

TWO VALLEYS PARISH NEWS



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,
Helsington, Underbarrow, Winster & Witherslack

August 2023

70p

Holy Trinity Church Winsters

Books/Cakes/Plants

SAT AUG 26TH

in the **School House**

10.00am - 4.00pm

TEA COFFEE SOUP

HOME-MADE CAKES

BOOKS PLANTS

LOOK FORWARD TO SEEING YOU!

For info:- Yvonne 01539488563/ Gill 01539443304

**Cover picture: Pool Bank by Stephen Rowlinson
Church miniature pictures from watercolours by John Wilcock**

Church Services for AUGUST 2023

Thursday 3rd August

9.15am Crosthwaite Holy Communion (CW) Rev. Michael Woodcock

Sunday 6th August

9.30am Witherslack
11.00am Underbarrow
11.00am Winster
11.00am Crook

The 9th Sunday after Trinity

Morning Worship (CW) Julian Lambton/Wendy Ellis
A Service of Baptism Rev. Simon Howard
Morning Worship (CW) Pat Howarth/John Entwistle
Morning Worship (CW) tbc

Sunday 13th August

9.30am Cartmel Fell
9.30am Underbarrow
11.00am Crook
11.00am Crosthwaite
5.30pm Winster

The 10th Sunday after Trinity

Holy Communion (BCP) Rev. Michael Woodcock
Holy Communion (BCP) Rev. Bob Dew
Morning Worship (CW) tbc
Holy Communion (CW) Rev. Michael Woodcock
Evensong (BCP) Rev. Michael Woodcock

Sunday 20th August

9.30am Underbarrow
9.30am Witherslack
11.00am Winster
11.00am Crook

The 11th Sunday after Trinity

Holy Communion (CW) Rev. Ron Rutter
Holy Communion (CW) Rev. Michael Woodcock
Holy Communion (BCP) Rev. Michael Woodcock
Holy Communion (CW) tbc

Sunday 27th August

9.30am Cartmel Fell
9.30am Helsington
11.00am Crook
11.00am Crosthwaite

The 12th Sunday after Trinity

Holy Communion (BCP) Rev. Michael Woodcock
Morning Worship (CW) Rev. Simon Howard
Morning Worship (CW) tbc
Holy Communion Rev. Michael Woodcock

Sunday 3rd September The 13th Sunday after Trinity

9.30am Underbarrow
9.30am Witherslack
11.00am Winster
11.00am Crook
6.30pm Crosthwaite

Holy Communion (CW) Rev. Bob Dew
Holy Communion (CW) Rev. Michael Woodcock
Holy Communion (BCP) Rev. Michael Woodcock
Morning Worship (CW) tbc
Evensong (BCP) Rev. Michael Woodcock

A LETTER FROM GEORGE BRIGGS

Thoughts on prayer...

Something I love about Jesus is how willing he is to help, to heal, to save and to comfort. The stories of his life in the Bible are filled with examples to encourage us to come to him. We find Jesus in conversation with a man who has leprosy – a man not only sick but cut off from his community, his religion, the comfort of others. The man comes to Jesus saying “If you are willing you can heal me.” Jesus’ answer is extraordinary – first he reaches out and touches the man (which was a huge taboo because of the disease), then he speaks to him very simply: “I am willing. Be healed”. The leprosy disappears. The miracle is amazing enough, but the compassion of Jesus is beautiful. “I am willing,” he said.



At a village wedding Jesus was willing (with little of his mother’s persuasion!) to turn water into a great deal of wine when the wine ran out – it turned out to be the best they’d tasted! When families brought children to him and asked him to bless them, his followers assumed that he would refuse to give time to them. Jesus demanded that the children be allowed to come to him and he blessed them. When a noisy, destitute blind man discovered that Jesus was about to pass him along the road he yelled “Have mercy on me!” Again the crowd tried to stop him, but he yelled even louder. What did Jesus do? He stopped and asked him “What do you want me to do for you?” The man asked for his sight and Jesus healed him!

