

# TWO VALLEYS PARISH NEWS

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,  
Helsington, Underbarrow, Winster, & Witherslack

**March 2023**

**70p**



## WITHERSLACK CELEBRATES

**Join us for a right royal knees-up**

Friday 5 May: CORONATION CEILIDH

7.30pm in the Parish Hall with **Striding Edge**

\* tickets limited so get them early, check Wither Slack Hub for details \*

Sunday 7 May: STATELY CELEBRATIONS



9.30am ST PAUL'S CHURCH celebration service

11am CEREMONIAL KING CHARLES III TREE PLANTING and plaque unveilings, including for the existing oaks commemorating the coronations of Elizabeth II and George VI, on the church green

11.30 onwards Dean Barwick school field

KING & QUEEN FANCY DRESS, prizes for children and adults

PICNIC LUNCH, bring your own, best dressed picnic table prize

SOVEREIGN SPORTS, join in the fun and games - welly wanging, rope stretching, rounders, slippery foam adventures and more, some with trophies

We look forward to welcoming our loyal subjects for fun, laughter and regal revelry. Check Hub for updates, best decorated house entries, flags and bunting hanging

**Making Wither Slack Happy and Glorious**

## KITTY BROWN BOUTIQUE FASHION SHOW

At Brigsteer Village Hall

Brigsteer W.I.  
In aid of Manna House, Kendal

Wednesday  
12th April  
7:00 for 7:30pm

£5 includes glass of Prosecco and nibbles

Sue 07718 904082  
Liz 07894 710014



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Have you ever wanted to  
try Bell Ringing?



Why not train to be a bell ringer in time to  
ring for the King's coronation  
on 6<sup>th</sup> May 2023

If you want to have a go, please contact:

Keith Hackney 015395 38823



## CORONATION COLOUR DASH



SUNDAY 7TH MAY

BBQ, DRINKS & FUN

@ CROSTHWAITE SCHOOL

SAVE THE DATE

MORE DETAILS TO FOLLOW

Hosted by FrOCS

in aid of Crosthwaite C of E School

## Church Services for MARCH 2023

### Thursday 2<sup>nd</sup> March

9.15am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
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### Sunday 5<sup>th</sup> March

9.30am	Witherslack	Morning Worship (CW)	Rev. Michael Woodcock
10.30am	Underbarrow	Holy Communion (BCP)	Rev. Bob Dew
11.00am	Winsters	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook	Morning Worship (CW)	tbc

### The 2<sup>nd</sup> Sunday of Lent

### Sunday 12<sup>th</sup> March

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Simon Howard
10.30am	Underbarrow	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Crook	Morning Worship (CW)	tbc
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Simon Howard

### The 3<sup>rd</sup> Sunday of Lent

### Sunday 19<sup>th</sup> March

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Anne Pettifor
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
10.30am	Underbarrow	Holy Communion (CW)	Rev. Simon Howard
11.00am	Winsters	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook	Holy Communion (CW)	tbc

### The 4<sup>th</sup> Sunday of Lent - Mothering Sunday

**Wednesday 22<sup>nd</sup> March**    7.30pm    Crosthwaite    Refresh

### Sunday 26<sup>th</sup> March

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
10.00am	Witherslack	Café Church in the Parish Hall	
10.30am	Underbarrow	Morning Worship (CW)	Rev. Ian James
11.00am	Crook	Morning Worship (CW)	tbc
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock

### The 5<sup>th</sup> Sunday of Lent

### Sunday 2<sup>nd</sup> April

9.30am	Underbarrow	Holy Communion (CW)	tbc
9.30am	Witherslack	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Winsters	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook	Morning Worship (CW)	tbc

### Palm Sunday

**Cover picture : by Di Dew**  
**Church miniature pictures from watercolours by John Wilcock**

## *A LETTER FROM HILARY FITCH*

Who is the apple of your eye? Are you at your wit's end or have you escaped something by the skin of your teeth?

