

TWO VALLEYS PARISH NEWS

www.crosthwaiteandlyth.co.uk



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,
Helsington, Underbarrow, Winster, & Witherslack

March 2021

70p



Charity Plant Stall in aid of the Winterberg School in South Africa

Thank you to everyone who has bought plants from my charity plant stall in Thorns Lane, Underbarrow in 2020, to support the Winterberg School in rural South Africa.

I am thrilled to tell you that the plant stall raised £1860 last season and I

have sent all this money to the school. Like the rest of the world, the Winterberg and all of South Africa have had a difficult time this year. The school had to close in lockdown in early April for over two months and is now locked down again. During lockdown the teachers deliver individual work packs for each student to the farm gates each week



and the farmer's wives

set up schools in their kitchens and dining rooms to help the children with their work.



When the school opened up after the first lockdown in June, the children were very happy to get back to school; they wear masks in school and have obeyed all the social distancing rules. The money from the plant stall has helped in buying the extra equipment and furniture needed to run the

school in a Covid secure way. Sadly the school is in lockdown again now, however the teachers and the whole community are working together to keep home education going and they hope to get back to school soon.

Since I last wrote to you in the magazine, the school has made an excellent video, which in 4.5 minutes tells the story of the school and its vital role in uplifting the local community. <http://winterbergschool.org/> - scroll down the home page to find it.



Again, thank you to everyone who has supported this good cause by buying plants. I will reopen the stall in mid-March with a wide range of beautiful perennials that flourish in the local climate. I look forward to seeing you soon!

Beth Curl

Cover photograph: A creature braves the freezing temperatures on Totter Bank in search of food.

Church miniature pictures from watercolours by John Wilcock

March Church Services

At the time of going to print (mid-February) it is impossible to tell whether Church Services will be able to resume in March.

We would ask that everyone keep an eye on the Church websites <https://www.crosthwaiteandlyth.co.uk/churches.php> and keep up to date with the latest news that way. As things stand at the moment, the country remains in a national lockdown and we still do not feel it is sensible to be gathering inside.

Please continue to follow our online Services on our YouTube Channel called “Two Valleys Mission Community”.

You can find it by searching for it on YouTube or using this web address: www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/

Please do click on the “subscribe” option on the channel (it’s free) and continue to follow our online provision.

We also have a Facebook group called “Two Valleys Mission Community” and we invite anyone interested to join this group which posts a wide variety of information for everyone who would like to be associated with our local churches.

Caring for our Community – a reminder of some listening ears willing to help us through these dreadful times.

Are there times when you feel lonely, or in need of a listening ear? We are all learning to live with Covid-19, and many of us have struggled through these last months to come to terms with the effects of the pandemic.

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Wither Slack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a (socially-distanced) cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276 2valleyschurches@gmail.com

A LETTER FROM TONY FITCH

Fake news and all that

The awful scenario that has recently unfolded in the United States of America has highlighted the question of what is “Truth”? The expression “conspiracy theory” has been with us for some time, but “fake news” has come to the fore during the immediate past Presidency of that nation.



Anyone who has sat through a few sessions in a court of criminal justice will know how easy it is to conclude almost unequivocally, once the prosecution has presented its evidence, that the accused is guilty, only to experience a complete about turn when the defence has been put forward. Then the magistrates, judge or jury have the challenging task of weighing up the sets of conflicting evidence and ascertaining what is the truth of the matter.

No magistrate, judge or jury will actually have been at the scene of the alleged crime. They have to rely on “second hand” evidence from someone who was there, circumstantial evidence, and testimony as to behaviour before or after the event. “Third hand evidence” – putting forward something that someone else has told the witness – has to be treated with much caution.

