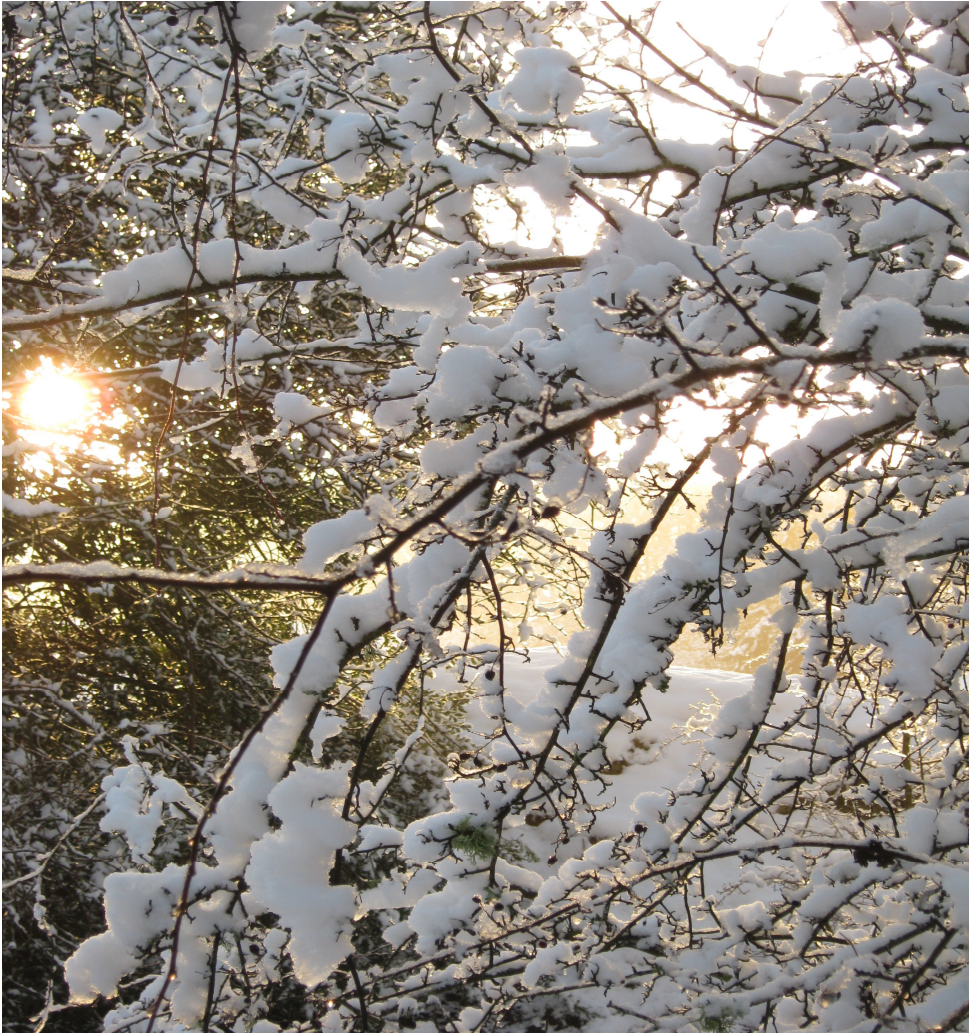


# TWO VALLEYS PARISH NEWS

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)



Serving the parishes of Cartmel Fell, Crook, Crosthwaite, Helsington, Underbarrow, Winster, & Witherslack

**December 2020**

**70p**

# The Lake District Calendar

## 2021 in aid of Witherslack Community Shop

In conjunction with watercolour painter, Bob Sutcliffe (Bob on Paintings, <https://www.bobonpaintings.com/>), this year's Community Shop calendar features a further 13 of Bob's hand selected watercolour paintings from the Lakes area. This is an opportunity, not to be missed, to purchase images of some of Bob's favourite paintings. The Calendar is available from the Witherslack Community Shop and is very reasonably priced at only £6.50 each. As with last year's calendar we expect the demand to be high so don't delay, order your calendars at the shop today.



## *A LETTER FROM SIMON HOWARD*

Hello

As the most recent recruit to the ministry team Michael has asked me to write a few words to introduce myself. Where do you start? How would you describe yourself ?

Well, I delight in being Bridget's husband, and have been for 37 years. I am the father of 3 wonderful grown up children and hope one day to be a grandparent. I spent my teenage years as a schoolboy in Bath, then after studying History and Physical Education at Birmingham University.



I spent my twenties as a youth worker in inner city Liverpool and London. At the age of 30 I trained for ordination at Ridley Hall in Cambridge and went on to serve my curacy in that city. That was followed by 20 years of parish ministry in Berkshire, first in Lower Earley, Reading (at the time the biggest housing development in Europe) and then in Twyford, a small commuter town on the Paddington main line.

In 2016 Bridget and I joined Lee Abbey in North Devon, an international Christian community that runs a retreat, conference, and holiday centre. I was the Senior Chaplain and we both worked on the Pastoral Team. It was an adventure of faith, a wonderful stretching and enriching experience. In the middle of it, after suffering a nasty flu virus, I developed Chronic Fatigue Syndrome. (sometimes known as M.E.). Suddenly I could hardly do anything. The preaching, the teaching, the leading worship, the listening to people, being part of the decision making and leadership of the place, most of that was gone. It felt like I was disappearing. All I could do was keep on praying and even that was too much sometimes. I wrestled with God, I mourned and lamented with God and gradually in the middle of the mess I discovered afresh who and what I really was, a much-loved child of God. That is all and, in the end, that is enough.

