

TWO VALLEYS PARISH NEWS

www.crosthwaiteandlyth.co.uk



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,
Helsington, Underbarrow, Winster, & Witherslack

December 2021

70p



FrOCS Christmas Ball

Saturday 4th December
7pm
Damson Dene Hotel

Tickets £30
to include welcome drink
& 2 course festive meal

Live Music from Kev Kendal
Plus room Auction
Contact George Taylor
07901720616 for tickets

Cover picture: St. Mary's Church (Matthew Jessop)
Church miniature pictures from watercolours by John Wilcock

Church Services for DECEMBER 2021

Thursday 2nd December

9.15am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
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Sunday 5th December

9.30am	Cartmel Fell
9.30am	Underbarrow
9.30am	Witherslack
11.00am	Winster
11.00am	Crook
4.00pm	Crosthwaite

The 2nd Sunday of Advent

Matins (BCP)	Mr. Julian Lambton
Holy Communion (CW)	Rev. Bob Dew
Morning Worship (CW)	Rev. Michael Woodcock
Holy Communion (BCP)	Rev. Michael Woodcock
Morning Worship (CW)	Tony & Hilary Fitch
Evensong (BCP)	Rev. Michael Woodcock

Sunday 12th December

9.30am	Cartmel Fell
9.30am	Underbarrow
10.00am	Witherslack
11.00am	Crosthwaite
11.00am	Winster
11.00am	Crook

The 3rd Sunday of Advent

Holy Communion (BCP)	Rev. Michael Woodcock
Holy Communion (CW)	Rev. Simon Howard
Family service	Rev. Michelle Woodcock
Holy Communion (CW)	Rev. Michael Woodcock
Morning Worship (CW)	Mr. Leonard Lambert
Holy Communion (BCP)	Rev. David Parsons

Saturday 18th December

5.00pm	Cartmel Fell	Christmas Carol Service	Rev. Michael Woodcock
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Sunday 19th December

11.00am	Winster
2.30pm	Crook
3.00pm	Witherslack
4.00pm	Underbarrow
5.00pm	Crosthwaite

The 4th Sunday of Advent

Christmas Carol Service	Rev. Michael Woodcock
Christmas Carol Service	Revs. G. Briggs & V. Sekasi
Christmas Carol Service	Rev. Michael Woodcock
Christmas Carol Service	Rev. Simon Howard
Christmas Carol Service	Rev. Michael Woodcock

Thursday 23rd December

4.00pm	Crosthwaite	Car Park BIG CHRISTMAS SING - outdoors. See p.6
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Friday 24th December

3.00pm	Crosthwaite
5.00pm	Crosthwaite
9.00pm	Witherslack
11.00pm	Crook

Christmas Eve

Crib & Carols - see p.6	
Crib & Carols (a repeat of the earlier service) see p.6	
Christmas Eve Communion (CW)	Rev. Michael Woodcock
Midnight Communion (CW)	Revs. V. Sekasi & G. Briggs

Saturday 25th December

9.30am	Cartmel Fell
9.30am	Crosthwaite
9.30am	Underbarrow
10.00am	Crook
11.00am	Winster

CHRISTMAS DAY

Christmas Communion (CW)	Rev. Michael Woodcock
Christmas Communion (CW)	Rev. Michelle Woodcock
Christmas Communion (CW)	Rev. Prof. Ian James
Christmas Morning Service	Tony Fitch and Kevin Cook
Christmas Communion (BCP)	Rev. Michael Woodcock

Sunday 26th December

No services

Thursday Holy Communions

Please note that our first Thursday of the month Holy Communion service in St. Mary's Crosthwaite will now begin at 9.15am each time.

A LETTER FROM GEORGE BRIGGS

I like telling the story of when my cousin's twins came home and announced they had a part in their school Nativity. What part is it? Alligators, they said. Oh, she replied. The next day they returned with a correction: not Alligators, Navigators, they said. Right, she replied – thinking the costume would at least be easier. The next day they returned from school with the script marked Narrators. Suddenly things became clearer! Have you ever taken part in a Nativity Play? Who were you? The narrator? An Angel, or the Angel? Mary or Joseph, the innkeeper – or the innkeeper's wife, shepherds, animal extras, wise men, stars...?