Reading the gospels we meet a woman caught in adultery, a thief dying next to Jesus on a cross, and see the willingness of God to give second chances. In all these encounters Jesus’ words ring out: “I am willing”. Again and again the bible honours the ones who take the risk of coming to Jesus and we are shown how wonderfully and willingly he receives us.

Over the coming weeks in our village churches we are looking at prayer and speaking about it in a new sermon series. Whatever our experience of prayer might have been to date, I appreciate being invited to consider that prayer is not overcoming God’s reluctance. It is laying hold of his willingness.

With every blessing,
Rev. George Briggs
Vicar of St Catherine’s Crook & St Thomas’s Kendal

A handwritten signature in dark ink, appearing to read 'George Briggs'. The signature is fluid and cursive, with a large, stylized 'G' and 'B'.

FROM THE REGISTERS



Weddings

– Congratulations to:

1st July Jonathan Smith & Natalie Williams married at St. Mary's
Crosthwaite

CALLING ALL PARISHIONERS

Champing in St. Paul's, Witherslack

The Parochial Church Council are exploring the idea of offering St. Paul's Church to the national Champing initiative. This is administered by The Churches Conservation Trust (CCT). Potential campers look at the CCT website and book a night or two to "camp" in the church. We stress that the Church would remain an active place of Worship and would still be available for Sunday Services, Baptisms, Weddings, Funerals, etc.

CCT take all the bookings and fees (based on when we say the church can be available) and all we have to do is set up a couple of camp beds, provide some torches, and a blanket or two. Campers pay CCT £50 per night and at the end of the year St. Paul's church would receive around 2/3 of the total income raised through Champing. The season could run from sometime in March to mid-September – it's up to us. Longsleddale Church have been offering this for a few years and raised around £6000 over the past two years since Covid.

We think this would be a creative way to raise funds to help cover the monthly running costs of keeping the Church going (It would not be used for Tony's Tower Project). If we think this is a good idea, then we are looking for some volunteers to be part of a rota of people who could be available to set the church up in advance of the guests arriving, preferably arrange to meet and welcome them when they arrive (through mobile phone contact), and then to tidy away after they have left. We might experiment with volunteers offering a two-week stint, and then with enough volunteers we could cover the season fairly easily.

If you could be part of this Champing Welcome Group, can you contact Rev. Michael Woodcock 015395 68276 or email mich@elwoodcock.com It could be a lovely way to welcome a new set of visitors to Witherslack and certainly Longsleddale have said that all their guests have been very respectful and appreciative.

Meanwhile, take a look at the CCT Champing website www.visitchurches.org.uk/visit/champing.html

Gardening Group

The group has become very active, with members sharing plants and knowledge, with several informal visits to members gardens. We have some very knowledgeable and experienced members as well as people new to gardening or the area. All ages and levels of experience are very welcome.

We are not meeting on a formal regular basis, but mostly communicating through WhatsApp and by e mail.

If you are interested in joining please contact Jenny Waldron on jennifer.jane57@gmail.com.

Caring for our Community

Are there times when you feel lonely, or in need of a listening ear?

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

NOTICES FOR INDIVIDUAL PARISHES

CROSTHWAITE

The Exchange is on holiday in AUGUST and will resume with LUNCH on WEDNESDAY 6th SEPTEMBER 1pm.

PLEASE CONTACT GERALDINE TO BOOK ON (015395) 68836 or (077666) 46504 or email: grangeel@hotmail.co.uk



TEA & CAKE WEDNESDAY 20th SEPTEMBER (NO NEED TO BOOK).
Thank you we look forward to seeing you all again after the break



Crosthwaite Church of England Primary School

Matthew Jessop, Headteacher has recently been awarded the title of Headteacher of the Year in a Primary School (North West Region) in the Pearson National Teaching Awards.

An extract from the award citation reads: Matthew is an outstanding, inspirational Headteacher.

