



CROSTHWAITE



CARTMEL FELL



HELSINGTON

**TWO  
VALLEYS PARISH  
NEWS**



UNDERBARROW



WITHERSLACK



WINSTER

## *A LETTER FROM MICHAEL WOODCOCK*

Our Springer Spaniel, Jazz, is now two years old. It has been great fun, helping her develop through these early months; I had wanted a gundog for a long time. My previous dogs have all been hounds - dachshunds and deerhounds - and any dog-lover will know that hounds are not the most biddable of dogs; a streak of stubbornness and independence means that they are difficult to train in comparison with many gundogs. So for a while I wanted a dog that I could do something with, that would respond to guidance and training. Thus, with some expert advice from her local breeder, we embarked on a new venture.

Jazz comes from working stock and is a delightful small bitch with boundless energy and enthusiasm. We read many books and were told by our expert friends that it would take two years to train her up. Patience and perseverance were going to be needed! Jazz needed to learn where the boundaries lay; what was acceptable and what was not. Jumping up all over the children WAS NOT; running around on all fours, tail wagging happily WAS. She needed to learn the recall, coming back to my side immediately at the repeating blast of a whistle. She needed to learn how to walk nicely by my side both on and off the lead. She needed to learn to sit and to remain sitting until given another command (In the spaniel world this command is the “h’up”, meaning “hold up”). It is crucial that a good spaniel is steady and can be controlled. Jazz needed to learn to hup at a distance and to hup to the whistle. She also needed to control her natural hunting instincts and search for and retrieve a variety of toys and dummies at my command, not hers; finding them quickly and neatly, holding them carefully and softly in her mouth and learning to retrieve them to me, sitting in front of me and holding on to the dummy until I take it from her mouth with a word of command for her to release it... and then to remain sitting still until given the next command (no running off please). Such a lot to learn and in such an exciting world with endless smells, sounds and sights, no wonder it was going to take such a long time.

Now those two years are up and how has she fared? Well, she is far from perfect, but between us we have managed to learn the basics quite well and Jazz is now fairly competent in many of the skills just described. Every dog owner needs much patience and perseverance; the owners are often the makers of either a good dog or a bad one. This allegory is true for much else in life. Unless we persevere and exercise much patience we are unlikely to reach our goals. Early on in those two years we could have given up and taken an easier route (although we would probably have ended up with an unruly dog). It is often hard to see the goals we are aiming for, especially early on. In other walks of life, if we give up too soon we can become shallow and fickle. Christian discipleship is also a journey of commitment and perseverance, but the goals we reach, as we stick with it, so often surprise and delight us.

St. Paul described his own experience, knowing that he had not yet obtained the goal or was anywhere near perfect, “but I press on to take hold of that for which Christ Jesus

took hold of me.... forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me.” *Philippians 3:12-14*

What do you need to persevere with at this point in your life? If it is good and wholesome, then do it.

Yours in friendship,

*Michael Woodcock*

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## FROM THE REGISTERS



### Baptism

15 August Eve Annabell Crowe at St. Paul’s, Witherslack  
22nd August Oliver Jack Kavanagh at St John's, Helsington



### Wedding

21 August Andrew Johnson and Rebecca Littler at Holy Trinity, Winster  
28 August Craig Marsden and Stacey Redman at St. Mary’s, Crosthwaite  
4 September Huw Maggs and Vanessa Jolly at St. Mary’s, Crosthwaite  
10 September Andrew Ellis and Vicki Evans at St. Mary’s, Crosthwaite

### **Holy Days in October**

- 4 Francis of Assisi, Friar, Deacon, Founder of the Friars Minor, 1226 - Lesser Festival
- 6 William Tyndale, Translator of the Scriptures, Reformation Martyr, 1536 - Lesser Festival
- 10 Paulinus, Bishop of York, Missionary, 644 - Lesser Festival
- 12 Wilfrid of Ripon, Bishop, Missionary, 709 - Lesser Festival
- 13 Edward the Confessor, King of England, 1066 - Lesser Festival
- 15 Teresa of Avila, Teacher of the Faith, 1582 - Lesser Festival
- 17 Ignatius, Bishop of Antioch, Martyr, c.107 - Lesser Festival
- 18 Luke the Evangelist - Festival**
- 19 Henry Martyn, Translator of the Scriptures, Missionary in India and Persia, 1812 - Lesser Festival
- 26 Alfred the Great, King of the West Saxons, Scholar, 899 - Lesser Festival
- 28 Simon and Jude, Apostles - Festival**
- 29 James Hannington, Bishop of Eastern Equatorial Africa, Martyr in Uganda, 1885 - Lesser Festival