Over the centuries, philosophers have pondered long and hard over what is “truth”, and far be it from me to try to write a learned treatise on the subject here. One thing that all seem to agree, however, is that the concept of “truth” is basic and is not easy to explain in simple terms. It becomes clear that in any situation where “truth” is in question, it is necessary to evaluate carefully all the evidence and consider who said what, and the reliability of who said it. Above all it is important to realise that there are almost always two sides to any story and both need to be listened to with an open mind. We need to take on board, too, the fact that images and recordings can now so very easily be doctored and that media manipulation is rife.

In the quest for the truth it is important, also, to avoid two unhelpful temptations. The first is the inclination to listen only to what one wants to hear. The second is the risk of discarding the whole of the bigger picture because one does not like or understand a small part of it – in other words throwing out the baby with the bath water. Enquirers into the Christian faith will sometimes

dismiss all of it just because they struggle with concepts such as the Creation or the Virgin Birth.

From time to time I too have pondered – as I am sure many others have – the veracity of the Biblical writings that have come down to us through the ages. Having considered the subject long and hard, and applying the tests mentioned above, I am satisfied that the evidence of the birth, life, death and resurrection of Jesus, and of God’s hand in all things, puts them, to use the courtroom test, beyond reasonable doubt. Other views, however, are not unreasonable or unarguable and should be given due credit as long as they have been honestly thought through and properly weighed up.

I finish, not with any firm guidance on the subject, but with just a few lines that may stimulate further thought:-

- ◇ Truth is, at its root, the negative of concealment
- ◇ The Bible is not philosophy or science, but a book of events.
- ◇ “Truthful lips endure for ever, but a lying tongue lasts only a moment” (Proverbs 12:19)
- ◇ “Stand firm then, with the belt of truth buckled round your waist” (Ephesians 6:14 – the armour of God)
- ◇ “I will ask the Father, and he will give you another Counsellor to be with you for ever – the Spirit of Truth” (Jesus in John’s Gospel 14:16)
- ◇ “I am the way, the truth and the life” (Jesus in John’s Gospel 14:6)

Tony Fitch

FROM THE REGISTERS



Funerals - with sympathy, we remember those who have recently passed away:
6th February Valerie Mary Jackson (77) Funeral & Burial at St. Anthony’s,
Cartmel Fell
20th February Alan Pearson (87) Funeral & Burial at St. Anthony’s,
Cartmel Fell

St Chad

March 2 is the Feast of St Chad, who died in 672 at Lichfield, where he was buried and honoured as a saint. In 2003, when excavations were being undertaken for the construction of a nave-altar platform, a beautiful piece of carving was found, stylistically datable to c. 800, which is thought to have been part of St Chad's shrine-chest. It is an angel, still bearing traces of the paint that once covered it. Chad was fifth Bishop of the Kingdom of Mercia (the midlands kingdom before England was united) but he was the first to have his seat in Lichfield. How this came about is an interesting story.

Chad came from Northumbria, the kingdom lying to the north of Mercia. We don't know when he was born, but we do know that he was a pupil of the great Celtic missionary St Aidan (died 651), who founded the monastery of Lindisfarne as the power-house of his mission. Chad had three brothers, likewise nurtured in the Celtic tradition. Cedd went to the midlands as a missionary and then to the East Saxons, where he became their bishop: Cynebil and Cælin remained in Northumbria as priests. All were associated with the royal family, who were strong supporters of Aidan's mission. It was on land donated by the king's son that Cedd founded a monastery at Lastingham, on the edge of the North York Moors, which was modelled on Lindisfarne. Sadly, it was here that Cedd died of the plague in 664, when on a return visit from the south. He was buried beside the altar. Chad briefly took over the development of the monastery, but very soon King Oswig appointed him Bishop of the Northumbrians, and so Cynebil took over the work at Lastingham, while Cælin continued with his royal priestly duties.