A driver of innovation, he introduced farming into the curriculum and raised grants to extend school buildings and develop the latest technology. The school was graded 'Outstanding' this year and given the Cumbrian Golden Apple Award.

WITHERSLACK

"Vicar at The Derby Arms" - last Wednesday of each month.

Rev. Michael Woodcock will be at The Derby Arms in Witherslack from 1.00pm until 2.00pm on Wednesday 30th August. Happy to have a chat with anyone about anything really.....



Save the date...Sunday 17th September

An Afternoon of Song* with Otto Voce,

Directed by Tracie Penwarden,

accompanist David Battersby

in St Paul's Witherslack, at 4pm

"TONY'S TOWER PROJECT"

HOMEMADE REFRESHMENTS IN CHURCH

During the Art and Craft Exhibition held in the Barwick Hall

We will be serving light refreshments in St Paul's Church on

Saturdays and Sundays from 10.30am – 4.30pm

From 23rd September until 8th October.

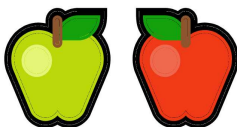
Everyone is welcome to pop in for a cup of tea or coffee.

Jars of jam, marmalade and chutney are gratefully

Received for the produce stall and plants for the plant stall.

All money raised will go towards the repair of the church tower.

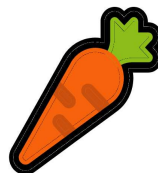
WITHERSLACK PARISH HALL



Annual

VEGETABLE

SHOW



At the HALL

FRIDAY 25th AUGUST 2023  **7.30pm** 

ADMISSION ADULTS £1.50 CHILDREN 50p

INCLUDING TEA AND BISCUITS

RAFFLE

**Schedules available at the
Witherslack Community Shop**

Levites and Samaritans

August 2023

We are currently in that lengthy season of the church's year known as Ordinary Time or, in some traditions, as the Sundays after Trinity, when the Sundays are identified by numbers (of Ordinary Time, or After Trinity). It's a time when, since we are past the major seasons of Advent, Christmas, Epiphany, Lent, Easter, Ascension and Pentecost, which celebrate the great gospel events of the Incarnation, the church focuses on the ministry and teaching of Jesus. And so, in this season, I write on a wide range of topics, which occasionally includes explaining biblical references that we are familiar with while perhaps remaining a bit vague about what they really signify. A few years ago, for instance, I wrote on the Pharisees and Sadducees, who crop up a lot in the gospels. Now it's the turn of the Levites and Samaritans, who appear together in one of the best-known parables of Jesus: the story of the Good Samaritan, unique to the gospel of Luke (Chapter 10 vv.30-37).

In this parable a man travelling from Jerusalem to Jericho is mugged and wounded by thieves and left by the roadside. A priest and a Levite both notice him, but pass him by, giving him a pointedly wide berth. But then a Samaritan comes along, tends his wounds, takes him to a nearby inn, cares for him overnight and in the morning leaves money for the innkeeper to continue looking after him, promising that, the next time he passes that way, he will make any further payment necessary. It is the Samaritan, of course, who is the 'neighbour' in this instance, not the priest or Levite. Yet if we don't fully appreciate who Levites and Samaritans were, we lose some of the impact of the story, which was clearly meant to bring the hearers up short.

Levites were members of the tribe of Levi, to which Moses and his brother Aaron belonged. In the time of Christ all the priests of the Temple in Jerusalem were descendants of Aaron, and the rest of the tribe of Levi was responsible for looking after the Temple, including the sanctuary itself. With the priesthood being a specially restricted group within the tribe, 'Levite' was the term used for these Temple servants. Because of what the Temple meant to the Jews, this was nevertheless a highly prestigious role. The two who choose to pass by the wounded traveller are therefore people you might think would be very likely to be charitable to a fellow Jew in difficulty. As a priest and a Levite they had significant positions in the Temple, which, after all, was the heart of their faith.

