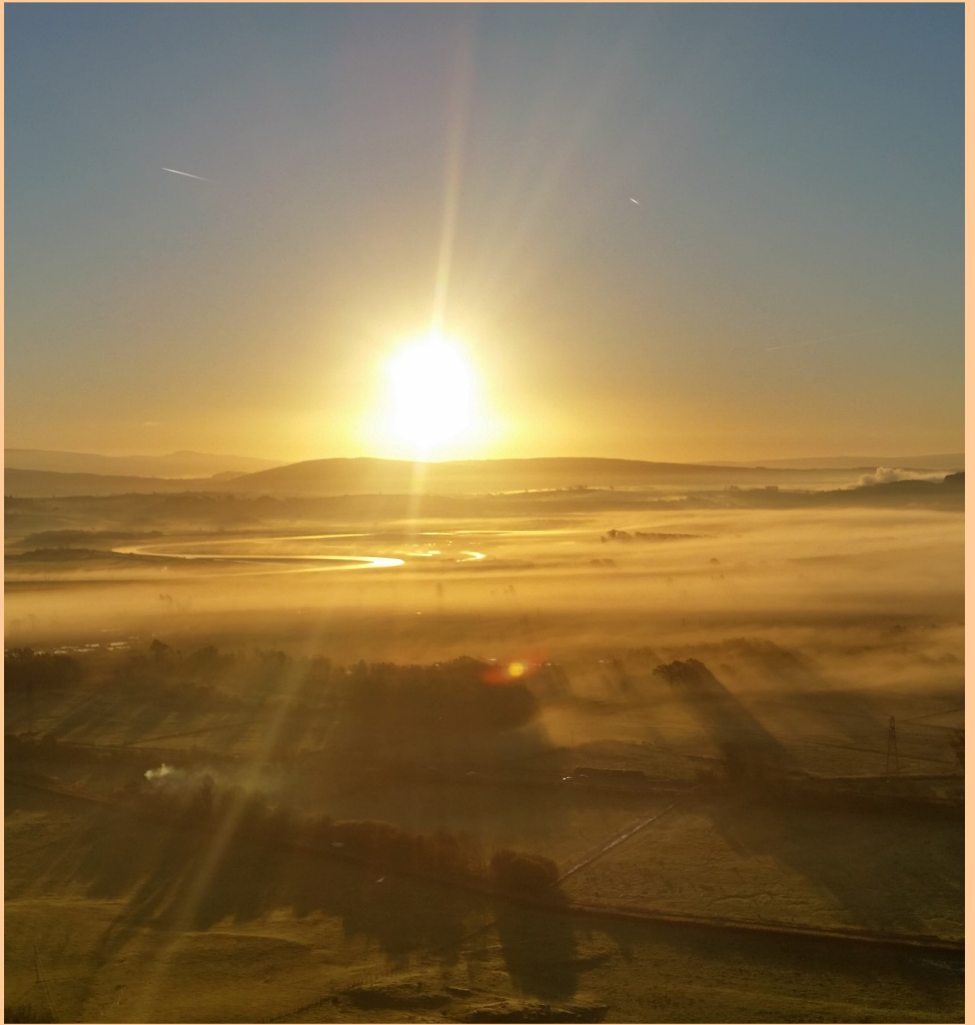


# **TWO VALLEYS PARISH NEWS**

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)



Serving the parishes of Cartmel Fell, Crook, Crosthwaite,  
Helsington, Underbarrow, Winster, & Witherslack

**October 2020**

**70p**

# HARVEST SCARECROWS IN THE CHURCHYARD

Saturday 3<sup>rd</sup> & Sunday 4<sup>th</sup> October  
10.30–4.30pm in the churchyard.

(Sunday: following Harvest Festival in Church at 9.30am)



Can you make a scarecrow based on the theme of Harvest? Give it a quirky name: there will be a quiz to guess its name. More details on the Witherslack Hub or contact Janet Read 52481

## Church Services for OCTOBER 2020

### 4<sup>th</sup> October

9.30am	Cartmel Fell	Matins (BCP)	Mr. David Hunt
9.30am	Witherslack	Harvest Festival	Rev. Michael Woodcock
11.00am	Winster	Harvest Festival *	Rev. Michael Woodcock
4.00pm	Crosthwaite	Harvest Festival *	Rev. Michael Woodcock

You can also watch our Two Valleys online service

at [www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/](http://www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/)

### 17<sup>th</sup> Sunday after Trinity

### 11<sup>th</sup> October

9.30am	Cartmel Fell	Harvest Festival *	Rev. Michael Woodcock
10.00am	Witherslack	Family Service	Rev. Michelle Woodcock
11.00am	Crosthwaite	Confirmation Service	Rt. Rev. Emma Ineson
11.00am	Winster	Morning Worship	Rev. Graham Skilling

