

TWO VALLEYS PARISH NEWS

www.crosthwaiteandlyth.co.uk



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,
Helsington, Underbarrow, Winster, & Witherslack

April 2022

70p

Thanksgiving for Lambing Service

in the barn at High Farm, Crook (LA8 8LR)
at 11.00am on Sunday 15th May



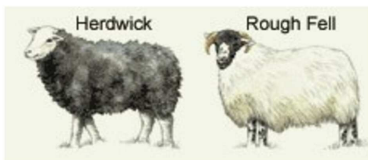
All are welcome from the
Two Valleys Parishes of Cartmel
Fell, Crosthwaite, Crook,
Helsington, Underbarrow,
Winster & Witherslack & beyond!

A short service for all ages led by
Rev Michelle Woodcock as we gather together to **give
thanks and celebrate the end of the Lambing season.**
Burneside Brass Band will accompany
some well-known hymns.

Tea & cakes will be served afterwards.
Please let Emma Taylor (07733415204)
know if you can bring some cakes to
share or for further information.



Please bring a picnic blanket or rug as seating will be in
the form of hay bales!



Parking is limited so car
sharing
would be appreciated.

Cover picture : Pasque Flower by Martin Grace
Church miniature pictures from watercolours by John Wilcock

Church Services for APRIL 2022

Sunday 3rd April The 5th Sunday of Lent

9.30am	Cartmel Fell	Matins (BCP)	Mrs. Wendy Ellis
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
9.30am	Witherslack	Morning Prayer + APCM	Rev. Michael Woodcock
11.00am	Winsters	Morning Prayer + APCM	Rev. Michael Woodcock
11.00am	Crook	Morning Worship (CW)	Tony & Hilary Fitch
6.30pm	Crosthwaite	Evensong (BCP)	Rev. Michael Woodcock

Thursday 7th 9.15am Crosthwaite Holy Communion (CW) Rev. Michael Woodcock

Sunday 10th April Palm Sunday

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Underbarrow	Morning Prayer + APCM	Rev. Simon Howard
10.00am	Witherslack	Family Service	Rev. Michelle Woodcock
11.00am	Winsters	Morning Worship (CW)	Mr. Leonard Lambert
11.00am	Crook	Morning Worship (CW)	Rev. Vic Sekasi
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock

Maundy Thursday 14th 7.30pm Holy Communion at St. Mary's Crosthwaite
Good Friday 15th 10.00am Meditation at Holy Trinity Winsters
 2.00pm "At the Foot of Cross" at St. John's Helsington
Holy Saturday 16th 9.00pm Easter Vigil at St. Anthony's Cartmel Fell

Sunday 17th April EASTER DAY

9.30am	Cartmel Fell	Easter Communion (BCP)	Rev. Michael Woodcock
9.30am	Underbarrow	Easter Communion (CW)	Rev. Simon Howard
9.30am	Witherslack	Easter Communion (CW)	Rev. Michelle Woodcock
11.00am	Winsters	Easter Communion (BCP)	Rev. Michelle Woodcock
11.00am	Crook	Easter Communion (CW)	Rev. David Parsons
11.00am	Crosthwaite	Easter Communion (CW)	Rev. Michael Woodcock

Sunday 24th April The 2nd Sunday of Easter

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
10.00am	Parish Hall Witherslack	Café Church	
11.00am	Winsters	Matins (BCP)	Mr. Roger Bingham
11.00am	Crook	Morning Worship (CW)	Rev. George Briggs
11.00am	Crosthwaite	Morning Worship (CW)	Rev. Michael Woodcock

Wednesday 27th 7.30pm Crosthwaite Refresh

A LETTER FROM VIC SEKASI

I wonder what is blooming in your garden or in the scenery surrounding where you live? At present my garden is full of daffodils flowering, tulips about to flower and bluebells preparing themselves to flower. When I was a youth worker in Ulverston I remember we did some outside youth group sessions. In early April we went into the woods and spent time noticing the leaves, the seeds and how little colour there was. We went back to the same woods in early May and the floor was covered in bluebells. It was magnificent and an experience that I will never forget. Spring is a season that speaks of hope and new life.



I have been reflecting on these verses from Isaiah 43.18-19 as I go into April, *'Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.'* Isaiah often spoke in pictures and poetry. He aimed to help people escape from the usual ways of thinking, and to imagine that things could – and would – be different in the future. When this passage was written God's people were living in exile, in Babylon, struggling to maintain their identity in a society which did not share their faith. God invited them through Isaiah's words to imagine a future which would be radically different from their present reality. As we have just acknowledged two years of lockdown, we can easily dwell on the losses we have experienced without perceiving the new thing God is doing. As we live in a new normal, what new thing is God doing?