Oswig, like Chad and his brothers, had been brought up in the Celtic traditions of Christianity. In 664, at the Synod of Whitby, he nevertheless agreed that the kingdom should instead adopt Roman traditions. The powerful spokesperson for Rome at the Synod was Wilfrid, then Abbot of the monastery of Ripon, and later that same year he was appointed as the first (Roman-tradition) Bishop of the Northumbrians. But he needed to go to France for his consecration, and in his absence Oswig quickly appointed Chad in Wilfrid's place. This looks very much like a counter-move by a king personally rather uneasy about the pro-Roman decision at Whitby. It meant, of course, that when Wilfrid returned he was a bishop without a diocese. He had no animosity towards Chad, however, who was universally regarded (for all his Celtic allegiance) as an exceptionally holy man, so Chad remained in office and Wilfrid 'retired' to Ripon. Eventually, in 669, Theodore of Tarsus, the then newly appointed Archbishop of Canterbury, restored Wilfrid to his see (it had, after all, been uncanonical for Oswig to appoint Chad in his place) and he searched around for ways of making the best use of Chad's great piety in the still quite new Christian world of England. A bishop was needed for Mercia, and Wilfrid suggested Chad. To ease the situation Wilfrid donated land at Lichfield to be used as the seat of the bishopric - land which the King of Mercia had earlier given to Wilfrid as a potential site for a monastery. So that is how St Chad came to end his days there, and why Lichfield cathedral, originally dedicated to St Mary, is now dedicated to St Mary and St Chad.

Joyce Hill

CALLING ALL VILLAGES

Two Valleys Mission Community

On 31st January an important church service was held by Zoom with the Bishop of Penrith, Rt. Rev. Emma Ineson. It was a very successful occasion with over 100 people attending online and several important milestones marked which are outlined here:

- **The formal launch of the Two Valleys Mission Community (TVMC).**

After nearly 15 years working together the 7 parishes across the Two Valleys and North West Kendal were more formally recognised as a Mission Community. This is part of a Diocesan wide initiative to make what were informal groupings into the primary unit of ministry. This comprises: the Benefice of 2 parishes: St. Thomas' Kendal and St. Catherine's Crook, the Benefice of 4 parishes: Cartmel Fell, Crosthwaite, Winster, and Witherslack and the united Parish of Underbarrow with Helsington.

- **Revd Michael Woodcock was Licensed as "priest-in-charge" of Underbarrow-with-Helsington.**

As you know, this parish has been without an incumbent for the last two years. One of the reasons for this was that the existing ministers in the TVMC did not feel they had the capacity to take on another parish. However, having moved to Kendal in 2019, through a series of events and conversations over the summer, Rev. Simon Howard offered one day a week and two Sundays a month to the TVMC as a Self-Supporting Minister (SSM).

Due to the limitations of the time Simon can offer and for his own health reasons he did not wish to become priest-in-charge. This left a gap. Knowing that he would now be able to delegate worship and pastoral responsibilities to another team member, Michael was happy to be become Priest in Charge. After January 31st Underbarrow with Helsington continues to be a single parish benefice. (A parish is an area that is the responsibility of one PCC, a Benefice is the area that is the responsibility of one incumbent or Priest in Charge.)

- **Rev. Simon Howard was Licensed to the post of SSM Associate Priest in the Benefice of Cartmel Fell, Crosthwaite, Winster, and Witherslack**

This is because every Associate Priest needs to be licensed to a benefice with an incumbent to whom he or she is accountable. Simon's primary pastoral responsibility, however, will be to the parish of Underbarrow-with-Helsington.

- **Rev. Michelle Woodcock was Licensed back into the Two Valleys Mission Community.**

For the past few years Michelle has not been licensed to any particular parish and has had “permission to officiate” status only. This changed on 31st January so that Michelle will be more specifically focussed on the Two Valleys once again.

- **In the service we marked the arrival of a new Curate, Rev. Vic Sekasi.**

Vic was appointed last year and is primarily based at St. Thomas’ Kendal. However, she has come with the expectation of experiencing ministry across the Two Valleys in our rural contexts.