You can also watch our Two Valleys online service

at [www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/](http://www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/)

### 18<sup>th</sup> Sunday after Trinity

### 18<sup>th</sup> October

9.30am	Cartmel Fell	Morning Worship (CW)	Mrs. Jane Eccles
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winster	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crosthwaite	Worship4all	Lay-led service

You can also watch our Two Valleys online service

at [www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/](http://www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/)

### 19<sup>th</sup> Sunday after Trinity

### 25<sup>th</sup> October

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Winster	Matins (BCP)	Mr. Roger Bingham
11.00am	Crosthwaite	Morning Worship (CW)	Rev. Michael Woodcock
5.00pm	Witherslack	Evensong (BCP)	Rev. Michael Woodcock

You can also watch our Two Valleys online service

at [www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/](http://www.youtube.com/channel/UCHIN2ZrSNH8aRhk-2cM41IA/)

### 20<sup>th</sup> Sunday after Trinity

**\*please pre-book for these services by contacting:**

For Crosthwaite, John Holmes 015395 68599

For Winster, Lily Holme 015395 60247

For Cartmel Fell, Vanda Lambton 07766 592108

## *A LETTER FROM DOROTHY GRACE*

Dear friends,

Welcome to the first printed edition since March! Thankyou to our wonderful editors for keeping the show on the road online with interesting articles despite the lack of events to include. So it's all change! Our faithful volunteer distributors and deliverers are back to work, and the printing company has business once again.

How do you feel about change? Some people embrace it, others resent it. Why? I'm getting to the age where I don't like change; it upsets my routine, causes feelings of uncertainty and disorientation. But is it an age-related thing? Perhaps it's more about personalities. As an organized person, perhaps it's the threat of disorder that I don't like, upsetting my pattern of life. Though if we understand the reasons for the change, then we'll make an effort to accommodate it.

Many object to changes in their neighbourhood, particularly if it has a direct impact on where they live. Crosthwaite & Lyth Parish Council is currently drawing up a Neighbourhood Plan to manage any changes to different aspects of the community, particularly housing. We want our localities to thrive, but not to be swamped by inappropriate change. Can I, on behalf of the Steering Group, encourage you to complete the questionnaire that will be posted to every household in Crosthwaite & Lyth Parish.

The enforced changes of the last few months have had a huge impact on every aspect of everyone's lives. It is unlikely that we will return to life exactly as it used to be any time soon. There is some good in this; we have been forced to slow down, to look to our neighbours and community, and through this our priorities of life have been challenged. However, some have lost income and livelihood; others have also been left feeling aimless and at a loss as to how to occupy their time when all the usual commitments and tasks have disappeared. Even now, as a 'new normal' becomes established, many still feel a sense of loss, of not being as they once were. Life may start to look the same, but somehow it isn't.

A team of trained volunteers has been set up, initially for the communities of Cartmel Fell, Crosthwaite, Winster and Witherslack, to offer a listening ear and a friendly face to those who are finding life challenging for whatever reason. Details are on page 6 of the magazine; please do contact any of us if we can help in this way.

As we move through autumn, with varying Covid restrictions and the threat of a possible large-scale resurgence of the virus, how do we feel? Do we fear more change? Michael wrote about 'liminal space' in May 2020's edition, describing this in-between place of uncertainty – you may like to refer back to it; all back copies of the magazine



are on the Crosthwaite & Lyth website.

Change disorientates us, it challenges our security. The Bible tells us that God is a God of love and compassion. He knows and loves each one of us; he never changes, and is completely dependable and trustworthy. He is the firm anchor in the midst of all life's ups and downs. He offers us friendship if we turn to him and, through his Holy Spirit, the strength to cope with whatever befalls us.

With best wishes

*Dorothy Grace*

Dorothy Grace, Crosthwaite & Lyth

Jean Sceal would like to thank all her friends in Crosthwaite and Lyth and the Two Valleys for all the good wishes for a quick recovery from her recent illness.

All the messages, emails, texts, cards and flowers were a great help during my recovery.

Hope to be see you all soon (Corvid19 permitting).

This is the first 2 Valleys Parish News to be edited by Jolyon Dodgson.

Jolyon apologises for any errors, omissions, idiosyncrasies, inconsistencies or other editorial blunders he may have committed.

## TOURISM DEBRIS

This wild camping debris was seen recently and picked up by me, Rosie Harris. I regularly pick up litter in our village . I haven't had Li - lo 's before though!! It was retrieved from the river edge which flows from Becksid golf club down into Underbarrow . The camp fires were still full of beer tins and the like the first time I spotted it all. However, someone else had kindly removed all the tins before I got there . Another kind litter picker! Thankyou whoever you are! Mrs R J Harris.