As I write this, we are surrounded by images and news of the Ukrainian war, and it is devastating! We have been thinking and praying about how we can respond as a church to the refugee crisis. I have been challenged as we respond to the refugee crisis, what new thing is God doing? Where is he making ways in the wilderness and making streams in the desert?

On Palm Sunday we will remember Jesus' triumphant entry into Jerusalem. God was doing a new thing, but the people of God did not perceive it. One day they praised him shouting, 'Hosanna!' and some days later they shouted 'Take Him Away! Crucify Him!' As we journey through Easter it is a time for us to remember together his death and resurrection, when God did a new thing and brought new life to the world. Beyond the pain of the cross lies the hope of the resurrection. Let us not forget the new things God did and is doing and how he will make a way in the wilderness and make streams in the desert. As I close, I'm reminded of a lyric from a song by Don Moen, *'God will make a way where there seems to be no way'*.

What new thing is God doing? What is springing up around us? What new way is God making?

Yours in Christ,

Revd. Vic Sekasi

Dietrich Bonhoeffer

The *Common Worship* Calendar commemorates Dietrich Bonhoeffer on 9 April, providing 'Lutheran Pastor, Martyr, 1945' as additional information. This is the day when he was hanged by the Nazis at Flossenbürg concentration camp, accused of association with the 20 July Plot on Hitler's life. It is recorded that, as he was led away, he said to a fellow-prisoner, 'This is the end - for me the beginning of life'.

Bonhoeffer was born in 1906, and was ordained into the Lutheran church in November 1931. He was a determined opponent of the Nazis from the time of the election campaign of 1933, which led to Hitler becoming Chancellor. He fought hard against Hitler's euthanasia programme and the persecution and genocide of the Jews, and was one of the notable church leaders who resisted Hitler's attempt to create a Nazified German Protestant Church. This involved the dismissal of pastors and other officials who were of Jewish descent, and even the removal of the Old Testament from the Bible. The Christian opposition issued various declarations against this, asserting the Bible's integrity, God's fidelity to the Jews as his chosen people, and the power of baptism, regardless of racial or ethnic descent. One of the earliest of these declarations was the Bethel Confession of 1933, which Bonhoeffer played a leading part in drafting. But it was then watered down, and Bonhoeffer refused to sign it. He felt unable to accept a parish post in Berlin offered to him that autumn, and instead decided to withdraw by taking a two-year post as pastor of two German-speaking Protestant churches in London. Further oppositional declarations were issued in Germany, most notably the Barmen Declaration in 1934, and so, when Bonhoeffer's appointment in London ended, he returned to Germany and became a leading figure in what had by then evolved into being the Confessing Church, the name given to those who resisted the Nazi distortion.

Bonhoeffer had started his ecclesiastical career as a high-flying academic, beginning with studies in the renowned theological faculty in Tübingen. He went on to gain a doctorate in Berlin, followed by further postgraduate work and a teaching fellowship at the Union Theological Seminary in New York. Now, in support of the Confessing Church, he travelled around eastern Germany running underground seminaries. But he was pursued by the Nazis, who closed successive seminaries and banned him from Berlin. In February 1938 Bonhoeffer made initial contact with the members of the German Resistance when his brother-in-law, Hans von Dohnányi (father of the celebrated musical conductor) introduced him to a group in Military Intelligence who were seeking Hitler's overthrow. In June 1939, however, Bonhoeffer accepted an invitation to return to the Union Theological Seminary in New York - a move he instantly regretted because of what was happening in Germany, and so he returned home only two weeks later. He had to report regularly to the police and was forbidden to publish anything or speak in public, but under the pretext of working for Military Intelligence, he travelled extensively, using his ecumenical connections abroad to make high-level contact with the Allies. With Dohnányi he was also involved in helping German Jews escape to Switzerland. Bonhoeffer and Dohnányi were both arrested on 5 April 1943. Bonhoeffer's practical actions were underpinned by his publications, most notably *The Cost of Discipleship* (on the Sermon on the Mount), *Ethics* (unfinished when he was arrested in 1943) and perhaps best known of all - his *Letters and Papers from Prison*, which were published after his death.

Joyce Hill

FROM THE REGISTERS



Funerals

With sympathy, we remember those who have recently passed away:

28th February Jessie Mallinson (95) Funeral & Burial at St. Paul's Witherslack

1st March Godfrey Louis James Beaton (90) Funeral at Beetham Crematorium

CALLING ALL PARISHIONERS

HOLY WEEK and EASTER

This year we would like to encourage you to come to some special services each day from Maundy Thursday to Easter Day. Over these four days we experience the unfolding of the last days of Jesus on earth and enter into the mystery and wonder of his death and resurrection. Each Service is distinctive and focuses on a different part of the Story. Please do come along on each of these days to get the most out of Easter this year:

Maundy Thursday	14 th April	7.30pm Maundy Thursday Communion at St. Mary's Crosthwaite.
Good Friday	15 th April	10.00am Meditation at Holy Trinity Winster 2.00pm Meditation at St. John's Helsington
Holy Saturday	16 th April	9.00pm Easter Vigil* (see note below) at St. Anthony's Cartmel Fell
Easter Day	17 th April	Service in all our Churches. See page 3 of the Magazine.