There are many such idioms and figures of speech that we use that have their origins in the Bible. The Christian Bible comprises the Old and New Testaments and the earliest writings are thought to be from around 1500 BC with the New Testament book being completed by 100 AD, about 67 years after Jesus' death on the cross. The Bible is the most read book in the world and all experiences of human life are there, so it is not surprising that our language is rich in the imagery of the Bible. The first complete translation of the Bible into English was by John Wycliffe and his followers in 1382 but it was not until the Protestant Reformation in the sixteenth century and the use of printing presses, that the Bible in various translations became more widely available for ordinary people to read. Since then, Biblical sayings have become part of our language.

Proverbs 7:2 says "Keep my commands and you will live; guard my teachings as the apple of your eye".

Psalms 107:26 describes the actions and fear of some sailors who are terrified when caught in a storm: "They reeled and staggered like drunken men; they were at their wits' end".

Job 19:20. Job says "I am nothing but skin and bones; I have escaped by only the skin of my teeth". He is lamenting all that has happened to him. He has a horrible disfiguring illness; his friends are unsympathetic and even his wife shuns him. He is just clinging on by the narrowest margin.

These examples are from the Old Testament but there are expressions from the New Testament that have also entered our language. Having a millstone round your neck comes from Luke 17:2 and a wolf in sheep's clothing is based on Matthew 7:15.

There are many more examples and although it is interesting to find them out, what strikes me is the detailed knowledge people of old must have had of their Bibles. They must have spent many hours reading and treasuring what they found for so many Biblical expressions to have entered the language.

Today, reading the Bible is often seen as something difficult and perhaps even boring but reading the Scriptures is important. The writings in the Bible are God-inspired and reveal his nature. They tell the over-arching story from creation, through God's relationship with his chosen people, the Jewish nation, until the coming of Jesus and through him God's revelation to the peoples of the whole world. It is not an instruction manual telling us what to do in every situation but it teaches us how to think as we deal with issues that we find in the world today. So, reading the Bible is well-worth the effort!

Modern translations of the Bible are clear and in straightforward language and study Bibles have footnotes which offer more information. There are useful websites such as



the Bible Gateway ([BibleGateway.com](http://BibleGateway.com)) where you can look up passages or phrases which you may know but not be sure about where they appear and you can easily switch between translations. The Bible Society offers The Bible Course ([www.biblesociety.org.uk/explore-the-bible/the-bible-course/](http://www.biblesociety.org.uk/explore-the-bible/the-bible-course/)) which can be done as a group or with a personal edition. This gives a really good overview of the structure of the Bible with all its different books and styles of writing. You do have to pay for this but it is only £9.99 for the personal edition, with eight sessions that you can access whenever you like to fit in with your lifestyle. Alternatively, as we are now in Lent, you may choose to focus on one book of the Bible and read a chapter or two each day and it's still not too late to join the Two Valleys Lent Groups!

Hilary Welch

**LENT COURSE** – You Can Be Serious - *“Both vintage and fresh, David Wilbourne’s gift is to enable us to see again the face of Jesus delightfully present with us through our Lent journey.”* GRAHAM USHER, BISHOP OF NORWICH

Whatever our church denomination, we often use the same Sunday Gospel from the Revised Common Lectionary. During the first five Sundays of Lent, four of the Gospels are curiously from John’s Gospel. By basing each of the five sessions in this course on the previous Sunday’s Gospel, David Wilbourne provides a brilliant connection to the preaching and teaching that has just taken place. Serious yet full of life and humour, the course covers:

Monday 27 February - Session 1: Temptation . . . On checking every word that comes out of the mouth of God. Matthew 4:1-11

Monday 6 March - Session 2: Strangers in the night . . . Nicodemus came to Jesus under cover of darkness: finding God in surprising places. John 3:1-17

Monday 13 March - Session 3: The winner takes it all ‘You worship what you do not know’: upping our game with worship. John 4:5-42

Monday 20 March - Session 4: I was blind but now I see. John 9

Monday 27 March - Session 5: Them bones, them bones, them dry bones, hear the word of the Lord! Contrasting events in John with parables in the Synoptics. John 11:1-45

The course booklet is accompanied by a lively CD, in which David Wilbourne and guests from various denominational backgrounds, put forward their thoughts on the themes of the course.