# CALLING ALL VILLAGES

## Caring for our Community

Are there times when you feel lonely, or in need of a listening ear? We are all learning to live with Covid-19, and many of us have struggled through these last months to come to terms with the effects of the pandemic.

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a (socially-distanced) cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd Michael Woodcock	015395 68276
<a href="mailto:2valleyschurches@gmail.com">2valleyschurches@gmail.com</a>	

## Remembering our loved ones - All Souls' Service

Every year at the beginning of November we take a little time to remember those who are no longer with us on earth. This year our **All Souls' Service is at 4.00pm on Sunday 1<sup>st</sup> November, hosted at St. Mary's, Crosthwaite.** In this Service we specifically remember those who have died within the last 12 months and whose funerals we have conducted, but if you would like to add any Names to this List; perhaps loved ones who lived elsewhere but who have died this year, or special people from the past, then please write their NAMES clearly in block capitals on the Lists that will be in each church from Sunday 11<sup>th</sup> October onwards. These Names will then be read out and remembered in the Service in Crosthwaite church at 4.00pm on 1<sup>st</sup> November. All are welcome to attend. It's often a very moving occasion. Due to Covid -19 restrictions, we are limited to numbers that can safely fit in the church under social -distancing, but we do want people to come and feel welcome. If you would like to come, please pre-book a place by contacting John Holmes on 015395 68599 or email [johnmholmes@live.co.uk](mailto:johnmholmes@live.co.uk) . You can sit together in your Covid bubbles, so please indicate to John how many people can sit in the same pew. This way we can maximize numbers safely.

## Christmas Church Services

It is too early to tell what the Covid-19 situation might be like at Christmas, but as things currently stand we are not allowed to sing in our churches and this makes the planning of Carol Services very uncertain. We may be able to plan something, but it is certain that we would need folk to pre-book a place in each church, as we are limited to numbers under social-distancing rules. We really hope we can offer something around Christmas, so please be on the look out for information nearer the time that may come your way through the Magazine, or by email or through our Facebook groups.

# NOTICES FOR INDIVIDUAL PARISHES

## CROSTHWAITE

### **HARVEST FESTIVAL 4.00pm Sunday 4<sup>th</sup> October**

We are going ahead with a simple Harvest Festival Service at 4.00pm on Sunday 4<sup>th</sup> October in St. Mary's church. Due to Covid-19 restrictions, we are limited to numbers that can safely fit in the church under social-distancing, but we do want people to come and feel welcome. If you would like to come, please pre-book a place by contacting John Holmes on 015395 68599 or email [johnmholmes@live.co.uk](mailto:johnmholmes@live.co.uk). You can sit together in your Covid bubbles, so please indicate to John how many people can sit in the same pew. This way we can maximize numbers safely.

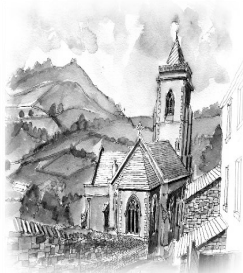
### **REMEMBRANCE SUNDAY Service 10.50am Sunday 8<sup>th</sup> November**

The same Covid restrictions apply to the Remembrance Sunday Service, so please contact John Holmes on 015395 68599 or email [johnmholmes@live.co.uk](mailto:johnmholmes@live.co.uk) to pre-book a place.

## Neighbourhood Plan Survey

The Neighbourhood Development Plan Steering Group has been established as a sub-committee of the Crosthwaite and Lyth Parish Council. It is made up of Parish Councillors and local volunteers. The group is working with external experts to develop a Neighbourhood Development Plan that will outline a vision for the future of the area and will include local policies to inform planning and development decisions.

The Steering Group is currently focused on collecting data and background information on the Parish and the needs of the community. This includes data collected through a Housing Needs Assessment Survey, which is being carried out this month. We ask you please to complete the survey when you receive it through the post, as it will tell us what your priorities are with respect to housing in our Parish. Your reply will be anonymous; the Steering Group will only receive the amalgamated results. The next stage will involve further consultation on which policies residents want to see in the Neighbourhood Plan.



# WINSTER

## Harvest at Winster Church

Our Harvest Festival Service this year will be at 11.00am on Sunday 4<sup>th</sup> October in Winster church. Due to Covid-19 restrictions, we are limited to numbers that can safely fit in the church under social-distancing, but we do want people to come and feel welcome. If you would like to come, please pre-book a place by contacting Lily Holme on 015395 60247 or email [lily.holme48@icloud.com](mailto:lily.holme48@icloud.com). You can sit together in your Covid bubbles, so please indicate to Lily how many people can sit in the same pew. This way we can maximize numbers safely.