A year ago, for a variety of family reasons and following the gentle nudges of God, we moved from Lee Abbey to Kendal. Since then we have been seeking 'what next' and after a few false starts it emerged that God was inviting us to settle and 'be' here rather than go and 'do' a part time incumbent's role elsewhere. Part of that 'being' is offering 8 hours a week and 2 Sundays a month as a Self-Supporting Minister (SSM) in the Two Valleys Mission Community and specifically to the parish of Underbarrow with Helsington.

So here we are, about to celebrate a Christmas that will be like no other we have celebrated before. At the time of writing we don't even know if we will be able to worship in our churches on Christmas Day, let alone meet up with family and friends. One of the traumas we have all gone through in this pandemic is the stripping away of the sense of being in control of our lives.

The loss of the capacity to be able to plan ahead, to be able to do the things we want to do when we want to do them. Even if we haven't gone through the grief of losing a loved one to COVID-19 we have all had things taken away from us and are mourning their loss. In that place we may well have shouted out, or whispered in our hearts, 'God, where are you?'

As we follow the shepherds and the wise men to the stable in Bethlehem, we have the beginnings of an answer. Here he is, 'Emmanuel', 'God with us', born right in the middle of the mess of life. Out of love for us he has given up control. The 'King of Kings' comes to us as a vulnerable infant. The creator and sustainer of the universe is dependent on the love and protection of that which he has made. Although in the 2,000 years since his incarnation humanity has built cathedrals and empires in Christ's name, time and again folk have found that the words of the prophets and the angels still ring true - that it is in our poverty and powerlessness that we see Jesus most clearly. When, stripped of our own resources, all we can do is trust, then the whisper of his love grows, and we step into his Kingdom. In that moment of trust, we discover that Jesus has been here all along, in the midst of our lives, our communities, our nation, right in the middle of the mess. From that place he invites us to join with him in the messy business of loving and caring for one other and for his creation.

May we continue to discover this to be true whatever our circumstances this Christmas time.

Yours in Christ

*Simon*

Rev'd Simon Howard

## FROM THE REGISTERS



**Baptisms** – *We welcome to God's family:*

4<sup>th</sup> November Hector William Laisby at St. Anthony's, Cartmel Fell



**Weddings** – *Congratulations to:*

4<sup>th</sup> November Adam Smith & Emma Bancroft married at St. Mary's, Crosthwaite



**Funerals** – *With Sympathy, we remember those who have recently passed away:*

19<sup>th</sup> October Barbara Schaefer (75) Funeral and Burial at Holy Trinity Winster

12<sup>th</sup> November Janet Mellor (67) Funeral & Burial at St. Anthony's Cartmel Fell

## Church Services for DECEMBER 2020 – PLAN A \* pre-book

### Sunday 6<sup>th</sup> December 2<sup>nd</sup> Sunday of Advent

9.30am Cartmel Fell	Matins (BCP)	Mr. David Hunt
9.30am Underbarrow	Morning Worship (CW)	Rev. Simon Howard
9.30am Witherslack	Morning Worship (CW)	Mrs. Dorothy Grace
11.00am Winster	Morning Worship (CW)	Mrs. Dorothy Grace
11.00am Crook	Morning Worship (CW)	Rev. David Parsons
6.30pm Crosthwaite	Evensong (BCP)	Mrs. Dorothy Grace

Online Service available on our “Two Valleys - Churches” YouTube channel

### Sunday 13<sup>th</sup> December 3<sup>rd</sup> Sunday of Advent

9.30am Cartmel Fell	Christmas Carol Service*	Rev. Michael Woodcock
10.00am Witherslack	Family service	Rev. Michelle Woodcock
11.00am Crosthwaite	Christmas Carol Service*	Rev. Michael Woodcock
11.00am Winster	Christmas Carol Service*	Rev. Graham Skilling
11.00am Crook	Holy Communion	Rev. G. Briggs & Nick Gray
4.00pm Underbarrow	Christmas Carol Service*	Rev. Simon Howard

Online Service available on our “Two Valleys - Churches” YouTube channel

### Saturday 19<sup>th</sup> December

5.00pm Cartmel Fell	Christmas Carol Service*	Rev. Michael Woodcock
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### Sunday 20<sup>th</sup> December 4<sup>th</sup> Sunday of Advent

11.00am Winster	Christmas Carol Service*	Rev. Michael Woodcock
2.30pm Crook	Christingle Service	Revs. V. Sekasi & G. Briggs
3.00pm Witherslack	Christmas Carol Service	Rev. Michael Woodcock
4.00pm Underbarrow	Christmas Carol Service*	Rev. Bob Dew
5.00pm Crosthwaite	Christmas Carol Service*	Rev. Michael Woodcock

Online Service available on our “Two Valleys - Churches” YouTube channel

### Thursday 24<sup>th</sup> December Christmas Eve

9.00pm Cartmel Fell	Christmas Eve Communion* (BCP)	Rev. Michael Woodcock
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### Friday 25<sup>th</sup> December CHRISTMAS DAY

9.30am Witherslack	Christmas Communion (CW)	Rev. Michelle Woodcock
9.30am Crosthwaite	Christmas Communion (CW)	Rev. Michael Woodcock
10.30am Underbarrow	Christmas Morning Service	Rev. Prof Ian James
10.00am Crook	Christmas Morning Service	Mr. Tony Fitch
11.00am Winster	Christmas Communion (BCP)	Rev. Michael Woodcock