*** EASTER VIGIL – 9.00pm ON HOLY SATURDAY NIGHT**

Do consider coming along to our Easter Vigil to be held at 9.00pm on Holy Saturday (the day before Easter) 16th April in St. Anthony's, Cartmel Fell. This is a wonderfully atmospheric service as we sit in darkness, lit only by candlelight, and listen to some of the most well-known stories from the Old Testament telling the story of Salvation ... Gradually the sense of Easter and resurrection approaching grows stronger and the service climaxes with the lighting of the Easter Fire, outside the church, from which the Easter Candle is lit and processed back into the church where we proclaim the Resurrection. This special service is hosted at Cartmel Fell church but is designed for residents of all our villages to attend ... Why not come along and make Easter that bit more special this year?

Daffodil School-Run

An update on the School-run in early Spring. On the way from Crosthwaite to Queen Katharine School in Kendal, each Spring James, Eleanor, and I look out for when the first daffodil bursts into flower along that spectacular run through Underbarrow between Mill Lane and Jinny Hill. Just for interest's sake, here are the records for the last eight years. It's just Eleanor and I now, as James has left school:

2015	9 th March
2016	2 nd March
2017	27 th February
2018	12 th March
2019	22 nd February
2020	27 th February (a slow unfurling during a cold week)
2021	27 th February (approx. guess as school runs not happening due to pandemic lockdown)
2022	6 th March

Rev. Michael Woodcock

Two Valleys Prayer Meetings

On the fourth Monday of each month we gather at 12.30pm at The Vicarage in Crosthwaite during the colder months (and in our churches by rotation in the warmer months). Bring sandwiches if you wish and we will eat lunch and chat for a while, then turn to a short time of Prayer for our parishes and end around 1.15pm. Do come along as we use different ways of praying (use of music, silence, visual aids, etc.)

We meet this month at 12.30pm on Monday 25th April at the Vicarage in Crosthwaite.

The Bereavement Journey

Bereavement can impact hugely and affect all areas of life. Are you grieving the death of a loved one or struggling with the long-term effects of loss? The Bereavement Journey is for anyone who has been bereaved at any time and in any way. By means of a series of films and discussion groups it gently guides you through the most common aspects of grief, enabling you to process the implications for yourselves and discern your next steps.

The Bereavement Journey is a five session course, running at St Thomas' Church, Kendal on Thursdays from 1-3pm beginning on 24th March. For more information go to <https://thebereavementjourney.org/> or to book contact:

Rev. Vic Sekasi at vic@stkmail.org.uk

Two Valleys Mission Community Walk Thursday 21st April 10.30-12noon

Park and meet at the Lyth Valley Hotel on A5074. Walk from the Hotel up a short, gradual incline and then onto Whitbarrow. From there a leisurely low level walk to hopefully see the damson blossom and through a damson orchard and back to the Row and return to the Lyth Valley Hotel.

For further details if needed please contact:
Dorothy Grace (dorothygrace01@btinternet.com)

or

Pat Howarth (howarth8hr@btinternet.com)

For your diaries:

Monday 9th May 10.30am start from St. Anthony's Cartmel Fell, hopefully to enjoy some Bluebells.

We warmly encourage you to join in with these simple Walks as they are a great way to exercise, to get to know others a bit better and to appreciate the beauty of the world God has created.

Sex in the Church

I hoped the headline would spike your interest

In November 2020 the Church of England published resources intended to consult and discern a way forward for the Church on matters concerning identity, sexuality, relationships and marriage, entitled **'Living in Love and Faith'(LLF)**.

In January and February, a number of people from the Two Valleys attended a five-week course in Kendal designed to educate and open up discussion on these matters. It was both enlightening and thought provoking as we heard real life stories of people who, whilst having a strong Christian faith, have been prevented from celebrating aspects of their sexuality and relationships and have felt hurt by attitudes and practices of the Church. The course gave time for all participants to listen to different views on these topics and to discuss and learn together in a spirit of openness and acceptance.

The Bishops of the Church of England are inviting worshipping communities to feedback their thoughts and what they have learnt from engaging with the LLF resources and listening to others with their different perspectives. Feedback is welcomed by 30th April 2022 so that the Church of England can consider matters fully and make decisions during the rest of 2022 and 2023.