There are lots of characters in the nativity – all had a very different experience of the first Christmas. Mary and Joseph at least knew some of what was coming but it was a complicated and exhausting journey to get there, quite possibly made more difficult by family tensions it may have been good to leave behind. What about the Innkeeper, busy as never before with the census, but a hectic time too, and embarrassing and awkward having nowhere better than the stable for the young mother to have her baby. What about the angels, they seemed to have a great night! Singing, shouting, they simply couldn't keep it in! The shepherds really weren't expecting anything, and got the fright of their lives, and then the night of their lives when the angel told them: God's doing something amazing – see for yourselves, and they did! As for the donkey and the animals – a bit of unusual activity, a few visitors, and an unidentified sleeping object in the feeding trough, but essentially it was a pretty good night. Then there are a few other cast members: Herod, his advisors, the Magi... I wonder whether our Christmas will be anything like any of theirs.

I wonder what your plans are for Christmas. In the story, basically there seem to be two kinds of Christmas – there are those who got wind of the story but didn't get too close because Christmas didn't seem to be good news – Herod was actually really quite afraid of the implications, and his advisors knew all about God but thought Christmas a very doubtful event and were above going to look for themselves: Christmas definitely wasn't joyful for these few.

Then we look at those who got caught up in the story, some more deliberately than others, and they all got to encounter something quite extraordinary and unusual and each came away knowing that God was up to something truly beautiful, that he had chosen to make his home with us, and offer us life – with forgiveness, hope and joy.

My prayer for you and for me this Christmas is that we'll find ourselves like those in the second group: for whom that first Christmas was wild, surprising, and if challenging ultimately an astonishing time of discovering just how far God will go to reach us, and to draw us to his love!

Happy Christmas and every blessing for 2022!

Rev. George Briggs

FROM THE REGISTERS



Funerals With sympathy, we remember those who have recently passed away:

- 23rd October Michael Atkinson (95) - Interment of ashes at St. Paul's Witherslack
- 4th November Barbara Cleasby (70) - Funeral and Burial at St. Mary's Crosthwaite
- 6th November Geoffrey Warner (95) - Interment of ashes at St. Paul's Witherslack
- 6th November Margaret Warner (93) - Interment of ashes at St. Paul's Witherslack
- 8th November Allan Holliday (87) - Funeral at Holy Trinity Winster
- 9th November William Bennett (81) - Funeral and Burial at St. Anthony's Cartmel Fell

CALLING ALL VILLAGES

Two Valleys Mission Community House Groups

What is a house group? Well, it's a group of people, perhaps 8-10 individuals, who meet together regularly (possibly every fortnight or once a month) in someone's home to study and discuss aspects of the Christian faith. This could be anything from a Bible passage or a character in the Bible to a current issue that affects us personally – it can be wide-ranging. The crucial thing is that those who meet develop friendship and trust so that we can support each other in a meaningful way through honest discussion.

The plan is to set up as many groups as required, across the whole Two Valleys Mission Community. There will be a designated leader for each group to coordinate its meetings, but not necessarily to lead or host the meetings – this could be a shared role. Each group will decide itself how frequently to meet, and where and what time of day, depending on where people live and availability during the day or evening.

If you would like to be in a house group, or would just like more information, please contact

- Pat Howarth (howarth8hr@btinternet.com),
- Dorothy Grace (dorothygrace01@btinternet.com) or
- Rev. Michael Woodcock (68276, mich@elwoodcock.com).

Christmas around our Parishes

After what has been a tough and uncertain year, let's gather together at Christmas to sing carols and hear again the Christmas story that brings hope to the world.

All the Christmas services are listed on page 3, including the carol services, so please check what is happening in your locality.

To highlight:

Crosthwaite Big Carol Sing—23rd December at 4pm

Yes, the Big Carol Sing is back! Again it will be in Crosthwaite Church's car park, to give us lots of space. Although we are now singing in church it is through masks, so this is an opportunity for us all to sing out our favourite carols!

Carol sheets will be available, so please bring a torch, not least to see the words but also for your walk home or back to your car! On that note, only blue badge holders may park in the car park - thank you.

There will be Christmas lights, mulled wine and braziers—a real festive feel!

Everyone is welcome to join in with this, there is no need to book, so dust off your vocal chords and come and sing your heart out! It is Christmas, after all!