Yet the one who shows compassion is a Samaritan, a member of a tribe utterly despised by the Jews, so much so that 'Samaritan' was a term of reproach. The kingdom of Samaria lay between Galilee to the north and Judaea to the south and its inhabitants followed Jewish practices and beliefs. But Samaritans were despised because they denied Jewish priesthood, rejected the traditions and rules of the Pharisees, and refused to accept Jerusalem as the one place where the Temple of Jehovah should stand. Their own temple to Jehovah was on Mount Gerizim.

The parable works perfectly well if you don't know the historical context. But it undoubtedly has extra punch when you find out more about the figures in the story and the radical challenge it consequently presented at the time.

Joyce Hill

Curlew Recovery South Lakes: end of breeding season update

Three curlew chicks are now confirmed to have fledged, and possibly more, as the last brood to hatch are still doing well. It may not sound much, but it is a huge achievement and compares favourably with professionally run curlew conservation projects elsewhere.

Curlew numbers are in catastrophic decline, largely because, in the UK and elsewhere they fail to successfully fledge young.



National conservation groups have declared that curlews are of the greatest conservation concern of any bird species. In our valleys as elsewhere, most breeding attempts end in failure. Curlews are large birds; the eggs take 4 weeks to incubate, and the chicks take over 5 weeks to fledge before they can fly - all this time they are vulnerable to predation and agricultural operations.

There are 18 curlew pairs that breed in the Lyth valley and more in the surrounding area. The local curlew volunteers use electric fences with the permission of the farmers to protect nests and avoid losses during agricultural operations. The farmers have been central to the success, adapting cutting and operations to protect nests and chicks.

As we write, in mid-July, we are certain that three chicks fledged from the 18 pairs in the valley. And although this number is small, we believe that only one chick fledged in each of the previous two years, so it is a positive result. Equally important is that we have learned a great deal about the birds which will improve our conservation activities in future years.

In recognition of the work done, Curlew Recovery South Lakes has grown in reputation, with visits from the National Curlew Recovery Partnership and partnerships with researchers in several Universities.

The response to our social media has been fantastic, reaching a huge audience and raising awareness. There have been some wonderful benefits including advice from experts, loans of fencing equipment when we needed them most, and some lovely donations from curlew champions around the UK.

You can find photos of the birds from our valleys, and follow their stories on

Facebook (facebook.com/profile.php?id=100091995920086)

or Twitter (twitter.com/CurlewSLakes).

Curlew Recovery South Lakes is a registered charity.

To get involved in this vital conservation work contact: Susannah Bleakley & Barny Sykes: curlewrecoverysl@gmail.com or to join the many generous donors supporting this vitally important work, please give at: <https://justgiving.com/curlewrecoverysl>

Together we can help curlew survive and give our children the call of the curlew.

Thank you

Image : Five-week old curlew chick. By John Dodds

Advertising in the Two Valleys Parish News

Would you like to join our waiting list to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

Contact our Advertising Manager, Lorraine Brierley,
Phone 015395 60702 / 07826 800469
or e-mail brierleyl@yahoo.co.uk

Additional Magazine Editors

Despite requests in this magazine and publicity on several local Facebook groups we still need **additional editors** for the **Two Valleys News**. If you are familiar with Microsoft Word or Publisher you too could become a TVN Editor. We are a cheerful supportive bunch and we find that we are generally only 'on duty' once or twice a year. Please don't assume that someone else is going to volunteer. Do contact tyn@crosthwaiteandlyth.co.uk or telephone one of the editors if you would like to find out more.

theWI
INSPIRING WOMEN

REPORTS & NEWS

CARTMEL FELL 20 members met for the July meeting. 2 new members Anne Caldwell and Marion Martin were welcomed by Julie Woodgate. Details were finalized for the trip in August to the RHS gardens at Bridgewater and a meeting arranged to discuss possible entries for the County Show. Lesley reported on Levens Quilters show staged at Endmoor. 5 members had visited and marvelled at the display. Following refreshments, Mr John Mounsey presented "The Pretty Little Flower and the Great Oak Tree" The talk was most enlightening, no one present realizing the number of insects, plants and fungi making their home in the Great Oak. John kindly judged 14 entries in the competition for a wooden ornament, the winners were Anne Caldwell, Julie Balshaw and Margaret Hodgson. The following evening 5 members and husbands met at Crake Valley Croquet Club. The slightly inclement weather did not dampen spirits and a few good games were enjoyed. The evening ended across the road for fish and chips. The next meeting will be 6th. September when Theresa Wooll will talk on "A World of Executive Jets". The competition will be for a favourite children's book.