We now look forward to working together across our parishes more purposefully and prayerfully committing to following daily, caring deeply, speaking boldly, and treading gently as we explore our County’s shared vision for Christ’s Church here in Cumbria.

Lent Course “Taste and See” the county’s new shared Vision

We will be meeting by Zoom on each of the Thursdays in March and using materials produced by Bishop Emma Ineson, the Bishop of Penrith to reflect on the four areas of our ecumenically shared vision:

There will be a morning session at 10.30am, and this will be repeated in the evening at 7.30pm. You can choose to attend either session on any Thursday.

Thursday 4th March - Follow daily

Thursday 11th March - Speak boldly

Thursday 18th March - Care deeply

Thursday 25th March - Tread gently

Each session will last about an hour. After time to gather and greet one another the topic will be introduced by a member of the ministry team and then there will be discussion in small breakout groups.

We will email out the details of the zoom links to the congregations. If you haven’t received the link in that way, please email 2valleyschurches@gmail.com for the information and come and join in. Everyone is welcome.



I'm really worried about my elderly relatives being targeted by coronavirus scams - are there any warning signs that I can tell them to look out for? What should they do if they think that something is a scam?

Unfortunately, we've seen an increase in scams since the beginning of the pandemic, so it's good to be thinking about the steps you can take to help protect friends and family.

Common scams we're seeing are about bogus testing kits, coronavirus vaccinations and government refunds or fines. You should watch out for messages about coronavirus from unusual email addresses or phone numbers, and shouldn't click on any links. Be aware that you won't be asked to pay for coronavirus vaccinations - they are provided for free by the NHS.

Here are some general warning signs to look out for:

- You suspect you're not dealing with a real company – for example, if there's no postal address
- You've been asked to transfer money quickly or to pay in an unusual way – for example, by iTunes vouchers or through a transfer service like MoneyGram or Western Union
- You've been asked to give away personal information like passwords or PINs
- You haven't had written confirmation of what's been agreed

If you think something is a scam you should hang up the phone, close the website, or shut the front door. Never feel pressured to make a decision straight away, and don't give out personal details or money unless you're certain that they can trust the person. If you feel threatened or unsafe you can ring 999.

For help with online scams, contact a Citizens Advice Scams Action adviser by calling 0808 250 5050. For more information about other types of scams, visit the Citizens Advice website.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you.

How to access:

- **Call 015394 46464 - this is being staffed from 9:30 – 2pm**
- **Adviceline: 03444 111 444**
- **Email advice via our submission page on our website www.southlakescab.org.uk**
- **Help to Claim (Universal Support): 0800 144 8 444**

Communicating across our villages

It's been really important for us to be communicating and sharing information recently. The pandemic has meant we all need to be aware of up-to-date news. Our websites are excellent vehicles for this, but it has also been the case that email has come back to the fore, alongside the more modern social media outlet of Facebook.

As local Parish Priest I have been happy to be a source and means of communicating relevant local news to as many as possible (not just church news, but other local community news as well). However, as you know, these days we need permission to hold email addresses and to be granted permission to use those addresses for communicating news.

I already have GDPR permission from many of you, but am also aware that I may not have email addresses for many others in our communities. If you would value receiving the occasional email with relevant local non-church news (it tends to be only 2 or 3 each month at the most), then do please email me at mich@elwoodcock.com and I can send you the GDPR Form you would need to complete in order for me to have your permission to send you such emails.

We also have two Facebook groups which I have been administering: a group called "Crosthwaite & Lyth" and a larger group called "Local Lyth & Winster Valleys' Group". If you use Facebook and are not yet members of these groups, then do search them out and request to join.

Kind regards,

Rev. Michael Woodcock, Parish Priest across the Two Valleys

NOTICES FOR INDIVIDUAL PARISHES

CROSTHWAITE

Crosthwaite Village Hall



Thank you to everyone who has joined our 100 Club – we have now sold all our numbers! All proceeds of the 100 Club go towards the upkeep of our lovely hall.

