

FEBRUARY 2010

60p



CROSTHWAITE



CARTMEL FELL



HELSSINGTON

**TWO
VALLEYS PARISH
NEWS**



UNDERBARROW



WITHERSLACK



WINSTER

A LETTER FROM TIM HARMER

In the Church calendar that we follow through the year and which governs the biblical readings we have in Church, we celebrate the birth of Christ on 25th December, Christmas Day. We then have the Wise Men arriving on 6th January, which we call Epiphany. We then follow on the next Sunday with the Baptism of Christ as the gospel reading focuses on Christ as an adult being baptised by John in the River Jordan.

That is how our year starts; although the timescale of Christ moving from baby to adult in three weeks doesn't work, it is what it represents that is important. The baptism of Christ represents the beginning; the beginning of Jesus' ministry here on earth, the beginning of the move of the Holy Spirit in His earthly life and a model for the beginning of all our Christians lives following baptism.

Baptism is the sacrament by which new people are received into the fellowship of Christian believers. Baptism is the sign and seal of their incorporation into the body of Christ. Baptism is the outward sign of the beginning of the believer's new life in Christ and also marks their entry into the body of Christ, the Church. Christian belief and the life of faith will come through an acceptance and understanding of God's love in the saving work of Jesus' death on the cross and His resurrection. Baptism is the outward sign of this inward and invisible work of God's grace in our hearts and as such is very important.

Certainly we should grow in understanding and mature in our faith as we mature in years but the Archbishop of Canterbury is no more a member of the church than the last person to be baptised – we are all equal in the eyes of God and full members of his church.

We don't have a map to tell us what is going to happen in the future in our lives, but we do have a blueprint that tells us how to live our lives, and that is what will guide us in the future. The Spirit that came upon Jesus at his Baptism is the same Spirit who is for all people and who will guide each of us in 2010. We have a Saviour who was human and who was led by the same Spirit. In the water of our own baptism we share in Christ's death

and resurrection as He stands alongside us in ours. In baptism we are named and claimed by God:

‘Do not fear, for I have redeemed you, I have called you by name, you are mine.’

As we approach Ash Wednesday on February 17th and the beginning of Lent, Christians turn to this period of reflection and self-examination as they prepare for the events of our Lord’s passion and the greatest of Christian festivals, Easter Day. Michael Woodcock and I hope that you will be able to join in with our Lent course, of which there are details in this issue of the magazine, and join with us to worship God who names us and calls us.

Tim Harnes

FROM THE REGISTERS



Baptism at St Paul’s, Witherslack on 20th December of
Ruby Eve Geldard



Burial of ashes at St Anthony’s, Cartmel Fell on 11th December of
Terence Phillip Hubbard (80)

Funeral at All Saints, Underbarrow, on 19th December of
Sylvia Hardy (87)

Holy Days in February

- 2 **The Presentation of Christ in the Temple (Candlemas) - Festival**
- 3 Anskar, Archbishop of Hamburg, Missionary in Denmark and Sweden, 865 - Lesser Festival
- 14 Cyril and Methodius, Missionaries to the Slavs, 869 and 885 - Lesser Festival
- 17 Janani Luwum, Archbishop of Uganda, Martyr, 1977 - Lesser Festival
- 23 Polycarp, Bishop of Smyrna, Martyr, c.155 - Lesser Festival
- 27 George Herbert, Priest, Poet, 1633 - Lesser Festival

SERMON SERIES ON THE 1ST LETTER OF JOHN

given by Rev. Michael Woodcock

It is a while since we have had a sermon series and so here is one which will look at the First Letter of John over a period of five Sundays. The dates for each of the four churches are as outlined below. A sermon series gives us an opportunity to follow through a series of themes and to get to grips with a whole book of the Bible (1 John has just 5 short chapters). Each sermon stands on its own, so it doesn't matter if you miss some of the others. If you missed the first sermon because of the deadline dates for this magazine then there will be a recording available to borrow.

