

# TWO VALLEYS PARISH NEWS

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)



Serving the parishes of Cartmel Fell, Crook, Crosthwaite, Helsington, Underbarrow, Winster, & Witherslack

**April 2020**

**70p**



**with puddings!**

**SATURDAY 4<sup>th</sup>**

**APRIL 2021**

**AT CROSTHWAITE  
VILLAGE HALL**

**STARTING AT 7.30PM**

**£5 PER PERSON (UNDER 16 £3)**

**TEAMS OF 4 EVERYONE IS**

**WELCOME: COME AND MAKE UP A  
TEAM.**

**LIGHT-HEARTED QUIZ WITH FREE  
PUDDINGS AT HALF TIME**

**PRIZES FOR THE WINNING TEAM  
AND A BOOBY PRIZE AS WELL!**

Cover photograph: Rosalind Walmsley  
Church miniature pictures from watercolours by John Wilcock

## Coronavirus update

This edition of the Magazine was skilfully put together by our editors around 12th March. Since then the news has changed considerably and most of the events and gatherings advertised in this edition will have been cancelled. It was too late to change everything before the magazine went to print, but we just managed to squeeze this page in. We hope you will all understand.



As indicated on p. 6 we have an evolving action plan. I am happy to be a point of contact if any needs arise if you find yourself isolated, in need of a chat, in need of some shopping, or prescription collecting, etc.

In the Westmorland Gazette there will also be names and telephone numbers published in the Crosthwaite and Lyth column of people from across the Two Valleys who are willing to help anyone who is isolated, or lonely and just wants a chat.

Please also look at this local website [www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk) for latest news which appears under the Coronavirus news panel on the left-hand side.

I would like to encourage everyone who lives, works or is connected to the Lyth or Winster valleys to consider joining Facebook and becoming a member of the "Local Lyth & Winster Valleys' Group". If you are not keen on social media, then you don't need to use Facebook for any other reason than being part of this local Group (over 260 members to date) where we share up-to-date information about local Events, and any needs that arise where we can help each other. It has already proved a very useful communication tool. It's going to be a lonely few months and this keeps us connected to each other in a safe way.

Church services have been cancelled for the foreseeable future until we are advised otherwise.

However, we are intending to record some short videos of services and reflection that will be posted on a new Group forming on Facebook called "Two Valleys Churches."

In these days of isolation I would strongly encourage anyone interested to join Facebook and also become members of this particular Group. This could be a vital way for congregation members to feel connected and supported through this period and for some spiritual input to be shared....

We will need this more than ever as all of us will struggle with this level of isolation and lack of community. So if you can, sign up to FB and join in.....!

Kind regards to all,

Rev. Michael Woodcock

The Vicarage, Crosthwaite

015395 68276

Email: [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com)

## *A LETTER FROM MICHAEL WOODCOCK*



Dear friends,

Some research carried out recently among younger people in their twenties\* has been helpful in understanding what kinds of things younger generations are looking for when they think about “faith” and “church”. The conclusions are insightful, not just for our churches, but perhaps for the kinds of values younger people are looking for in general across society today. All our village communities are looking to engage and keep our younger generations. Perhaps we can learn from this recent research.

There were four common threads:

- **Get real** – young adults are looking for authenticity. What we offer needs to be real and not just a set of intellectual proposals. Young people look at us and ask if we are genuinely living out what we believe. Can we be trusted? Trust is hard earned.
- **Talk with us** – Younger people are looking for engagement and want to be listened to. In the modern world where there is much tweeting, “liking”, commenting, etc. on social media platforms, people are seeking inclusivity. They want participation, conversation, and collaboration. Younger generations have important insights into our shifting culture and have profound contributions to make to our future. It has also been found that many young adults explore belief for much longer than in former generations. They are looking, not for information, but for guidance; not to be told what to believe, but how to discern in a world of information overload.
- **A desire for community** – Despite all the technological options to connect with family and friends over long distances, there is a hunger for deep, honest, respectful relationships. These relationships can often span the generations; older friendships often help in the navigation of the turmoil of the twenties. Examples given were of an older colleague who offered support at work; the older single lady whom someone popped in to visit each week and which provided mutual support; the church member who cleaned the house when they had tiny children and post-natal depression. In villages we often find this support network working well, but does it always include those in their twenties and thirties?
- **Something to live for** – One twenty-something summed it up: “We want to commit to something bigger than ourselves.” Younger generations are concerned about poverty, the marginalised, and the environment, and are more aware of global issues than perhaps any former generation. They are attracted to a God who shows those concerns too, and a gospel in which broken hearts are bound up, and there is hope in the darkness. There was a desire that the Church be unapologetically radical and offer a counter-cultural way of living.