The winner of February's draw is Pauline Crossley – congratulations!

Crosthwaite and Lyth Parish Council

The Parish Council met on Tuesday 02 February. The draft minutes are available: <https://www.crosthwaiteandlyth.co.uk/documents/parishcouncil/pcminutes/draftpcminutes.pdf?ver=202102081218>

Planning -The Council had no objection to planning applications 5860, Damson Dene, or 5051, High Cartmell Fold.

Village Walkway - An application for planning permission has been made by the Council for the walkway. The speed limit plans will be dealt with as a separate matter.

Neighbourhood Plan - The Group has been considering the Housing Needs survey and presented their findings to the Council on 09 February. Cllr Alan Gerrard will become the new Council representative on the Group.

Highways Customer Feedback Survey - Cumbria County Council seeks customers' ideas and views to improve county highways network and have launched an online survey to understand the views and needs of local people and road users from improving the planning of routine and emergency roadworks, to the reporting of road faults or defects. The survey can be completed at <https://cumbria.citizenspace.com/cumbria-county-council/highways-feedback-survey>

How the Enclosures Acts of the early 19th Century Changed Crosthwaite and Lyth Part 2

In Part 1 in the February edition Martin Douglas outlined how the land was organised locally until the very early part of the 19th century.

In Part 2 Martin describes the impact of the Enclosure Acts on the local inhabitants of the period.

If you don't want to wait for the remainder you can find the whole article on the village website.

What 'enclosure' did was to divide land that commoners previously had the right to use into plots of varying sizes. These plots were then available to fence off, or more usually in these parts divide by dry stone walls. Individuals could then buy the land by application to a committee of commissioners whose role it was to allocate as they saw fit. The successful applicant normally then had to find the means to enclose his allotment and often to improve it by draining and liming. All of this required capital that the ordinary commoner didn't have. Much of the available land was taken by existing land owners (often the big estates of the landed gentry), or was very quickly sold off to them after allocation when the new owner realised he didn't have the means to develop his allotment. These were often sold off cheaply as the buyers were few and

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the sellers many. The commissioners who oversaw the process were sometimes either already in the employment of the gentry or indebted to them, so the process was often unfair to the common man.

There had been small scale enclosures of land during the 18th century but a very significant national general Enclosure Act was passed in Parliament in 1801 that then opened the way for local people to apply to parliament for enclosures in their own areas. The general Act was therefore an enabler that opened the opportunity for many hundreds of other Acts of Parliament that changed land ownership and farm structure in the most fundamental way since man ceased being a hunter gatherer.

An act was passed in 1805 that enclosed some parcels of land around the village of Crosthwaite and up the Gilpin valley north. A much more significant Act of Parliament was one that resulted in the Heversham Award. This was passed by Parliament in 1815. At that time Crosthwaite and Lyth were divisions of the ecclesiastical parish of Heversham and the awards of land were made under the parish name.

This made a profound difference to the area and by 1821 the shape of farming and land ownership in this valley was set for the next hundred years. It was probably the most impactful activity on the environment in these parts since the end of the ice age.

There are at least two, and mostly opposing, views about the parliamentary Acts of Enclosure.

It has become common for the left leaning to simply describe these as a land grab by the rich who, using their influence and powers, stole away the land rights of the common man and, in doing so, perpetrated an act of social engineering so profound that it forced the working man into a position of permanent subservience.

The opposite view is that food production was so inefficient and opportunities for improvement essential to feed a rapidly growing population. Land reforms were essential to utilise the technology and knowledge that was available. The ensuing agricultural revolution fed the population during the industrial revolution, and was one reason that Britain became a leading world power.

This article is to examine which of these perspectives is the more credible, in particular in relation to our local parish of Crosthwaite and Lyth. I wondered whether there was truth in both perspectives. I will explain how the impact of enclosure varied between upland counties like Westmorland and the larger tracts of arable land in the lowlands of the east, south and midlands. The research I have made for this article changed some of my opinions and, I acknowledge that as an agriculturalist my conclusions may be influenced by this discipline.