You may wish to look at these resources online by going to the Church of England website: <https://www.churchofengland.org/resources/living-love-and-faith/living-love-and-faith-learning-hub>

There will be a repeat of the course at St George's Kendal from 30th May - 5th July, albeit after the closing date for feedback, but nevertheless it is an important and useful course to consider these important issues for Christian and non-Christians alike.

Pat Howarth

CROSTHWAITE

St. Mary's Easter Flowers

We would like to decorate our church for Easter on Saturday 16th April 10.30am-12noon. If you feel you would like to help in any way, we would be pleased to see you there. A vase of flowers or an arrangement would be most welcome. Do come and join us. *Vonnie Tel. 015395 68208*

Thank You John

On Sunday 27th February at the Church Annual Meeting we offered a heartfelt thank you to John Holmes who has served as a Churchwarden at St. Mary's for several years. We are so grateful to John for his professionalism, integrity, and sense of fairness which he has brought to this role. Always reliable, St. Mary's has benefitted from his expertise and practical hands-on approach. The parish elected Mr Steven Brierley as a new Churchwarden and we welcome Steven on board.

WITHERSLACK

A Note from the Parochial Church Council on our Churchyard:

Our Churchyard is a special place which commemorates those no longer with us on earth. We try our best to keep the Churchyard looking respectful and dignified, but we need your help in this.

Churchyards are holy spaces uniquely important in many ways: family links, history, architecture, wildlife and natural beauty. The Church has a duty to ensure that the character of the churchyard does not detract from the character of the church or other monuments.

Flowers:

Because they become bedraggled, artificial flowers are not permitted, except Christmas wreaths, and poppies at Remembrance, which should be removed afterwards. Glass vases are discouraged as they can break and cause injuries. It may be possible to plant bulbs, but not larger plants like trees or shrubs.

Please help by removing dead flowers. We would discourage the leaving of toys, photos or other such items by the grave where the weather ruins them and they can become unsightly, and also cause problems for grass cutting.

Containers:

We would encourage you to limit the number of flower containers on graves – ideally only one per grave. This enables easy grass cutting and maintenance of the Churchyard and prevents too many containers being blown around by the strong winds we often get these days.

A full copy of the Diocesan Churchyard Regulations 2010 can be found here: https://cofecarlisle.contentfiles.net/media/documents/document/2019/09/Churchyard_Regulations_2010_Rev_7_amended.pdf

Thank you for your co-operation, which helps everyone enjoy this beautiful place.

“Vicar at The Derby” - last Wednesday of each month.

I will be at The Derby Arms again from 12noon until 2.00pm on Wednesday 30th March and then again on Wednesday 27th April. Happy to have a chat with anyone

CALLING ALL VILLAGES

Crosthwaite Show : 2nd July 2022

After a three year gap we are hoping that this year's show will be a bumper event, with more and better exhibits than ever before !

With this in mind please be aware that the Show schedule with all the details of the classes is now available so you can browse and decide how you can get involved.

As always there are classes for children as well as adults so that all the family can take part. Please consider planting seeds for flowers and vegetables which will be ready in July. There are classes too for handicrafts- in any kind of material including a chance to recycle and upcycle which we hope will appeal. As well as for gardeners, there are classes for your photographs and your sketches or paintings, and of course for the many talented bakers and preservers out there.

The Schedule is available both online and as hard copy. Please go to the Crosthwaite and Lyth website (crosthwaiteandlyth.co.uk) where you can look at the schedule and entry form and download them. Alternatively you can pick up a schedule - they are free from Crosthwaite School, Playgroup, The Exchange, from your local WI and from any member of the Show Committee.

Please text or ring me on 07765010252 and I will get a schedule to you.

Please do not think that you have to be of Chelsea Flower Show standard, or a budding Mary Berry! We also welcome entries from men!! The main thing is to have real community involvement, with lots of entries to make it a Show to remember.

**Pat Howarth
On behalf of the Show Committee**

Damson Day 2022

Unfortunately, the Damson Day scheduled to be held on Saturday April 23 has had to be cancelled.

If your damson orchard has suffered due to the recent storms, contact us as the WDA is seeking to help the renovation and development of damson orchards in the Two Valleys through grants and advice. We will also be organising blossom walks in the valley during April.

Contact info@lythdamsons.co.uk for further information.

APOLOGY

The editor of the March edition of the Two Valleys Parish News wishes to apologise to all readers and to Mr. Tony Fitch for a serious error on pages 14 and 15 of that issue. Much of the text of Mr. Fitch's article on "More snippets of local history" was included twice by mistake. This was picked up by a proof-reader prior to printing but the incorrect text was sent to the printers.