### Sunday 27<sup>th</sup> December The First Sunday of Christmas

9.30am Cartmel Fell	Morning Worship*	Rev. Michael Woodcock
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For an explanation of Plan A please see ‘Calling all Parishes’



# CALLING ALL VILLAGES

## CHRISTMAS SERVICES - PLAN A

**We have to have a PLAN A and a PLAN B depending on any lockdowns still in place. PLAN A assumes we are able to be back in our churches.**

Due to the restrictions imposed by the Covid-19 pandemic we are not able to sing in church and so our Christmas Services this year will feel very different. We also have limited space due to physical distancing requirements, so pre-booking will be essential to guarantee you a place at certain services. We do want to encourage folk to attend at Christmas as this is at least one way in which we can gather in larger numbers and have a sense of our communities coming together. Some of our churches are offering to repeat a Christmas Carol Service on the following Sunday. This gives you a choice of which one to attend. They will be identical, so the idea is you choose one and come to that and leave the other available for others to attend. This way we can make room for more people from our villages to attend a Carol service this year. They will feel different, as we are not allowed to sing (but we can hum along) and we will listen to a few carols and a few short readings, but in the atmosphere of our beautiful churches and alongside others. Please make a note of these Services and whom to contact in order to book your place:

Sunday 13<sup>th</sup> December 9.30am Carol Service at Cartmel Fell – contact Vanda Lambton  
Tel. 07766 592108 or [vjambton@gmail.com](mailto:vjambton@gmail.com)

Saturday 19<sup>th</sup> December 5.00pm Carol Service at Cartmel Fell – contact Vanda Lambton  
07766 592108 or [vjambton@gmail.com](mailto:vjambton@gmail.com)

Sunday 13<sup>th</sup> December 4.00pm Carol Service at Underbarrow – contact John Lee  
015395 68470 or [anscot03@gmail.com](mailto:anscot03@gmail.com)

Sunday 20<sup>th</sup> December 4.00pm Carol Service at Underbarrow – contact John Lee  
015395 68470 or [anscot03@gmail.com](mailto:anscot03@gmail.com)

Sunday 13<sup>th</sup> December 11.00am Carol Service at Winster – contact Lily Holme  
Tel. 015395 60247 or [lily.holme48@icloud.com](mailto:lily.holme48@icloud.com)

Sunday 20<sup>th</sup> December 11.00am Carol Service at Winster – contact Lily Holme  
Tel. 015395 60247 or [lily.holme48@icloud.com](mailto:lily.holme48@icloud.com)

Sunday 20<sup>th</sup> December 3.00pm Carol Service at Witherslack – contact Tony Walshaw  
Tel. 015395 52491 or [anne.walshaw@btinternet.com](mailto:anne.walshaw@btinternet.com)

Sunday 13<sup>th</sup> December 11.00am Carol Service at Crosthwaite – contact John Holmes  
Tel. 015395 68599 or [johnmholmes@live.co.uk](mailto:johnmholmes@live.co.uk)

Sunday 20<sup>th</sup> December 5.00pm Carol Service at Crosthwaite – contact John Holmes  
Tel. 015395 68599 or [johnmholmes@live.co.uk](mailto:johnmholmes@live.co.uk)

Christmas Eve – 9.00pm Christmas Eve Communion at Cartmel Fell – contact Vanda Lambton Tel. 07766 592108 or [vjlambton@gmail.com](mailto:vjlambton@gmail.com)

Sunday 27 December – 9.30am Christmas Morning Service - contact Vanda Lambton Tel. 07766 592108 or [vjlambton@gmail.com](mailto:vjlambton@gmail.com) - a joint service to which anyone is welcome, space permitting.

There are services also on Christmas Day (see p.5), but we don't usually have large enough numbers to need a pre-booking facility, so just come along.

**PLAN B – If churches are not permitted to be open at any point in December, then we can only offer “online Services” which you can find on our “Two Valleys – Churches” YouTube channel. Search for it on YouTube or type in this address: [www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA](https://www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA)**

You may have noticed that our **Christmas Eve Communion is at an earlier time of 9.00pm at Cartmel Fell**. This is an experiment this year to see if an earlier time on Christmas Eve proves easier for some, rather than waiting up until midnight. It is also partly due to the pandemic and the restricted nature of our services at the moment. But please pre-book as described above, to guarantee a space.

We would also like to invite you to join our **Facebook group “Two Valleys Churches”** [www.facebook.com/groups/1277901119079207](https://www.facebook.com/groups/1277901119079207) During Advent and Christmas we will be posting almost daily posts with short reflections and videos that will help us get through this winter and provide some inspiration during these long dark days. Search for “Two Valleys Churches” on facebook and request to “join”. You don't have to have been a regular church-attender.... just join in....



## **Community Christmas Trees**

In trying to think of something we could offer which is Covid-safe, there will be a large Christmas Tree in the each of the following Churchyards: St. Anthony's Cartmel Fell, St. Mary's Crosthwaite, Holy Trinity Winster, and St. Paul's Witherslack. We would like to invite anyone from each local community to visit their Tree and to add a decoration to it that is weather-proof and will enhance its looks. Perhaps something for the birds to enjoy eating? Perhaps something related to the Christmas Story? We are also leaving some large wooden labels upon which we invite you to write a message or prayer request and then hang on the Tree.

This is at least something we can do safely across each Community. Look out for these Christmas Trees in the fortnight before Christmas and make a point of visiting them....