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# WITHERSLACK

## Harvest at St. Paul's

Our Harvest Festival Service this year will be at 9.30am on Sunday 4<sup>th</sup> October in St. Paul's church.

## Financing Witherslack Church

The Covid-19 pandemic has had a significant effect on all organisations and institutions. Income has been reduced and many organisations are in a very fragile and tight situation. The PCC wish to update you on how St. Paul's church is financed and why we need to look carefully at our future.

As many of you know, we have had the pressing issue of the crumbling Tower render and the general dampness in the church caused by the incorrect cement-based render applied to the tower back in the 1960s. We have been working hard to raise money for this repair and coupled it with the aim of improving the modern facilities in the church (which is the most realistic way that large Funders would be likely to support such a Project; the modern approach is to convince Funders that the building would be more widely used after their investment as they wish to see the wider community making more use of buildings such as churches). So, we have been raising awareness and inviting donations to our "Tower Fund" for many years. Many of you have already been incredibly generous in your donations to this cause, for which we are extremely grateful.

Frustratingly, Covid-19 has shut the door to many potential Funders, including the National Lottery Heritage Fund, for the time being so we are very concerned as to where we can seek to raise enough funds to complete the entire project we had in mind. We are looking now at prioritising the Tower and intend starting in early Spring 2021.





**However**, at the same time as raising money for the Tower Project, there is a second stream of income St. Paul's church has to raise each and every year and this is to sustain the ongoing costs of running a church. Broadly speaking, taking a normal year, these can be broken down into the following areas:

Ministry costs	£14,200
(provides the ministry of a local vicar, vicarage housing costs, funding church schools, etc.)	
Parish Administration costs	£560
Electricity bills + Heating Oil bills	£1130
Insurance of Church Building	£1460
Water rates	£74
Graveyard caretaker and maintenance costs	£1740
Miscellaneous (Candles, Communion wine, Harvest Supper costs, etc.)	£300
<b>TOTAL</b>	<b>£19,468</b>

We have to raise this £19,000 plus each and every year and it is becoming increasingly difficult for a small and ageing congregation to manage this on their own. Also, a bit unfair that the burden of this falls largely on such a small number of people who feel the weight of continuing to provide a church for their local village.

Why are we telling you this? Just to raise awareness that the Tower campaign is *just one part* of all the income we have to raise each year and that it is becoming increasingly difficult to sustain this. As much as we want to raise funds for the Tower, we also need to raise funds for the above costs, otherwise there will no longer be a church that needs a Tower! We may have some tough questions to face about the sustainability of our church in Witherslack in the future.

If you wish to make donations towards these regular running costs then please do donate by BACS using Sort Code 01-03-46 and Account Number 83286209 or contact Treasurer Janet Read to set up a Standing Order or Direct Debit: Mrs Janet Read, 3 Church Road, Witherslack LA11 6RP 015395 52481 email: [janetmaryread@hotmail.co.uk](mailto:janetmaryread@hotmail.co.uk)

## CARTMEL FELL

### Harvest at St. Anthony's

Our Harvest Festival Service this year will be at 9.30am on Sunday 11<sup>th</sup> October in St. Anthony's church.

Due to Covid-19 restrictions, we are limited to numbers that can safely fit in the church under social distancing, but we do want people to come and feel welcome. If you would like to come, please pre-book a place by contacting Vanda Lambton on 07766 592108 or email [vlambton@gmail.com](mailto:vlambton@gmail.com). You can sit together in your Covid bubbles, so please indicate to Vanda how many people can sit in the same pew. This way we can maximize numbers safely.





HELLO! WE ARE YOUR

## **CROSTHWAITE AND LYTH COVID-19 COMMUNITY SUPPORT GROUP**

We are here to support those who are vulnerable or self-isolating. We can help with:

- ✓ Shopping
- ✓ Collecting prescriptions
- ✓ Posting/collecting letters & parcels
- ✓ A Friendly chat

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**PLEASE CALL MICHAEL WOODCOCK ON**

**015395 68276**

**AND YOU WILL BE MATCHED TO YOUR  
LOCAL VOLUNTEER WHO WILL BE  
HAPPY TO ASSIST.**

We have MANY wonderful volunteers all ready to help support you. This is a FREE SERVICE.



# FROM THE REGISTERS



## Weddings

### Congratulations to:

James Locke and Emilia Salehi married at St. Mary's Crosthwaite on 24<sup>th</sup> August

Bridget Cottam and Michael Houlsworth married at St. Mary's Crosthwaite on 11<sup>th</sup> September

## Two Valleys Emergency Prayer Chain

Here is an updated version of our emergency Prayer Chain. Should an urgent matter for prayer occur (e.g. an accident, or someone suddenly taken ill, or an operation about to take place) and prayer be needed quickly, those at the top of the list are informed, who then telephone the next person down on the list, who then telephones the next person, and so on..... Very quickly a "chain" of prayer is set up, and each person commits themselves to pray for the situation confidentially. Please make sure you have asked permission from the person (or family of) requiring prayer.