Bell and Booth live at Winster Village Hall

Ruth who lived in the village for a few years is coming from Lincolnshire to perform at Winster. She and Bernie will be playing on Saturday 30th April at 7.30pm.

Tickets £7.50, to reserve, ring Ruth on 07737883250.

Bell and Booth sing and play harmoniously in a variety of styles embracing Latin jazz, blues, folk and combinations thereof. You can listen to their music on her website:

<https://www.bell-and-booth.co.uk>

A TIME TO CELEBRATE.

Invitation to all residents of Crosthwaite and Lyth: an opportunity to get together as a community.....

Come and join us for a right royal lunch to start a weekend of celebrations to commemorate Queen Elizabeth's Platinum Jubilee. On Friday 3rd June, 12-30pm at Crosthwaite village hall.

Dress to kill and we will toast our Queen with a glass of fizz, followed by a special buffet lunch.

For further information and to book a place please contact Geraldine 015395 68836, mobile 07766646504, e-mail : grangeel@hotmail.co.uk

THERE WILL NOT BE AN EXCHANGE LUNCH ON WEDNESDAY 1st JUNE.

NOTICES FOR INDIVIDUAL PARISHES

CROOK

Rummage Sale - Saturday 14th May - 1pm in the Village Hall. Contact Kath Jackson 01539 821352

Village Walk & BBQ - Thursday 2nd June - 7pm at the Parish Field. Followed at the Old Tower by the Jubilee Proclamation at 9.30pm, Traditional Bugle call at 9.40pm and Lighting of the beacon at 9.45pm to celebrate the Queen's Jubilee. Contact Kath Jackson 01539 821352



UNDERBARROW WITH HELSINGTON

UNDERBARROW INSTITUTE

Stage one:

Improvements are taking place in the institute, we are replacing some of the windows and repairing others, the fire door is being replaced and two new wood burners are being fitted.



Stage two:

Dropping the ceiling in the main hall, replacing the lighting, new flooring and repainting.

We are planning to hold an event for the Platinum Jubilee on Sunday 5th June, more details to follow.

****Save the date****

Underbarrow & Bradleyfield Sports Day

ALL WELCOME ON

Saturday 25th June 2022

12 Noon with races starting at 12.30pm prompt

On Underbarrow village sports field

Traditional sports races and tug o' war

BBQ & bar

Prizes for every child & Sports cup for local children

Sports day entry free.

For more information Tel Alec: 07919233112

Nicola: 07902874523 or Emma: 07733415204

WITHERSLACK

AN IDEA FOR NEW HOUSING IN WITHERSLACK

We are proposing building houses on "The Lots" in the heart of the village. Please bring your ideas to a public conversation at the village hall in Witherslack on Sat 9th April 11am-7pm. More information will be provided for comment and as a basis to explore everyone's ideas. Please come along, all welcome. Stewart & Lynne Farrer. Phone: 07464026766

email: wITHERSLACKlots@gmail.com



Café Church ***Sunday 24th April at 10am*** ***Witherslack Village Hall***

Café Church is a time of informal fellowship and discussion, sitting at tables with a drink, like in a café. It's an opportunity to discuss aspects of the Christian faith, considering what we think about lots of spiritual issues, and asking questions, which we can't normally do in a Sunday service !

**Everyone is welcome, whether you usually come to church or not.
Just come and see.**

For more information please contact Dorothy Grace or Revd. Michael Woodcock (contact details on Two Valleys Churches page).

WINSTER

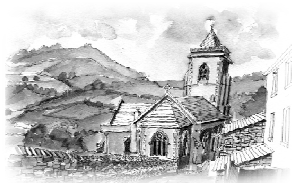
BOOK & PLANT DAY Saturday 30th April 10am - 4pm.

Winster's popular Book and Plant Days return to the Old School House at Holy Trinity, Winster. Held on the last Saturday of each month, 10 - 4pm, from April to November, the first Book and Plant day of the year will be on Saturday 30th April. We look forward to seeing you all again. If you are new to the area or have not been to the Book and Plant days before, please come along - you will be ensured of a very warm welcome. Further information: Yvonne Bradbury 015394 88563.



On Sunday June 5th, 11.00am we will be having a Village Service to celebrate Queen Elizabeth's Platinum Jubilee. After the service we will move to Green Yew (by kind permission of the Scotts) where we will enjoy a picnic lunch. (Please bring your own food) There will be free tea, coffee and cakes. We will be entertained by live music from 1 - 3 pm. After lunch there will be Old Fashioned Sports. Everybody welcome.

Please contact Jane Crowe with ideas to make the afternoon special and for further details. 015394 44098



Argles Memorial Hall



CONGRATULATIONS !