Crib & Carols—Christmas Eve at 3pm and 5pm

Our family-friendly short Crib & Carol Service returns this year. There will be two identical services and maybe even a puppet or two!

We will be asking people to wear masks for this service, so hopefully that will help you to feel comfortable to come and join in. Please come to the service time that suits you best.

Christmas Eve Communions—9 pm at Witherslack, and 11 pm at Crook.

Christmas Day Communions—please see p.3.

Thank you!

Ian & Val would like to thank everyone for making their Golden Wedding a fantastic evening. With your kind donations, the Great North Air Ambulance services have received over an amazing £2,000, with monies still coming in, and we can't thank you all enough.

Congratulations to Prue and Jolyon Dodgson on celebrating their Diamond

Wedding anniversary on November 18th, with love and best wishes from all the family.

Encyclopaedia Britannica

If anyone is interested in a full set of Encyclopaedia Britannica from 1992, then do contact Michael Woodcock on 015395 68276 or email mich@elwoodcock.com. Happy to accept a token offer.

A Grand Time Out at the Lido

In winter, with its chilly weather, short daylight hours and overcast skies, it is hard to imagine those long summer days of childhood, but there has been much in the local press recently about the prospective restoration of a structure that has meant much to those who spent their younger years in this area, and I wonder how many readers have similar memories of summer days spent at one of our local attractions – the Lido at Grange-over-Sands.

I arrived at Arnside National (Primary) School in 1954 aged nine and I was enthralled when, once a week in the summer, armed with swimming costumes and towels and a few pence in a purse, we formed a “crocodile” (remember those??) and set off down the footpath from the school to the railway station to board the steam train to Grange-over-Sands – fare, I think, six old pence return. At Grange station, we formed up again into our crocodile and walked along the promenade to the pool. Some of us could already swim, others received instructions from the accompanying teacher. The water was salty (pumped up from the estuary below) and chilly, but at that age you take things as you find them and get on with the fun.

After half an hour or so we dried off, got changed, and made our way up to the cafe. Before entering we put our wet costumes through the huge, intimidating rollers of a large mangle with a crank-handle that squeezed the garment almost dry. It did cross my mind, I think, that an error of judgement at that point could have resulted in flattened fingers, but in those days health & safety was not so paramount and common sense was perhaps unduly relied upon. Inside the cafe, for a few pence, one could indulge in a cup of hot chocolate and a Wagon Wheel. Those circles of biscuity confectionary were at the time a recent invention and, I am certain, were much, much larger than they are now! They were the ultimate delight and a wonderful finale to the afternoon’s trip out.

Visits to the Grange Lido were not confined to school expeditions. For many years through secondary school age, summer holidays would not have been the same without regular train trips across the estuary, usually accompanied by a parent or two, to that water wonderland at Grange. On a sunny day it would be packed out with local families sitting on the terraces – many there for the day – with beach- blankets, towels, flasks and picnics. As much time was spent on those terraces sun-bathing, snoozing, and running around as was spent in the water. Screams of childish delight and shouts of parental censure pervaded the air. We would look and wait with bated breath as some brave person climbed the steps up to the top diving-board and teetered for some time on the edge before descending in a graceful dive, a belly-flop or bomb-drop. I dread to think what might have happened if someone below had strayed into the impact area as the diver/jumper descended! But, as I have already mentioned, health and safety was not top of the agenda in those days, and I never heard of anyone getting injured.

Happy days!

Tony Fitch

South Lakes Dementia Hub. Meetings at Abbot Hall Social Centre on 14th December, 2-4pm. For more details see the October edition, page 15.

Crosthwaite Show 2022

Well it's back! After a two year gap which took its toll in many ways we want to revive one of the events which helps to bring the village together.

Crosthwaite Show 2022 will be held on **Saturday 2nd July 2022** so please put this date in next year's calendar.

The schedule of classes will be made available early in January so the gardeners among you can order your seeds and the artists and photographers can keep their eyes open for the right images. Not to mention working on the craft and recycling possibilities.

Children can get involved through school and we will of course be displaying some of their course work in the village hall on Show day.

