

TWO VALLEYS PARISH NEWS

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Serving the parishes of Cartmel Fell, Crook, Crosthwaite, Helsington, Underbarrow, Winster, & Witherslack

January 2021

70p

Witherslack, Meathop and Ulpha Parish are firmly on the way to moving into the 21st Century. A Group of volunteers have been working with B4RN (Broadband for Rural North) to enable any property within the parish to sign up to receive ultrafast broadband. So far we have 40% of all properties signed up (including 60 businesses). Digging has now started and you may have seen the mole plough with the reels of ducts working in the valley.



This has been an unprecedented schedule for B4RN, as no other project has gone from conception to turf cut in such a short time. We ask all those in the valley, who have yet to sign up to B4RN to do so please.

As for those that have, the many landowners who signed the free wayleaves and the core volunteers, we extended a massive **THANK YOU**. Soon we will

have hyperfast reasonably priced internet ensuring that this valley is ready for the future.

If you live within the valley or have business premises and you have not signed up yet, but would like this service, then please go to the B4RN web site and register an interest using

'Get B4RN'.

Email: info@witherslackb4rn.org.uk or abrown@crosthwaiteprimary.net

A LETTER FROM MICHAEL WOODCOCK



Dear friends,

Elsewhere in this edition of the magazine we explain how our **Two Valleys Mission Community** of eight churches will be launched at the end of this month. For a long while now, the seven villages which share this magazine, along with St. Thomas's Kendal, have been working together as churches across the Lyth & Winster valleys. Our Two Valleys Mission Community is a further step of commitment as we take our place in the County of Cumbria alongside many other Mission Communities which are all working ecumenically (with Methodists, the United Reformed Church, the Salvation Army & others).

Across the County we are looking to refresh our shared vision and, after a long period of consultation, we are looking to work together on these four areas: to follow Christ daily, to tread gently, to care deeply, and to speak boldly. Lots more on this shared vision will be explored in the years ahead, but looking at each one:

- follow daily: we will help each other follow Jesus Christ more closely, seeking to grow as his disciples in all aspects of life, both corporately and as individuals.
- tread gently: we will strive to safeguard the integrity of God's creation, seeking to sustain and renew the life of the earth.
- care deeply: we will listen to our local communities, and respond in loving service, seeking to transform injustice, challenge oppression and pursue peace and reconciliation.
- speak boldly: we will share our faith in Jesus Christ in everyday ways, seeking to connect with everyone in time-honoured and pioneering ways.



These four areas encompass a great deal and present a challenge to us, but it is also an easily remembered vision. It won't take long for us to grow more familiar with these four headings and they are all **verbs**; rather than being abstract statements they are **active** and involve us **doing** things. They also cover those important areas of how we look after our planet as the issue of a changing climate and the human impact upon that is now very high on our agendas, and how we care for each other – something which we have all been made much more aware of as a result of the covid-19 pandemic.

As we approach the end of this awful year, we look ahead to 2021 with glimmers of hope as the development of vaccines gains pace. We need something positive to hope for and to galvanize us as we begin to emerge into a new order in the coming months. May this refreshed vision for churches across our County play its part in helping us forge something good and wholesome for our communities. I commend it to you and invite you to join in !

I wish you all a very Happy New Year.

Yours in friendship,

Rev. Michael Woodcock. The Vicarage, Crosthwaite.

FROM THE REGISTERS



Funerals –

10th December

With Sympathy, we remember those who have recently passed away:

Hazel Cecilia Archer (96) Funeral & Burial at St. Anthony's, Cartmel Fell

CALLING ALL VILLAGES

Two Valleys Mission Community

Across the County of Cumbria in recent years groups of churches have been forming into local Mission Communities to work together in the sharing of mission, ministry, and buildings. This is an ecumenical endeavour unique to our County as the United Reformed Church, the Methodists and the Salvation Army have been formally part of this initiative alongside the Church of England for some years now. Other major denominations are also looking on with interest.