Cartmel Fell: Sunday 24th January: Introduction to 1st Letter of John

Sunday 14th February: Renouncing Sin - 1 John 1:8-2:2 & 3:4-9

Sunday 21st February: Being Loving - 1 John 2:3-11 & 3:10-end & 4:7-5:4

Sunday 28th February: Rejecting Worldliness - 1 John 2:12-17 & 4:1-6

Sunday 21st March: Keeping the Faith - 1 John 5:5-13

Crosthwaite: Sunday 24th January 11.00am: Introduction to 1st Letter of John

Sunday 7th February 6.30pm: Renouncing Sin - 1 John 1:8-2:2 & 3:4-9

Sunday 14th February 11.00am: Being Loving - 1 John 2:3-11 & 3:10-end & 4:7-5:4

Sunday 21st February 6.30pm: Rejecting Worldliness - 1 John 2:12-17 & 4:1-6

Sunday 28th February 11.00am: Keeping the Faith - 1 John 5:5-13

Winsters: Sunday 7th February: Introduction to 1st Letter of John

Sunday 21st February: Renouncing Sin - 1 John 1:8-2:2 & 3:4-9

Sunday 7th March: Being Loving - 1 John 2:3-11 & 3:10-end & 4:7-5:4

Sunday 21st March: Rejecting Worldliness - 1 John 2:12-17 & 4:1-6

Sunday 11th April: Keeping the Faith - 1 John 5:5-13

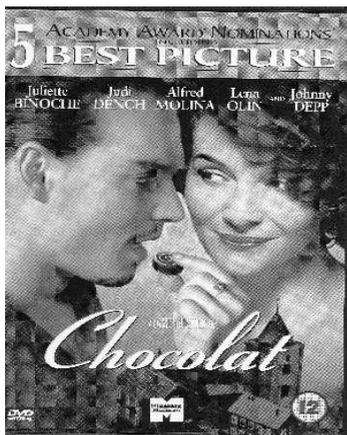
Witherslack: Sunday 7th February 9.30am: Introduction to 1st Letter of John

Sunday 14th February 4.00pm: Renouncing Sin - 1 John 1:8-2:2 & 3:4-9

Sunday 28th February 4.00pm: Being Loving - 1 John 2:3-11 & 3:10-end & 4:7-5:4

Sunday 7th March 9.30am: Rejecting Worldliness - 1 John 2:12-17 & 4:1-6

Sunday 21st March 9.30am: Keeping the Faith - 1 John 5:5-13



Christ and the Chocolaterie

LENT COURSE 2010

Due to popular demand we are once again running our Lent course around the theme of a film.

The Film

Chocolat is the beautiful and captivating comedy based on the best selling novel by Joanne Harris. Nobody could have imagined the impact that the striking Vianne would make when she arrived in a tranquil, old-fashioned French town. In her very unusual chocolate shop, Vianne begins to create mouth-watering confections that almost magically inspire the straight-laced villagers to abandon themselves to temptation and happiness. But it is not until another stranger, the handsome Roux, arrives in town that Vianne is finally able to recognise her own desires.

The Course

This course uses a modern, very successful film to help us explore issues surrounding Lent such as temptation, giving things up, the way we encourage others, what things control us and many other questions. It uses a range of different styles to help us to explore our answers and move forward together.

It will be helpful if you have seen the film before the course begins. You may borrow our copy (or arrange to come and see it with us if you don't have a DVD player) or buy your own. Amazon currently sells it for £4.98 online.

There are two courses that will cover the same topics. Feel free to go to one group or to swap between the two groups as it suits your timetable.

The course runs for 5 weeks at two locations; Michelle Woodcock will be leading both sessions. The afternoon course is on Tuesday afternoons at Ormandy Barn, Crosthwaite from 1.30pm to 3pm and the evening course is at Sunnybank, Underbarrow from 7.30pm to 9pm. The dates are the same for both courses.

Tuesday 23rd February	Week 1 – Giving up
Tuesday 2nd March	Week 2 – Giving out
Tuesday 9th March	Week 3 – Getting wise
Tuesday 16th March	Week 4 – Getting real
Tuesday 23rd March	Week 5 – Growing up

Each session will include extracts from the film, discussion and meditations based on what we have heard. It has proved to be a very stimulating and quite unusual course.

Health Warning

If you are planning to give up chocolate for Lent, this course could seriously test your ambitions! We went running for the chocolate pancakes after watching an hour of the film!!

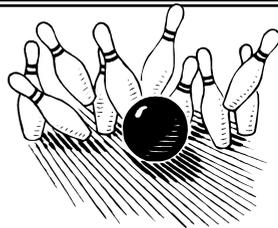


THE REVEREND LIONEL STOCK



We say goodbye to Lionel Stock who has been with us in the Two Valleys Team as an Assistant Minister working across six of the valley churches for approximately 18 months. During his time with us Lionel's cogent preaching and leadership of both the Christian Ethics and the History of the Church of England courses have been much appreciated. As Lionel and Elizabeth move to their house in France, where Lionel will continue working as a priest in the Anglican Church, we wish them God speed and every blessing in their new life.