Remember that all classes in the Show are open to all those living in the parish of Crosthwaite and Lyth and the adjoining parishes of Underbarrow, Crook, Witherslack, Winster, Cartmel Fell and Bowland Bridge, Brigsteer and Helsington. If you live elsewhere, but are a member of any Crosthwaite village organisation or club, you are still eligible to enter!

Let's make the 2022 Show one to remember with a record number of entrants.

Please contact me if you need to know more.....

Pat Howarth (07765010252), Chair of Show Committee

To all friends and supporters of Crosthwaite CE School,

As you know the school has a number of ongoing fundraising initiatives, like Build a Brick, to raise funds to ensure that we can provide the very best environment for our current and future Early Years children. As a result we have already secured over £8k towards our target of £25k, so a big thank you to those of you who have helped so far.

As we still have some way to go, we now aim to generate interest, support and revenue from a wider group of people. To achieve this we are today launching our new crowd funding campaign. This provides supporters who wish to make a donation (including Gift Aid) to the school, with an easy online method to use, via the simple link or QR code. <https://app.investmycommunity.com/crosthwaite-ce-primary-school-2701> or the QR code (see poster opposite).

The link and QR code will take you straight to our crowd funding page which includes more information about our ambitious plans. The poster contained in this magazine is for you to use, share, display or distribute!

Many of you may already have made a contribution but we are asking that, as part of this launch, you all show the poster and QR code contained in this magazine, showing it to your close friends and extended family members asking if they will make a contribution to support you and our school campaign.

Any additional funds raised will take us closer to our target so all sharing, help and donations are very much appreciated.

Regards,

M Jessop

**CROSTHWAITE CHURCH OF ENGLAND
PRIMARY SCHOOL
EARLY YEARS CLASSROOM –
REFURBISHMENT PROJECT**



In order to fund all the works in our ambitious Early Years refurbishment plan we have an overall target to reach of £25,000, of this, we are aiming to raise £5k through this crowdfunding campaign.

All donations supporting the work we do make a difference and all support is hugely appreciated. If you can help us that would be amazing, if you would like to speak to us or see the school first, or as well, then we'd love to hear from you!

**PLEASE DONATE NOW AND,
IF POSSIBLE, SHARE THIS QR
CODE WITH YOUR FRIENDS
AND FAMILY TO SPREAD THE
WORD AND TO HELP US
REACH OUR TARGET.**



Hare & Hounds

- Local Job Opportunities

Well paid and exciting new opportunities in recently reopened country pub/hotel.

We are looking for friendly and hard working people in all areas of pub, restaurant and hotel work.



The recently reopened Hare And Hounds is in the beautiful hamlet of Bowland Bridge, close to Kendal and Windermere and we are looking to expand the team.

Top rates of pay and potential to develop careers for the right people.

Roles available both full and part time for the right applicants.

Chef de partie - no experience required but plenty of enthusiasm to get started in a culinary career.

Sous chef - ideally looking for someone with at least 3 years experience in this role to work alongside our head chef and to occasionally take control of the kitchen when the head chef is off.

Breakfast/prep chef - only required for a few hours a day for breakfast service and then to help prep for the lunch/dinner service.

Housekeepers - to look after our 4 beautifully re-decorated rooms, public spaces, and sometimes serving breakfast. High standards are important to us so we would like someone who can really take control of our guest experience.

Bar and waiting on staff - needed to join this new adventure, part-time and full-time staff are required.

Weekends and evenings are a must but you'll be working with a small company with the vision to expand and progress a career in travel and hospitality.

In return, we plan to give a great work life balance, ideally nobody to work over 45 hours a week. Christmas Day off and hours will not be reduced in winter.

If this takes your fancy please contact us at hello@hareandhoundslakes.com or call us on 015395 55549.

Please note at this moment in time we do not provide living accommodation and a car will be needed to get yourself to and from work.

A vicar, giving a talk to children on vestments, asked
"Why do you think I wear this collar?"
One child answered
"Because it kills ticks and fleas for up to 30 days"

NOTICES FOR INDIVIDUAL PARISHES

CROOK

Crook Folk Dance Group

Crook Folk Dance Group resumed their weekly Thursday evening dances at Crook Memorial Hall in September following the easing of Covid restrictions. The club offers a variety of English country dancing for both beginners and more experienced dancers. All

dances are walked through first and called throughout. Attendance has returned to pre-pandemic levels and we have enjoyed dancing to a programme called by a mixture of visiting callers and members of the club itself. New members and visitors are welcome and further details can be found on our website

<http://www.crookfdg.wordpress.com>.



