

TWO VALLEYS PARISH NEWS



Serving the parishes of Cartmel Fell, Crook,
Crosthwaite, Helsington, Underbarrow, Winster &
Witherslack

January 2025

80p

Crosthwaite Panto Players proudly present
A LAD IN'T LAMP
On **FRIDAY 24th** and **SATURDAY 25th** **JANUARY**
2025

At 7pm prompt (doors open 6.15pm)
In **ARGLES MEMORIAL HALL, CROSTHWAITE**
Tickets: £10 adults, £5.00 children
Available from Helen - 07979840889
or message our Facebook page



CROSTHWAITE EXCHANGE DATES FOR YOUR DIARY

TEA@2 15TH JANUARY

2 till 4 p.m. in the Memorial Hall
Tea/Coffee and homemade cakes.
Come and catch up on everyone's New Year Resolutions!!!!

19TH BIRTHDAY LUNCH 5TH FEBRUARY

Glass of Fizz on Arrival
2 Course Lunch
1- 3 p.m.
Booking Essential

SPRING LUNCH 7TH May

2 course lunch
1-3 p.m.
Booking Essential

To Book Contact Geraldine on 07766 646504
grangeel@hotmail.co.uk

Cover photo: Kath Edwards
Church miniature pictures from watercolours by John Wilcock

Church Services for JANUARY 2025

Sunday 5th January Epiphany

9.30am	Witherslack	Morning Worship (CW)	Dorothy Grace
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
11.00am	Winsters	Holy Communion (BCP)	Rev. Beverley Lock
11.00am	Crook	Morning Worship (CW)	tbc

Sunday 12th January Baptism of Christ

9.30am	Cartmel Fell	Holy Communion (BCP)	Beverley and Brian Lock
9.30am	Underbarrow	Holy Communion (CW)	Rev. Ron Rutter
11.00am	Crosthwaite	Holy Communion (CW)	Beverley and Brian Lock
11.00am	Crook	Morning Worship (CW)	tbc

Sunday 19th January Epiphany 2

9.30am	Underbarrow	Holy Communion (CW)	Rev. Simon Howard
10.00am	Witherslack	Café Church with Communion	D. Grace/Rev. R. McLellan
11.00am	Winsters	Holy Communion (BCP)	Rev. Simon Howard
11.00am	Crook	Holy Communion (CW)	tbc

Wednesday 22nd January

7.30pm Refresh in St Mary's, Crosthwaite

Sunday 26th January Epiphany 3

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. George Briggs
9.30am	Underbarrow	Morning Worship (CW)	Rev. Simon Howard
11.00am	Crosthwaite	Holy Communion (CW)	Rev. George Briggs
11.00am	Crook	Morning Worship (CW)	tbc

Sunday 2nd February Presentation of Christ at the Temple

9.30am	Witherslack	Morning Worship (CW)	Ben McLeod
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
11.00am	Winsters	Morning Worship	Tony & Hilary Fitch
11.00am	Crook	Morning Worship (CW)	tbc

A LETTER FROM ROB McLELLAN

The continuing advent-ure

Happy New Year to you all! If we haven't crossed paths before my name is Rob McLellan, one of two curates at St Thomas', Kendal. My family and I have lived in Staveley for almost 25 years and have been a part of St Thomas' Kendal for many of those. Whilst working at St Thomas' as a youth leader I experienced a very unexpected call to priestly ministry. This led me into 5 years of training resulting in becoming a curate at Kendal Parish Church in 2022.



Curacy has been intense, rewarding, and challenging preparation for something significant; but for what we are not entirely sure! A long season of advent (waiting for something to happen - a new season to arrive). For my wife Rachel and I it has been just one of numerous experiences of learning to trust God, whilst carrying on with daily life and waiting for a change. Sometimes the waiting is easily bearable - as there is plenty to occupy our days - but sometimes the uncertainty feels frustrating and disheartening.

It has been, and continues to be an advent-ure.

Last May I transferred to St Thomas' for the final year of curacy training and due to our Mission Community being in interregnum I have had the privilege of sharing in services across the Two Valleys at Crook, Winster and Witherslack; where I have encountered your generosity and warm welcome.