Locally we have been working informally as eight Anglican (CofE) churches since 2006 (sadly there are no other active denominations worshipping in our villages). On Sunday 31st January we will be formally launched as the **Two Valleys Mission Community**. The intention is that Rev. George Briggs and Rev. Michael Woodcock will share the Leadership of our Mission Community, alongside other ordained and lay ministers.

The eight churches are:

St. Anthony's Cartmel Fell

St. Catherine's Crook

St. Mary's Crosthwaite

St. John's Helsington

St. Thomas's Kendal

All Saints Underbarrow

Holy Trinity Winster

St. Paul's Witherslack

Our Bishop will be conducting the launch Service at 10.00am on Sunday 31st January in All Saints Underbarrow. This is primarily because we are welcoming Rev. Simon Howard into the team who will take pastoral care of the parish of Underbarrow with Helsington. Rev. Michelle Woodcock will also be licensed again to the Team as an Associate Priest and we have also welcomed a new Curate Rev. Victoria Sekasi to the Team.

Due to the Covid pandemic, we are restricted in numbers to those who can fit into All Saints Church safely and so we will give priority booking to the parishioners of Underbarrow and Helsington. However, we aim to record the Service and upload it to our "Two Valleys – Churches" YouTube channel later on, so that everyone can view the Service. (If we are back in any lockdown by then, we think the Service will still take place by Zoom, but we can also record that and upload it to YouTube later as well).

If you would like to pre-book a place at this Service, then please contact John Lee 015395 68470 or email him at anscot03@gmail.com

Church Services for JANUARY 2021

Sunday 3rd January The 2nd Sunday of Christmas

9.30am	Cartmel Fell Matins (BCP)	Tony & Hilary Fitch
9.30am	Underbarrow Morning Worship (CW)	Rev. Bob Dew
9.30am	Witherslack Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winsters Morning Worship (CW)	Rev. Michael Woodcock
11.00am	Crook Morning Worship	
4.00pm	Crothwaite Evensong (BCP)	Rev. Michael Woodcock

Online Services also available on our “Two Valleys - Churches” YouTube channel

Sunday 10th January The 1st Sunday of Epiphany

9.30am	Cartmel Fell Holy Communion (BCP)	Rev. Michael Woodcock
10.00am	Witherslack Family Service	Rev. Michelle Woodcock
11.00am	Winsters Morning Worship (CW)	Rev. Graham Skilling
11.00am	Crook Morning Worship	
11.00am	Crothwaite Morning Worship (CW)	Rev. Michael Woodcock

Online Services also available on our “Two Valleys - Churches” YouTube channel

Sunday 17th January The 2nd Sunday of Epiphany

9.30am	Cartmel Fell Morning Worship (CW)	Mrs. Dorothy Grace
9.30am	Underbarrow Morning Worship (CW)	Rev. Simon Howard
9.30am	Witherslack Morning Worship (CW)	Rev. Michael Woodcock
11.00am	Winsters Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook Morning Worship	
11.00am	Crothwaite Morning Worship (CW)	Mrs. Dorothy Grace

Online Services also available on our “Two Valleys - Churches” YouTube channel

Sunday 24th January The 3rd Sunday of Epiphany

9.30am	Cartmel Fell Matins (BCP)	Rev. Michael Woodcock
11.00am	Winsters Matins (BCP)	Mr. Roger Bingham
11.00am	Crook Morning Worship	
11.00am	Crothwaite Holy Communion (CW)	Rev. Michael Woodcock
4.00pm	Witherslack Evensong (BCP)	Rev. Michael Woodcock

Online Services also available on our “Two Valleys - Churches” YouTube channel

Sunday 31st January The 4th Sunday of Epiphany

10.00am	Underbarrow Mission Community Launch and Licensing Service	
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A joint Service for which pre-booking is required contact John Lee 015395 68470
We will record this Service and post it on YouTube later in the day