B4RN

The B4RN project for Crook is looking encouraging as the government has indicated that ours is now a priority project. It is hoped that this community effort to bring mega-fast broadband to the area and will soon be able to make progress.

Cancelled events

As a precaution it has been decided not to hold the usual Christmas coffee evening or Quiz event. It is hoped that in spring we will resume the normal pattern of events.

CROSTHWAITE

St Marys Church – Christmas Flowers 2021

We will be decorating the church for the Christmas Services on Saturday, December the 18th commencing 1.00pm.

Would anyone like to help by taking over a window, to decorate as they wish. Candles will be provided. If you could let me know before the 11th December it would be a great help.

Thank you

Vonnie Sharpe 015395 68028.



Appleby Cheeses will be at the Christmas Fair. Christmas Boxes ready to post containing five 200gm hard cheeses each at £18 each box.

Special price for Crosthwaite. Please order. If by any chance the Fair has to be cancelled, I will get your order to you. Postage will cost you £3.00 per box if you need it to be posted. All proceeds from this stall go to Village Hall Funds.

Ann Smith 01539 568671

Crosthwaite Post Office

After nearly 25 years at The Punchbowl, it is now time for me to move on which means that unfortunately the post office will be closing at the beginning of December.

This may not be the end of the PO in the village as I have been told that there is a high possibility that an outreach PO may be run from the village hall.

Thanks for all your custom and support.

Kind regards

Carole



Crosthwaite Christmas Fair

Argles Memorial Hall

Saturday 4th December, from 10am-1pm

*Lots of lovely local stalls selling unique gifts for Christmas including:
Pottery, Glass Fusion, Wood Turning, Photography, Patchwork,
Jewellery, Sweets & Chocolates, Cakes & Preserves, Savin Hill Meats,
Appleby Cheeses, Christmas Wreaths, Crafty Makes, Chocolate Tombola,
Happy Home Learning, Raffle*

Visit Santa in his Grotto!

Carols sung by the children

Seasonal Refreshments

Admission: £1; Under 12's free



Crosthwaite Memorial Hall

EXCHANGE UPDATE

Future exchange dates:

Wednesday 1st December, Tea & Cakes 2.30-4.30pm

Wednesday 15th December, Tea, Mulled wine, mince pies. 2.30-4.30pm

Wednesday 5th January, 2022. Special New year Lunch Party with complimentary drink, earlier time of 12.30pm.

BOOKING ESSENTIAL no later than **MONDAY 3rd JANUARY 2022.**

We look forward to seeing you all!

Crosthwaite Panto Players - **Granny Get Your Gun!**

On Thursday 27th, Friday 28th & Saturday 29th January 2022

At 7pm in the Memorial Hall

Tickets £9 adults; £4.50 for children (under 12)_available at the Christmas Fair, or by telephoning Helen – 07979840889



CROSTHWAITE AND LYTH PARISH COUNCIL CLERK TO THE PARISH COUNCIL

**SALARY: £12.98 - £14.42 PER HOUR (STARTING POINT
DEPENDING ON QUALIFICATIONS AND EXPERIENCE)**

**Up to a maximum of 30 HOURS PER MONTH (with a review after
6 months)**

Crosthwaite and Lyth Parish Council seeks a confident and well organised person with an interest in the local community for the post of Clerk to the Parish Council to start in February 2022. The Clerk is responsible for managing the Council's day to day business, providing advice, and implementing decisions. The Clerk is also the Council's Responsible Financial Officer.

Ideally applicants will have relevant experience and qualifications. You will need to be computer literate, able to prepare council agendas and record minutes, be familiar with book keeping / financial procedures and be able to correspond with external organisations, on behalf of the Council.

Working hours will be approximately 30 hours per month. However this will be subject to review after 6 months. With the exception of when attending meetings, the post holder will be expected to work from home. The Council meets in the evening on the first Tuesday of each month (with exception of August and January), with other meetings being called as required. Formal training and plenty of help and advice will be available.