On each Monday we will hold a session at 2.00pm in the Vicarage at Crosthwaite and will repeat the session on the same day on Zoom in the evening at 7.30pm.

If you would like to come to some or all of these sessions, then please use the Sign-in sheets in each church, or let Michael Woodcock know at [mich@elwoodcock.com](mailto:mich@elwoodcock.com)



Are you grieving the death of a loved one or struggling with the long-term effects of loss? A six-session course will soon be running in your area.



#### Your local course:

Starting Thursday, 9<sup>th</sup> March  
from 2-4pm

St Thomas' Church, Kendal

To book contact

[vic@stkmail.org.uk](mailto:vic@stkmail.org.uk) or phone  
01539 730683 for more details

**Topics include:** Attachment, separation and loss, Difficult feelings, Rites of passage, The impact and pain of bereavement, Coping with others, Coping with change, Moving forward, an optional session on Questions of Faith

## FROM THE REGISTERS



**Baptisms** We welcome into the Lord's family:

27th November 2022 Olivia Jane Tyson baptised at St. Mary's Crosthwaite



**Funerals** - with sympathy, we remember those who have recently passed away:

27th February Geoffrey Kenneth Taylor (75) Funeral at St. John's Helsington & Beetham Crematorium

### The Children's Society Box Collection

A big thank you to all the box holders who raised £204.90 during 2022 for the Children's Society. Thank you also to the dedicated team who made eco Christmas wreaths. £102 was made in donations for the wreaths. Please search out your boxes, put them in a conspicuous place and drop in your loose change when you can. This National Collection has a really positive effect on the lives of our vulnerable children and young people. The next box collection will be in June 2023. Do let me know if you would like to have a box by contacting me on 015395 68639 or [cgibsonarnside@outlook.com](mailto:cgibsonarnside@outlook.com)



## Thanksgiving for Lambing Service

in the barn at High Farm, Crook (LA8 8LR)

at 11.00am on Sunday 30th April



All are welcome from the  
Two Valleys Parishes of Cartmel  
Fell, Crosthwaite, Crook,  
Helsington, Underbarrow,  
Winster & Witherslack & beyond!

A short service for all ages led by  
Rev Michael Woodcock as we gather together to  
**give thanks and celebrate the Lambing season.**

Burneside Brass Training Band will  
accompany some well-known hymns.

Tea & cakes will be served afterwards.

Please let Emma Taylor (07733415204)

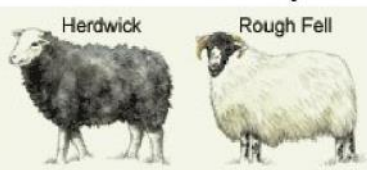
know if you can bring some cakes to

share or for further information.



Please bring a picnic blanket or rug as seating will be  
in the form of hay bales! Parking is limited so car

sharing would be  
appreciated.



**I've been offered a new job. The new company wants me to start as soon as possible but we're really short-staffed where I am now and I don't know how soon I'll be allowed to leave. How should I bring all this up with my boss?**

There are set rules about notice periods. First check your contract, if you have one. If you've been in your current job for less than one month, you won't have to give any notice, unless your contract says otherwise. If you don't have a contract, and your employer has no written record of you agreeing to a notice period, but you have been employed for more than a month, you have to give at least one week's notice.

Fixed-term contracts are a bit different, as you won't need to give notice if you intend to leave on the last day of your contract. Leaving before the end of a fixed-term contract usually means giving at least one week's notice, but again check your contract to see if this is different.

Although it may be tempting to hand in your resignation as soon as possible, it's worth waiting until your new employer has confirmed your new employment, for example by signing your contract or by giving you a start date.

It's then best to give your resignation in writing (email is fine), so that you have a record of the date you told your employer. You can find guidance on how to do this on the Citizens Advice website, where we have a [page on handing in your notice](#).

Don't forget about your holiday days during your notice period. If you have any unused annual leave, speak to your employer about either taking these during the notice period or being paid back for them in your final salary payment.

Finally, sometimes people can change their mind about moving jobs or find their circumstances alter. If this happens to you, you should speak to your current employer to see what your options are and if you can stay in your current role.