The Afterlife of the Magi

The 'big story' of the season of Epiphany, starting on 6 January, is the Coming of the Magi. Epiphany continues for several weeks, with the lections focussing on the manifestations of the divinity of Jesus - the Greek word *ἐπιφάνεια* (*epiphaneia*), which gives us 'Epiphany', means just that: 'manifestation'. So we have the veneration by the Magi, symbolising recognition by the world beyond Judaea of Christ's kingship, priesthood, and death as represented by the gold, frankincense and myrrh; his recognition as the Messiah by Simeon and Anna in the Temple; the demonstration of his understanding of the Scriptures at the age of twelve, when he disputed with the scholars at the Temple; John the Baptist's acclaim and God's proclamation, together with the descent of the Holy Spirit, at the baptism; and the first miracle when, at the wedding feast of Cana, Jesus turns water into wine, prefiguring the Eucharist. These were all subjects of preaching in Epiphany from the earliest centuries. But it is the Coming of the Magi which is tied to the feast-day itself.

As John Barton has said in his recent *History of the Bible* (thoroughly to be recommended if you enjoy a scholarly read), this is a story 'for which it is hard to imagine any historical source'. But it has undoubted power as a symbolic narrative and it has always seized the imagination, so much so that stories have grown up around these intriguing figures. On the basis of the three gifts, the Western church has always assumed that there were three Magi, although other Christian traditions have different numbers: there are twelve, for instance, in the Syriac tradition. But whatever the tradition, it wasn't long before they were given names. Later, in a further imaginative elaboration, they were represented in art in ways that distinguish them one from another, for example in age and ethnicity, in order to draw out the essential symbolic meaning: that this story's purpose was to 'manifest' the divine and prophecy-fulfilling nature of the young child and to foreshadow his recognition by people of all ages and races.

The names we are familiar with in the traditions of Western Christendom — Caspar Melchior and Balthazar - differ from those in the east. It's impossible to say where they come from. We first find them in a Latin text of the sixth century, known as the *Excerpta Latina Barbari*, which is a translation of a Greek text probably composed in Alexandria round about 500 AD. However, there's no indication here that the names were a new creation at that point, so the tradition doubtless goes back quite a bit further. It's generally thought that the name Caspar may be traceable to Gondophares (subsequently reduced to Gaspar/Caspar), who appears as a king of India in the apocryphal Acts of Thomas, which seems to have been written before the middle of the third century. There aren't any comparable candidates for the names of Melchior and Balthazar, but not surprisingly, in view of their exotic associations in Matthew's narrative, later legends have them coming from distant lands: Melchior from Persia and Balthazar from Babylonia or Arabia. It was soon assumed that, because of their encounter with the Christ-child, they were converted and were martyred for their beliefs. Constantinople (founded in 330) claimed to have their relics, but these moved to Milan later in the fourth century and to Cologne in the twelfth, where the present gold shrine of the Three Kings dates from c. 1200.

Joyce Hill

THE LANDOWNERS OF CROSTHWAITE AND LYTH AGM.

Due to Covid restrictions being in place for most of the year our activities have been somewhat limited but we will be holding our AGM as scheduled on **Wednesday February 3rd at 7.00pm.** This will **not** be a physical meeting but will be conducted over the internet using ZOOM and will take a truncated form, dealing with the basic requirements of the AGM only.

As always we welcome residents of the Parish to the AGM. Please will those wishing to participate register their name and address via email to our Agents, Carter Jonas (carolyn.coggins@carterjonas.co.uk) and an email link with joining instructions will be sent to you prior to the meeting.

In view of the circumstances new Trustee nominations are not being sought this year – the existing Trustees are all willing to remain and provide continuity until a new normal is established.

The Trustees appreciate just what a valuable asset access to the special landscape and habitats of Whitbarrow as a whole has been to the community and wider population through the recent months and have noticed a significant increase in visitor numbers. This has resulted, at times, in parking pressures at the main access points to our land at The Howe and White Scar. Also, at times, participation by a minority in activities inappropriate to the sensitive habitats under our management and protection have been observed which are not consistent with our Management Plan through which significant grant assistance is received for our conservation work. These issues will continue to be monitored for the overall benefit of all visitors and the long term interests of the site.