Please note, interviews for shortlisted candidates are planned for the evening of Monday 6th December. For an application form, job description and person specification, please contact Martin French, the current Clerk, at crosthwaiteandlyth.pc@hotmail.co.uk . For an informal discussion, please contact Mary Harkness, on 015395 68223 or email harknesspc@btinternet.com.

Applications should be emailed to crosthwaiteandlyth.pc@hotmail.co.uk, no later than
12 noon, Friday 3rd December 2021.



Brigsteer New Year's Eve Ceilidh is back!

7.30 pm to just after midnight in the Village Hall on
December 31st.

Dancing with caller Chris Bland, fun, games, and a
chance to renew "auld acquaintances".

🎄 Food will be Jacob's Join. There will be a list of items to choose
from.

🎄 Drink: It's a BYOB event.

🎄 All welcome, singles, couples and families.

🎄 Tickets £10.00 per person from Alan Davies (015395 68837) or
email alanpeatcote@yahoo.co.uk.

Hopefully the current relaxation of the covid restrictions will remain
in place, but we will keep the situation under review. If it becomes
necessary to cancel at the last minute, all ticket money will be
refunded.

*An elderly man was having hearing problems and went to see a specialist, who fitted him
with some hearing aids that brought his hearing almost back to normal.*

*After a few weeks the man went back to the specialist to have the new equipment
checked. The specialist said*

"It all seems perfect. Your family must be delighted that you can hear everything now."

*"Oh no" the man responded; "I haven't told any of them. I just sit quietly, listening
carefully. I have already been to my solicitor four times to change my Will."*

UNDERBARROW

Quiz 2nd February 2022 - save the date!

Have a great evening having fun with friends and exercising those brain cells, whilst raising money for charity.

Venue: The Black Labrador

Starts 7:30: Teams of four

Tickets: £5.00 per person to include sandwiches and chips.

More details to follow in next month's magazine.



Thank you!

Rosie Harris from Underbarrow would like to thank everyone who supported her Captain Tom inspired Charity fundraiser during 2021.

Preserve sales have now closed. I am proud to announce that a total of £467.80 was raised for Breast Cancer now and Underbarrow WI.

Annual Afternoon Social

Underbarrow Village Hall Management Committee will be holding their annual afternoon social in the Village hall on Sunday, 9th January at 1.30 pm.

Hot Food and homemade desserts.

Available to anyone aged 65 and over and living in Underbarrow.

Please contact Valerie on 015395 68655 by the 3rd January if you would like to attend.



Staveley Choral Society Christmas concert

Night of the Angels

Monday December 13th at 7.30pm, Staveley Village Hall

Tickets (includes light refreshment) £10.00 adults, £4 children under 16

Available from Staveley Pharmacy, SCS members, or at the door.

Carols old and new, thoughtful and joyful.

Fire-light, candle-light, angels, and bells!

... 'The Little Angels!' flying in from Staveley Primary School.

Watch out for the SCS Christmas quiz coming soon to a shop near you!

See www.staveleychoral.org.uk for details or to contact us.

BRIGSTEER

It was great to hold this year's Annual Meeting in the village hall face-to-face rather than on Zoom, especially as the Village Hall wall hanging is now finally in place in the meeting room and several members had contributed in a small way to the fabulous collage.

Once the formal business was concluded we discussed arrangements for our Christmas Party on 8th December in the village hall and Carol singing around the village on the 15th.

We then opened our meeting to the public and Jane Cooper, daughter of a longstanding member Margaret Wrigley, showed us some of her Dad's slides showing Brigsteer before it was developed in the seventies and eighties. Her slides included photos of the village school at Helsington (now Lumley Fee bunkhouse) including the day it closed - Jane was one of the last four pupils to attend. She told us about Sunday school in the reading rooms (now Honeypot Cottage). There were photos of the petrol station and shop, as well as the annual sports day and bonfire where good fun was had by all.

Our next meeting is the Christmas Party with Jacob's Join.

We meet every 2nd Wednesday of the month in the village hall at 7.30 and new members and visitors are always welcome to join us. Our 2022 programme will be out soon.

CARTMEL FELL

The Annual meeting took place on 3rd. November, with 15 members present. Few changes were made to the officers. Julie Woodgate will join the committee and Laura Martin will take over from Molly Wood as treasurer, Molly having held the position for 30 years.