If you face any challenges with an existing or potential employer, contact your local Citizens Advice [or visit the Citizens Advice website pages about what to do when you're leaving a job](#)

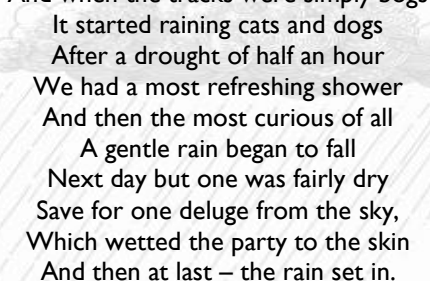
**Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:**

- **Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm**
- **Adviceline: 0808 2787 984**
- **email advice via our submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)**
- **Help to Claim (Universal Support): 0800 144 8 444**



A ditty discovered on a trip to New Zealand by one of our readers - to keep our spirits up during this recent wet, wet weather.

### RAIN



It rained and rained and rained  
The average fall was well maintained  
And when the tracks were simply bogs  
It started raining cats and dogs  
After a drought of half an hour  
We had a most refreshing shower  
And then the most curious of all  
A gentle rain began to fall  
Next day but one was fairly dry  
Save for one deluge from the sky,  
Which wetted the party to the skin  
And then at last – the rain set in.

Anon

## NOTICES FOR INDIVIDUAL PARISHES

### CARTMEL FELL

#### Cartmel Fell and District Local History Society

Following Dan Elsworthy's archaeological surveys of historic buildings on Cartmel Fell and beyond we look forward to Monday 13<sup>th</sup> March when Dr Suzanne Tiplady will follow **"the fortunes of the Baptist community at Hawkshead – Sawrey Ground, Dixon Ground and the Baptist Chapel at Hawkshead Hill"** on Monday 13<sup>th</sup>

March in the Parish Rooms on Cartmel Fell (LA11 6NH) at 7.30pm

And then, after the Easter break Professor Fiona Edmunds of Lancaster University will speak on **'Furness Abbey and the Irish Sea region in the Medieval period'**. Dr Edmunds' will also mention the Victoria County History project on 19<sup>th</sup> April.



### Additional Magazine Editors

We are looking for some additional **editors** for this local Parish Magazine, the **Two Valleys News**, to join the existing team. Currently each editor is taking a two month turn followed by six months break, though this could be made more flexible. Some basic computer skills would be helpful, but existing editors will be able to assist and guide you. For more information email [tvn@crosthwaiteandlyth.co.uk](mailto:tvn@crosthwaiteandlyth.co.uk).



## CROOK

Despite the really wet and cold weather the team from B4RN are working hard digging in the connections for properties in and around Crook. The patient men digging with their “moles” and also those volunteers who help dig the connections to properties, do an amazing job. Those now already connected to the wonderful super-fast broadband are very grateful for the help they received with fitting all the boxes and with any other connection problems.



The Coronation of King Charles will see people across the UK and the Commonwealth come together to celebrate. The Coronation programme will include the procession and service at Westminster Abbey on 6 May, the ‘Coronation Big Lunch’ across the country on 7 May (with a concert taking place in Windsor in the evening), and possibly a community activity on the bank holiday, Monday 8 May. In Crook we will be planning a church service of celebration and a Coronation Big Lunch in the Memorial Hall. Do make a note of the dates and there will be more information nearer the time.

The last Sunday in January was an occasion for the churches in the Two Valleys Mission Community to meet together at St. Paul’s Church, Witherslack for a combined morning service. There was good attendance and the talk from the organisers of the Food Bank was informative and interesting.

