crosthwaiteandlyth.co.uk)

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm

## CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

[www.crosthwaiteandlyth.co.uk/memorialhall.html](http://www.crosthwaiteandlyth.co.uk/memorialhall.html)

For Bookings contact Angela Dobson Tel: 07766 881183 or  
email: [eventsdairy@crosthwaiteandlyth.co.uk](mailto:eventsdairy@crosthwaiteandlyth.co.uk)

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tue & Thur 7.30-10p.m. - Jan 7 <sup>th</sup> – Mar 25 <sup>th</sup>
Exchange	Tea@2 1st and 3rd Wednesdays of month 2p.m. to 4p.m Celebration Lunches 1p.m. to 3p.m. 5th Feb, 7th May, 10th Dec
Yoga	Wednesdays 7.00-8.30pm (3rd Wednesday from 5 p.m.)
WI	Every third Wednesday of the month 7.30 to 9.30 pm
	Social Afternoon every first Thursday of the month 2 to 4 pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

## UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

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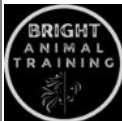
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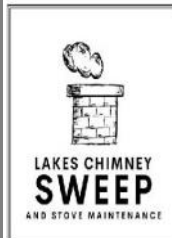


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