Hopefully we will not break the internet and we look forward to seeing you on screen in February.



Carer Support
SOUTH LAKES

Improving the lives of Carers of all ages

Carer Support South Lakes is a Kendal-based charity providing services and support to 1,350 unpaid carers in South Lakeland, aged between six and 98-years-old.

If you regularly help someone to wash, dress and eat, do their shopping, take them to appointments or keep them company you could be an unpaid Carer and there's help on hand for you.

Find out more by visiting carersupportsouthlakes.org.uk or by calling 01539 815970 and connect online with other Carers across Cumbria for support and information, around the clock. This safe and moderated online forum is for Carers of all ages, with groups for Young Carers, Adult and Parent Carers and those caring for loved ones with dementia. Carer-Connect is a social space with professional services and support built in.

For Carer-Connect please email carerconnect@cssl.org or visit <https://carer-connect.org/>



I'm considering shopping online, because there seem to be a lot of bargains, but I'm a bit concerned about buying goods without seeing them first. What happens if something goes wrong, or if I change my mind after seeing something in reality? I don't have money to lose right now.

You're not alone being cautious about shopping online. Over the last year Citizens Advice Consumer Service has dealt with just under 123,000 cases in relation to online shopping.

Most of the time, when you buy something online you automatically get a 14-day 'cooling-off period' which starts the day after you receive your order. There doesn't need to be anything wrong with the item for you to get a refund. Many online sellers may offer more time, so make sure you check the terms and conditions before purchasing.

There are some exceptions, like buying something perishable or personalised. There are also exceptions if the product is sealed, like face masks or CDs.

If you do decide to return your item, you need to tell the seller you don't want the item within 14 days of receiving it. Once you've told the seller, you've got 14 days to send it back. The seller has to pay you the refund within 14 days from when they receive the item.

You may have to pay the cost of posting something back to the seller but you don't have to return the item in its original packaging as long as you've wrapped it safely. If you don't wrap it safely and the item gets damaged, the seller can reduce your refund.

It's a good idea to get a [certificate of posting](#) from Royal Mail when you post the item. You can use this to prove to the seller that you posted the item.

If you buy something online and the product is faulty (i.e. it's broken, unusable or doesn't match what was advertised), you have 30 days to ask for a refund from when you receive it. However, you can choose to accept a replacement or repair. After 30 days (and before six months) the seller must offer you a repair within a reasonable timeframe. If this isn't possible, they must offer you a replacement or a refund. Ask the seller for the easiest way to send the item back. You shouldn't have to pay.

If you order something and it doesn't arrive, it's the seller's responsibility to make sure the item is delivered to you. If the seller used a courier, they should chase the courier to find out what's happened to your order - it's not your responsibility.

Check the delivery address you gave the seller. Then contact them and ask where your order is. If the seller claims they've delivered it or don't know where it is, you can ask for a redelivery. You might also be able to get a refund in some circumstances.

Check out the [Citizens Advice website](#) or contact the Consumer Service helpline on 0808 223 1133 if you need more help. Alternatively contact:

- ***Call 015394 46464 - this is being staffed from 9:30 – 2pm***
- ***Adviceline: 03444 111 444***
- ***Email advice via our submission page on our website www.southlakescab.org.uk***
- ***Help to Claim (Universal Support): 0800 144 8 444***

Two Valleys Emergency Prayer Chain

Here is an updated version of our emergency Prayer Chain. Should an urgent matter for prayer occur (e.g. an accident, or someone suddenly taken ill, or an operation about to take place) and prayer be needed quickly, those at the top of the list are informed, who then telephone the next person down on the list, who then telephones the next person, and so on..... Very quickly a "chain" of prayer is set up, and each person commits themselves to pray for the situation confidentially. Please makes sure you have asked permission from the person (or family of) requiring prayer.

Here is our Prayer Chain for the villages across our Two Valleys.