The Latin *Interregnum* means 'between reigns'. I confess I didn't know that. I wonder if the idea of being 'between reigns' might help us move through and beyond the season of Advent; remembering Jesus coming to Bethlehem long ago (giving rise to our Christmas celebrations) but also the anticipation of Jesus returning to reign one day in the future; the great promise that God will one day make all things new.

No doubt we are all waiting and hoping for many things; a more creation-friendly way of living, a more just society, and end to conflict, healing for the broken, a flourishing church?

And yet in Christ we are co-workers with God; waiting is not a static season but full of life and purpose. I am encouraged by the words of Ephesians chapter 2 verses 9-10: -

Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

At this time of interregnum – whilst we pray in faithful expectancy - we are strengthened by the presence of the Holy Spirit to *do all the good things he has planned for us* to do, as we wait both for a new incumbent and to see God working out his great and glorious task of renewing all things.

Every blessing for the new year and the ongoing advent-ure!

ROB

Vicar Vacancy— update 4

The Parish Profile open meeting on 23rd November saw a constructive discussion of the section 'The Vicar we're hoping for'. A few changes were made, adding an extra sentence and reordering a list of the 10 bullet points on the qualities and tasks for our new vicar. The amended master document was then sent to the graphic designer to produce the final version. There was a sneak preview of what this would look like, and it is very impressive. A huge thank you to the Parish Profile Team for all their hard work; it's an excellent document.

By the end of December, all being well, the final Parish Profile will have been approved by the Archdeacon and by the Bishop, and the advert will be ready to appear in the Church Times from 24th January. Please keep praying for all those involved in the process, and that God will provide the person that He wants to lead our church communities. This is the most important thing that any of us can do.

**God, the giver of life,
whose Holy Spirit wells up within your Church:
hear our prayer for all your faithful people in the Two Valleys,
that by the Spirit's gifts we may each be equipped to be an instrument
of your love.
Grant wisdom and discernment to all those involved in the process of
appointing a new incumbent,
and draw amongst us one who will lead us and guide us in the victory of
your love,
through Jesus Christ your Son our Lord.
Amen.**



TWO VALLEYS PARISH NEWS SUBSCRIPTION FOR 2025

We wish all our subscribers a very happy New Year.

The Two Valleys Parish News subscription for 2025 will be **£7.50** for 12 issues. Please pay your **Distributor** promptly. If you want to pay by cheque, please make it payable to **Crosthwaite PCC** and post to Lorraine Brierley at the address below.

If you receive your TVPN by POST then the cost for the next year is £17.70. Please make cheques payable to **Crosthwaite PCC** and send to:-

Lorraine Brierley
4 Whitbarrow Grove
Levens
Kendal
LA8 8LT.

Tel: 07826 800469

Email: brierleyl@yahoo.co.uk

If you are on the Helsington postal list please make cheques payable to:

Underbarrow with Helsington PCC

And send to:-

Marilyn Taylor, 5 Crow Wood, Brigsteer, Kendal,
LA8 8AW

Thank you very much for your continued support. It is greatly appreciated and we hope you enjoy reading the TVPN for a further year.

CALLING ALL PARISHES



I ordered some goods online, and now I have had a text message from the delivery company asking me to pay them to deliver the parcel. I thought delivery was included in the payment I made, but I do want the

parcel. What should I do?

If you get a message that asks you to pay to get a parcel or reschedule the delivery, it's usually a scam. Don't click any links - delivery companies won't ask you to pay them through a link. If you bought something from a business to be delivered, it's the seller's responsibility to make sure the item is delivered to you.

If the seller used a courier, they should chase the courier to find out what's happened to your order. Check the delivery address you gave the seller, then contact them and ask where your order is.

If the seller claims they've delivered it or don't know where it is, you can ask for a redelivery. Under the Consumer Rights Act, you can ask the seller to deliver the item again if it wasn't delivered either by an agreed date or within a reasonable time.

You can cancel and ask for your money back if you don't get the item within 30 days of buying it, or on the date you agreed with the seller.