Part 3 will consider Land Ownership in the mid 18th century

Following Part 1 of Martin's article in the February edition we were contacted by Mr Desmond Holmes, who has contributed in some detail some additional information about this period. We would have liked to have published that information in this month's edition while last month's article was still fresh in your minds, but it was not quite ready to be used by the time of going to print. We hope you will find it of interest in the April edition.

DESPERATELY SEEKING "SOMETHING TO DO"

(Or Life Under Lockdown at Spindlewood)



At the beginning of April 2020 Doug lived up to his name and started digging. The old blackcurrant bushes had to go. The roots were big and left some large holes.

"You know that pond you've always wanted? Well it looks like you've just started digging it" Three days later we had a hole 10 x 12 feet and 2 feet deep. We'd found a Covid 19 project.

In the bottom there was a huge half- buried boulder in the way. "You'll never move that. You'll have to leave it there." Dougie just carried on digging.

Later I spotted him standing in the 2 foot hole looking like a water feature. He had with him a long plank and an enormous crowbar. Then the heaving and levering began, as he very slowly manoeuvred the Spindlewood Boulder up the plank inch by inch. There was another, slightly smaller crowbar on the lawn. "Grab that and use it to stop the boulder sliding back." Well, I could hardly lift it. But I did my best to help. Hours later we had the S.....! Boulder on the bank, and it now makes a good place to perch and watch the pond.

But that is jumping ahead. There was much work to be done. Shaping shelves, levelling the rim all round, trying to stop the steeper sides of the hole falling in. Being hopeful we ordered a starter pack of pond plants. The heavy-duty black rubber liner arrived, with a white under-blanket. First we were busy patting bags and bags of damp builders sand over the whole area, to give a smooth base. Have you ever tried to line a large, deep uneven hole with a huge square blanket? And we'd to do that without disturbing the sand.

That job, however, was a doddle compared with laying the black liner. This weighed a ton - a very long, very heavy roll of rubber. My physical ability was somewhat stretched, but we succeeded, having to form many pleats to accommodate the uneven shape. Hot work, but we were so thankful for the dry sunny weather.

There was great excitement filling it slowly with tap water to allow the lining to settle, before days of trimming and anchoring the edges with rocks. At the end of May the pond plants arrived and we planted them in baskets. We were amazed to see that already we had much pond-life: dragonfly larvae, pond skaters, water boatmen, whirly-gig beetles, black water beetles and hundreds of minute water fleas (food for the other creatures). Where had they all come from? Dragonflies and Damsel Flies visited, as did the birds. Blackbirds, sparrows and tits queued up to bathe and drink in the shallow end.

One day in June I looked out of the window and saw a Mallard followed by her yellow ducklings walking round and past the pond. I thought I was dreaming, and then I thought, "I hope she stays."

But she waddled calmly away and disappeared, perhaps heading for the river.

I'll leave you with this image: a metal ladder spanning the deepest part of the pond, Dougie lying on it on his stomach, shirt abandoned on the grass, precariously lowering a water lily plant to the bottom, water up to his armpit. "Now, how do I get off?"

Penny Blair

BRIGSTEER

2021 saw the first of our online meetings, so it was nice to catch up with most of our members, even if only on screen. We were very pleased to hear that our appeal for donations in lieu of our usual carols around the village with the Brigsteer band, raised the fantastic sum of £1000 excluding those donations made directly to Manna House via their website. They were certainly pleased with our efforts. Once we'd caught up with minimal WI business, Sandy Leong talked to us about the History of Witches from prehistoric times right through to the 20th Century. Next month Maggie Robinson will be talking to us about mindfulness and meditation.