## CROSTHWAITE

### Footcare at Crosthwaite Memorial Hall

#### *Lakes Foot Care*

Wednesday 1st March

Wednesday 5th April



Contact Debbie, Registered Foot Health Practitioner on  
07706851814 for an appointment/enquiries

**The Atkinson and Lyth Charities** welcome applications for educational grants from young people living in the Parish of Crosthwaite and Lyth who are going on to further education or apprenticeships. If you would like to be considered for a grant please send a short letter of application to Rev. Michael Woodcock at The Vicarage, Crosthwaite, Kendal, LA8 8HX. Applications should be made **before the Trustees meeting on 28th March 2023**



## Crosthwaite Panto Players Granny get your Gun - January 2023

After a gap of 3 years Crosthwaite Panto Players put on a grand show for two nights to very appreciative audiences. Both performances were packed out to see Tom Smith's imaginative panto production, written by Marilyn Shuttleworth and Roger Smith. Starring Tom as Filthy Lucre, Susannah Bleakley as Inspector Blanc and local outlaws Callum Todd, Josh Barton and Samuel Taylor we were led into the exciting world of the Crosthwaite Retirement Home. Here under the strict management of Matron (Marilyn Shuttleworth) and nursing care of Helen Bentley, we found retired stars Cinderella (Helen Todd), Peter Pan (Fiona Zobole), Jack Beanstalk (Steve Rowlinson) and Red Riding Hood (Kate Done) scheming and plotting to steal Filthy Lucre's secret stash. Creating an Alexa character as commentator, played brilliantly by Mary Rowlinson, was an inspired idea. It was great to see 6 of our primary school children (Elsie Smith, Charlie Taylor, Paula Muresan, Arthur Bentley, Austin Hawkins and Jenny Hawkins) all demonstrating great acting skills and energetic dances choreographed by Marilyn. The back room were on top form, delivering good lighting, sound effects and curtain openings and Jean Sherratt played all the right notes as a super accompanist.

Thank you to you all for a good night out. Bottom line was a raffle that raised £471 which is split 50/50 to School and Cancer Care, and ticket sales £1,530.....all of which go to our Hall.

A fantastic community effort and good to be back watching our friends and neighbours enjoying a good night out!

M Harkness

See photos on page 13 and more at <https://crosthwaiteandlyth.co.uk/html/gallery/panto2023.php>



The 100 Club is a great way of supporting the Argles Memorial Hall, ensuring that the Hall is looked after and maintained for everyone in our community to use for many years to come. Your support is essential in making this happen.

Subscription for this will be £12 per year, with a draw made for £25 every month. All proceeds from the 100 Club go towards the general upkeep of our lovely Hall. Payment can be made straight into the Argles Memorial Hall bank account by electronic transfer, or by cheque and posted to our Treasurer, or left in our letterbox outside the main doors.

Renewal emails have been sent out to all existing members; if you have already paid, thank you, if not please consider doing so as soon as possible.

We do have a few numbers left for this year, so if you would like to join, please fill in your details and send to the contact details given below.

**\*\* Please note that the 100 Club will now run from April to March; first draw made in April \*\***

I/we would like to join the Argles Memorial Hall 100 Club. We would like ..... number(s) at £12 each.  
I/we enclose payment of £.....

Name: .....

Tel No: .....

Email Address: .....

Please make **cheques payable to Argles Memorial Hall**, and send to:

Mrs Jenny Waldron, Brow Cottage, Tarnside, Crosthwaite LA8 8BU.

If paying by **electronic transfer**, our Account Name is: **Argles Memorial Hall, Account Number 31440969 Sort Code 40-26-02**. Please enter your full name as reference and either return this slip to Jenny at the address above or email [100club@crosthwaiteandlyth.co.uk](mailto:100club@crosthwaiteandlyth.co.uk) to confirm your payment.



**Crosthwaite Playgroup  
Afternoon Tea Boxes  
19th March**

Why not enjoy one of our lovely afternoon teas,  
homemade by our amazing playgroup parents, all in the comfort of your own home for  
£12.50 per person.

**Each Afternoon Tea Includes:**

*4 Varieties of Sandwiches on a selection of breads  
Scone served with butter, Jam & Cream  
Victoria Sponge Cake  
Carrot Cake  
Brownie  
Quiche  
Flapjack  
Sausage Roll  
Choc Chip Cookie  
Along with Twinings tea.*

To order your Afternoon Tea, please contact  
[crosthwaiteplaygroup1@gmail.com](mailto:crosthwaiteplaygroup1@gmail.com) or Katie Smith on 07776177933.

Our Boxes are available to collect at **12.30pm on 19th March** at Crosthwaite  
Memorial Hall.