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★ **HELINGTON AND BRIGSTEER VILLAGE HALL—OFFICIAL OPENING** ★  
★ The new village hall will be officially opened by Mr Hal Bagot on Wednesday 20th ★  
★ October at 2.00pm. ★  
★ ★  
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# CALLING ALL PARISHIONERS

## **HARVEST FESTIVALS**

**St John's Helsington** Festival service on Sunday 3<sup>rd</sup> October 9.30am with Supper in the NEW Village Hall on Mon 4th at 7pm.

**All Saints Underbarrow** Festival service on Sunday 3<sup>rd</sup> October 6pm with Supper in the Village Institute on Tues 5th at 7pm

**Witherslack** Harvest Festival is on the 3<sup>rd</sup> October. Remembering the stunning displays on Heritage Day, I wonder if any of the village groups – or individuals – would like to create a display in the Church. It would be great if we could make St. Paul's look really 'harvesty'. If you are interested, please get in touch with Val on 015395 52398 and give some idea of what you have in mind.

## **HARVEST COLLECTIONS AT OUR CHURCHES**

This year we would like to support the Diocese's "Harvest for the Hungry" Appeal and also the appeal for Pakistan following the devastating floods in recent weeks. Most of the churches in the team intend to divide their church collections equally between these two projects. The Diocesan "Harvest for the Hungry" Appeal is again supporting two projects this year:

- With Christian Aid we are supporting the Skills Training and Rehabilitation Society (STARS) in Afghanistan. Afghanistan is the poorest country in the world outside Africa and some of our parishioners have family fighting out there. STARS support vulnerable people, particularly in rural areas and much of this is in the field of literacy as well as animal husbandry and vegetable growing.
- And through USPG and is in our link diocese of Zululand. Bishop Dino is working through local consultation to see that the land owned by the church is used to its fullest capacity for cultivation and basic agronomy to stimulate rural market communities.

Everyone is also aware of the devastation caused by the floods in Pakistan and as it such an exceptional tragedy we would like to make a donation to the Disasters Emergency Committee for Pakistan.

It is good at Harvest time not only to give thanks for the blessings and privileges we enjoy, but also in our small way, to look outward and seek to support those less fortunate than ourselves, both at home and abroad... We look forward to seeing you at our Harvest services and hope you may be inspired to support these projects.

### **Children's Choir & Breakfast!**

Do you enjoy singing? Do you like breakfast? Are you in Year 2 - Year 11 at school? If the answer is yes to any of the above then read on!

We are starting a children's choir and breakfast club at St. Mary's Church, Crosthwaite on a monthly basis. We plan to meet at the church at 10am have a choir practice which will include learning hymns, songs and other music along with some basic musicianship skills. We will stop for breakfast at about 10.35am. We are open to ideas as to what the breakfast may be, but croissants, jam, muffins and favourite cereals are likely to be a feature. At 11am we will wipe away the jam stains and help the adult choir to lead the morning service. (A very important job).

Parents, you are welcome to accompany your child (you may even wish to think about joining our adult choir, which is friendly and always welcoming of new members) or you may drop your child off at church for 10am and collect them at 12.10pm when the service will have finished.

Due to Michelle's ongoing training as a Curate (still a few weekends away) it will take a while for us to be able to fix a regular Sunday of the month but the dates for this term are below and we would love to see you. Please feel free to contact us if you require more information, or just turn up at St. Mary's Church, Crosthwaite on Sunday 12<sup>th</sup> September at 10am, we'll be delighted to see you! (By the way, it's a good idea to have breakfast if you're up early and have a second breakfast at church!)

Breakfast Choir will run from 10am – 12.10pm on the following Sundays...

Sunday 24<sup>th</sup> October, Sunday 28<sup>th</sup> November & Sunday 12<sup>th</sup> December.