Our February meeting was also held online, with an almost full house of members listening to fellow Brigsteer resident Maggie Robinson explain all about the benefits of Mindfulness followed by a 25 minute meditation session.

Treasurer Sarah advised that subs for [2021](#) have been deferred until April, and some members had received the latest Federation magazine by email, with some interesting online talks coming up. Watch this space for news of any further online meetings.

CROSTHWAITE & LYTH

We enjoyed our first full W.I. Meeting on Zoom and members gathered by computer, tablet and telephone to hear the news that one of our members had just become a Great Grandmother. Angela Jones from Starntwaite has a lovely great granddaughter called Connie who was 9lbs 6ozs. We were then introduced to David Hall who since 1992 has been pioneering in organising and enabling sailing activities for disabled people, especially on Windermere. From one small boat in 1992, a Lune Whammel which was designed for fishing in the Lune Estuary. Blackwell Sailing for the Disabled now has 5 boats, some which specifically take wheelchairs and several canoes. With 35 volunteers and 5 instructors they offer 4 sessions a week with an instructor and 5 volunteers per session throughout the sailing season to a host of disabled client groups. Especially good fun seemed to be the Annual Winter paddle for the visually impaired on Windermere when they sail off to an island, light a fire and have hot cocoa. There were lots of excellent slides accompanying David's talk and it was good to learn what fun everyone can have on the lake.

UNDERBARROW

The Underbarrow WI held their February meeting on zoom. A dozen women, including three guests, were entertained by Sue Millard from Tebay who talked on the subject of "Cumbria's best kept secret, the Fell Pony". Sue talked about the use of ponies from Roman times for carrying loads, pulling carts, shepherding and riding. She spoke about the female ponies being allowed to roam the fells and being enclosed with the stallion to breed. A popular pastime in the nineteenth century was trotting races which were held on racecourses at the top of the fells, such as on High Street; and on local racecourses such as that at Bradleyfield. Today Fell Ponies are registered as a specific breed.

The March meeting on 10th at 2.00pm will be a zoom talk on "Greenland, Icecaps and Icebergs", by Gordon Fletcher from Lancaster. Anyone is welcome to join the zoom free of charge, contact Maggie Stockdale on 68662. Members of other Lyth Valley WI's are very welcome, as are non WI members.

Two Valleys Churches

“Enriching lives Embracing God”

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Associate Priest: Rev'd. Michelle Woodcock michellewoodcock74@hotmail.com

Reader: Dorothy Grace dorothygrace01@btinternet.com

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson 015395 68849
Mr. John Holmes 015395 68599

Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme 015395 60247
Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwardens: Mr. Tony Walshaw 015395 52491

Safeguarding Officer: Mrs. Jane Eccles 07779 953763 : 015395 58138

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the Church Administrator:

Janet Sullivan assjadmin@stkmil.org.uk : 01539 730683

Churchwardens: Mr. John Lee 015395 68470
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St Thomas' Kendal with St. Catherine's, Crook

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REGULAR EVENTS

(all subject to latest pandemic restrictions—please ring for advice)

HELSINGTON & BRIGSTEER

Book online at brigsteervillagehall.co.uk

Contact Ann Bryan (015395 68067

Pilates Intermediate	Mondays 09:30 - 10:45
Pilates Fundamentals	Mondays 11:00 - 12 :00
Short Mat Bowls	Mondays 19:30 - 21:30 September to April
Circle Dancing	Tuesdays 10:00 -11:45
Community Teashop	Fourth Tuesday of the month 15:00 – 16:45
Table Tennis	Tuesdays 19:45 - 21:45 September to May
Yoga	Wednesdays 09.30 - 11:00
Dru Yoga	Wednesdays 18:00 - 19:30
WI	Second Wednesday of the month 19:30
Pilates	Thursday 18:00 - 19:00
Storynights	Second Thursday of the month 19:30
Pilates	Fridays 12:00 - 13:00