*Thank you for Supporting Playgroup.*



**Save this date! - Saturday 15th July  
Crosthwaite Show 2023 at the Argles Memorial Hall**

The Committee is busy drafting the schedule of classes to attract all parishioners and people who work, learn or play in our village to exhibit and come along to our Show.

The Schedule will be published by Easter, so get chitting your potatoes, sort out your seeds, sharpen your knitting needles, practise your baking and generally get creative.

....more information coming soon.

The Show Committee



**CROSTHWAITE PANTOMIME  
GRANNY GET YOUR GUN  
20-21 JANUARY 2023**

**PHOTOS BY KATE DONE,  
MANUEL ZOBOLÉ, HELEN  
BENTLEY**



## Caring for our Community

Are there times when you feel lonely, or in need of a listening ear?

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

## Advertising in the Two Valleys Parish News

Would you like to join our waiting list to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

**Contact our Advertising Manager, Lorraine Brierley,**

Phone 015395 60702 / 07826 800469

or e-mail [brierleyl@yahoo.co.uk](mailto:brierleyl@yahoo.co.uk)

## REMINDER - MAGAZINE SUBSCRIPTION 2023

If you receive a monthly Two Valleys Parish News then your subscription for 2023 is now due.

The price is being held at **£6.50** for 12 issues and you are asked to please pay your Parish distributor promptly or make a payment via bank transfer using the bank details below. Please give your name as a reference so we can track your payment!

If you receive your TVPN by POST then the cost for the next year is £14.50. Please make cheques payable to Crosthwaite PCC and send to:

**Lorraine Brierley, 4 Whitbarrow Grove, Levens, Kendal, LA8 8LT.**

Alternatively you can pay by bank transfer using the details below:

**Account Name: Crosthwaite PCC**

**Sort Code: 40-26-02    Account No.: 20262366**

If you pay by bank transfer PLEASE use your name as a reference and let me know so I don't chase you for payment !

Tel: 07826 800469    Email: [brierleyl@yahoo.co.uk](mailto:brierleyl@yahoo.co.uk)

If you are on the Helsington postal list please make cheques payable to:

**Underbarrow with Helsington PCC**

And send to: Marilyn Taylor, 5 Crow Wood, Brigsteer, Kendal, LA8 8AW





**Quiz Night**  
 Including charity cheque presentation to St Mary's Hospice  
 Black Labrador Pub Underbarrow  
 Thursday 2nd March  
 Arrive 7pm for 7.30 start  
 Prizes for first and second placed Teams  
 £5 PER PERSON IN TEAMS OF UP TO 4  
 Sandwiches and chips included


Witherslack Parish Hall Committee

**JUMBLE SALE**



**Saturday 11th March**  
 10am until 12  
 Witherslack Parish Hall  
 ☕ Refreshments ☕  
 Donations can be taken to the hall on Friday 10th from 2.00 til 3.30pm  
 Linda on 52275 or Jane on 07787075544

Save the date...  
**Saturday 25th March at 7.00pm**  
**ABBA Disco/Karaoke with DJ Gabe**  
*at Witherslack Parish Hall*



**Adults: £5 on the door; bring your own drinks**  
**Children: free soft drinks provided**  
**ABBA dress optional**  
**Come early as numbers limited to 120**  
*Please come it will be a fun night*

## WITHERSLACK

### Age UK Lunch Club

Held at Derby Arms Witherslack, 1st Tuesday of the month  
For more information and to book a place  
Please phone Linda Park 01539552275



## UNDERBARROW WITH HELSINGTON

### Winterberg School Plant Stall Opens on 4 March

Thank you to everyone who supported the Winterberg School in remote South Africa last year, by buying plants from our charity plant stall in Thorns Lane Underbarrow. Together we raised a staggering £1700!



The stall will open again at the beginning of March, so I look forward to seeing you down Thorns Lane. If you want to chat about plants, or visit the garden to see them in situ, please get in touch [bethcurl@btinternet.com](mailto:bethcurl@btinternet.com) and 07789 515 868.

Thanks everyone!