Our first winners of 2022 are:

Peter Hill and Lynne Gerrard

There are still a few numbers left – if you would like to join, please email us on 100club@crosthwaiteandlyth.co.uk

The Queen's Jubilee Weekend

SAVE THE DATES FOR PLANNED EVENTS IN CROSTHWAITE!

Friday 3rd June 12.30 for 1.00pm

Exchange Queen's Jubilee Lunch at Village Hall

Saturday 4th June 12noon

Landowners Whitbarrow Walk and Picnic.

Sunday 5th June 4.30pm

Streetparty Refreshments at Village Hall followed by a short walk to St. Mary's Church for a 6.00pm Songs of Praise Jubilee Celebration Service.

FrOCS (Friends of Crosthwaite School)



Exciting events forthcoming! All are warmly invited to:

Family Bingo Night - Friday 22nd April. Crosthwaite School Hall

Big Breakfast - join us for our annual BIG breakfast on Sunday 22nd May at Crosthwaite School Hall between 10am and 1pm.

All produce is kindly donated to help us raise money for our school & our children. We are truly grateful to all business who donate.

Duck Day - Saturday 9th July at Bowland Bridge. Our fun-filled family day is back! A great day out including Duck Racing with cash prizes, Live Music, Bar & BBQ, Sheep shearing, traditional games, Guess the weight of the pig, cakes and crafts stalls, and lots more !

Please contact George Taylor 07901720616 for further details, or visit our Facebook page: Friends-of-Crosthwaite-School.

Crosthwaite and Lyth Parish Council.

Do join us for the official opening of the Walkway on March 30th at 2.30 when we will formally open the path. The Parish Council and community are thankful to Jim and Pam Bownass and Chris Fletcher for the strip of land which makes walking up and down from Hollow Cleugh safer.

Thank you to our volunteer Litter Pickers who are picking up rubbish in the last week of March. Pickers, bags and vests are available from Cllr Harkness on 68223. Cllr Sharp will collect the various car bumpers on the A5074. Offers to help are always welcome.

Do come along to our community Jubilee Picnic on June 4th from 12 noon, to celebrate the long reign of our Queen, and her 70 years of devoted service to our country. This will be followed by a walk with Landowner Trustees. Full details will be in the May Magazine.

Following a request at the February meeting, Council have supported joining the Farmwatch scheme. Check out Farmwatch on Facebook to report or discover any suspicious activity in our Parish.

This month our Parish hedge trimming has been completed before the birds nest.

The Council now has a new website crosthwaiteandlythpc.co.uk. This is the website where official access to all Parish Council records will be available in future.

The next Council meeting will take place in church on April 5th at 7.30. All welcome.

Witherslack Village Hall Committee are
hosting a



NIGHT

SATURDAY 30TH APRIL

Witherslack Village Hall

7pm for Eyes down at 7.30pm

Prize for a line and a Cash prize for a
full house!

Tea, Coffee and Soft drinks will be available, but if you
would prefer to bring something a little bit stronger,
please feel free to bring your own!

Now that restrictions have lifted, I have booked tickets for some live events over the next few months, but I'm still a little worried. I can't quite believe things are fully back to

normal. What will happen if restrictions come back in ?

It's understandable to be feeling apprehensive when there's been so much change, and knowing your rights will help you deal with anything unexpected. If you've got tickets to an event which goes ahead, but you change your mind about going or realise you're no longer able to go, you have no legal right to a refund. However, if the event is cancelled, your right to a refund will depend on how you bought the ticket.

If you booked through an official seller and the organiser cancels, moves, reschedules, or makes the event behind closed doors, you should get a refund. This is true even if it's cancelled due to a government ban on large events. If this happens, contact the official seller to find out how you can get a refund. If you bought your ticket from a ticket-reselling website, your refund will depend on the site's terms and conditions. If you're worried about the event being cancelled it's a good idea to look at the terms and conditions before booking.

If you bought from a private seller, unfortunately it's unlikely you'll be able to recover your money, even if the event is cancelled or rescheduled. We recommend contacting the seller to see what they can do. Ahead of any events you've booked, keep checking the information from the official seller or organiser to make sure you know straight away about any updates, like changes to the date or cancellations.

Another thing to be aware of is that scammers exploit these situations for their own benefit. If your event is cancelled and anyone - whether it's a person or a company - offers their services to try to recover money on your behalf, be suspicious. Make sure that you're aware of the [signs of a potential scam](#) and always be on the lookout. If you need more information on how to get a refund, take a look at the [Citizens Advice website](#).

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you.