PATHFINDERS

FEB - APRIL 2010

Are you aged between 9 and 15 (Year 5 to Year 10)? Why not come and join the Two Valleys Pathfinders?

We meet at The Vicarage, Crosthwaite and begin by having tea together (lasagne, pizza, sausages and mash or whatever you fancy followed by ice cream for dessert) and then spend some time studying the Bible together in an active and interesting way.

You are more than welcome to bring a friend along, but I need to know who is coming before the day itself in order to prepare enough food. You also need to let me know if you are vegetarian or have any food allergies! We can usually arrange a lift home if necessary, so don't let lack of transport stop you from coming!

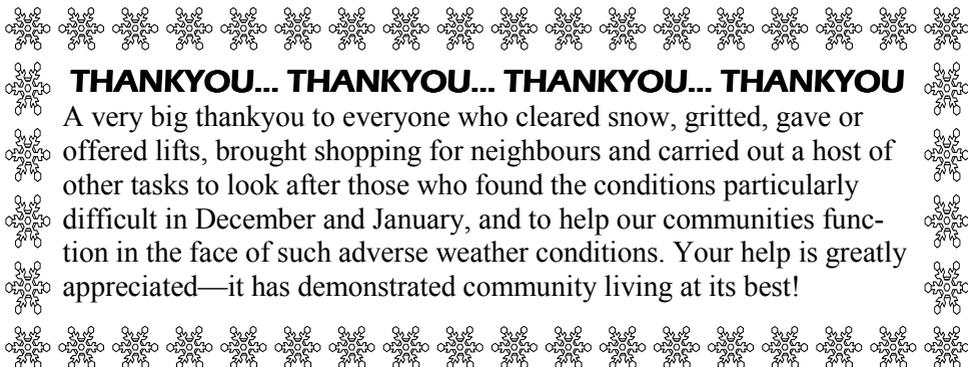
The next meeting is on **Monday 8th Feb from 4.45pm to 6.45pm** at The Vicarage, Crosthwaite. It would be lovely to see you there!

The dates for the rest of next term are:

- **Monday 15th March** 4.45pm–6.45pm; and
- the morning of **Tuesday 6th April** to help at our Easter Holiday Club and have lunch at The Vicarage afterwards (approx 9am–1.30pm).

We hope to fit in a social event this term – an outing, bowling or something like that and we'll let you know what that will be.

For more information contact Michelle Woodcock (015395) 68276, Pat Howarth, Gillian Smith or Martin Grace.



THANKYOU... THANKYOU... THANKYOU... THANKYOU

A very big thankyou to everyone who cleared snow, gritted, gave or offered lifts, brought shopping for neighbours and carried out a host of other tasks to look after those who found the conditions particularly difficult in December and January, and to help our communities function in the face of such adverse weather conditions. Your help is greatly appreciated—it has demonstrated community living at its best!

AND MORE THANK YOUS...

Many, many thanks to everyone who worked so hard towards all our Christmas services across the parishes – those who decorated our churches so beautifully, our organists and choir, those who organized and provided refreshments, those who worked so hard at clearing paths and car parks of snow ... the list could go on. Even though the weather intervened and frustrated our attempts to gather together it was still heartening to see the efforts people made to ensure worship could continue wherever feasible. Thank you all.

ASH WEDNESDAY

This falls on 17th February and there will be two services of Holy Communion (CW) with Ashing on the day: at **9.30am at St. Mary’s, Crosthwaite** or at **7.30pm at All Saints, Underbarrow**, and we welcome anyone from all our villages to come and join us. The Service of Holy Communion with Ashing is a significant and powerful way of beginning the season of Lent. We burn last year’s palm crosses and from the ash there is an optional opportunity in the service to receive a sign of the cross in ash on one’s forehead as a symbol of our need for forgiveness. If you still have your palm cross from last year, please hand it to John Holmes (015395 68599) or to June Harmer (015395 68865).