All of this is quietly encouraging and offers hope that our younger adults have a great deal still to offer for our future together. In summary, our twenty and thirty-somethings are looking for our churches (and perhaps our local communities) to be more honest, more hospitable, more relational, more radical, more inspiring. How might we respond to these challenges?

\* Dr Ruth Perrin, Changing Shape: The faith lives of millennials published by SCM Press  
yours in friendship,

*Michael Woodcock*

Rev. Michael Woodcock,

## FROM THE REGISTERS



**Weddings** – Congratulations to:

29th February Richard Steen and Roz Townley at St. Mary's, Crosthwaite



**Funerals** – With Sympathy, we remember those who have recently passed away:

15th February Margaret Rafferty – Internment of cremated remains at  
St. Mary's, Crosthwaite

26th February Michael Wolfenden. Funeral & burial at All Saints, Underbarrow

## CALLING ALL VILLAGES

### Daffodil School-Run

An update on the School run in early Spring... On the way from Crosthwaite to QKS in Kendal, each Spring James, Eleanor, and I look out for when the first daffodil bursts into flower along that spectacular run through Underbarrow between Mill Lane and Jinny Hill. Just for interest's sake, here are the records for the last six years:

2015 9<sup>th</sup> March

2016 2<sup>nd</sup> March

2017 27<sup>th</sup> February

2018 12<sup>th</sup> March

2019 22<sup>nd</sup> February

2020 27<sup>th</sup> February – a slow unfurling during a cold week

**Rev. Michael Woodcock**

### REFRESH

April's meeting on the 29th will revert to Daniel & Lindsay's home at Broad Oak Farm, 7.20pm for refreshments ready to start at 7.30pm. Everyone is welcome to this hour of worship, fellowship and exploration of our Christian faith.



## **CORONAVIRUS - Action Plans?**



Even as this is written, it will be out of date within a day or two, but it remains true that we are uncertain as to how far Coronavirus will eventually spread and how serious it may be (to our ageing populations in Cumbria). Just in case it ends up being much worse than predicted, we need to be ready to cope with its effects. If large numbers of people end up self-isolating we need a way to communicate with each other that is safe and alerts us to any needs in our local communities.



I am happy to be a point of contact by telephone or email and to be a “clearing house” whereby any pressing needs can highlighted and we do our best to meet them (e.g., shopping, collecting of prescriptions, etc.)



Please use this email [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com)



or telephone 015395 68276



Equally, I administer a local Group on Facebook called “Local Lyth & Winster Valleys’ Group” This currently has over 200 members of people who live in these two valleys. We post messages about road conditions in bad weather, alerts of suspicious activity from white vans, promotion of local events, etc. This local Group on Facebook could be a sensible way to communicate during the peak of the Coronavirus impact. I would suggest that you join Facebook if you can, and even if you choose not to use it for any other reason, just request to “join” the Local Lyth & Winster Valleys’ Group, and then you have an avenue of contact. Any urgent needs can be safely posted and hopefully someone who is healthy and unaffected could respond.



There will also be frequent bulletins on the parish website - <https://www.crosthwaiteandlyth.co.uk>.



Meanwhile, we keep following the guidelines issued by the Public Health officials.



**Michael Woodcock**



## **Confirmation – St. Mary’s Crosthwaite 11.00am Sunday 11<sup>th</sup> October**

If there are any people who would like to consider Confirmation in the Church of England, we are hosting a Confirmation service at St. Mary’s, Crosthwaite at 11.00am on Sunday 11<sup>th</sup> October this year. People of all ages get Confirmed these days as we find that significant numbers of adults have not been Christened (Baptized) and thus have not been Confirmed. We can conduct Baptisms for children or adults at any time, and thus open the door to Confirmation. Please let Rev. Michael Woodcock know if you would like to discuss possibilities.

Contact email: [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) or ☎ 015395 68276.



## **Some LENT Discussion & Coffee gatherings at the Damson Dene Hotel.**

We are holding three Discussion & Coffee gatherings at the Damson Dene Hotel meeting for 10.30am on the following dates:

10.30am, Wednesday 11<sup>th</sup> March

10.30am, Monday 23<sup>rd</sup> March

10.30am, Wednesday 8<sup>th</sup> April

We are looking for current issues to discuss, topics that we are generally wrestling with at the moment and would value chatting through and seeing what Christian perspective we can bring to them. So, if you have any ideas of what you might like to discuss, please let Rev. Michael Woodcock know a.s.a.p. and come along to any or all of the dates above. Contact email: [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) or ☎ 015395 68276.