If you have already clicked any links or given your bank details, there is information on the Citizens Advice website on what to do if you've been scammed. If you need further help, contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

- **Call [015394 46464](tel:01539446464) (9.30am – 2pm, Monday – Friday)**
- **Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP 10am – 1pm, Tuesday and Thursday**
- **Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)**
- **Email advice via the submission page on our website www.southlakescab.org.uk**

The Landowners of Crosthwaite and Lyth

The AGM of the Landowners will be in the Main Hall of Crosthwaite School at 7pm on Tuesday 4th February. All inhabitants of the parish who are on the electoral roll are entitled to attend, to hear the trustees' report and elect new ones.

It has been quite a busy year particularly managing the land recently acquired at the north end of Whitbarrow and we will be happy to talk about that.

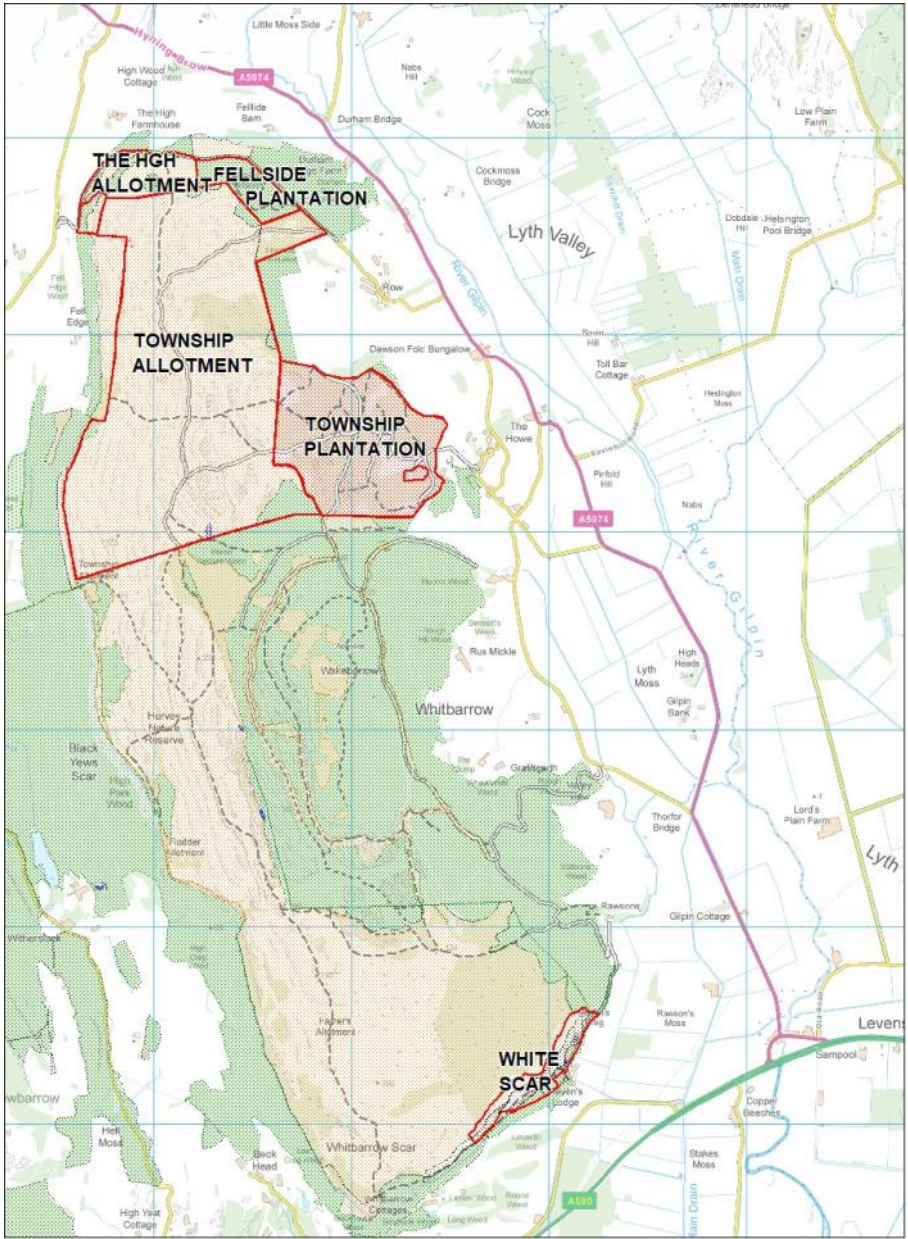
We agreed at the AGM a couple of years ago to convert the existing trust to a Charitable Incorporated Organisation. (CIO) We have been working on that and now have a draft governing document which we will put on the parish website. We will invite you at the AGM to approve the following resolutions:

- 1 Agreed that the existing trust should be replaced by a Charitable Incorporated Organisation bearing the same name.
- 2 Agreed that once the CIO is formed the trustees should transfer to it all the land, bank accounts, investments and any other assets and liabilities of the Landowners of Crosthwaite and Lyth.