CROOK Recently several members of Crook WI had a really interesting outing to Skipton. It was a beautiful day and members enjoyed browsing the market, finding interesting snippets of history, and enjoying lunch together in one of the many cafés. A boat outing on the canal gave opportunity to enjoy some of the wildlife and view the town from a different perspective. We finally visited Skipton Castle which has such an amazing history. One of our members, Christine Raafat, came with us. Christine has published a book about the life of Lady Anne Clifford, which we were pleased to see on sale in the book shop.

At their July meeting Crook WI observed a minute of silence in remembrance of their President, Mary James, who very sadly died recently. We had a talk from the two founders and owners of Bampton Bathworks Company. These enthusiastic ladies work from their own homes to make lovely soaps and creams from natural products. It is a small business with interesting ideas. Our members enjoyed trying some of their samples.

WITHERSLACK Our June meeting was held at Witherslack Parish Hall and our meeting was followed by our guest speaker Emma Littlewood. Emma spoke of her travels in Africa where she did charitable work such as tree planting and visiting and helping village schools. Emma told us how the accommodation was usually small basic huts but as it was winter it was very cold and often snowing. Following on from this she then climbed Mt Kilimanjaro which she explained was very beautiful and a massive achievement once they reached the summit. Along with her talk Emma also brought some beautiful African materials and artefacts she acquired when she visited the Masamari tribe which we all enjoyed looking through. Emma's travels have mostly taken her to Africa so far but she is looking forward to her trip to South America on her next summer holidays from her job as a Primary School Teacher at Grayrigg C of E.

CROSTHWAITE AND LYTH We enjoyed an Open Evening with lots of lovely visitors to hear about Behind the Scenes at the Chelsea Flower Show. Our speaker Val Reynolds had been a press photographer and journalist at the flower show for three consecutive years and told us a great deal about the history of the Royal Horticultural Society and the early beginnings of the Chelsea Flower Show and also about the immense amount of preparation and planning that goes into the event and the exhibits. She had photos of all the stages of development as well as the stars on Press Day and the beautiful gardens, exhibits and flowers. It was a delightful evening and we didn't even have to suffer the Chelsea crowds. She was thanked by Geraldine, who then with Caroline gave us a lovely cup of tea.



BRIGSTEER We don't have a formal meeting in July as it's our outing and this time twelve members enjoyed a guided tour of The Rook How Quaker Meeting House, ancient woodlands and bunk house, with coffee and cakes served by the volunteers. The house was built 300 years ago in the beautiful Rusland Valley. This was followed by lunch and a browse at Yew Tree Barn. Our monthly walks are also going well - fingers crossed the weather stays fair when we go up Gummars How and Fell Foot later in July and then Silverdale in August as well as for our garden meeting at Beryls on 9th August.

Photos from our trip to Rook How appear above:



South Lakes

Are you looking to complete some home improvements? Or make your home more energy efficient? Be on the lookout for scams! Fraudulent schemes are on the rise, including 'free energy surveys' offering fake government rebates. Stay safe with our top tips...

1. Make sure you're working with a trusted trader or company

Do your research. If you can't get a personal recommendation from people you know, then check up on the company or website you're using.

2. Don't be rushed into a decision

If someone is pressuring you to make a fast decision or pay money without giving you time to do your research, it's most likely a scam. Comparing quotes with other companies will help you make sure you're getting a fair price.

3. Get a contract for the work

Always get a contract in writing before you give the go-ahead.