## **EASTER VIGIL - ON HOLY SATURDAY NIGHT**

Do consider coming along to our Easter Vigil to be held at 8.30pm on Holy Saturday (the day before Easter) 11<sup>th</sup> April in St. Anthony's, Cartmel Fell. This is a wonderfully atmospheric service as we sit in the darkness, lit only by candlelight, and listen to some of the most well-known stories from the Old Testament telling the story of Salvation ... Gradually the sense of Easter and resurrection approaching grows stronger and the service climaxes with the lighting of the Easter Fire, outside the church, from which the Easter Candle is lit and processed back into the church. This all sets us up for the Celebration of the Resurrection on Easter Day.... This special service is hosted at Cartmel Fell church but is designed for residents of all our villages to attend ... Why not come along and make Easter that bit more special this year ....?

## **Easter Families Gathering**

at 11.00am on Tuesday 7<sup>th</sup> April in St. Mary's Church, Crosthwaite

### **Song, Story, Craft Activities**

For Families with any pre-school or primary-aged children.

Lasting just 45 minutes. A lovely way to help celebrate Easter for families and children.

If you are planning to come, please email [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) or text 07468 535387 so that we can make sure we have enough Craft for everyone.

## **Compline at St. Anthony's, Cartmel Fell**

We propose to hold short services of sung Compline at St. Anthony's, Cartmel Fell through the lighter evenings at 8.00pm on the following dates: Tuesday 21<sup>st</sup> April; Tuesday 19<sup>th</sup> May; Wednesday 17<sup>th</sup> June; Thursday 16<sup>th</sup> July; Tuesday 4<sup>th</sup> August; Wednesday 16<sup>th</sup> September.

## **HOLY WEEK across the Two Valleys**

During this most special of weeks in the Christian Calendar we have several opportunities to gather together:

Tuesday 7 <sup>th</sup> April	11.00am in St. Mary's Crosthwaite, EASTER- Families Gathering, Song, Story, and Craft. See p.7 for details - Easter families advert
Maundy Thursday 9 <sup>th</sup> April	7.00pm Maundy Thursday Communion in St. Mary's, Crosthwaite
Good Friday 10 <sup>th</sup> April	10.00am Good Friday Meditation in St. Paul's, Witherslack 11.30am Reflection for Good Friday in St. John's, Helsington
Holy Saturday 11 <sup>th</sup> April	8.30pm Easter Vigil in St. Anthony's, Cartmel Fell
Easter Day 12 <sup>th</sup> April	Communion Services in all our parishes.

## **Parish Council Elections**

The Parish Elections scheduled for 7th May 2020 have been cancelled nationally due to the spread of the Coronavirus.

## **Witherslack Churchyard Working Parties**

We plan to hold some Working Parties generally on the last Thursday of each month from 10.00am - 12.00noon. Thanks to the 15 people who came last month, we made some excellent progress on tidying up the churchyard and we want to continue this good work and keep on top of the progress we have made. So if a few want to join in on any of these dates coming up, please come along for an hour or two if you can spare it.....

Thursday 30th April  
Thursday 28th May  
Thursday 25th June  
Thursday 30th July

## **The Children's Society**

It is now time for the boxes to be collected so that the money can be counted and sent off to the charity.

The Children's Society raises £1.4 million from collection boxes. This helps children who don't feel safe, loved or able to cope with the many problems that they're facing in their daily lives.

I would be most grateful if you could bring your boxes to church or drop them off at Tarnside Farm, Crosthwaite, LA88BU ( 300 metres up the 'narrow lane' to the west of the A5074. If anyone would like their box collecting or would like a box to support this very worthy charity please let me know.

Many thanks to you all

**Christine Gibson** on 015395 68639 or [cgibsonarnside@outlook.com](mailto:cgibsonarnside@outlook.com)





## Michelle's 10in10 update.

May is just around the corner now and during my rain and hail filled runs over many hours I have finally started to see the first signs of spring and have enjoyed the sun on my back once or twice! I am now running two loops of a 13 mile route for my longest run each week and have been clocking up over 90 miles a week on a regular basis for the last month. Strength training and mental preparation for the relentless nature of the event itself are also stepping up a gear. My blog is updated on a weekly basis with stories from my longest runs each week, so do look at that if you need a laugh!

([www.brathay10in10.home.blog](http://www.brathay10in10.home.blog))

Lots of people ask me why I have chosen to do this challenge. Running 10 marathons in 10 days is a pretty crazy thing to do but Brathay sum it up perfectly in their mission statement...

“At Brathay we know that everyone has the capacity to do extraordinary things that can inspire and benefit others. This drives our mission to improve the life chances of children, young people and families by inspiring them to engage positively in their communities”

The work that Brathay do is inspiring me to go out training in awful conditions on days when I would far rather stay in bed or sit by the fire. Brathay build meaningful, high quality relationships with young people that are built on respect, care and unconditional positive regard. They use a mixture of outdoor and creative experiences to help young people unlock their potential and they also deliver focussed projects to support young people who find themselves in vulnerable situations. Their approach is underpinned by ‘Awareness, choice, action’. They support young people to; become critically conscious of themselves and their situations, to realise their choices and their power to take control of their lives, to take action and make changes for themselves and others. Brathay work with over 7000 young people every year and improve their well-being, resilience, potential and future employability. They work with young people who are at risk of being exploited and those facing significant challenges in their lives.