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel. 015398 21415

Table Tennis	Monday & Friday 7.30pm - 10pm (from September through Winter months)
Young Farmers Club	Tuesday 7.30pm - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 st Wednesday of the month)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at website:

www.crosthwaiteandlyth.co.uk/memorialhall.html

For bookings contact Kath Edwards Tel. 015395 68879

Playgroup	not planning to return until 2021
MiniMovers	not planning to return until 2021
Indoor Bowling	not planning to return until 2021
Exchange	not planning to return until 2021
Yoga	Wednesdays 7.00 – 8.30pm held at school hall

UNDERBARROW INSTITUTE

For bookings contact Richard Simpson: Tel. 015395 68228
Snooker Club Mondays from 7.30pm
WI Every 2nd Wednesday of the month - 2pm, October to March inclusive,
7.30pm, April to September inclusive

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

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Indoor Bowling Wednesdays 7.30pm - 10pm
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Parent & Toddler Group Tuesdays 10am until Noon in the Parish Hall
Tea & Chat Every Monday 1.30pm - 2.30pm in the Parish Hall
Women's Institute Every 2nd Tuesday of the month at 7.30pm
The Art Club Fridays 9.30am - 12.30pm
Yoga Wednesdays 6.00pm in the Dean Barwick Hall (£7/session)

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Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

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As a follow-on to last month's little piece we put in the magazine, this is the story of the little figures that were in a small box by the Christmas tree.

As you will remember Pam and I did our walk to the church, and enjoyed a wonderful fifteen to twenty minutes sat on the seat placed in memory of Rodney Sale, which, incidentally, is called "The Ringers Rest". We thought this very appropriate. Anyway while at

the seat Pam also took one or two of the figures, and said I am going to make a little collage of these. After the tenth of January, that was the finish of the Christmas trail, which we did and were told we got them all right, it was fun. There were quite a few figures left in the tin, so Pam picked as many as she needed, and said it would make a lovely collage.

It got made, and I have to admit looks lovely, but I know Pam is great at handicraft, so I have taken a picture, sent one to Michael, and told him we will put the collage in the church for the Christmas period next December, and here is the picture for a quick view in the Parish magazine.

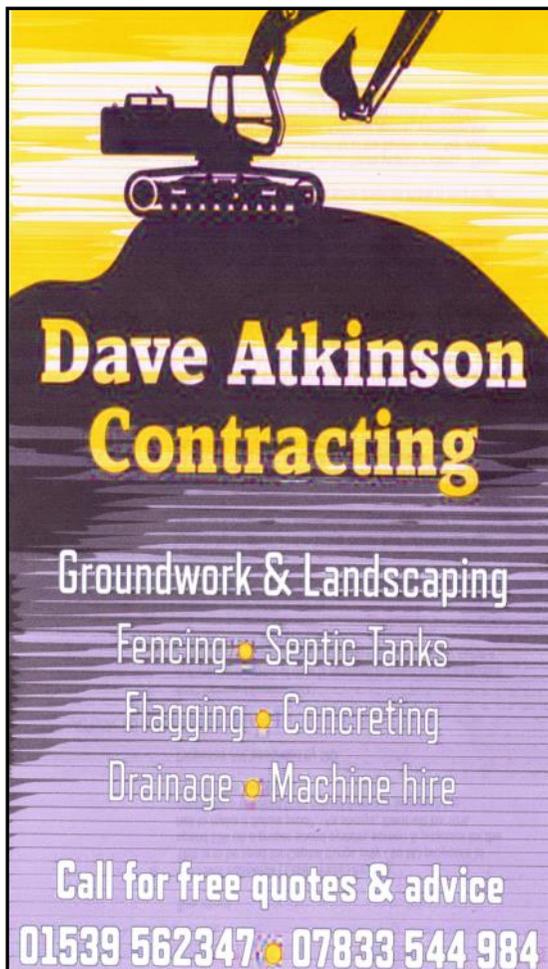
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