LOCAL AREA PARTNERSHIPS

Since the Cumbria County Council’s bid for a unitary authority to run the county was rejected in July 2007, CCC and the District Councils have been trying to find a way of responding to central Government’s pressure for greater community involvement in local government. After considerable consultation and debate they have decided to introduce Local Area Partnerships within each District – South Lakes has eight LAPs. Each LAP is made up of representatives of Parish and Town Councils, County Councillors and District Councillors within the area, plus co-opted representatives of major services such as Police, Fire and Primary Care Trusts as necessary. Each LAP will be supported by a part-time co-ordinator provided by county or dis-

trict. The basic assumption is that LAPs can focus their combined efforts on achieving greater influence on decision-making on services delivered in their area. There is also a possibility that responsibility for the management of some local services could be delegated to LAPs in the future.

The Parish Councils within the Two Valleys area, with the exception of Cartmel Fell, have been included in the Kent Estuary (a.k.a. South Westmorland) LAP which covers a total of up to 19 Parish and Town Councils including Milnthorpe and Arncliffe, with up to 10 County and Parish councillors. A co-ordinator is to be provided by the Police. The inaugural meeting of this LAP was held on Wednesday 9th December.

Individual Parish Councils from the Two Valleys area have attended numerous conferences, summits and workshops over the past two years. We have read various consultation documents and completed the required feedback forms. The Two Valleys councils, plus Levens, have met as a group on two occasions to discuss our views on the proposals and to consider alternatives. Our position can be summed up as one of 'healthy scepticism':

firstly, we are not convinced that the scale and formality of the LAP system is warranted unless there are specific shared problems to be solved. We have looked for issues of common interest but have not found any which could not be dealt with by a single issue group; and

secondly, we believe that a LAP with up to 29 members plus co-optees and meeting quarterly cannot be effective. If LAPs are necessary and/or imposed on us then we would favour a much smaller grouping based on the Two Valleys parishes, plus Levens if they wished to join, which could then concentrate on the limited number of issues common to our rural parishes. We have gone so far as to produce a formal case for a Two Valleys LAP which has been recognised by the South Lakeland Strategic Partnership which is overseeing the introduction of LAPs.

The current situation is that, following the inaugural meeting, we will continue to keep a watching brief on the Kent Estuary LAP whilst looking carefully again at shared issues to get a measure of what benefits might be achieved through greater co-operation. If we do identify sufficient shared issues and/or we are pressurised into joining the LAP system then we will press for the setting up of a Two Valleys LAP and a share of any (minimal) budget which goes with it.

If anyone wishes to comment or to give advice please contact your Parish Council.

Gordon Pitt, Clerk to Crosthwaite & Lyth PC



VALENTINE EVENING

Saturday February 13th 7.30pm

Crosthwaite & Lyth First Responder Group

There will be a Valentine Evening in Underbarrow Village Hall on 13th February in aid of Crosthwaite & Lyth First Responder Group.

Food and Entertainment are provided and Drinks will be available.

Everyone is invited

Tickets £10.00 available from

George Taylor	015395 68004
Susie Bulman	68083
Jane Rooke	68674
Steph Fry	52186
John Holmes	68599

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

NEWS FROM ST ANTHONY'S

The repairs to the roof, the rewiring and new lighting have now been completed and the first Service was to have been the Carol Service on 20th December. The Church had been decorated in readiness and then the snow arrived! The Carol Service has twice been cancelled but the Sunday morning services have continued. Those with strong legs or 4 x 4 vehicles have been able to attend, but at the time of writing the access road to the church is lethal. We wait in anticipation for the time when all members of the congregation can meet together and see the results of the refurbishment.

CARTMEL FELL EDUCATIONAL FOUNDATION

The next meeting of Cartmel Fell Educational Foundation is on 16th February 2010. If you would like to be considered for a grant please send a short application letter, explaining how you would use the funds, to the Foundation Secretary c/o Bowland Bridge Post Office and Shop. The Foundation welcomes applications from any young person living in St Anthony's Parish for support in education or as an apprentice, or to pursue an artistic or sporting goal or hobby.

CARTMEL FELL PARISH COUNCIL

The next meeting of Cartmel Fell Parish Council will be held at the Parish Hall on

Thursday 18th February at 7.30pm. There is still a vacancy for a Councillor and if anyone reading this is interested in community involvement in this way, please contact the Clerk, Kevin Price, on 01539 821596. There are currently four meetings each year, usually two being held at the Parish Hall and two at Tower Wood. This year the Council has employed its own lengthsman and a difference should be seen in the lanes around the parish as a result. At the last meeting, the Precept (the amount the Parish Council receives from SLDC) was fixed for the forthcoming financial year, and so there will be no increase from this year's figure.