I am excited about the challenge ahead and hoping to raise as much as I possibly can to support the amazing work that Brathay is doing. Please consider sponsoring me and asking your friends and family to do so too! Every little bit helps to change the life of a young person who has had a tough start in life.

Thank you. **Michelle Woodcock** x

<https://www.justgiving.com/fundraising/michelle-woodcock262>

## If you're reading this before Sunday 29<sup>th</sup> March,

then come along to our 5<sup>th</sup> Sunday service 10.30am Sunday 29<sup>th</sup> March at St. John's, Helsington

This service will use Liturgy from the Iona Community which seeks to connect us to creation and each other in very down-to-earth, practical way. Within the service we will be focussing on the huge challenge facing our planet from a changing climate and will wrestle a bit with our responsibility as Christians and what differences we should be seeking to make, both individually and corporately. Open to anyone from across our seven villages, whether you regularly come to church or not, you are warmly welcome to come as we seek to engage with this most pressing of issues.

## **Damson Day is cancelled**

It is with great regret that in view of the current and prospective situation with regards to Coronavirus, we have taken the decision to cancel this years Damson Day. Following a meeting last night, it was agreed that it is highly probable that in coming weeks the government may take steps to ban large public events. In the event that were not to happen, we feel we have a responsibility to the people living with the valley and those working in it, not to increase the chances of the virus being passed on to those less able to cope with the effect it has. In addition, if the event were to go ahead, it is likely that we would see a large reduction in gate numbers, which would have a financial implication to all involved.

Many of you have already forwarded payment for stall fees. Those of you who have paid by BACS will be contacted directly for return bank details within the next few days. All others who have sent cheques, we will destroy those this week.

We hope you understand the reasons behind this sad decision. For clarity, this is a complete cancellation and not postponement for this year.

## ***NOTICES FOR INDIVIDUAL PARISHES***

### **CARTMEL FELL**

#### **Cartmel Fell and District Local History Society**

We hope that on Monday 20th April at 7.30pm we will be able to meet in the Parish Rooms to hear Mrs Diana Matthews take us on a oral tour of the “Lakeland Villas of Windermere”.

On 11th May a limited number of us hope to visit Mrs Matthews at Rayrigg Hall and in June a trip to Ancaster Castle is planned.

**Josephine Viney** ☎ 015395 30535  
Secretary



### **CROOK**

#### **Easter Supper**

REMINDER that on the Wednesday before Easter, 7<sup>th</sup> April, there will be a simple Bring and Share Supper in Crook Memorial hall from 7pm – 8.30pm



## Rummage Sale

The date of the Rummage Sale at Crook Memorial Hall is the 9th May .

## COFFEE and Chat mornings

on the first Tuesday of the month in St. Catherine's Church are well attended and provide opportunity to catch up with friends and neighbours. Everyone is warmly welcomed between 10.00 and 12 noon.

### LITTLE BEASTIES

#### animal encounters

2 p.m.

Crook Memorial Hall on

Sat 25th April

followed by afternoon tea.

Adults £2, Children £1

Numbers to Kath please on

01539 821415.

### Pancake Party

By popular request a very successful Pancake Party was, once again, hosted by Crook Church at the Memorial Hall on Shrove Tuesday. The master chefs and chief pancake makers were Richard Metcalfe and the Briggs family. Delicious fillings were provided as well as a great selection of cheese and biscuits and a large choice of cakes and tray bakes. Everyone seemed to enjoy the friendly atmosphere.

## CROSTHWAITE

### St Mary's Crosthwaite - Easter Flowers

On Saturday 11th April at 1.00pm we will be decorating the Church with flowers etc for Easter.

If you could find the time and would like to help us you will be more than welcome.

Please bring scissors and any flowers or greenery you wish. We will be purchasing some Easter Lilies and Daffodils and will provide containers.

We look forward to seeing you there on April 11th.

Thank you.

**Vonnie** (015395 68028) & **Eileen** (015395 68565)



### A Crosthwaite Cottage to let

I have a cottage to let, preferably to somebody local. It is quite compact, but it has a living room and reasonably spacious kitchen, two bedrooms upstairs, a shower worthy of a caravan and wonderful views down the valley.

Please contact Robert Sykes at [r.sykes56@gmail.com](mailto:r.sykes56@gmail.com) or ☎ 015395 68321.

## **Crosthwaite Show is Back!**

After the no-show of 2019 the must-enter event of the year is back!

**Crosthwaite Show will be held this year on Saturday 4<sup>th</sup> July 2020, please make a note in your diaries.**

The free schedules containing details of the classes will be available at the latest by Easter.