It may be that there are newcomers to the village who are unfamiliar with the remarkable organisation called the Landowners of Crosthwaite and Lyth. Its origins lie in the Enclosure Award in 1815. Much of Whitbarrow (538 acres!) was allocated to the Proprietors of Crosthwaite with Lyth as a group, with some rights reserved for the inhabitants. That unusual – possibly unique – clause is the foundation of the present charitable trust called The Landowners of Crosthwaite and Lyth. With acquisitions, the Landowners now own about 600 acres shown on the adjoining map. We have a modest income and apply it to good causes in the parish – the school, the recreation field, the Memorial Hall – most recently a defibrillator. We also manage the beautiful land with great care and attention. It is a remarkable area with an interesting flora and some very special butterflies (sadly very diminished this year).

Chris Winnick, the Chair of Butterfly Conservation Cumbria, has agreed to come to talk about Cumbria's butterflies, so it promises to be an interesting evening.

For an informal conversation about 'The Landowners' - please email landowners@crosthwaiteandlyth.co.uk in the first instance and one of the Trustees will call you back.



www.crosthwaiteandlyth.co.uk/landowners.php

The Stories of Epiphany

The Feast of the Epiphany, celebrated on 6th January, marks the beginning of the liturgical season of Epiphany, which extends to the beginning of Lent. It is the period in the church's year when, through the biblical stories traditionally read and preached upon, the nature of the child born in Bethlehem is made manifest. This is captured in the name given to the season: Epiphany is the English form of the Greek word for 'manifestation', ἐπιφάνεια (or *epipháneia*, when transliterated into the Latin alphabet). As it happens, most of these Epiphany stories are from early in Christ's life, before he began his ministry. So they fit nicely into the unfolding narrative leading on from the birth.

The first of these, read on 6th January, is the story of the Coming of the Magi. The most immediately striking thing about this is that the special nature of Jesus is seen to be recognised by people from far away and from a different religious tradition. It foreshadows the extension of Christianity beyond the Jews to the wider world, which we see beginning in the Acts of the Apostles. More particularly, the Magi's gifts symbolise or make manifest Jesus's kingship (gold), priesthood (frankincense) and redemptive death (myrrh). The story also reveals that this kingship is totally different from the worldly kingship that Herod attempts to protect through slaughter.

The Presentation in the Temple is another Epiphany story. Simeon prophesies, in words that we know as the *Nunc Dimittis*, that this baby will be 'a light to lighten the Gentiles' and, since Simeon recognises him as the longed-for Messiah (meaning 'the Anointed One'), the glory of God's people of Israel.

Yet another is the story of how Jesus debated with the elders in the Temple, showing, to the amazement of those present, that he was wise beyond his years, with a knowledge of Scripture that exceeded anything to be expected of a twelve-year-old.

Then we have the story of Jesus's baptism by John in the Jordan. John foretells that, while he himself baptises with water, one will come after him who is far worthier and who will baptise with the Holy Spirit. At first, then, when Jesus asks John to baptise him, John refuses, recognising Jesus as the one who is far worthier and who should therefore be baptising him. When Jesus persists and is duly baptised by John, the Spirit of God descends upon him in the form of a dove, and a voice from heaven is heard to say, 'This is my beloved Son, in whom I am well pleased'. Here, in the baptism, not only do we have recognition of Jesus's divinity, but — as preachers often pointed out — we also have the Trinity: Father, Son and Holy Spirit.