**Anne Bennett**  
015394 42127

**Anne Wolfenden**  
015395 68919

**Dorothy Grace**  
015395 68569

**Dorothy Dobson**  
015395 68378

**Anne Ratcliffe**  
015395 35642

**Pat Howarth**  
015395 68652

**Geraldine Wilson**  
015395 68836

**Lily Holme**  
015395 60247

**Michael & Michelle Woodcock**  
015395 68276

**Chris Tomlinson**  
07770 688644 or 015395 68342

If you want to use the Prayer Chain, call up the people at the top of the list. If they are in, they will pass on the message to the next person on the chain. The prayer request will then travel down the list. In the event of someone being out, a message is left on an answerphone if possible and the next person on the list is contacted - we will try to ensure that the request gets through to everybody in the end.

Do use the Prayer Chain again for follow up information - e.g. if you send a message that someone is extremely ill, please follow up with a message to say what the outcome is, so that those who are praying are informed. If you wish your request to be kept confidential within the Prayer Chain then make that very clear when you contact the first person and ensure they understand to pass that message on.

# **Two Valleys Churches**

*"Enriching lives ..... Embracing God"*

## **Cartmel Fell, Crosthwaite, Winster, and Witherslack**

**Parish Priest:** Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, Cumbria. LA8 8HX ( 015395 68276) e-mail: [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) (not available Fridays)

**Reader:** Dorothy Grace [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com)

### **St. Anthony's, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke ( 015395 31481)  
Mrs. Vanda Lambton ( 015395 31311)

### **St. Mary's, Crosthwaite**

Churchwardens: Mr. Matthew Dobson ( 015395 68849)  
Mr. John Holmes ( 015395 68599)

### **Holy Trinity, Winster**

Churchwardens: Mrs. Lily Holme ( 015395 60247)  
Mrs. Cath Casson ( 015394 44958)

### **St. Paul's, Witherslack**

Churchwarden: Mr Tony Walshaw ( 015395 52491 )

**Safeguarding Officer:** Mrs. Jane Eccles ( 015395 33769/ 077799 53763)  
for the above four parishes.

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## **Underbarrow with Helsington**

For baptism, wedding, & funeral enquiries and any urgent pastoral needs please contact:

**Church Administrator:** Janet Sullivan [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) ( 01539 730683)

**Churchwardens:** Mr. John Lee ( 015395 68470)  
Mr. Peter Smith ( 015395 68927)

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## **St. Catherine's, Crook**

**Vicar:** Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,  
Windermere Rd, Kendal. ( 015395 83058)

**Readers:** Tony and Hilary Fitch ( 015395 68577 or [fitchesuk@aol.com](mailto:fitchesuk@aol.com))

**Churchwardens:** Mrs. Lilian Atkinson ( 01539 821389)  
Mrs. Mary Allcock ( 01539 821312)

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**Magazine Editors next month:** Jolyon Dodgson ( 015395 52222)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk)

**Advertising Manager and**

**Magazine postal service:** Matthew Dobson, Aspen, Crosthwaite. LA8 8BS  
( 015395 68849)

## The Authorship of the Gospels (2)

Last month I looked at some of the general issues surrounding the authorship of the Gospels and ended with an outline of the evidence for Mark being a conceivable (though unprovable) author of the Gospel bearing his name. This month it's the turn of the other three, beginning with the Gospel of Luke which, like that of Mark, is attributed to a figure who is not an apostle. There is, however, a Luke mentioned in the Epistles (Colossians 4: 11, 14): a gentile and a physician. If he is the author of the Gospel, this would account for the quality of the Greek, more idiomatic and polished than that of Mark. Additionally, Acts 1 v. 1 is generally interpreted as meaning that the author of the Acts and the Gospel were the same person; and in Acts parts of the narrative use 'we', indicating that the writer accompanied Paul on some of his travels. If, then, we think of Luke as an active participant in the establishment of the early church in the generation after Christ's ministry, the hypothesis that the Gospel was written in the 80s is entirely reasonable. As with Mark, why would early tradition claim Luke as a name to lend authority to the Gospel when bigger names were available?

By contrast, Matthew and John are names of apostles and so would be perfect for lending authority to anonymous texts. But the dates are problematic. Matthew was a tax-collector and so, when called by Jesus to be an apostle, must have been an adult of some standing. If modern scholarship is right in dating the text to sometime in the last quarter of the first century, perhaps around the 80s, that raises questions, given normal life-spans and the fact that those who lived longer than average were usually rather 'older' in their 70s and 80s than people are these days. And if chronology is a problem for Matthew's Gospel, how much more is it for John's, written, it is thought, around the turn of the first century. If c.90-110 is the correct date, it would be extraordinary if John the Apostle were the author.