We have moved the date from September to July for a few reasons:

- so that there are more flowers, fruit and vegetables in your gardens to choose for your entries
- it is still in school term time so that children can enter and families can attend
- it avoids a clash with events like the County Show which many people like to enter

For the keen photographers and artists amongst you, you can have advance notice of the classes: the titles are the same for photographs and artwork and they are:

- A structure
- A Tree or Trees
- An Animal or Animals

We are aware that there have been a number of newcomers to our village over the recent 12 months and we want to encourage you to support this event and get involved. The Show will of course be held in the Memorial Hall in Crosthwaite. More information will be publicised about the Show and how you can enter in the weeks and months ahead, but if there are any queries please don't hesitate to give me a ring.

Pat Howarth (☎ 015395 68652).

### **Crosthwaite Show 2020**

The Schedules for this year's show, due to be held on Saturday 4th July, can be seen and downloaded from the village web site (<https://www.crosthwaiteandlyth.co.uk>) and will be available shortly in printed form at various local venues.

However, though the event is still over three months away, the organisers are monitoring developments in the current health situation in the UK, and will be taking advice accordingly as well as responding to local conditions.

## **Crosthwaite Pantomime - January 2020**

January saw yet another pantomime being staged at the Argles Memorial Hall. "Toad in the Hole" was loosely based on the characters from The Wind in the Willows and allowed the usual bunch of would-be-performers to demonstrate their acting skills, or lack of them. If you were one of the 240 people who saw the panto, then you will know what happened. If you did not get a ticket in time then, what you should know is that you missed a treat. The audience on both nights were excellent, joining in wholeheartedly – shouting, singing, applauding and sympathising, which makes it so much easier for the performers, who are raw amateurs. They all work very hard to achieve the level of incompetence that their audiences have come to expect and enjoy.

The evening saw Toad embark on a series of adventures involving a motor cycle, a pogo stick, a space hopper, a tractor, a unicycle and a car. Despite the efforts of his friends, Badger, Ratty, Otter, Don Quay, Miss Owl and Mole, to restrain him and protect him, he finally got caught by the policeman and was sentenced to 100 years in prison by the Judge

assisted by the Clerk of Court. In the meantime the Stoats and Weasels took over his fine house, Toad Hall. The Washerwoman and the Good Fairy managed to devise a plan to enable him to escape from prison and in the final battle the Stoats and Weasels were driven from Toad Hall and all was well that ended well.

Apart from the actors, there are a surprising number of backstage people, without whom the performance would not be possible. Thank you to everyone.

This was the 11th year out of the last 12 years when a Panto has taken place. We already have some great ideas for 2021. If you would like to be involved next year, please contact Roger Smith on 68671.

## **Second Village Hall Report**

The village hall committee consists of the four trustees: Chairman, Vice Chairman, Secretary and Treasurer, (currently Judy Goodland (Acting), Jim Bownass, Anne Douglas and Jenny Waldron), plus very importantly, the representatives of the groups that use the hall. All of whom are invited to the meetings. Please come if you represent a group so that you can have your say.

Since I wrote the first report before Christmas, much has happened. The Christmas Fair and the pantomime were both very successful and great fun. We have also managed to have some repairs done to the lintel and roof on the outside above the stage, with many thanks to the Landowners for their generous grant. We have accepted the quotation of £10K or so from Brackens of Kendal to repair the leaded gullies, 4 front and 4 back. We have applied to the Lottery for a grant, so I hope this work will be able to be done before the autumn.

The hall does need more money so in order to make the most of any donations, the Hall is now registered for Gift Aid, which means that any tax payer's donation is eligible for 25p back for every £ donated. Please contact the Treasurer if you wish to make a donation to the village hall funds. Members of the committee will be present at Damson Day [*now cancelled - Ed.*] to answer questions anyone may have and to accept donations. Compliance with the Health and Safety rules is essential for a public building these days. Neil Denney of the fire service has done an audit and advised us on ensuring the fire doors work appropriately. When we have got these right, wedges will not be allowed. Similarly the safety lights over the outer doors, which cost very little to run, must be on, or our insurance would be invalid in the case of a claim.

Future events : Sat 4<sup>th</sup> April 7.30 Quiz/ pudding evening, £5 £3 for under 16. Sat 25<sup>th</sup> April 7pm A Greek night Sat 2<sup>nd</sup> May from 2-5pm, a table top sale (instead of a jumble sale) £10 per table. Sat 4<sup>th</sup> July Crosthwaite Show. Sunday 6<sup>th</sup> Sept 3-5pm Beetle Drive Sat 10<sup>th</sup> Oct 7.30pm Bingo night. Sat 5<sup>th</sup> December 10-12 Christmas Fair £10 per table Friday/Saturday 29<sup>th</sup>/30<sup>th</sup> Jan 2021 Pantomime

The Annual General Meeting is at 7pm on Tuesday 12<sup>th</sup> May. Everyone is welcome. Please do come: the Argles Village Hall needs your support.