## Christmas Trees

You can't imagine Christmas without Christmas trees. But why this association? In historical terms the answer to 'why' in this country is Prince Albert. It wasn't, as people often think, that he introduced the Christmas tree into England. In fact, the first instance that we know of in this country when someone decorated an entire small tree for Christmas was in 1800, when George III's wife, Charlotte of Mecklenberg-Strelitz, had a Christmas tree at a children's party. Queen Victoria, as a child, was familiar with the custom, although it did not at first spread much beyond the royal family. In 1840, however, Victoria married Albert. He, like Queen Charlotte, knew the custom in his native Germany, and the decorated tree became the centre-piece of their family celebrations. The idea quickly caught on amongst the upper classes. But the trigger for its wider popularity was an engraving made for Christmas 1848, which showed a decorated tree, surrounded by Victoria, Albert and all of their children (six of them by that date). This was published in the *Illustrated London News* along with a detailed description. There was no looking back: better-off people wanted to emulate the royal family, and Christmas trees soon featured at public entertainments, charity events and in hospitals. There was even a charity set up in 1906 to make sure that poor children in the London slums, who had never seen a Christmas tree, would be able to enjoy one.

Answering the question this way, though, is too limited: we need to go farther back to understand why the tradition grew up at all. Christmas, which was celebrated from the fourth century onwards, is a mid-winter festival, close to the winter solstice, celebrated by many cultures. Such festivities marked the point when, although the sun was now at its lowest, the year was on the turn, bringing with it hopeful anticipation that the hardships of winter would not last much longer, and that spring and the new growing season would indeed come round again. And so, along with the feasting and partying, evergreen plants, such as holly, ivy and mistletoe were used for decoration to symbolise the hope of new life. When the date of Christmas was fixed in the Christian calendar, close to - although not on - the dates of the great pagan festivals, many of the popular customs continued, with the Christian celebrations eventually supplanting the older festivals. By the fifteenth century we have evidence of decorated evergreen trees being set up for Christmas in the region of modern Estonia and Latvia, from which the custom spread to northern Germany. After the Reformation, trees such as this were to be seen in the houses of upper-class Protestant families as an alternative to Christmas cribs, which were then firmly associated with Roman Catholicism. The popularity of decorated Christmas trees was boosted by German emigration to North America and in Britain and throughout the Empire by the example of Victoria and Albert. Only at the start of the twentieth century, though, do we begin to see Christmas trees appearing inside churches - sometimes meeting considerable resistance on the grounds that they were pagan symbols. However, being evergreens, they serve well as symbols of continuing life in a dark time and of hope for the coming of new life. Looked at in this way, they are fitting symbols of the message of Christmas - evergreen life, the promise of hope, and, in the way they are customarily decorated, bearers of lights which illuminate the darkness.

Joyce Hill



## **Dementia Friendly Churches – Update and Information**

The Coronavirus pandemic has meant that the monthly Dementia Hub, which provided support for people with dementia and their families, has not been able to meet in the usual way. However, the South Lakes Dementia Community (a Charity set up to support people with, or caring for, dementia) has set up a Virtual Dementia Hub. The Hub meets on the 2<sup>nd</sup> Tuesday of each month and may include guest speakers and those joining may ask questions.

If you are interested in taking part please contact :

**Rebecca Dobson** on **07568663101** or email: **KendalDAA@gmail.com**

For people with dementia and their families the pandemic brings additional pressures, isolation and hardship. As the Dementia Enabler for the Two Valleys community I would be pleased to talk to anyone who would like to discuss, in confidence, any particular concerns that they might have. I can be contacted on: 015395 68680.

With my good wishes.

*Di Dew – Dementia Enabler for the Two Valleys*

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## **Why not make your giving & receiving of gifts different this Christmas?**

This has been a very difficult year for everyone and Christmas this year is going to be very different so why not make your giving and receiving of gifts different too this Christmas? Christian Aid has lots of gifts, starting from as little as £9, that you can order from the comfort of your own armchair. No need to bother with wrapping or parcelling up, or any unnecessary trips to the Post Office. Let Christian Aid do it all for you and give someone, somewhere in the world, a life changing gift from you. To get your Christmas off to a good start visit [charity-gifts.christianaid.org.uk](http://charity-gifts.christianaid.org.uk)

Many thanks.

*Lorraine Brierley*

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## **Jean Denney**

I would like to thank everyone for their continuing messages of support, they are really very much appreciated, I hope that you are all well and coping during these strange times. As the festive season is fast approaching I am sending you all my very best wishes for Christmas and a Happy New Year.

Kind regards.

*Jean*

## **Housing Needs Assessment Study**

A big **thankyou** to everyone who completed a questionnaire for Crosthwaite & Lyth Parish Council's Housing Need Study. Megan Henderson received 172 completed documents from Parish residents, representing 49% of all postal addresses, and 11 questionnaires from people currently living outside the Parish. She will process all these and give the final analysis and conclusion to the Parish Council's Neighbourhood Plan Steering Group by mid-January.

### **What happens next ?**

The Housing Needs survey outcome forms a major part of evidence-gathering for a Neighbourhood Development Plan (NDP) for Crosthwaite & Lyth Parish. The results will be fed into a larger document looking at a range of aspects of the Parish: housing; natural environment; community facilities, sustainability and local businesses. The document then goes through further refinement cycles through community consultation and discussion with the Lake District National Park. Finally, there is a community referendum on the refined version.

### **"Online Giving" as a way of supporting our churches**

As we are all aware, the pandemic has taken its toll on every organisation across our communities. Everything has suffered through being shut down, and all this alongside our own personal struggles and loss of income for some.