Beth Curl

## A Passion For Plants Supports the Winterberg School



A school for the local community run by the Winterberg Trust in rural South Africa  
<http://winterbergschool.org/>

**theWI**  
**INSPIRING WOMEN**

## REPORTS & NEWS

### BRIGSTEER

The President welcomed 19 members and 2 prospective members to our friendly February meeting when plans for the Olive Clarke Community Challenge, celebration

of the King's coronation, and arrangements for the Kitty Brown Fashion Show at the April meeting were considered.

Heather Allen gave a detailed and interesting report of the Denman at Home Zoom calls she had enjoyed, where members can learn a variety of new skills online in their own time and develop new hobbies. She had concentrated on crafts and displayed some of the attractive items she had accomplished.

Several visitors joined us for the talk at 8pm by Cherry Trelogan, formerly Deputy Director and Head of Education for Lakeland Arts and Arts Engagement Officer for Cumbria County Council. Cherry's enthusiasm and love of fine art and conservation from her school days and throughout her career were evident as she took us on an illustrated journey through many of the projects with which she has been involved, such as the Windermere Boat Museum, Blackwell House, and the development of Abbot Hall, as well as memories from her work in other galleries and museums further afield.

Our next meeting on 8<sup>th</sup> March will be a Cookery Demonstration by Fiona Dodd. On this occasion we are not able to offer an open meeting, though our members may bring a friend.

## **CARTMEL FELL**

16 members and 1 guest accepted Lesley's hospitality and met at Goswick Hall for the February meeting.

Voting took place on the resolutions for the NFWI Annual meeting and interest was shown in the Group meeting at Underbarrow and events detailed in the WI News.

The speaker was Terry Bond who gave a very interesting and informative presentation on Early travellers in the Lake District. Poets and artists were among the first to document the impact of the stunning beauty of the area.

The winners of the competition for a travel souvenir were Julie B, Vanda and Fiona.

The March meeting will be on 1st in the Village Hall, when Bill Nelson will talk on 1818-A Leading Local Auction House. The competition will be for An Old Curiosity.

This talk will be at 8pm and anyone interested in the talk will be most welcome.

The meeting on the 5th April will be Backpacking Solo Around the World Approaching 50 by Sue Spencer, the competition is for a holiday photograph.

## **CROOK**

Crook WI had invited Fran Richardson from Staveley to come as the speaker to the February meeting. We were told all about the various initiatives which have been undertaken locally to raise awareness of climate change and how even small changes we might make can have an impact. There were some interesting entries in the competition for a recycled item. We dedicated this meeting to the memory of Jenny Baker who had recently died and who was very keen to raise awareness of climate change and all things associated with fair trade.

## **CROSTHWAITE & LYTH**

Crosthwaite and Lyth W.I. joined forces with The Exchange to host a very popular and delightful afternoon in the Village Hall when Kenneth Wilson came with his cello to play to us and to recount his adventures on his cycling trip from Hadrian's Wall to Rome, playing his cello in organised and impromptu concerts all the way. He had many fascinating adventures and interspersed his talk with lovely relevant musical interludes. The Hall was full and tea and delicious cakes were served in the interval. The audience who had not been charged made generous donations on their departure which will be divided between the Hall and Kenneth Wilson.

## **UNDERBARROW**

Underbarrow WI had an excellent talk at their February Meeting from "Age UK South Lakeland" who are based in Finkle Street, Kendal. We learnt a huge amount about the charity's work within the area, offering local people from the age of 50 upwards a wide range of services and help. These include events and classes, information guides and leaflets, as well as practical help and advice. There is information on their website [www.ageuk.org.uk/southlakeland](http://www.ageuk.org.uk/southlakeland), or you can telephone them on **01539 728118**.

Underbarrow WI are always very happy to welcome new faces to our meetings, which are held at the Institute. Our next one is at 2pm on Wednesday 8th March when we will be learning about Encaustic Art, also called Hot wax painting, and hopefully be having a go at it ourselves. Visitors welcome, £3 including refreshments.

## **WITHERSLACK**

Witherslack met in December for our last meeting of 2022 with a wonderful Wreath Making Demonstration and flower arranging. Our speaker made it look so easy putting together some beautiful pieces and gave a very humorous talk. We then raffled one of the arrangements at the end of the meeting.