Anne Bennett
015394 42127

Anne Wolfenden
015395 68919

Dorothy Grace
015395 68569

Dorothy Dobson
015395 68378

Anne Ratcliffe
015395 35642

Pat Howarth
015395 68652

Geraldine Wilson
015395 68836

Lily Holme
015395 60247

Michael & Michelle Woodcock
015395 68276

Chris Tomlinson
07770 688644 or 015395 68342

If you want to use the Prayer Chain, call up the people at the top of the list. If they are in, they will pass on the message to the next person on the chain. The prayer request will then travel down the list. In the event of someone being out, a message is left on an answerphone if possible and the next person on the list is contacted - we will try to ensure that the request gets through to everybody in the end.

Do use the Prayer Chain again for follow up information - e.g. if you send a message that someone is extremely ill, please follow up with a message to say what the outcome is, so that those who are praying are informed. If you wish your request to be kept confidential within the Prayer Chain then make that very clear when you contact the first person and ensure they understand to pass that message on.

NOTICES FOR INDIVIDUAL PARISHES

CROSTHWAITE



Crosthwaite School Recipe books

Friends of Crosthwaite School (FrOCS) have compiled a book of 64 delicious recipes, donated by families and staff at Crosthwaite School, from soups and breads, to puds and cakes. These are now available for you to buy for £5 per book, please contact Nicola Swindlehurst 07902874523 if you would like a copy.

Many Thanks

The FrOCS team

Crosthwaite Village Hall



It has been very encouraging that the launch of the 100 Club to help the village hall has been so well received. The committee members wish to thank all those who have contributed in donations of any size. Gift aid will increase their value wherever it can be used. We are also extremely grateful to the Parish Council for the grant of £250 towards the necessary maintenance of such boring, but essential, jobs as cleaning out the gutters! Hopefully, we shall be able to open the hall for its regular activities in the new year. Please join the 100 club if you have not already done so, or give a donation if you can. Meanwhile thank you again for your support.

Judy Goodland



REPORTS & NEWS

Brigsteer WI

Thirteen members enjoyed a Jolly Good Christmas virtual gathering via Zoom, dressed in our Christmas finery with a glass of wine. We heard about Christmas in New Zealand from our President Penny. We decided to make donations in lieu of our usual carols around the village to Manna House, and were pleased to hear, we'd already received some generous donations including one in memory of longstanding member Margaret Wrigley, who always donned her best dangly earrings at our Christmas parties. A glass was raised for her, followed by poems, Christmassy anecdotes and our attempt at singing carols, concluding with We Wish You A Merry Christmas And A Happy New Year - let's hope we can meet in person soon.

Underbarrow WI

The Underbarrow Women's Institute finished the year with a party on zoom, attended by ten members dressed in our Xmas jumpers. We drank a toast to a Merry Christmas and a Better New Year for everyone. Irene Matthews hosted a quiz on the theme of 'Christmasses around the world', which turned out to be quite educational as most of our answers were guesswork ! The next meeting, to be also held on Zoom, will be a talk by one of our members Hilary Crowe about Viruses. This will be on Wednesday 13th January at 2.00p.m, please contact Maggie Stockdale on 68662 if you would like to join us for this topical event.

Underbarrow WI has kept going positively throughout this difficult year. and has twenty-one members currently. If any women would like to join us, please contact Maggie as above.

Nativity Trail around Crosthwaite

Running from 21st December—10th January

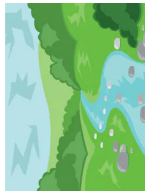
Introduction

Travel around Crosthwaite Village and look for the **Gold** or **Silver Stars** displayed in these Houses. Then look for the **Nativity Character** near to it and write its name along the dotted lines below.

Can you also find the missing word in each Bible verse, and use the letters indicated from this word to discover the **Hidden Message** at the bottom of this sheet?

It will be easiest if you park at the Vicarage (which you are welcome to do) and begin the Trail from there. You can then return to your car and drive on to the Punchbowl (which is safer than walking along the road between School and Church)

The Trail



1. Low Beck (from the Vicarage turn left and walk away from the village towards Totter Bank)

Character:

“But she was much perplexed by his words and ____ what sort of greeting this might be”
Luke 1:29

Use the 1st and 5th letter of the missing word.