Our local churches have been no exception and each has faced a significant loss of income this year as well. I am sure many of you appreciate the presence and role of the churches in our villages, and we know how important it is to have these sacred spaces available for those important occasions of Christenings, Weddings, and Funerals, as well as for the special times of year: Harvest, Remembrance, Christmas, Easter, etc.

We would like to encourage donations to the church to ensure its continued presence and viability, and we now have a Covid-safe method by which you can donate, through our Online giving options which you can find on our Website:

**[www.crosthwaiteandlyth.co.uk/churches.php](http://www.crosthwaiteandlyth.co.uk/churches.php)**

If you look up our homepage you will now find a red "Please donate" button and if you click on this it enables you to choose which church you wish to donate to, and whether that is to be a one-off gift or more regular giving. This online giving option is currently active for St. Anthony's Cartmel Fell, St. Mary's Crosthwaite, Holy Trinity Winster, and St. Paul's Witherslack.

We are acutely conscious that the church is not alone in its struggles and that, alongside our own personal circumstances, there are many causes that need our support at the moment. However, it would be remiss of me, as your parish priest, not to be doing my best to ensure our lovely churches continue to be an active presence in our villages.

I leave this with you and hope that some of you may be inspired to add your support.

I hope everyone is continuing to keep well and safe, and that we will all find the strength to get through the next six months or more as we face this long winter ahead.

With kind regards, Rev. Michael Woodcock

**Cover photograph: Steve Rowlinson  
Church miniature pictures from watercolours by John Wilcock**

**B4RN**

Broadband for the Rural North Ltd

**B4RN**

Broadband for the Rural North Ltd

## Mega-fast internet coming to the valley

There is a campaign to bring non-profit mega-fast internet to the valley. A leaflet was distributed throughout the Parish recently and the plan is to get the first phase, to the school, done by March. This will herald several further phases, spanning as far as Crook.

A group of dedicated volunteers from across the Lyth Valley is realising this project together with the School, Church, Village Hall, and B4RN.

If you have any queries, then you can contact any of the following :

Andrew Brown 07551 445658 [abrown@crosthwaiteprimary.net](mailto:abrown@crosthwaiteprimary.net)

Martin Casson 015395 68612 [mc@sson.co.uk](mailto:mc@sson.co.uk)

John Holmes 015395 68599

Matthew Jessop 07469 949970 [mjessop@crosthwaiteprimary.net](mailto:mjessop@crosthwaiteprimary.net)

Henk Muller 015395 68050 [henk.muller@gmail.com](mailto:henk.muller@gmail.com)

Adam Walker [lyth.consulting.ltd@gmail.com](mailto:lyth.consulting.ltd@gmail.com)

Stewart Wren 087388116452 [swren@crosthwaiteprimary.net](mailto:swren@crosthwaiteprimary.net)

We are also using a Facebook Group [B4RN for Crosthwaite](#), to field any questions and for parishioners to voice their support.

**theWI**  
INSPIRING WOMEN

## REPORTS & NEWS

### Brigsteer WI

Thirteen members of Brigsteer WI held their Annual Meeting via Zoom, kindly arranged by Johan Welsh. The usual reports were read out, although much shorter than previous as we were unable to hold many of our planned meetings. At least we have a good programme to look forward to once we're able to meet in person again. We did decide to hold a Christmas meeting online with donations in lieu of Carol singing around the village to go to Manna House who were one of the few speakers to talk to us this year, and are still managing to operate their winter shelter for the homeless in Kendal. A much needed service at this difficult time.

Liz Threadgold

**Editorial note:** if any of our readers have any picturesque, colourful, seasonal photographs of the Two Valleys & surrounding area, that you think would be suitable for use on the front cover or back cover of the magazine, please send them to: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk). Please state approximately where & what time of year the photo was taken and who took the photograph.

*Thanks in advance* - **Two Valleys News Editorial Team**



**South Lakes**

**I'd like some advice on keeping my energy bills down please. I work in admin for a big corporation. We are working from home with no idea when we'll be back in the office. I'm freezing sitting here all day in front of my computer ! I'm worried if I turn the heating up my bills are going to go through the roof.**

Fortunately, there's lots you can do to keep bills down.

Firstly, see if you can get a better deal by changing your energy supplier. However, as well as comparing prices, it's a good idea to check the customer service record of a company before switching. Citizens Advice has a price comparison tool on our website, and our star rating assesses the customer service records of the 40 biggest companies.

There are also little, everyday things that can help, such as making sure televisions and other devices are switched off and not left on standby; washing clothes on a lower temperature; and only filling the kettle with the water you need.

You're right in another way about bills going through the roof - and the walls. One way of cutting costs in the long term is to invest in good insulation - or ask your landlord to do so.

If your pay is close to the national minimum wage, the extra costs of working from home could be counted as a pay cut and bring you below the legal level. Talk to your manager or HR department, or your union rep if you have one.

Finally, your employer should pay for any costs connected to your health and safety - such as a suitable chair for work at a computer. It's also worth taking a look at your employer's expenses policy as you may be able to claim for a number of other things, such as printer ink or telephone line rental.

**Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.**

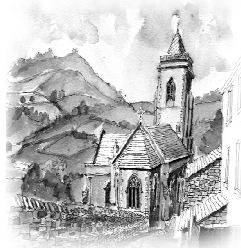
**South Lakes Citizens Advice is still delivering a service - Telephone and Digital Advice**

**How to access:**

- **Call 015394 46464 - this is being staffed from 9:30 – 2pm**
- **Adviceline: 03444 111 444**
- **Email advice via our submission page on [www.southlakescab.org.uk](http://www.southlakescab.org.uk)**
- **Help to Claim (Universal Support): 0800 144 8 444**

# **NOTICES FOR INDIVIDUAL PARISHES**

## **CROSTHWAITE**



### **Village Hall November update**

The new committee have met twice since September – the last one via Zoom! Although many normal activities cannot yet take place, Art Club had resumed, until the second Lockdown prevented them from meeting in the hall. The hall now has to remain closed once again and follow any new conditions imposed. Art Club hope to restart when lockdown is over.