Our January meeting was our Christmas party which we held in Witherslack village hall with some very delicious food from Alison Thompson Catering which included Lasagne and Chicken and Leek pie followed by a trio of desserts. It was a very pleasant and enjoyable evening. After the meal one of our members then read us a passage from an essay competition from 1969 all about the village of Underbarrow which including some interesting information about village life in the 1960s. We then listened to Witherslack WI minutes from a meeting in the 1970s and compared how different and similar they were to our meetings today.

Lastly we listened to a humorous poem about the 12 days of eating nothing but leftover Christmas turkey! Over all it was a really enjoyable evening and we look forward as a club to the coming year and all it holds.

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**Reader:** Dorothy Grace [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com) 015395 68569

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Mrs. Vanda Lambton 015395 31311

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Mrs. Cath Casson 015394 44958

### **St. Paul's, Witherslack**

Churchwardens: Mr. Tony Walshaw 015395 52491

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## **Underbarrow with Helsington**

**Associate Priest:** Rev'd. Simon Howard

[revdsimonhoward92@outlook.com](mailto:revdsimonhoward92@outlook.com) : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

**Janet Sullivan** [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) : 01539 730683

---

**Safeguarding Officer for all above:** Mrs. Jane Eccles 07779 953763 015395 58138

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## **St Thomas' Kendal with St. Catherine's, Crook**

**Parish Priest:** Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,  
Windermere Rd, Kendal.

[george@stkmail.org.uk](mailto:george@stkmail.org.uk) : 015395 83058

**Curate:** Rev'd. Vic Sekasi [vsekasi@gmail.com](mailto:vsekasi@gmail.com) 07786 061972

**Readers:** Tony and Hilary Fitch [fitchesuk@aol.com](mailto:fitchesuk@aol.com) : 015395 68577

**Church Administrator:**

**Janet Sullivan** [crookadmin@stkmail.org.uk](mailto:crookadmin@stkmail.org.uk) : 01539 730683

**St Catherine's Churchwardens:** Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

**Safeguarding Officer for Crook:** Mrs. Lilian Atkinson, Low Fold, Crook  
[lilatkinson8@gmail.com](mailto:lilatkinson8@gmail.com)

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**Magazine Editor next month:** Jolyon Dodgson (015395 52222)

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Pilates Fundamentals	Mondays 10:30 - 11:30
Circle Dancing	Tuesdays 10:00 - 11:45
Table Tennis	Tuesdays 19:00 - 21:00 September to May
Yoga	Wednesdays 09.30 - 11:00
WI	Second Wednesday of the month 19:30
Dru Yoga	Thursdays 09.30 - 11:00
Tai Chi	Thursdays 13:45 - 15:45
Pilates	Fridays 09:30 - 10.30

### CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: [balsh@hotmail.com](mailto:balsh@hotmail.com)

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

### CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Painting Group	Friday afternoon

### MAGAZINE DEADLINES

Items for entry to the Editor(s) by **12<sup>th</sup> of previous month by e-mail or letter**  
please.



## CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address:

[www.crosthwaiteandlyth.co.uk/memorialhall.html](http://www.crosthwaiteandlyth.co.uk/memorialhall.html)

For Bookings contact Kath Edwards **015395 68879** or **07407 386976**

Playgroup	Tuesdays & Thursdays 9:30-1:30am (school term time)
Indoor Bowling	Tuesday and Thursday 7.30-10.00pm (Jan 10 <sup>th</sup> -Mar 30 <sup>th</sup> then October 3rd-December)
Exchange	<b>Lunches</b> 1st Wednesday of month 1pm-3pm <b>Teas</b> 3rd Wednesday of month 2:00-4:00pm
Yoga	Wednesdays 7.00-8.30pm
WI	Social afternoons, Occasional 2:00-4:00pm Evening Meetings, Monthly 3 <sup>rd</sup> Wed 7.30-9.00pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

## UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

## WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Books, Cakes and Plants Last Saturday in the month (April-November)

## WITHERSLACK

For bookings contact Janet Crowe 07919 988566

[janet.crowe@outlook.com](mailto:janet.crowe@outlook.com)

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm

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