**Judy Goodland**, Acting Chairman of the Village Hall Committee.

## CROSTHWAITE AND LYTH W.I.

We are holding the first of this year's popular  
OPEN MEETINGS on

Wednesday 15th April at 8 pm at Crosthwaite  
Memorial Hall

Speakers : The famous local historians Trevor  
Hughes and Pat Hovey

who will be talking about KENDAL FAMILIES

Admission £4 including light refreshments

Come and join us

Men welcome too!

## Crosthwaite Post Office

Unfortunately the Post Office will  
be closed from Tuesday 21 April  
for 2 weeks (minimum)

Please accept our apologies.

## Exchange

Please note that on all Exchange  
LUNCH DAYS we will close at  
3pm and not 4pm. This hopefully  
will enable the volunteers to leave  
at 4pm. On non lunch days we will  
continue to open at 2pm and close  
at 4pm. In the meantime, the  
Exchange is **closed** until further  
notice.

## Crosthwaite and Lyth Bowling Club

Outdoor bowling will recommence in late March (dependent on the weather) and we look forward to another enjoyable season with members old and new. Membership is open to anyone from the adjoining parishes of Brigsteer, Cartmel Fell, Crook, Underbarrow, Winster and Witherslack.

Bowling is great fun and all levels of skill and experience can be catered for, so if you're interested , why not give it a go!

For further information and enquiry please contact the club secretary, George Swanwick on 07707 807 044 or email [sysiphus99@msn.com](mailto:sysiphus99@msn.com)

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## UNDERBARROW

### Underbarrow Marrow Day

This year's Marrow Day is Sunday 20th September.  
Get the date in your diary and start snapping  
'Weather' for this year's photography competition.  
We get a lot of weather so we are looking forward  
to seeing lots of fantastic photos!



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### Thank you

A huge "thank-you" to all the people who supported me at this most difficult time with cards, flowers and food. Michael played the organ at all the churches in the Valley and many more in and around Kendal.

**Ann Wolfenden**

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**WINSTER**



Holy Trinity Church  
Winster



**Cake Day  
returns!!!**

**APRIL 25th**

in the **Old School** 10.00am - 4.00pm

Join us for refreshments by a cosy log fire.

TEA, COFFEE, SOUP, HOME-MADE CAKES, BOOKS, PLANTS



**Contributions of books, plants, cakes, jam, would be very welcome.**

**For info:- Margaret 015394-42325  
Lily 015395-60247, Debbie 015394-43175**



# WITHERSLACK

## Visit by Dean of St. Pauls Cathedral

See full page advert on back page

## Time of Evensong

Please note that the summer time for Evensong on the 4<sup>th</sup> Sundays of the month will now be 5.00pm. Thus, the service at Witherslack on 26<sup>th</sup> April will be at 5.00pm.



You are invited to  
a weekly

# Tea & Chat



Hosted by Friends of Dean  
Barwick Primary School

Every MONDAY at 1.30-2.30 (except  
Bank Holidays)

At Witherslack Parish Hall



Tea and Chat, which is  
open to all, will run  
alongside our 'Bubble &  
Squeak Food Club' which  
is a membership only  
initiative.

**ALL WELCOME, FREE REFRESHMENTS**

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### Brigsteer WI

Unfortunately our speaker for the evening could not make it at the last minute so we held a very short business meeting, mainly planning our outing in July and a good old natter.

Next month on 8th April Keith Hildrew will be talking about his childhood in Grasmere village in the late 1940s and early 1950s. He was born in 1946 when his father became head teacher of Grasmere school and his family lived in the School House.

His illustrated talk entitled "A life in Grasmere in early 1940s and 50s" explores his memories of the buildings, shops, personalities and of course the surrounding countryside when life seemed much more free and relaxed. He'll show a mixture of photographs taken recently and some from his childhood. This meeting will be open to all from 8pm.

### Cartmel Fell WI

Ruth Smith welcomed 15 members, during a short business meeting numbers were taken for the Group meeting at Brigsteer on 26th March.

Reports were given on the tea cosy knitting at the Hare and Hounds, the planting of the handkerchief tree at Holehird and the centenary fashion show and afternoon tea, Julie, Molly and Ruth had enjoyed that afternoon.

The speaker was Dr. Tom Clare who told us how 'How farming came to the Lake District', this was a very interesting presentation, provoking much discussion. Jane Crowe expressed thanks.

The competition for an agricultural artefact was won by Julie Balshaw and Marion Thompson.

On the 1st April Simon Thomas will give us a bread making demonstration, the competition being a yeast based bake.