We have had a new timer fitted for the central heating, so the building should be warm when groups use the Hall and the redecoration of the kitchen is now finished and the hall looks in good condition generally. We will continue to monitor the state of the exterior of the building.

The main concern of the committee continues to be the lack of income, so we have decided to start up a 100 Club. As many of you know this is a scheme to raise money whereby anyone wishing to support the hall can buy a number for £12 per year, with a monthly draw for a small cash prize. MORE INFORMATION OVERLEAF.

We do of course, welcome any donations (which can be gift aided) at any time. If any small groups wish to start using the hall, please contact Kath Edwards.

**Judy Goodland: Chairman  
Committee:**

**Vice Chairman: Kath Edwards.**

**Treasurer: Jenny Waldron.**

**Secretary: Helen Todd.**

**Howard Lawton: co-opted member.**

<A ready-to-tear-out form has been included overleaf



## **CROSTHWAITE MEMORIAL HALL NEEDS YOUR HELP !**

We would like to invite you to join our **100 Club**.

The 100 Club is a great way of supporting the Argles Memorial Hall, ensuring that the Hall is looked after and maintained for everyone in our community to use for many years to come. This year, more than ever your support is needed as the fundraising events we had planned have been unable to take place.

Subscription for this will be £12 per year, with a draw made for £25 every month. All proceeds from the 100 Club go towards the general upkeep of our lovely Hall. Payment can be made straight into the Argles Memorial Hall bank account by electronic transfer, or by cheque and posted to our Treasurer.

We look forward to being all together again soon. In the meantime, thank you in advance for your support and stay safe and well.

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I/we would like to join the Argles Memorial Hall 100 Club. We would like ..... numbers at £12 each. I/we enclose payment of £.....

Name: .....

Tel No: .....

Email Address: .....

Please make **cheques payable** to **Argles Memorial Hall**, and send to:

Mrs Jenny Waldron, Brow Cottage, Tarnside, Crosthwaite LA8 8BU.

If paying by **electronic transfer**, our Account Name is:

**Argles Memorial Hall, Account Number 31440969 Sort Code 40-26-02.**

Please enter your full name as reference and either return this slip to Jenny at the address above or email [100club@crosthwaiteandlyth.co.uk](mailto:100club@crosthwaiteandlyth.co.uk) to confirm your payment.

Please tear along the dotted line



HELLO! WE ARE YOUR

## **UNDERBARROW & SURROUNDING AREA COVID-19 COMMUNITY SUPPORT GROUP**

We are here to support those who are  
vulnerable or self-isolating. We can help with:

- ✓ Shopping
- ✓ Collecting prescriptions
- ✓ Posting/collecting letters & parcels
- ✓ A Friendly chat

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**PLEASE CALL JENNIE ON**

**07825959268**

**AND YOU WILL BE MATCHED TO YOUR  
LOCAL VOLUNTEER WHO WILL BE  
HAPPY TO ASSIST.**

We have MANY wonderful volunteers all ready to help  
support you. This is a FREE SERVICE.





# **Crosthwaite and Lyth Parish Council**

## **NEWSLETTER**

### **November 2020**

The Parish Council met on Tuesday 03 November and the minutes can be viewed on the following link :-

<https://www.crosthwaiteandlyth.co.uk/documents/parishcouncil/pcminutes/draftpcminutes.pdf?ver=202011051154>

#### **Reports**

Cllr Jim Bland said that the Toll Bar road from A5074 to Brigsteer will remain closed to vehicles for some time but will be open to pedestrians and cyclists. Along with other matters SLDC Cllr John Holmes updated the Council on the SLDC proposal to HM Gov on the future for Local Authority in Cumbria. Full details are available on this link :- <https://democracy.southlakeland.gov.uk/documents/b15764/Items%20marked%20to%20follow%20on%20the%20agenda%20Thursday%2005-Nov-2020%2010.00%20Cabinet.pdf?T=9>  
At some point in the future there will be a District wide consultation on this.

*(see note\* at the end of these minutes for further information).*

#### **Budget**

Whilst considering the budget for 2021/22 consideration was given to providing funds to the Recreation Field Trust following a request. The Council agreed to join with the Trust and the Landowners Association in a three way split to provide these funds. Over the last three years the Council has donated £500 per annum to the trust and will contribute a further £1153 from reserves.

#### **Litter Pick**

The Council would like to thank all the volunteers that took part in the litter pick which has become an annual event in the Parish and invaluable to the appearance of roadside verges.

The Council would like to thank all the volunteers that helped with clearing the vegetation from land by the clapper bridge.

## **Neighbourhood Plan Steering Group**

The Housing Need Survey Questionnaire has had a fabulous response. Closing date to respond is 09 November 2020. The more responses the better so if you haven't returned one then now is the time.

The Council would like to thank those people on the Steering Group for all the work they are doing, which is vital for the Parish to have a considered future view on development.

## **Westmorland Gazette Correspondent**

The Council would like to support Judy Goodland in taking on the mantle of Parish Correspondent that was so ably held by Anne Douglas.

## **The next Parish Council meeting is on 01 December 2020**

Please feel free to forward this Newsletter to your friends.