ST ANTHONY'S ROTAS

COFFEE Anne Bennett

FLOWERS Evelyn Cervetti

CROSTHWAITE

Calor **Cumbria Village of the Year**
2009

www.crosthwaiteandlyth.co.uk

CROSTHWAITE & LYTH 'GARDEN RAMBLE'

Sunday May 30th & Monday 31st
(Bank Holiday)

As many people may now be aware some 15/16 gardens have agreed to be part of the above event. Proceeds to go to the First Responders and Air Ambulance. We will need volunteers to act as Stewards and with car-parking over the two days. Would anyone who would like to help please contact John Holmes (015395 68599) cjh@coyote-software.com.

EXCHANGE'S 4TH BIRTHDAY

Wednesday 3rd February 1-4pm

The Crosthwaite Exchange is celebrating

its 4th, yes **4th** birthday and we want you to come and celebrate with us! As it is the first Wednesday of the month there will be a delicious hot lunch followed by birthday cake and bucks fizz. If that is not enough to entice you, there will also be a display of work by the Crosthwaite Art Group, so put it in your diary as a date not to miss!

ST MARY'S ROTAS

COFFEE

14th Angela Jones & Eileen Dobson

28th Margaret & Rodney Sale

FLOWERS

7th Volunteers please

14th Volunteers please

21st Lent: no flowers in Lent

CROSTHWAITE HELPLINE

Please contact:

Geraldine & Arthur Wilson on 68836

HELSEINGTON

CAROL SINGING

£220.00 was collected by the carol singers around Brigsteer on 17th December.

All proceeds have been donated to the North West Air Ambulance Service.

OBITUARIES

Richard Mather

We have recently lost two valued members of our community in Helsington and Brigsteer. Firstly, Richard Mather who, with Lizzie, lived at The Ghyll, Brigsteer Road. Others have written of his distinguished career in the Army, and at K Shoes. We remember his contribution to the life of Helsington Church, his sense of fun, and his generosity in hosting, with Lizzie, lovely garden parties at The Ghyll, in aid of church funds.

Tom Walmsley

We also remember Tom Walmsley of Kell Garth, Brigsteer. Tom was Chairman of the Investment Club, generous host, Bon Viveur, keen golfer and a craftsman with wood, to name but a few of his talents. We shall miss them both, and offer Lizzie and Zita and their families our deepest sympathies.

SECOND SATURDAY COFFEE MORNING

This will be held at Bieldgarth, Brigsteer on **13th February**, 10.30am–12noon. Please phone Muriel and Peter Tanfield 68498 for further details; everyone is very welcome to attend. Don't forget the Book Exchange. Perhaps you have some new treasures to bring post-Christmas!

AN UPHILL STRUGGLE

As in all the churches in the team, Christmas and the following Sundays will long be remembered at Helsington. We too looked forward to our candlelight service of carols and readings, but did not expect to sing 'In the Bleak Midwinter' with quite such feeling in our hearts and none in our toes. A handful tramped up the hill in deep snow and gathering gloom but, with lamps converging from all directions, gradually became a congregation of 25, though with no music, no Tim Harmer, and precious little heat. Still, we had a beautifully decorated church, lots of candles burning bright and a determination to give it a go. Probably the vin chaud and mince pies afterwards were never more appreciated. Alas, with no improvement by Christmas Eve, the midnight service had to be cancelled. Low Sunday lived up to its name, with the hill still surmountable only by foot or 4 x 4, Tim celebrated communion with four Christian foot soldiers, again singing unaccompanied. A lovely, intimate service. With no service at Helsington on the

first Sunday of the month, surely by the 10th we could be back to normal? It was not to be: with more snow, temperature in the church dipping to 1C (perfectly preserving the flowers arranged three weeks before!) and residents of Brigsteer falling like nine-pins on the ice, the church was left in peace. But, ever resourceful, we managed a home-based celebration of communion by Tim with a congregation of eight, again another lovely service. We are missing all those unable to reach the church though; hopefully by the time you read this, snow and ice will be a distant memory!

UNDERBARROW

UNDERBARROW & BRADLEYFIELD PARISH COUNCIL will be held at Underbarrow Institute on Tuesday 16th February at 7pm.

FOOTPATH OFFICER

A volunteer is required to take on the job of Footpath Officer for Underbarrow & Bradleyfield Parish Council. District Councillor Frank Hodson has carried out this task on behalf of our Council for a number of years but is unable to continue. The person appointed does not need to be a Councillor. The duties are to walk occasionally the paths in the parish and report to the Council from time to time on their condition and the need for repairs and improvements. For further details, please contact either the Chairman, Councillor Andrew Simpson on 015395 68746 or the Clerk, Kevin Price, on 01539 821596.