Visitors will be most welcome.

**Editorial note:** if any of our readers have any picturesque, colourful, seasonal photographs of the Two Valleys & surrounding area, that you think would be suitable for use on the front cover or back cover of the magazine, please send them to: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk). Please state approximately where & what time of year the photo was taken and who took the photograph.

*Thanks in advance* - **Two Valleys News Editorial Team**

## **Crook WI**

A number of Crook WI members went to Holehird Gardens for the official planting of a Handkerchief Tree by our indomitable Honorary President Mrs Olive Clarke. This special tree is to commemorate the centenary of our County Federation. We had all four seasons of weather that afternoon and we feel the tree will be well cared for in that lovely garden.

A fashion show by Jute of Ulverston and organised by the County Federation of the WI was well attended at the Grand Hotel in Grange. This was followed by a delicious afternoon tea.

**BUTTONS** was the title of the recent talk given by Marjorie Bidgway to Crook W.I. What a fascinating and interesting talk this proved to be. Marjorie is a passionate collector who had become fascinated with the history of clothing and, in particular, the history of buttons. She displayed some of her large collection and all the buttons had a special story or memory. Those who still have their mothers' button boxes will now be unearthing some long-forgotten treasures. The next meeting of the WI in April will have a speaker on Owls.

## **Crosthwaite and Lyth WI**

Members enjoyed the February speaker, Ian Gallagher, who entertained them with tales of his time as a military chaplain.

Unfortunately due to a sudden snowfall, a planned federation event had to be postponed in February.

Knitters from WIs across the valley were invited to the Hare and Hounds, Bowland Bridge.

In exchange for donating a knitted tea cosy, members were to be treated to afternoon tea. It is hoped that the event can be re-arranged soon.

In March, members and guests enjoyed a Spring Lunch at Kendal College.

Students showed off their culinary skills, preparing and cooking a superb meal, whilst honing their serving and 'front of house' skills.

At the April meeting on Wednesday 15th, Trevor Hughes and Pat Hovey will give a talk on Kendal Families. Trevor Hughes is an executive council member of Kendal Civic Society and a guided historical walks leader around Kendal. He gives illustrated talks and lectures about Kendal's history and has helped Kendal Town Council with their publications and exhibitions. He has published several books about the town and collaborated with local authors.

Meetings are held on the 3rd Wednesday of every month, 7.30pm at Argles Memorial Hall where new members are always welcome. There is no charge for your first visit, and no obligation to join, so come along and give us a try.

## **Underbarrow WI**

Andy Lowe is a well known speaker at WI's and is popular due to his vast knowledge of local history. At the March meeting Andy talked about Woodland Crafts and Industries, which was fascinating, and full of so much information relevant to the history of the Lyth Valley, where evidence of traditional industries can be seen all around us. Andy spoke in detail about the tanning industry where oak bark was stripped from the wood and used in the curing process, and the leather made was a reason for K shoes to be established in Kendal. Other industries included charcoal burning, - which used to happen in Brigsteer woods; swill basket making, and the manufacture of gunpowder. We are looking forward to another talk from Andy next year!

The April meeting will be our first evening meeting of the year, at 7.30 pm on Wednesday 11th March. The speaker will be Rosemary Holmes on the subject of "The Silk road to Samarkand", about a journey through Uzbekistan. Everyone is welcome.

## **Witherslack WI**

On Tuesday the 10th March our meeting was extremely well attended. Caroline Blee our President welcomed everyone. We went through the business section discussing in detail forthcoming events outlined in the WI News.

Caroline spoke about our proposed trip by Coach to RHS Tatton Flower Show in July and the interest shown so far we are aiming to fill a coach of 29 passengers. Further confirmation of all details will be discussed at our April meeting. The possibility of a holiday trip to the Dordogne was also discussed and we await further interest.

Caroline then went on to introduce our Speaker for the evening who was Matt Brown House Manager at Sizergh Castle. He spoke in great detail about the Women of Sizergh going back quite a large number of years. The marriages and the fortunes which came about of the various families involved. The Strickland family have lived at Sizergh for more than 750 years and it remains their home today. Albeit it was gifted to the National Trust in 1950. This was an extremely informative and interesting talk going into great detail and leaving the members wishing to pay a visit. So much has been discovered in the archives for the National Trust to bring to light and for the interest of the public. The castle will be open to the public from the 21st March.

Our next meeting will be held on the 14th April and our speaker will be Charlie Whinney on Wood Sculpture. Guest are welcome to attend.