How to access:

Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm

Adviceline: 0808 2787 984

Email advice via our submission page on our website www.southlakescab.org.uk

Help to Claim (Universal Support): 0800 144 8 444

FURTHER SNIPPETS OF LOCAL HISTORY

I continue my excerpts from the writings of the late Frances Adams of Underbarrow whose forbears and relatives lived and worked in the Lyth Valley in the early to middle part of the twentieth century; here with some paragraphs about the damson orchards

“My cousin Susannah married Edward Inman of Draw Well, on the Howe, another hamlet like Rowe, on the side of Whitbarrow, overlooking the Lyth Valley. This tiny farm was the homestead of the Inman family for about 300 years, as tenants for generations and latterly as owners; and only passed from their possession in the 1960s. It was farmed by Edward’s younger brother, Jim, a bearded patriarchal figure well known in the valley and much photographed by the Westmorland Gazette. He was inordinately proud of his orchards, though they were, in truth, fine, well-kept damson orchards.

There are still beautiful orchards in Lyth, regular and well-pruned; and in April the valley foams with blossoms and coachloads come to admire. Once the fruit was sold for dye, for the cotton and wool trades of Lancashire and Yorkshire. This came to an end about the time of the 1914-18 war; and between the wars the bulk of the fruit went to jam manufacturers. They would come round before the fruit was ripe and order hundreds of “scores” – the 20lb unit in which they were sold, and still are. Sometimes the buyers would offer a price for the whole orchard. The picking would start, and in a good year all possible casual help would be enlisted. There was a standard rate set for picking, perhaps three pence (old money) a score in a glut year. They were pleasant, sociable weeks, those weeks of the damson harvest. “It used to be like a holiday” an old lady reminisced to me recently. “My husband would be up the ladder and I picked from the ground; and we only came indoors to make something to eat.”

As well as wholesale purchasers, there was a Damson Fair in Kendal. Nowadays, much of the fruit is sold at the farm gate and a lot is taken by lorry to the wholesale markets in Manchester and Newcastle. Every farm has its hand-written notice “Damsons for Sale” at the gate; but hardly any casual pickers are employed and in an abundant season many are left on the trees to rot.

Damson trees are very “free” as they describe them in the Lyth Valley. That is, they break easily. There are countless stories of people falling out of damson trees and injuring themselves badly; killing themselves even. Uncle Jim’s son, Jim, would tell of his neighbour, in about 1915, who fell out of a tree and broke his neck; and how he, Jim, was one of the coffin-bearers. “He was the first I ever carried; I’ve carried a good many since.”

Tony Fitch

SOME MISLEADING NEWSPAPER HEADLINES:

“Miners Refuse to Work after Death”

“If Strike Isn’t Settled Quickly, It May Last a While”

“Red Tape Holds up New Bridges”

Holy Trinity Church

Winster



Book/Cake/Plant Days return!!!

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BRIGSTEER

Brigsteer WI are hosting the Lyth Valley Group Meeting on Thursday 31 March at 7.30pm in the Village Hall, when the speaker will be Vivienne Tregidga telling us about "Life in Arctic Norway". Arrangements for this event were the main topic for discussion at our March meeting and we look forward to welcoming members from the other WI groups in our area to a successful and enjoyable evening. Our planned WI group walk around Grange later in the month and a possible theatre visit in May were also discussed.

Our speaker for the evening was Paul Waterhouse, Cumbria Wildlife Trust Southern Reserves Officer, who has extensive experience in osprey conservation and nature reserve management. A number of visitors as well as members showed great interest in his excellent illustrated talk on "Foulshaw Moss Ospreys", particularly appropriate this month as the breeding pair of ospreys is due to return by the end of March. It is fascinating to follow the development of chicks on the webcam, from the hatching stage to migrating to warmer winter grounds in September. The same parent birds have returned to Foulshaw Moss for the past nine years and hopefully will successfully raise another brood this year.

At our next meeting on Wednesday 13 April our speaker will be Dr Caroline Eames on "Forensic Science - Fact not Fiction". Visitors are welcome to attend the talk at 8pm.

UNDERBARROW

The ladies of Underbarrow WI did not know what to expect when the meeting title was "Movement to make you smile". The demonstrator was Alysia Gilda from Carnforth, and with her guidance there were smiles all round, as in this photo. Some people came away with renewed enthusiasm for doing some more exercise in future.

The next Underbarrow WI meeting in April will start the summer evening sessions, and will take place on Wednesday 13th April at 7.30pm in the Underbarrow Village Hall. Everyone is welcome.

Carolyn Francis, the leader of the well known Lakeland Fiddlers and a great musician in her own right, is coming to talk about, and no doubt play, some "Cumbrian Traditional Music." Enquiries to Maggie on 07887 881011.



CARTMEL FELL

At the March meeting 12 members and 6 visitors enjoyed a very interesting talk and demonstration of swill basket making by Owen Jones.