Matthew used Mark's Gospel as a written source, just as Luke did. We can confidently deduce that the author of this Gospel was a Jew, probably writing for a Greek-speaking Jewish community of the kind that existed in various places in Syria. But beyond that, and the fact that he was writing in the context of the second-generation of Christians, we can't draw any further conclusions.

The Gospel ascribed to John is altogether different. Firstly, it is thought to be significantly later than the other three. Secondly, it is very different in its approach. Whereas the other three (known as the Synoptic Gospels) focus on Jesus' life and ministry, John's Gospel teaches what has been called 'a high Christological doctrine', taking an altogether

more reflective approach to the divinity of Christ and the sublimity of his teaching. It both draws on and appeals to a rather different theological world, and one that best makes sense in terms of the rather later date.

The date and authorship are matters of conjecture for all four Gospels. It is at least possible to argue (though by no means agreed and certainly not provable) that the Gospels of Mark and Luke were written by the figures named in the New Testament. But for the Gospels of Matthew and John authorship remains a 'known unknown'.

Joyce Hill

## **Witherslack Community Shop**

As chairman of Witherslack Community Shop, I have decided to write to all the customers who used the shop during lockdown. Thank you very much for using the delivery service and therefore keeping the shop going.

The shop will reopen and the deliveries will continue once a week for the time being.

Thank you all for making this happen. Witherslack Community Shop is opening for a few hours every week to ease ourselves back in to normal life!

We are pleased to let you know we are opening on the following days

**Every day 9-1**

**Friday 9 - 3**

We shall still be delivering your orders on Friday. If you would like to place a standing order for bread, milk etc. for collection from the shop, then please phone during opening hours. Shop 52188

Please telephone Rachel 52447 to place an order for Friday delivery before 12pm on Thursday. Thank you for all your support

**Liz Croy**

### **Advertising in the Two Valleys Parish News**

Would you like to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

**Contact our Advertising Manager, Matthew Dobson, Aspen, Crosthwaite. LA8 8BS**

**☎ 015395 68849 or e-mail [aspendobson@yahoo.com](mailto:aspendobson@yahoo.com)**

### **MAGAZINE DEADLINES**

Items for entry to the Editor(s) by **12<sup>th</sup> of previous month by e-mail or letter** please

**Editorial note:** if any of our readers have any picturesque, colourful, seasonal photographs of the Two Valleys & surrounding area, that you think would be suitable for use on the front cover or back cover of the magazine, please send them to: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk). Please state approximately where & what time of year the photo was taken and who took the photograph.

*Thanks in advance - Two Valleys News Editorial Team*

## **Crosthwaite and Lyth Parish Council**

### **NEWSLETTER**

**September 2020**

The Parish Council met on Tuesday 01 September and the minutes can be viewed on the following link :-

<https://www.crosthwaiteandlyth.co.uk/documents/parishcouncil/pcminutes/draftpcminutes.pdf?ver=202009041005>

### **Housing Needs Survey**

As part of the Neighbourhood Plan process the Council needs to carry out a survey of housing need and to do this the Neighbourhood Plan Steering Group (in conjunction with Eden District Council) will be sending Questionnaires to every house in the Parish

**Important** - the more responses the better the information, so please take part. Although some personal information is requested in the questionnaire, please be reassured that all responses are anonymous and confidential

### **Lengthsman**

Chris Smith works a few hours a month as a Lengthsman for the Parish Council. He will clear drains on minor roads and undertake other maintenance work. Please contact the Chairman or the Clerk if you see a blocked drain or other work needed on minor roads. Preferably before the rain comes!

### **Bowland Bridge Payphone Box**

BT are consulting on the removal of the Payphone box at Bowland Bridge. The Parish Council has agreed that it has no comment to make on this. Individual parishioners may send comments to BT. To comment on to BT on this follow this link: <https://cumbria.citizenspace.com/south-lakeland-district-council/bt-payphone-removal-consultation-2020/>

### **Litter Pick**

Week commencing 12 October Cllr Eve Brookes will co-ordinate a litter pick throughout the Parish. Now is the time to volunteer, so if you would like to help, please contact Eve via her e-mail address [evebrookes1944@gmail.com](mailto:evebrookes1944@gmail.com)

### **Tree maintenance**

The Parish Council is looking to cut back some of the vegetation around the Clapper Bridge on Starnthwaite Road. To help with this please contact Andrew Metcalfe via his email [andrewmetcalfe1980@hotmail.co.uk](mailto:andrewmetcalfe1980@hotmail.co.uk). New volunteers always needed

### **Cowmire Hall Quarry**

The lease for Cowmire Hall Quarry (Low Fell) has become available. For more information please contact the Parish Clerk. This will be discussed at the October Parish Meeting. Interested parties, please write/email the clerk stating your interest

### **Parish Meetings**

Since the beginning of the Pandemic Lockdown your Parish Council has met on line. A return to 'face to face' meetings will be discussed again at the November meeting. Recommendations at the moment are that meetings should be on line.