Members were looking forward to All together now, The Canary Girls, The Carol Service and Cratchit.

One of our teams had done well in the annual quiz, being overall winners at the Greenodd venue.

Following the business, members enjoyed a choice of 3 different soups, cake and tray bakes provided by the committee.

The next meeting will be the Christmas dinner to be held at the Hare and Hounds, Bowland Bridge on 1st December. There will be a raffle and secret Santa.

Two Valleys News Email Address has changed

If you need to contact the editors of this magazine, the email address has changed. It is now tvn@crosthwaiteandlyth.co.uk.

CROOK

Several WI members went to the Annual Council Meeting in Kendal at the end of October. We enjoyed the business part of the morning (approval of the annual report and the financial statement for the year) and heard about how the Trustees had kept everyone in touch over the past months. The guest speakers were excellent. In the morning it was the founder of "India Unseen" which funds schools in remote areas of India, significantly improving the lives of rural children. In the afternoon, Sunny Ormonde, better known as Lilian Bellamy from the Archers, gave a virtuoso performance enjoyed by everyone.

November was Crook WI AGM when Sue Mulvaney stepped down as President. She was thanked for coping during difficult times. The new President is Mary James. Rachael Edmondson brought some of the new merchandise from the office and set up the WI Sales stall.

CROSTHWAITE & LYTH

Our WI continues to meet twice a month for a business meeting with a speaker and also for a social afternoon.

Our recent 'socials' have included enjoyable Boccia games - a Paralympic sport like bowls which can be played by anyone, able bodied or not, and a recent craft meet-up, making table decorations for our forthcoming Christmas party.

On the day Mary Berry was made a Dame, we were treated to a cookery demonstration by Crosthwaite's own Mary Berry, Geraldine Wilson! Aided by her lovely assistant, Carolyn Holmes, Geraldine prepared three canapés - easy to prepare - and delicious! They were shared amongst WI members in the audience. Main course choices included a stuffed chicken breast and a baked salmon dish. Easy desserts followed to complete a wonderful range of easy, and delicious recipes.

This demonstration was delivered under full Covid precautions and was filmed by Jim Bownass so the audience had a birds eye view of all the action. And to add to the joy, all Geraldine's creations were raffled and the lucky winners took home something delicious.

WITHERSLACK

Witherslack WI held their first AGM last night (Tuesday 9th November) since 2019, with most members attending at Witherslack parish Hall.

Our president Caroline Blee was re-elected, as were other officers with the addition of a new committee member.

Our members made a lovely spread of homemade soups and deserts which were enjoyed by all.

Previous to this we had our meeting in which we had speaker Bob Sutcliffe who is a local artist. He gave us an interesting presentation on how he was introduced to artistry and then judged a little competition between members paintings of which the winner was awarded one of his drawings.

Two Valleys Churches

"Enriching lives Embracing God"

Cartmel Fell, Crosthwaite, Winster, and Witherslack

Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX

(not available Fridays) mich@elwoodcock.com 015395 68276

Associate Priest: Rev'd. Michelle Woodcock michellewoodcock74@hotmail.com

Reader: Dorothy Grace dorothygrace01@btinternet.com

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481

Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson 015395 68849

Mr. John Holmes 015395 68599

Holy Trinity, Winster

Churchwarden: Mrs. Lily Holme 015395 60247

Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwardens: Mr. Tony Walshaw 015395 52491

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Janet Sullivan assjadmin@stkmail.org.uk : 01539 730683

Churchwardens: Mr. John Lee 015395 68470

Mr. Peter Smith 015395 68927

St Thomas' Kendal with St. Catherine's, Crook

Parish Priest: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,

Windermere Rd, Kendal. george@stkmail.org.uk : 015395 83058

Curate: Rev'd. Vic Sekasi vsekasi@gmail.com 07786 061972

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer: Mrs. Jane Eccles 07779 953763 : 015395 58138

Magazine Editors next month: Charles & Ros Walmsley (015395 68745)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and

Magazine postal service: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS
(015395 68849)

REGULAR EVENTS

(all subject to latest pandemic advice — please ring)

HELSINGTON & BRIGSTEER

Book online at brigsteervillagehall.co.uk

Contact Ann Bryan (015395 68067)