The majority of the movable tools needed for the construction of the swills were on display and the history and story of swill making was told as Owen worked. He described his coppicing and care of the woods and the uses of the wood of different species, all making for a good evening.

The competition for a home made basket was won by Marion Thompson with Ruth Smith 2nd.

The next meeting on 6th April will be a Spring flower workshop with Sue Wareing. The competition is for 'A Spring posy in a teacup'. As always, visitors will be made most welcome.

WITHERSLACK

Witherslack WI met on Tuesday 8th March for our usually monthly meeting which was due to have local artist Fiona Clucas as our speaker but unfortunately due to other circumstances she was unable to attend.

In her place we had a wonderful talk and presentation from local weaver Jane Bradley. Jane showed us some of the creations she makes from reeds and more recently from willow she has grown herself which she harvests between June and July each year. The group then had a go themselves by making some coasters which were a great success. Some of Janes creations can be seen and purchased on her instagram page @janeybaskets.

Previously we were due a demonstration from Adele Jones on tree grafting in February which had to be cancelled due to covid. Therefore Witherslack WI along with Adele arranged to meet on the 11th March during the day at Dean Barwick hall to finally try our hand. 6 members attended and thoroughly enjoyed our afternoon grafting apple trees.

CROSTHWAITE AND LYTH

With the prospect of Storm Dudley and the President having been pinged, the Emergency Phone List was activated and 20 members joined via Zoom to listen to a fascinating talk by Martin Douglas on the benefits of the Heversham Award - the Enclosure Act which dealt with the Lyth Valley.

Martin put forward the point of view that unlike other areas the Lyth Valley benefited from the Heversham Award, because the valley was drained allowing the fertile soil which had been flooded for millennia to be enclosed and fertilized and the 20,000 acres became 800 allotments which were divided among 263 people . A tiny portion of each allotment was sold to provide the funding to drain and enclose the land. Westmorland also benefited by having smallholders or Statesman who owned their farms.

There was a ready market in Kendal for produce and 1820 to 1880 was a good time to live in Crosthwaite and Lyth. We also had the benefit of generous landowners who were involved in and cared for the community. The population was the same then as it is now! Hopefully we will return to the Hall for our next meeting.

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Associate Priest: Rev'd. Michelle Woodcock michellewoodcock74@hotmail.com

Reader: Dorothy Grace dorothygrace01@btinternet.com

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Churchwardens: Mr. John Lee 015395 68470

Mr. Peter Smith 015395 68927

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Curate: Rev'd. Vic Sekasi vsekasi@gmail.com 07786 061972

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer: Mrs. Jane Eccles 07779 953763 : 015395 58138

Magazine Editor next month: Stephen Rowlinson (015395 68912)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and

Magazine postal service: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS
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REGULAR EVENTS

(all subject to latest pandemic advice — please ring)

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Pilates Fundamentals	Mondays 10:30 - 11:30
Circle Dancing	Tuesdays 10:00 - 11:45
Table Tennis	Tuesdays 19:00 - 21:00 September to May
Yoga	Wednesdays 09.30 - 11:00
WI	Second Wednesday of the month 19:30
Dru Yoga	Thursdays 09.30 - 11:00
Tai Chi	Thursdays 13:45 - 15:45
Pilates	Fridays 12:00

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Painting Group	Friday afternoon

MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address:

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Kath Edwards **015395 68879**

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tuesday and Thursday 7.30 – 10.00pm (starting again in October)
Exchange	Lunches 1st Wed of Month 1pm-3pm (12:30 on 6th April - Booking essential) Teas 3rd Wed of Month 2:00-4:00pm
Yoga	Wednesdays 7.00 – 8.30pm
WI	Social afternoons Monthly 1st Tuesday. 2-4pm Evening Meetings Monthly 3 rd Wed 7.30 to 9pm
Art Club	Mondays 1.30–4pm (starting again in October)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

WITHERSLACK

For bookings contact Julie Walker (Tel 015395 52211)

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm

Caring for our Community

Are there times when you feel lonely, or in need of a listening ear? Many of us have struggled through these last months to come to terms with the effects of the pandemic.

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a (socially-distanced) cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

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The Memorial Hall committee have been working hard behind the scenes to secure a Post Office Outreach service in Argles Memorial Hall. This will run every Monday (excluding Bank Holidays) from 9am until 10.30am in the Meeting Room. We are hoping this will start on Monday 4th April – please see our Facebook page for confirmation.

The Post Office have agreed to 1.5 hours per week, based on the number of customers using the Punchbowl Post Office, before it closed; if more people use the Outreach Post Office, then they will increase our hours, if the Post Office isn't well supported, the hours will be cut. USE IT OR LOSE IT!



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