UNDERBARROW HELPLINE

Please contact:

Frank Hodson on 01539 728280
Mabel Evans on 015395 68481
Tom Handley on 01539 724013

WINSTER

CROOK AND WINSTER PARISH COUNCIL

The next meeting of Crook and Winster Parish Council will be held at Crook Memorial Hall on Monday 22nd February at 7.30pm. There is currently one vacancy on the Council – interested persons are asked to inform the Clerk, Kevin Price (01539 821596) by 9th February if possible. If more than one expression of interest is received, then a ballot must be taken at the meeting to decide who is to be co-opted. At the last meeting, the Precept (the amount the Parish Council receives from SLDC) was fixed for the forthcoming financial year, and so there will be no increase from this year's figure.

HOLY TRINITY FLOWERS

7th & 14th Eunice Ogden
21st Lent: no flowers

WITHERSLACK

www.witherslack.org

SUNDAY CLUB

The next Sunday Club will be on **Sunday 7th February**. We meet at St. Paul's church, Witherslack from 9.30am–10.30am. All children aged 3–12 are welcome and will enjoy making friends with our small existing group who eat biscuits, play games and create craft items! For more details phone Michelle Woodcock on 015395 68276.

TEA & CHAT

The next Tea & Chat will be on **Tuesday 2nd February** at 2pm in Barwick Hall All welcome.

ST PAUL'S ROTAS SIDESMEN & READERS

7th Anne Duffin; Tony Brennand or
Chris Bagnold
14th Danny Jackson; Clarence Bratherton
21st Richard Coates & Steve Hodgson;
Trevor Farrer
28th Val Pattison (both roles)

FLOWERS

Mrs M Warner

NEWS FROM THE WIS

BRIGSTEER

The February meeting will be at Elizabeth Bradshaw's house at 2pm on February 11th. It is entitled Rummikub!, but I'm sure if you wished to bring Tiddly-Winks that would be equally acceptable.

CROSTHWAITE & LYTH

Penny Blair welcomed members from the Lyth Valley Group to the Crosthwaite WI Party. After a delicious Jacob's Join Meal entertainment was provided by 'Four in Harmony', who sang songs from the Shows and there were also violin solos. The enjoyable party ended with the singing of carols and everyone received a gift.

REGULAR EVENTS

BRIGSTEER

- Scottish Dancing Thursdays at 7.30pm at The Institute, Levens
Contact: Pauline Hampson 015395 68672
Table tennis Tuesdays at 8pm in Underbarrow Village Institute

CARTMEL FELL

- For bookings contact Helen Caldwell Tel. 015395 68428
Women's Institute First Wednesday in the month at 7.30pm
Local History Society Second Monday in the month at 8pm during winter
Chi Kung (beginners) Wednesdays 4-5pm
Tai Chi Thursdays 4-5pm

CROSTHWAITE MEMORIAL HALL

- Check bookings online at <http://www.crosthwaiteandlyth.co.uk>
Art Club Mondays 1.45pm
Rainbows Mondays 4.30pm-5.30pm except 15th
Aerobics Mondays 7.30pm
Playgroup Tuesdays & Thursdays 9.30-11.30am, not 16th & 18th
Indoor Bowling Tuesdays & Thursdays 7.30pm
Exchange 1st Wednesday 1pm-4pm; other Weds 2pm-4pm
Women's Institute Every 3rd Wednesday of the month at 7.30pm

UNDERBARROW INSTITUTE

- Quilting class Mondays 2-4pm
Billiards Club Mondays from 7.30pm
Brigsteer Table tennis Tuesdays 8pm (see above)
WI Every 2nd Wednesday of the month at 7.30pm
(1.30pm in Nov, Dec, Jan & Feb)

WINSTER

- Book & Plant days Next one on Easter Saturday 4th April 2010
Keep Fit Mondays 9.30am-10.30am
Line Dancing Classes Mondays 7.30pm-9.30pm at Winster Village Hall

WITHERSLACK

- Indoor Bowling Wednesdays 7.15-10pm
Parent & Toddler Group Tuesdays 10am until noon
Tea & Chat Group Every 1st Tuesday of the month at 2pm
Women's Institute Every 2nd Tuesday of the month at 7.30pm
The Art Club Fridays 9.30am-12.30pm