People can subscribe to the newsletter by contacting the Clerk at [crosthwaiteandlyth.pc@hotmail.co.uk](mailto:crosthwaiteandlyth.pc@hotmail.co.uk) or through the Newsletter by opening in your browser and clicking 'Subscribe' tab in the top left corner. The newsletter is circulated via Mail Chimp.

Written by Martin French, Clerk to Crosthwaite and Lyth Parish Council

*(\* additional information received from Cllr. John Holmes follows:)*

Dear Councillor

Further to the press release issued earlier this week about the launch of engagement on the unitary outline submission, we are inviting people to find out more about the bid and to complete a survey to gauge opinion.

It would be a great help if you could direct people to the dedicated web page we have set up, where they can read the full submission document, find responses to some frequently asked questions and can complete the survey. There are also details on the web page for email and postal addresses people can use if they'd prefer to write to us with their views.

The web page is at: [www.southlakeland.gov.uk/thebay](http://www.southlakeland.gov.uk/thebay)

We will be promoting this page and the survey on our social media over the coming weeks, so any help you can give in sharing or re-tweeting would also be most welcome. We are obviously keen to hear the opinions as many people as possible to inform the detailed submission document, which will be sent by 9 December.

Many thanks

**Richard Machin** | Senior Specialist (Communications)

**South Lakeland District Council**, South Lakeland House, Lowther Street, Kendal, Cumbria LA9 4DQ

## Two Valleys Emergency Prayer Chain

Here is an updated version of our emergency Prayer Chain. Should an urgent matter for prayer occur (e.g. an accident, or someone suddenly taken ill, or an operation about to take place) and prayer be needed quickly, those at the top of the list are informed, who then telephone the next person down on the list, who then telephones the next person, and so on..... Very quickly a “chain” of prayer is set up, and each person commits themselves to pray for the situation confidentially. Please make sure you have asked permission from the person (or family of) requiring prayer.

Here is our Prayer Chain for the villages across our Two Valleys.

Please do print this page and keep it by your telephone.....

**Anne Bennett**

015394 42127

**Anne Wolfenden**

015395 68919

**Dorothy Grace**

015395 68569

**Dorothy Dobson**

015395 68378

**Anne Ratcliffe**

015395 35642

**Pat Howarth**

015395 68652

**Geraldine Wilson**

015395 68836

**Lily Holme**

015395 60247

**Michael & Michelle Woodcock**

015395 68276

**Chris Tomlinson**

07770 688644 or 015395 68342

If you want to use the Prayer Chain, call up the people at the top of the list. If they are in, they will pass on the message to the next person on the chain. The prayer request will then travel down the list. In the event of someone being out, a message is left on an answerphone if possible and the next person on the list is contacted - we will try to ensure that the request gets through to everybody in the end.

Do use the Prayer Chain again for follow up information - e.g. if you send a message that someone is extremely ill, please follow up with a message to say what the outcome is, so that those who are praying are informed. If you wish your request to be kept confidential within the Prayer Chain then make that very clear when you contact the first person and ensure they understand to pass that message on.

# **Two Valleys Churches**

*“Enriching lives ..... Embracing God”*

## **Cartmel Fell, Crosthwaite, Winster, and Witherslack**

**Parish Priest:** Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX  
(not available Fridays) [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) 015395 68276

**Reader:** Dorothy Grace [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com)

### **St. Anthony's, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke 015395 31481  
Mrs. Vanda Lambton 015395 31311

### **St. Mary's, Crosthwaite**

Churchwardens: Mr. Matthew Dobson 015395 68849  
Mr. John Holmes 015395 68599

### **Holy Trinity, Winster**

Churchwardens: Mrs. Lily Holme 015395 60247  
Mrs. Cath Casson 015394 44958

### **St. Paul's, Witherslack**

Churchwardens: Mr. Tony Walshaw 015395 52491

**Safeguarding Officer:** Mrs. Jane Eccles Mob.07779 953763 and 015395 58138

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## **Underbarrow with Helsington**

**Part Time Priest:** Rev'd. Simon Howard

[revdsimonhoward92@outlook.com](mailto:revdsimonhoward92@outlook.com) : 07719 889577

For baptism, wedding, & funeral enquiries contact the Church Administrator:

**Janet Sullivan** [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) : 01539 730683

Churchwardens: Mr. John Lee 015395 68470  
Mr. Peter Smith 015395 68927

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## **St Thomas' Kendal with St. Catherine's, Crook**

**Parish Priest:** Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,  
Windermere Rd, Kendal. [george@stkmail.org.uk](mailto:george@stkmail.org.uk) : 015395 83058

**Curate:** Rev'd. Vic Sekasi [vsekasi@gmail.com](mailto:vsekasi@gmail.com) 0778 6061972

**Readers:** Tony and Hilary Fitch [fitchesuk@aol.com](mailto:fitchesuk@aol.com) 015395 68577

**Church Administrator:** Janet Sullivan [crookadmin@stkmail.org.uk](mailto:crookadmin@stkmail.org.uk) : 01539 730683

**St Catherine's Churchwardens:** Mrs. Lilian Atkinson 01539 821389  
Mrs. Mary Allcock 01539 821312

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**Magazine Editor next month:** Stephen Rowlinson (015395 68912)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk)

**Advertising Manager and**

**Magazine postal service:** Matthew Dobson, Aspen, Crosthwaite. LA8 8BS  
( 015395 68849)

## REGULAR EVENTS

(all subject to latest pandemic restrictions—please ring for advice)