4. Pay by card, not cash

Avoid contractors who demand full payment up front, or only accept cash. If you pay by credit or debit card, you may be able to get your money back through the bank if something goes wrong. If possible, agree to pay in stages.

5. If a trader scams you, report it

Reporting scams helps stop the criminals responsible, and protects others from being scammed. Call the Citizens Advice consumer service on 0808 223 1133. They will pass on details of the scam to Trading Standards, and can offer further advice. Also report the scam to [Action Fraud](#). They will issue a crime reference number, which can be helpful if you need to tell your bank you've been scammed. Visit the [Friends Against Scams](#) website to learn more about how to protect yourself from scams. Full advice is available on the [Citizens Advice website](#) or contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you.

How to access:

- Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm
- Adviceline: 0808 2787 984
- Email advice via our submission page at www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444

Two Valleys Churches

"Enriching lives Embracing God"

Cartmel Fell, Crosthwaite, Winster, and Witherslack

Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX
(not available Fridays) mich@elwoodcock.com 015395 68276

Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Steven Brierley 015395 60702 07470 169890
Mrs Pat Howarth 07765 010252
Mrs Geraldine Wilson 015395 68836 07766 646504

Holy Trinity, Winster

Churchwarden: Mrs. Lily Holme 015395 60247
Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwardens: Vacant

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Janet Sullivan assjadmin@stkmail.org.uk : 01539 730683

Safeguarding Officer for all above: Mrs. Jane Eccles 07779 953763 015395 58138

St Thomas' Kendal with St. Catherine's, Crook

Parish Priest: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal.

george@stkmail.org.uk : 015395 83058

Curate: Rev'd. Vic Sekasi vsekasi@gmail.com 07786 061972

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook
lilatkinson8@gmail.com

Magazine Editor next month: Stephen Rowlinson (015395 68912)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and Magazine postal service:

Lorraine Brierley 4 Whitbarrow Grove, Levens. LA8 8LT. (015395) 60702

brierleyl@yahoo.co.uk

REGULAR EVENTS

HELSINGTON & BRIGSTEER

Book online at brigsteervillagehall.co.uk

Contact Ann Bryan (015395 68067)

Pilates Intermediate	Mondays 09:15 - 10:15
Pilates Fundamentals	Mondays 10:30 - 11:30
Circle Dancing	Tuesdays 10:00 - 11:45
Table Tennis	Tuesdays 19:00 - 21:00 September to May
Yoga	Wednesdays 09.30 - 11:00
WI	Second Wednesday of the month 19:30
Dru Yoga	Thursdays 09.30 - 11:00
Tai Chi	Thursdays 13:45 - 15:45
Pilates	Fridays 09:15 - 10.15

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Painting Group	Friday afternoon

MAGAZINE DEADLINES

Items for entry to the Editor(s) by **12th of previous month by e-mail or letter**
please.

CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address:

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Kath Edwards **015395 68879** or **07407 386976**

Playgroup	Tuesdays & Thursdays 9:30-12:00 noon (school term time)
Indoor Bowling	Tuesday and Thursday 7.30-10.00pm (3rd. Oct—14th. Dec 2023 9th. Jan—28th. March 2024)
Exchange	Lunches 1st Wednesday of month 1pm-3pm Teas 3rd Wednesday of month 2:00-4:00pm
Yoga	Wednesdays 7.00-8.30pm
WI	Social afternoons, Occasional 2:00-4:00pm Evening Meetings, Monthly 3 rd Wed 7.30-9.00pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Books, Cakes and Plants Last Saturday in the month (April-November)

WITHERSLACK

For bookings contact Janet Crowe 07919 988566

janet.crowe@outlook.com

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm

Having a Clear Out?

We collect old suitcases, leather bags, trunks, galvanised buckets or similar, wooden ladders, coat stands, old wooden boxes and crates, old kitchenware, TG Green Cornishware.

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Please contact Peter: Mobile 075392 90879

or e-mail: eigerbird@hotmail.co.uk

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Do you need a Girl Friday?

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