These stories, which are spread across the gospels of Matthew, Mark and Luke, follow from the Nativity in a chronological sequence, and all reveal or make manifest fundamental aspects of the nature of Jesus and his future impact on the world. But there is another story also traditionally associated with the Epiphany, even though it comes slightly later in Jesus's life: the Wedding Feast at Cana, found only in John's gospel and presented to us there as the first miracle of Jesus's public ministry. St Augustine and others included this among the Epiphany stories because the miracle of turning water into wine was seen as the first public manifestation of Jesus's divine power, and was also interpreted as a foreshadowing of the Eucharist.

Joyce Hill



*We are looking for new blood to take over the management of the community website for Crosthwaite and Lyth.
(<https://www.crosthwaiteandlyth.co.uk>).*

There is also an opportunity to redevelop it in a way that leaves it easier to manage. At the moment there are 2 volunteers who do this.

If you would like to talk about what's involved then please email webmaster@crosthwaiteandlyth.co.uk or phone Colin on 01539 568879.

Additional Magazine Editors

We still need to add more editors to the Two Valleys News editorial team. You would need a computer and it helps a little if you are familiar with Microsoft Word or Publisher, but, even if you aren't, the team members will help you get started.

We are a cheerful supportive bunch and we find that we are generally only 'on duty' a few times a year. Please don't assume that someone else is going to volunteer.

Contact tvn@crosthwaiteandlyth.co.uk or phone one of the editors find out more.

DATE FOR YOUR DIARY!
Damson Day 2025 Saturday April 12
Westmorland Showground

Adult Competition Classes:

Produce

Using any Lyth Valley grown or foraged fruits

1. Jam/Jelly
2. Preserve (Chutney, gumbo, condiment, cheese etc)
3. Gin/Liqueur
4. Fruit juice or cordial

Craft

1. A knitted/crocheted item in damson colours
2. A collage in damson colours

Art

In any medium/ any size. Must be mounted but not necessarily framed

1. Water in the Valley
2. A still life of damson produce

Photography

Any size. Must be mounted but not necessarily framed

1. Water in the Valley
2. Anything Damson! - could be still life, for instance

Entries to be brought to Crosthwaite Memorial Hall between 9.30 and 11.00 am on Friday 11th April.

HELPERS needed to organise the day
For more details contact
Mark at info@lythdamsons.org.uk

NOTICES FOR INDIVIDUAL PARISHES

BRIGSTEER



STEALING THUNDER STORY NIGHTS

Title: KALI: THE WORLD'S WILDEST GODDESS

Join storyteller, *Emily Hennessey* and sitar player extraordinaire, *Sheema Mukherjee*, for a white-knuckled tuk-tuk ride through sun-kissed palaces, fiend-infested forests and every cacophonous saffron-scented marketplace in-between.

From demure housewife to bloodthirsty goddess, gurgling infant to elephant man, meditating sage to cosmic fire-eater, Hindu mythology illuminates a mind-blowing world of radical transformations.

Kali is one of the wildest shape-shifters of all. Demon-slayer, Life-saver, Supreme-Mother, Destruction-dancer, this goddess is truly Awesome.

When an evil power spreads its clawed hands across the world, Kali's time has come...

★★★★ 'exhilarating, evocative, vital... a wonderful piece of theatre – pure in its ideas and retelling a fantastic story vital for both Hindu and modern culture... Mukherjee...provides a live score which goes well beyond a mere accompaniment'
Theatre Bubble

Stealing Thunder StoryNights is a monthly evening of performance storytelling for grown ups featuring some of the UK's most renowned storytellers.

Date: Saturday 11th January, 7.30pm (Bar from 7pm)

Venue: Brigsteer Village Hall

Tickets: £10 card or cash on the door

More info: Bar, snacks, cakes, hot drinks and a warm welcome. Aimed at adults. Suitable for ages 14+

Contact: emily@emilyhennessey.co.uk / 07890112574

Website: www.stealingthunder.co.uk

CARTMEL FELL

Cartmel Fell Volunteers

The volunteers built 32 tree protection cages during November and December. We enjoyed a fun Christmas meal together recently, and welcomed a new volunteer thanks to our article in the Two Valleys Parish News!



Our weekly woodland work team sessions will continue at Cartmel Fell Parish Hall, re-starting on **Friday 10th January** at 12pm after a Christmas break.