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Book online at [brigsteervillagehall.co.uk](http://brigsteervillagehall.co.uk)

Contact Ann Bryan ( 015395 68067

|                      |                                           |
|----------------------|-------------------------------------------|
| Pilates Intermediate | Mondays 09:30 - 10:45                     |
| Pilates Fundamentals | Mondays 11:00 - 12 :00                    |
| Short Mat Bowls      | Mondays 19:30 - 21:30 September to April  |
| Circle Dancing       | Tuesdays 10:00 -11:45                     |
| Community Teashop    | Fourth Tuesday of the month 15:00 – 16:45 |
| Table Tennis         | Tuesdays 19:45 - 21:45 September to May   |
| Yoga                 | Wednesdays 09.30 - 11:00                  |
| Dru Yoga             | Wednesdays 18:00 - 19:30                  |
| WI                   | Second Wednesday of the month 19:30       |
| Pilates              | Thursday 18:00 - 19:00                    |
| Storynights          | Second Thursday of the month 19:30        |
| Pilates              | Fridays 12:00 - 13:00                     |

### CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

|                       |                                                    |
|-----------------------|----------------------------------------------------|
| Women's Institute     | First Wednesday in the month at 7.30pm             |
| Local History Society | Second Monday in the month at 7.30pm during winter |

### CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel. 015398 21415

|                      |                                                                         |
|----------------------|-------------------------------------------------------------------------|
| Table Tennis         | Monday & Friday 7.30pm - 10pm<br>(from September through Winter months) |
| Young Farmers Club   | Tuesday 7.30pm - 9.30pm                                                 |
| Aerobics/body toning | Thursday 10am - 11am                                                    |
| Folk Dance Group     | Thursday 7.30pm - 10pm                                                  |
| WI                   | Wednesday 7.30pm (1 <sup>st</sup> Wednesday of the month)               |

### CROSTHWAITE MEMORIAL HALL

Please check bookings online at website:

[www.crosthwaiteandlyth.co.uk/memorialhall.html](http://www.crosthwaiteandlyth.co.uk/memorialhall.html)

For bookings contact Kath Edwards Tel. 015395 68879

|                |                                              |
|----------------|----------------------------------------------|
| Playgroup      | not planning to return until 2021            |
| MiniMovers     | not planning to return until 2021            |
| Indoor Bowling | not planning to return until 2021            |
| Exchange       | not planning to return until 2021            |
| Yoga           | Wednesdays 7.00 – 8.30pm held at school hall |

## **UNDERBARROW INSTITUTE**

For bookings contact Richard Simpson: Tel. 015395 68228

Snooker Club  
WI

Mondays from 7.30pm  
Every 2<sup>nd</sup> Wednesday of the month - 2pm, October to March  
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7.30pm, April to September inclusive

## **WINSTER**

For bookings contact Jane Crowe: Tel. 015394 44098

## **WITHERSLACK**

Indoor Bowling

Wednesdays 7.30pm - 10pm  
(from September to end of April).  
New members welcome - all equipment is provided.

Parent & Toddler Group

Tuesdays 10am until Noon in the Parish Hall

Tea & Chat

Every Monday 1.30pm - 2.30pm in the Parish Hall

Women's Institute

Every 2<sup>nd</sup> Tuesday of the month at 7.30pm

The Art Club

Fridays 9.30am - 12.30pm

Yoga

Wednesdays 6.00pm pm in the Dean Barwick Hall (£7/  
session)

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Would you like to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

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**Contact our Advertising Manager, Matthew Dobson, Aspen,  
Crosthwaite. LA8 8BS**

 015395 68849 or e-mail [aspendobson@yahoo.com](mailto:aspendobson@yahoo.com)

### **MAGAZINE DEADLINES**

Items for entry to the Editor(s) by 12<sup>th</sup> of previous month by e-mail or letter please.

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# A Cracker of a Christmas !

After the trials and tribulations of 2020 there's no denying we'll all need some comfort and joy this Christmas. The Diocese of Carlisle are delighted to announce that they will be partnering with BBC Radio Cumbria for what will be a countywide event at

**6pm on Sunday 20 December.**

More details will be announced shortly via the Diocese of Carlisle social media channels, <https://www.carlisedioocese.org.uk> and BBC Radio Cumbria via:

[https://www.bbc.co.uk/sounds/play/live:bbc\\_radio\\_cumbria](https://www.bbc.co.uk/sounds/play/live:bbc_radio_cumbria)

and

**Perhaps consider the recent world of the Archbishops of Canterbury and York:**

"First, let us be **calm**. By only buying what we need and not hoarding, or by reaching out to our neighbours as we did during the first lockdown, we can be stronger together in ways that are impossible if we go it alone. When things go wrong - as they always will with such complex challenges - let us look for good and right ways forward together.

Secondly, let's be **courageous**. There are many reasons to be fearful at the moment, but the story of Christ calming the waves calls us to give our fears to Jesus and have faith in Him. The British willingness just to get on with things is one of our very best characteristics – let us not be paralysed by fear. We will all need each other's courage in the months to come.

Thirdly, let's be **compassionate**. So many of us are holding so much pain - our own and the pain of those we love. We will need to be gentle, kind and patient with each other. In the first wave we showed we are a nation of compassion and kindness. Let's dig deep and keep that love for our neighbours strong in this second time of struggle".

The full text is available at:

[www.archbishopofcanterbury.org/news/letter-nation-archbishops-canterbury-and-york](http://www.archbishopofcanterbury.org/news/letter-nation-archbishops-canterbury-and-york)

**Merry Christmas Everyone.**