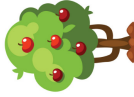
This is a pull-out section of the magazine



2. Damson Cottage (making your way back towards the village green)

Character:

“In those days ____ set out and went with haste to a Judean town in the hill ____ where ____ entered the house of Zechariah.” Luke 1:39
Use the 2nd letter of the 1st missing word, the 1st letter of the 2nd missing word, the 3rd letter of the 3rd missing word.



3. Fairview, The Orchard (one of the new houses up the road opposite the Vicarage)

Character:

“____, son of David, do not ____ afraid to take Mary as your ____, for the child conceived in her is from the Holy Spirit.” Matthew 1:20
Use the 1st and 2nd letters of the 1st missing word, the 1st letter of the 3rd missing word.

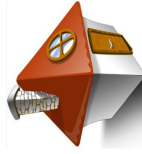


4. Dodds Howe Cottage (walk along the road to Starnthwaite)

Character:

“Then an angel of the Lord stood ____ them, and the ____ of the Lord shone ____ them”
Luke 2:9

Use the 1st and 2nd letters of the 1st missing word, the last letter of the 2nd missing word, the 3rd and 4th letters of the 3rd missing word.



5. Hardriggs (keep walking along the road to Starnthwaite)

Character:

“to you is ____ this day in the city of David a ____, ____ is the ____, the Lord.”
Luke 2:11

Use the 3rd letter of the 1st missing word, the 1st letter of the 2nd missing word, the 2nd letter of the 3rd missing word, the 2nd letter of the 4th missing word.



6. The Old Post Office (turn around and walk to the Vicarage then turn left towards school)

Character:

“And she gave _____ to _____ son and _____ him in bands of cloth and laid him in a _____.” Luke 2:7

Use the 3rd letter of the 1st missing word, the 2nd letter of the 2nd missing word, the 4th and 5th letters of the 3rd missing word, the 1st letter of the 4th missing word, the 5th letter of the 5th missing word.



7. Cedar Lodge (keep a look out _____ for gold or silver Stars on your way towards School)

Character:

“When they saw this they made _____ what had been told them about this child.” Luke 2:17
Use the last letter of the missing word.



8. Wood Yeat Barn (keep looking)

Character:

“For we observed his _____ at its rising, and have come to _____ him homage.”
Use the 2nd letter of the 1st missing word, and the last letter of the 2nd missing word. Matthew 2:2



9. Hollow Clue

Character:

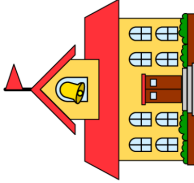
“When they saw that the star had _____, they were overwhelmed with joy” Matthew 2:10
Use the 3rd letter of the missing word.



10. Village Hall (you know where this is!)

Character:

“On entering the house, they saw the child with Mary his mother; and they _____ down and paid him homage” Matthew 2:11
 Use the 2nd letter of the missing word.



11. Crosthwaite School

Character:

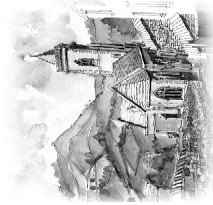
“Then opening _____ treasure chests, they offered him gifts of gold, frankincense, and myrrh.”
 Matthew 2:11
 Use the 3rd letter of the missing word.

If you have parked at the Vicarage you might like to walk back and then drive on to the Punchbowl and the Church (a safer way to travel along this final stretch of the Trail).



12. The Punchbowl

Character:



13. St. Mary's Church – Christmas Tree in the churchyard

Character:

Once you have found the **Christmas Tree**, look for the **wooden sticks** and think about writing a **Prayer request** and/or leaving a **Message for the local community** and hanging it on the Tree. This can be part of your offering around Christmas time this year We also invite you to take a small nativity figure from the box as a gift.

14. Hidden Message:

_____ and _____ !
 _____ to _____ (a repeat of the previous word) _____ !

Well done for completing the Trail.

We do hope you and your loved ones keep safe and feel God's peace and joy through this season.