If you would like to come along and help out sometime, let us know. No commitment!

Contact us at [facebook.com/cartmelfellvolunteers](https://www.facebook.com/cartmelfellvolunteers)

Or email: cartmelfellvolunteers@gmail.com

Cartmel Fell Community Trust

QUIZ NIGHT

With PIE & PEAS SUPPER & HOMEMADE PUDS

On Saturday 1st March at 7pm in the Parish Hall

£10 per ticket to include Supper & Quiz

Cash Bar

Please purchase your tickets from Helen on 07979840889 or from any committee member **by Tuesday 25th February**

COMMUNITY SHOW

On Saturday 3rd May 2025

In Cartmel Fell Parish Hall

Classes to include:

Handicrafts, Home Baking, Flower Arranging, Garden Produce,
Art and Children's classes.

Also Scarecrow Trail and Homemade Refreshments

Look out for our Show Schedule on our website

www.cartmelfellparishhall.com

or facebook page – Cartmel Fell Community Trust,

or phone Helen on 07979840889

Cartmel Fell Local History Society

2025 will start with our AGM on 13th January at 2.30 which will be followed by Stephen Rowlinson's report of his research into the history of Pool Bank and Jennifer Forsyth's talk on Lanty Slee.

At 2.30 pm on 10th February we will welcome back Mike Winstanley and 'Muck, Medicine and Mortality'.

CROOK

Crook and Winster Parish Council

The Council meets again on Tuesday 14th January at 7.30pm at Crook Memorial Hall. There will be an opportunity for members of the public to ask questions or make comments at the start of the meeting.



This meeting is known each year as the 'Precept Meeting' as the Council has to set its budget for the year 2025-26 and make a 'Precept' upon Westmorland & Furness Council, which pays us the requested amount each year. That is how the work of the Parish Council is financed - by a fairly small charge on everyone's Council Tax bill.

We are currently short of one Councillor. Can anyone interested please contact either the Chairman, Councillor Richard Metcalfe, or me? The Council meets around five or six times each year, in the evenings, either at Crook or Winster and the meetings last a maximum of an hour and a half.

Kevin M Price Parish Clerk
01539-821596
kevtherev7@hotmail.com

Crook Memorial Hall Committee Coffee Evening

The annual coffee evening hosted by Crook Memorial Hall committee was very well supported despite it being a wild and windy night. There were a number of very enthusiastic young people which made for a happy and friendly atmosphere. The raffle was well supported and there was a domino drive and also bingo with a lot of prizes.

QUIZ AND HOT POT SUPPER 11 JANUARY

The annual Quiz and Hot Pot Supper will be at Crook Memorial Hall at 7.30pm on Saturday 11th January 2025. Please let Kath Jackson know as soon as possible if you would like to come and book a table.

MAGAZINE DEADLINE

Items for entry to the Editor(s) by 12th of previous month by
e-mail please:

tvn@crosthwaiteandlyth.co.uk

CROSTHWAITE



CLEAN Tree Planting

On a bright sunny November day some community stalwarts responded to a request to plant 30 trees in St. Mary's churchyard.



Under the expert guidance of Andrew, the job was done in no time: holes dug, saplings selected, tree guards and support stakes placed correctly and planting completed.

Many thanks are due to:

- ◆ The Woodland Trust for 30 indigenous plug plants of Hazel, Hawthorn , Dogwood, Dog Rose and Crab Apples
- ◆ Andrew for showing us how it's done
- ◆ James, Roz and Bruce for stakes
- ◆ Robert for tree guards
- ◆ Kath, Colin, Michelle, Bill, Geraldine, Phil and Christopher, Mark, Roz and Bruce, Jenny and Claire for turning up with spades, crowbars and mallets- and doing the business!

Another action completed to increase the biodiversity and enrich the local habitat as part of **CLEAN's** activities in and around church and for our community.

A fantastic community response. Thank you all.
Pat Howarth

Recycling update

Our recycling boxes in St Mary's Church are thriving—and brimming over—especially with used pill blister packs!! But we still have outlets for these, so keep them coming...

BUT NO LONGER NEEDED are

Toothpaste tubes and crisp packets.

We still collect bread wrappers, batteries, pens, ink cartridges, used stamps and of course blister packs.