### **Parish Council Representatives**

Mary Harkness will remain as a representative of the Parish Council on the Community Bus Committee. Cllr Tracy Johnson will represent the Council on the Argles Memorial Hall Committee

### **The next Parish Council meeting is on 06 October 2020**

Please feel free to forward this Newsletter to your friends. People can subscribe to the newsletter by contacting the Clerk [crosthwaiteandlyth.pc@hotmail.co.uk](mailto:crosthwaiteandlyth.pc@hotmail.co.uk) or through the Newsletter by opening in your browser and clicking 'Subscribe' tab in the top left corner. The newsletter is circulated via Mail Chimp.

Written by Martin French, Clerk to Crosthwaite and Lyth Parish Council

**I've worked at the same company for many years but I've been told I'm being made redundant. What redundancy pay am I entitled to?**

If you're being made redundant, there are two types of redundancy pay you could get. 'Statutory' redundancy pay is the minimum that the law says you're entitled to, or 'contractual' redundancy pay, which is extra money your contract says you can get on top of the statutory amount.

You're usually only entitled to statutory redundancy pay if you've been an employee for at least two years. It's worth asking your employer or checking your contract to see if you're entitled to more than the statutory redundancy rules allow.

Statutory redundancy pay is based on age, weekly pay and number of years in the job, up to a maximum of £538 a week. The Citizens Advice and Gov.uk websites have calculators to help work out how much you'll get. For example if you're aged 41 and over, you'll get 1.5 week's statutory redundancy pay for each full year you've worked, up to a maximum of 20 years' service.

If your employer offers a suitable alternative job, but you refuse to take it without good reasons, they can refuse to pay your redundancy. You won't get statutory redundancy pay if you've been employed for less than two years, are self-employed or are in certain jobs like the armed forces or police (though you may be entitled to contractual pay).

If you've been furloughed, the law now says that your redundancy pay should be worked out using your usual wages, even if you were paid 80% while you were furloughed. However, statutory redundancy pay still limits a week's pay to £538.

If your employer has told you that your redundancy pay will be based on your furlough rate of pay, you could explain to the employer that isn't what the Gov.uk website says about redundancy pay, or contact your nearest Citizens Advice.

***Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.***

***South Lakes Citizens Advice is still delivering a service - Telephone and Digital Advice***

***How to access:***

- ***Call 015394 46464 - this is being staffed from 9:30 – 2pm***
  - ***Adviceline: 03444 111 444***
- email advice via our submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)***



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Book online at [brigsteervillagehall.co.uk](http://brigsteervillagehall.co.uk) Contact Ann Bryan ☎ 015395 68067

Pilates Intermediate	Mondays 09:30 - 10:45
Pilates Fundamentals	Mondays 11:00 - 12:00
Short Mat Bowls	Mondays 19:30 - 21:30 September to April
Circle Dancing	Tuesdays 10:00 - 11:45
Community Teashop	Fourth Tuesday of the month 15:00 - 16:45
Table Tennis	Tuesdays 19:45 - 21:45 September to May
Yoga	Wednesdays 09:30 - 11:00
Dru Yoga	Wednesdays 18:00 - 19:30
WI	Second Wednesday of the month 19:30
Pilates	Thursday 18:00 - 19:00
Storynights	Second Thursday of the month 19:30
Pilates	Fridays 12:00 - 13:00

## CARTMEL FELL

For bookings contact Helen Caldwell ☎ 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

## CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ 015398 21415

Table Tennis	Monday & Friday 7.30pm - 10pm (from September through Winter months)
Young Farmers Club	Tuesday 7.30pm - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 <sup>st</sup> Wednesday of the month)

## CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address: [www.crosthwaiteandlyth.co.uk/memorialhall.php](http://www.crosthwaiteandlyth.co.uk/memorialhall.php)

Trustees: Judy Goodland, Jim Bownass, Jenny Waldron, Anne Douglas

For bookings contact Kath Edwards ☎ 015395 68879

Playgroup	Tuesdays & Thursdays 9.30am - 11.30am (School Term times)
Indoor Bowling	No dates for April
Exchange	Closed until further notice
Yoga	Wednesdays 7.00 - 8.30pm (1st, 22nd and 29th only)
WI	Third Wednesday of the Month 7pm for 7.30pm
Art Club	Restarts in October

## UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ 015395 68228

Snooker Club	Mondays from 7.30pm
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive

## ALL SAINTS CHURCH, UNDERBARROW

Yoga	Thursdays 9.30 - 10.45. Coffee 10.45 - 11.15
------	----------------------------------------------

## WINSTER

For bookings contact Jane Crowe ☎ 015394 44098

## WITHERSLACK

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). new members welcome - all equipment is provided
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Tea & Chat	Every Monday 1.30pm - 2.30pm in the Parish Hall
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Yoga	Wednesdays 6.00pm pm in the Dean Barwick Hall (£7/session)

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# All The Way to Gummers How and Back

## Description

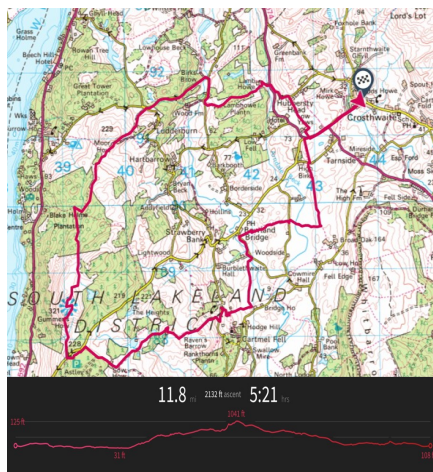
A full days long walk of around 12 miles and 2000 ft of ascent. This is possibly the toughest walk in this series, so you should leave a minimum of six hours. Although you don't get very high the paths from Gummers How onwards could be confusing and you can get lost in mist. I would strongly advocate a good GPS and phone map if compass and map reading skills are limited. The walking is long but not hard.

Gummers How is always a favourite. It is the first Lakeland Fell small children should attempt. A mountain in miniature in every respect with a scramble up rocks to get to the top that requires both hands and feet and a marvellous cairn to top it off.

According to Simon Jenkins, who loves making lists, the view down to Windermere from Gummers How is in the top 100 in the UK. He includes a further dozen Lakeland viewpoints in his list, but in my opinion it's only the second best view in the "walking from Crosthwaite Green" series. Simon Jenkins had clearly never been on Whitbarrow.

The full walk takes in the abundant meadows crossing the Winster Valley, lovely views from Raven's Barrow and Sow Tarn and then you have Gummers How.

You walk back through beautiful woodland and orchards until reaching tarmac again. By then you are pleased for its certainty.



Looking towards Cartmel Fell over the Winster Valley (above)

A beautifully muscled Charolais bull on a verdant Winster Valley meadow (left)

## Route

The walk starts up the hill towards Bowland Bridge and then crosses a stone stile at the junction down the east of the Winster Valley towards Broad Oak. Before reaching the farm, the path turns right, crosses Woodside road and then just before reaching Bowland Bridge goes left until after Burblethwaite Mill you cross, and then follow the river towards Cartmel Fell. It's boggy around here all year. You then need to pick your way up through Ravens Barrow allotments with regular looks back over the valley, Whitbarrow and beyond.

After turning right around Heights Cottage you then make your way past Sow How Tarn, turning right at the farm beyond. Just before the end of the Lane a path left takes you to the top of the hill leading to Gummers How.

The route up is fun and well trodden so doesn't need describing Just make your way up to the trig point on the summit the best way you can and marvel at the views.

After a rest you now need your wits about you. This is where a GPS map definitely helps as the paths north of



*Sow How Tarn*



*Full Apple Orchards in August, Winster Valley*

Gummers are indistinct and boggy. Take care to stay west of the walls and fences until reaching a wooden stile leading to Blake Holme Plantation. There is now a dry and delightful woodland path that after almost a mile turns right and then shortly afterwards left out of the wood to Moor How Park. Take care as you reach the path through the farm orchard as you now need to follow the bridle way north of the footpath towards Ludderburn Hill. Don't worry if you miss it, you just have more tarmac than necessary on the route home.

From Ludderburn take the road steeply down to Birks Bridge, over the Ford and then right down the road before reaching the path through Lambhowe plantation, then up the road to Hubbersty Head and home.

#### Things to see on the walk.

This is a delightful but not straightforward walk. In Summer the valleys are full of cattle and sheep, all looking show-ready. The orchards surrounding pretty farm houses have apples and damsons in abundance and the whole area looks like a larder to provide for many more than the lucky inhabitants of these valleys.

There are several splendid views. Looking backwards towards Crosthwaite from Ravens Barrow is terrific. The summit of Gummers How has delightful spots for picnics and picking out the steam boats and sailing yachts on Windermere below.

The walk through Blake Holme follows a beck and is one of the prettiest woodland walks imaginable.



*Views of Lake Windermere from Gummers How*