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( 015395 68276 e-mail: [2valleyschurches@gmail.com](mailto:2valleyschurches@gmail.com) (not available Fridays)

**Reader:** Dorothy Grace [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com)

### **St. Anthony's, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke ☎ 015395 31481  
Mrs. Vanda Lambton ☎ 015395 31311

### **St. Mary's, Crosthwaite**

Churchwardens: Mr. Matthew Dobson ☎ 015395 68849  
Mr. John Holmes ☎ 015395 68599

### **Holy Trinity, Winster**

Churchwardens: Mrs. Lily Holme ☎ 015395 60247  
Mrs. Cath Casson ☎ 015394 44958

### **St. Paul's, Witherslack**

Churchwarden: Mr Tony Walshaw ☎ 015395 52491

**Safeguarding Officer:** Mrs. Jane Eccles ☎ 015395 33769/ 077799 53763  
for the above four parishes.

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Mr. Peter Smith ☎ 015395 68927

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## **St. Catherine's, Crook**

**Vicar:** Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,  
Windermere Rd, Kendal. ☎ 015395 83058

**Readers:** Tony and Hilary Fitch ☎ 015395 68577 or [fitchesuk@aol.com](mailto:fitchesuk@aol.com)

**Churchwardens:** Mrs. Lilian Atkinson ☎ 01539 821389  
Mrs. Mary Allcock ☎ 01539 821312

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**Magazine Editors next month:** Charles & Ros Walmsley ☎ 015395 68745

Magazine postbox c/o Crosthwaite Vicarage. e-mail: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk)

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### **MAGAZINE DEADLINES**

Items for entry to the Editor(s) by 12<sup>th</sup> of previous month by e-mail or letter please

# REGULAR EVENTS

## HELSINGTON & BRIGSTEER

Book online at [brigsteervillagehall.co.uk](http://brigsteervillagehall.co.uk) Contact Ann Bryan ☎ 015395 68067

Pilates Intermediate	Mondays 09:30 - 10:45
Pilates Fundamentals	Mondays 11:00 - 12:00
Short Mat Bowls	Mondays 19:30 - 21:30 September to April
Circle Dancing	Tuesdays 10:00 - 11:45
Community Teashop	Fourth Tuesday of the month 15:00 – 16:45
Table Tennis	Tuesdays 19:45 - 21:45 September to May
Yoga	Wednesdays 09.30 - 11:00
Dru Yoga	Wednesdays 18:00 - 19:30
WI	Second Wednesday of the month 19:30
Pilates	Thursday 18:00 - 19:00
Storynights	Second Thursday of the month 19:30
Pilates	Fridays 12:00 - 13:00

## CARTMEL FELL

For bookings contact Helen Caldwell ☎ 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

## CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ 015398 21415

Table Tennis	Monday & Friday 7.30pm - 10pm (from September through Winter months)
Young Farmers Club	Tuesday 7.30pm - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 <sup>st</sup> Wednesday of the month)

## CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address: [www.crosthwaiteandlyth.co.uk/memorialhall.php](http://www.crosthwaiteandlyth.co.uk/memorialhall.php)

Trustees: Judy Goodland, Jim Bownass, Jenny Waldron, Anne Douglas

For bookings contact Kath Edwards ☎ 015395 68879

Playgroup	Tuesdays & Thursdays 9.30am - 11.30am (School Term times)
Indoor Bowling	No dates for April
Exchange	Closed until further notice
Yoga	Wednesdays 7.00 – 8.30pm (1st, 22nd and 29th only)
WI	Third Wednesday of the Month 7pm for 7.30pm
Art Club	Restarts in October

## UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ 015395 68228

Snooker Club	Mondays from 7.30pm
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive

## ALL SAINTS CHURCH, UNDERBARROW

Yoga	Thursdays 9.30 - 10.45. Coffee 10.45 - 11.15
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## WINSTER

For bookings contact Jane Crowe ☎ 015394 44098

## WITHERSLACK

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). new members welcome - all equipment is provided
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Tea & Chat	Every Monday 1.30pm - 2.30pm in the Parish Hall
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Yoga	Wednesdays 6.00pm pm in the Dean Barwick Hall (£7/session)

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**Toad in the Hole - Crosthwaite Pantomime, January 2020  
- Read review on page 12**



# From Restoration to Restoration

## St Paul's Witherslack and St Paul's Cathedral through four Centuries



The Very Rev Dr David Ison  
Dean of St. Paul's Cathedral



Rev. Michael Woodcock  
Vicar of St. Paul's  
Witherslack

Present an illustrated history of the two St. Paul's churches with musical interludes and a Last Night of the Proms finale with organist Paul Gregson.

**St. Pauls Church, Witherslack**  
**Saturday 13 June, 7 p.m.**

*Refreshments will be served at the end*

*Visit: [www.witherslackchurchrestoration.uk](http://www.witherslackchurchrestoration.uk)*

Tickets are free, but need to be reserved by contacting 015395 68276 or [witherslackchurch@gmail.com](mailto:witherslackchurch@gmail.com)

*Retiring Collection to raise money for the Restoration Project.*