Another new local initiative is the **Collection4clothes project** which Crosthwaite School has partnered with, to support various charities and raise funds for school. There is a green collection box outside school for **clothes, shoes, handbags and toys.**

Please make use of it and support both our school and charities in the UK and abroad.

UNDERBARROW



Underbarrow Institute Committee are holding

The Underbarrow "Senior Citizens" Christmas Social

on

Sunday 12th January 2025

1 to 4 pm.

Hot lunch with home-made desserts

Talk by Nick Cox

RSVP to Valerie O'Loughlin on 015395 68655/07502548070 or Stephen Carruthers
on

015395 68717 by Wednesday, 8th January.

WINSTER



Crook and Winster Parish Council

The Council meets again on Tuesday 14th January at 7.30pm at Crook Memorial Hall. There will be an opportunity for members of the public to ask questions or make comments at the start of the meeting.

This meeting is known each year as the 'Precept Meeting' as the Council has to set its budget for the year 2025-26 and make a 'Precept' upon Westmorland & Furness Council, which pays us the requested amount each year. That is how the work of the Parish Council is financed - by a fairly small charge on everyone's Council Tax bill.

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Kevin M Price Parish Clerk
01539-821596
kevtherev7@hotmail.com

WITHERSLACK



A paid position of part time manager has become available.

Flexible (12/13hours per week)

If you are interested please contact

lizcroy49@gmail.com

for further information.



DON'T FORGET!

WDA Lyth Valley frozen damsons are available from Witherslack Community shop

theWI
INSPIRING WOMEN

REPORTS & NEWS

CARTMEL FELL W.I.

Molly and Anne enjoyed the Carol Service at Silverdale, really feeling the spirit of Christmas.

32 members and friends met at the Brown Horse, Winster for the Christmas party. Julie welcomed everyone and presented Julie B with the president's prize, awarded to the member entering the most competitions during the year. Following an excellent dinner, Julie and Florence offered everyone a pick from the two sacks full of secret Santa presents. The extensive and varied selection of raffle prizes was drawn followed by 2 quizzes set by Julie and Wendy. All agreed it was a very good evening, thanks going to Julie, Florence and Jane for organising.

The next meeting is at Hare Hill when the speaker will be Caroline Howsley, talking on the work of Cumbria Deaf Association. The competition is for a short poem.

As always new members will be most welcome.

CROOK W.I.

Several members of Crook W.I. presented a small exhibition of work produced by members at the Open Afternoon which had been arranged at the Castle Street Centre in Kendal. There was interest from members of the public who dropped in and as this was a recruitment opportunity it was hoped that people would like to learn more about the W.I.

The December meeting proved to be a little challenging. There was a sales table with gifts brought by members and also an opportunity to donate small gifts for charity. The entertainment was a domino drive with some members getting confused with the scoring and then the water supply failed so producing the tea was very tricky. It was an evening which didn't go quite as planned.

CROSTHWAITE & LYTH WI

The ladies of Crosthwaite and Lyth W.I. gathered in force for their A.G.M. and by the popular request of the members we sang Jerusalem accompanied on the piano by our President Jean Sherratt. Jean was then voted President for the next year and there was no shortage of willing volunteers for the committee. Barbie Handley was thanked for the excellent programme that she had organised last year and Madam President was presented with rather a lot of prizes that she had been awarded at the County Show. Members then fell to discussing their next mid-month daytime outing in earnest, and by a unanimous vote they are off to see Paddington Bear 3. Beware.

WITHERSLACK W.I.

19 members enjoyed a Christmas meal prepared by Alyson Thompson on 3rd December. A week later we had our usual December meeting when Mrs L Park presented Mrs P Hodgson with a voucher in appreciation of all the work she has done for the past 27 years as our secretary. The new secretary is now Mrs J. Mallinson.

Mrs Janet Mason, one of our members. then showed us how to make a wreath. She brought a vast array of greenery, cones, baubles, ribbons and other accessories and 17 members and 2 visitors went home clutching their very different wreaths. We all had a very enjoyable time and then ate mince pies made by another of our members.

Magazine Editor next month: Jolyon Dodgson

e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and Magazine postal service:

Lorraine Brierley, 4 Whitbarrow Grove, Levens. LA8 8LT.