We are grateful to children from Crosthwaite C.E. School who created the Nativity characters.

from St. Mary's Church,

The Vicarage, Crosthwaite,

Email: crosthwaitechurchstmarys@gmail.com

Two Valleys Churches

“Enriching lives Embracing God”

Cartmel Fell, Crosthwaite, Winster, and Witherslack

Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX
(not available Fridays) 2valleyschurches@gmail.com 015395 68276

Reader: Dorothy Grace dorothygrace01@btinternet.com

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson 015395 68849
Mr. John Holmes 015395 68599

Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme 015395 60247
Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwardens: Mr. Tony Walshaw 015395 52491

Safeguarding Officer: Mrs. Jane Eccles Mob.07779 953763 and 015395 58138

Underbarrow with Helsington

Part Time Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the Church Administrator:

Janet Sullivan assjadmin@stkmail.org.uk : 01539 730683

Churchwardens: Mr. John Lee 015395 68470
Mr. Peter Smith 015395 68927

St Thomas' Kendal with St. Catherine's, Crook

Parish Priest: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal. george@stkmail.org.uk : 015395 83058

Curate: Rev'd. Vic Sekasi vsekasi@gmail.com 0778 6061972

Readers: Tony and Hilary Fitch fitchesuk@aol.com 015395 68577

Church Administrator: Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389
Mrs. Mary Allcock 01539 821312

Magazine Editor next month: Colin Edwards (015395 68879)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: twovalleysnews@yahoo.co.uk

Advertising Manager and

Magazine postal service: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS
(015395 68849)

REGULAR EVENTS

(all subject to latest pandemic restrictions—please ring for advice)

HELSINGTON & BRIGSTEER

Book online at brigsteervillagehall.co.uk

Contact Ann Bryan (015395 68067

Pilates Intermediate	Mondays 09:30 - 10:45
Pilates Fundamentals	Mondays 11:00 - 12 :00
Short Mat Bowls	Mondays 19:30 - 21:30 September to April
Circle Dancing	Tuesdays 10:00 -11:45
Community Teashop	Fourth Tuesday of the month 15:00 – 16:45
Table Tennis	Tuesdays 19:45 - 21:45 September to May
Yoga	Wednesdays 09.30 - 11:00
Dru Yoga	Wednesdays 18:00 - 19:30
WI	Second Wednesday of the month 19:30
Pilates	Thursday 18:00 - 19:00
Storynights	Second Thursday of the month 19:30
Pilates	Fridays 12:00 - 13:00

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel. 015398 21415

Table Tennis	Monday & Friday 7.30pm - 10pm (from September through Winter months)
Young Farmers Club	Tuesday 7.30pm - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 st Wednesday of the month)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at website:

www.crosthwaiteandlyth.co.uk/memorialhall.html

For bookings contact Kath Edwards Tel. 015395 68879

Playgroup	not planning to return until 2021
MiniMovers	not planning to return until 2021
Indoor Bowling	not planning to return until 2021
Exchange	not planning to return until 2021
Yoga	Wednesdays 7.00 – 8.30pm held at school hall

UNDERBARROW INSTITUTE

For bookings contact Richard Simpson: Tel. 015395 68228

Snooker Club
WI

Mondays from 7.30pm
Every 2nd Wednesday of the month - 2pm, October to March
inclusive,
7.30pm, April to September inclusive

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

WITHERSLACK

Indoor Bowling

Wednesdays 7.30pm - 10pm
(from September to end of April).
New members welcome - all equipment is provided.

Parent & Toddler Group

Tuesdays 10am until Noon in the Parish Hall

Tea & Chat

Every Monday 1.30pm - 2.30pm in the Parish Hall

Women's Institute

Every 2nd Tuesday of the month at 7.30pm

The Art Club

Fridays 9.30am - 12.30pm

Yoga

Wednesdays 6.00pm pm in the Dean Barwick Hall (£7/
session)

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**Contact our Advertising Manager, Matthew Dobson, Aspen,
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 015395 68849 or e-mail aspendobson@yahoo.com

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Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

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