Pilates Intermediate	Mondays 09:15 - 10:15
Pilates Fundamentals	Mondays 10:30 - 11:30
Circle Dancing	Tuesdays 10:00 - 11:45
Table Tennis	Tuesdays 19:00 - 21:00 September to May
Yoga	Wednesdays 09.30 - 11:00
WI	Second Wednesday of the month 19:30
Dru Yoga	Wednesdays 18:00 - 19:30
Tai Chi	Thursdays 13:45 - 15:45
Pilates	Fridays 12:00

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Painting Group	Friday afternoon

MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address:

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Kath Edwards **015395 68879**

Playgroup	Thursdays 9:30 to 11:30 (school termtime)
Indoor Bowling	Tuesday and Thursday 7.30 – 10.00pm (Oct 5-Dec 16: Jan 6–Mar 31)
Exchange	Lunches 1st Wed of Month 1pm-3pm Teas 3rd Wed of Month 2:30-4:30pm from Sept
Yoga	Wednesdays 7.00 – 8.30pm
WI	Social afternoons Monthly 1st Tuesday. 2-4pm Evening Meetings Monthly 3 rd Wed 7.30 to 9pm
Art Club	Mondays 1.30–4pm (Jan-Mar and Oct-Dec)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive

Underbarrow Institute is taking bookings for events again from 1st September.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Vinyasa Yoga	Tuesdays 7pm — 8pm
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WITHERSLACK

For bookings contact Julie Walker (Tel 015395 52211)

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Tea & Chat	Every Monday 1.30pm - 2.30pm in the Parish Hall
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Yoga	Wednesdays 6.00pm in the Dean Barwick Hall (£7/session)

Caring for our Community

Are there times when you feel lonely, or in need of a listening ear? Many of us have struggled through these last months to come to terms with the effects of the pandemic.

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a (socially-distanced) cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

Advertising in the Two Valleys Parish News

Would you like to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

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To all who advertise in our Two Valley Parish News we say "Thank you" for your support during the past year.

If you would like to **renew** your advertisement for 2022 *with or without alteration*, or if you would like to advertise for the first time then please contact :

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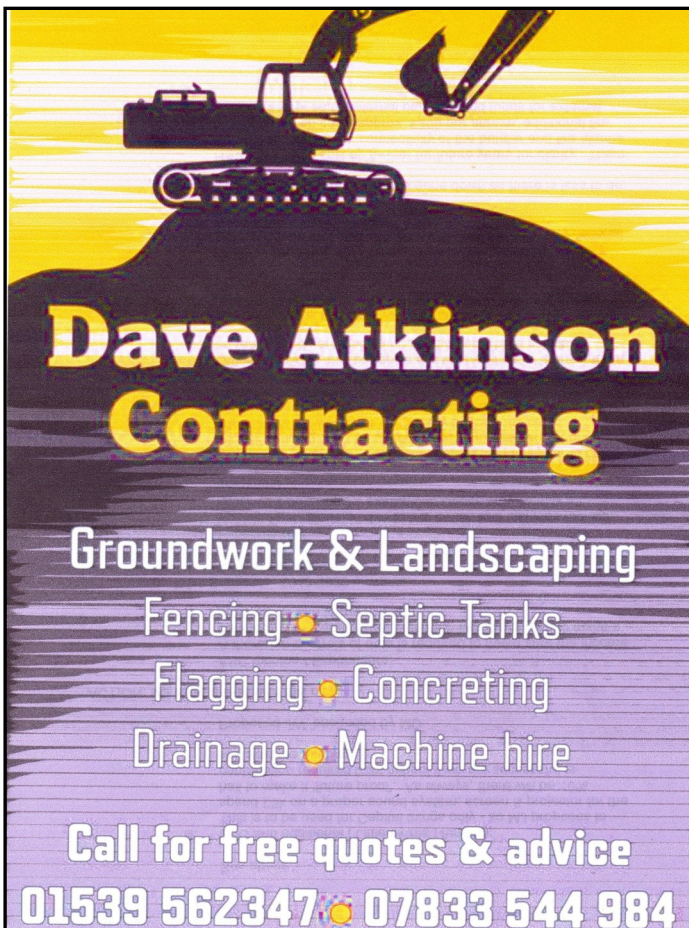
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