07826 800469 brierleyl@yahoo.co.uk

Two Valleys Churches

“Enriching lives Embracing God”

Cartmel Fell, Crosthwaite, Winster and Witherslack

Vicar: Vacant

Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Steven Brierley 015395 60702/07470 169890
Mrs. Geraldine Wilson 015395 68836
Mrs. Pat Howarth 015395 68652

Holy Trinity, Winster

Churchwarden: Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwarden: Mr. Richard Coates 015395 52469

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Janet Sullivan assjadmin@stkmail.org.uk 01539 730683

Safeguarding Officer for all the above:

Mrs. Jane Eccles 07779 953763 : 015395 58138

St Thomas' Kendal with St. Catherine's, Crook

Vicar: Rev'd. George Briggs, george@stkmail.org.uk 015395 83058
St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389
Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook
lilatkinson8@gmail.com

REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 015395 68067. Email villagehall.brigsteer@gmail.com

Monday

Short Mat Bowls 19.30—21.30

Tuesday

Circle Dancing with Miggy 10.00 - 11.45
Tea Shop Tea and chat Last Tues of the month 15.00 - 16.30
Table Tennis 19.00 - 21.00

Wednesday

Yoga with Tara 09.30 - 11.00
W.I Second Weds of the month 19.30 - 21.30

Thursday

Dru Yoga with Johan 09.30 - 11.00
Tai Chi with David Intermediate 14.00 - 15.45
Ballroom and Latin Dancing 18.30 - 21.30

Saturday

Pilates with Emma 08.30 - 09.30
09.45 - 10.45

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute First Wednesday in the month at 7.30pm
Local History Society Second Monday in the Month Sept-May at 2.30pm or 7.30pm. Please check time - gandjviney@live.co.uk

CROOK MEMORIAL HALL

For bookings contact Mrs Kath Jackson 01539 821415
Email: eventsdiary@crosthwaiteandlyth.co.uk

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Indoor Bowling	Tues & Thur 7.30-10pm (Oct 8th-Dec 17th / Jan 7th-Mar 25th 2025)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Angela Dobson Tel: 07766 881183 or
email: eventsdairy@crosthwaiteandlyth.co.uk

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tue & Thur 7.30-10p.m. - Jan 7 th – Mar 25 th
Exchange	Tea@2 1st and 3rd Wednesdays of month 2p.m. to 4p.m Celebration Lunches 1p.m. to 3p.m. 5th Feb, 7th May, 10th Dec
Yoga	Wednesdays 7.00-8.30pm (3rd Wednesday from 5 p.m.)
WI	Every third Wednesday of the month 7.30 to 9.30 pm Social Afternoon every first Thursday of the month 2 to 4 pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Books, Cakes and Plants Last Saturday in the month (April-November)

WITHERSLACK

For bookings contact Janet Crowe 07919 988566

janet.crowe@outlook.com

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Please check the Witherslack Hub Facebook page for info
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm

Advertise in the Two Valleys Parish News

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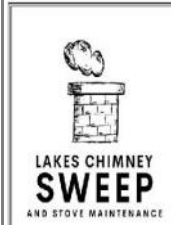


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Saturday 7th December saw us celebrating 7 years of **Messy Church!** As this chapter comes to a close, we are thankful for the friendships built; the fun had; the food shared and the creativity released! Many people have given so generously of their time and talents, whether through cooking delicious meals; running crafts or being a welcoming presence.

This AMAZING cake helped to mark the occasion in a particularly special way. Huge thanks to Michelle Wright for giving her skills so generously.



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The image shows the interior of the Gilpin Bridge Inn, featuring a fireplace with a blue and white checkered pattern, wooden chairs, and a dining area. The text is overlaid on a light blue background.

Our particular theme was based around learning this bible verse (including the sign language), and sharing it as a prayer for each other: 'The peace of God, which is greater than anything we can understand, keep your hearts and your minds in the never-ending love of Jesus'. We pray that even as Messy Church finishes for now, we can all continue to know God's peace. The sentence in the picture below reads '**Building peace, one act of kindness at a time**'. Let's do it!

Every blessing, Lindsay Dobson





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