Contact Michelle Woodcock 015395 68276 for further details.

### **Pathfinders**

Pathfinders resumes on Monday 11th October. We meet from 4.45pm – 6.45pm at The Vicarage in Crosthwaite and we begin each session with a hot, home cooked meal. We then spend some time studying the Bible together in various interactive and fun ways. All young people in Year 5 (age 9) and above are welcome...why not come along and bring a friend; you may be surprised at how much fun it is! Please contact Michelle Woodcock for further details or to let us know you are coming so that we have enough food. 015395 68276.

### **Children's Holiday Club – 28<sup>th</sup>/29<sup>th</sup> October 9.45am – 12pm**

You may have noticed that we didn't run our annual Children's Summer Holiday Club this year. Completing Ordination training and needing time for a Holiday too left us with too little time to fit one in, but have no fear...instead we plan to run a workshop style Holiday Club at St. Mary's Church, Crosthwaite on Thursday and Friday 28<sup>th</sup> and 29<sup>th</sup> October. (Half term). The Holiday Club will run from 9.45am – 12.30pm and all children aged 3 – 12 are welcome. There will be a series of craft workshops to join in with (more details nearer the time) and mums and dads are welcome to stay and join in or leave their children to have fun without them. Put the date in your diary now and look out for further details soon!

Michelle Woodcock 015395 68276.

## **LET'S GO TUDOR AT CARTMEL FELL !**

Remember to come to this very special and unique service at St. Anthony's, Cartmel Fell at 10.30am on Sunday 31<sup>st</sup> October. We plan to re-create a service of Holy Communion from the very first English Book of Common Prayer of 1549. This was published in the reign of King Edward VI and St. Anthony's church was just 45 years old at the time. It would have been a big change for any parish as the liturgy changed from the Roman Catholic Latin mass to the first Church of England English Communion service. This first Prayer Book only lasted 3 years before it was replaced with the 1552 version, and it gives us an intriguing glimpse into how our service of Holy Communion evolved and changed. We have invited local singers and musicians to take part in this service, presenting music that would have been around at that period, so recorders and viols and voices will combine to accompany this fascinating occasion. Make a note in your diary and why not come along to the service in period costume to add to the occasion – anything "Tudor-looking" will suffice, but this is of course optional ! Period style refreshments will also be served (but freshly made!). Remember the clocks go back this weekend!

## **EVENSONG – WHAT'S IT ALL ABOUT?**

There will be a short talk about the Anglican service of Evensong at 5.45pm on Sunday 17<sup>th</sup> October in St. Mary's church, Crosthwaite. We will explore the origins of this lovely service and explain some of its meaning. We will then break for a cuppa before the 6.30pm service of Evensong scheduled for that day. Folk are welcome from all our parishes if this subject interests you.

## **ALL SOULS' SERVICE**

This year our special All Souls' Service will be at 6.30pm on Sunday 7<sup>th</sup> November and hosted by St. Mary's, Crosthwaite. This is a service where we remember loved ones who are no longer with us on earth. We would like to invite all of you who would find it helpful to remember particular people who have gone before us, to come to this service and share what is always a very special time with us. We ask that you write the Names of those you would wish to be remembered on the special Lists that will be available in all the churches from 17<sup>th</sup> October; these Names will then be read out and remembered in the course of the service. Please PRINT the names in capital letters so that we can easily read them. Remember, this Service is for everyone who reads this magazine, not just the people of Crosthwaite....

## **SUNG COMPLINE AT CARTMEL FELL 8.00 P.M. TUESDAY 26<sup>TH</sup> OCTOBER**

Come along and bring your own candle as we enjoy this wonderfully atmospheric service in the recently newly lit church at Cartmel Fell. The service lasts just under 30 minutes.

### **HOWDENJONES – Helsington & Brigsteer Village Hall**

**Friday, 15<sup>th</sup> October at 7.30 pm**

Kate Howden and Paul Jones are songwriters with that special magic that takes you on a journey through a musical landscape, telling stories and sharing experience with their music. They play guitar, fiddle, mandolin, bodhran and cajon. Tickets: adults £6.00, children free. Tickets from Peter 015395 68498 or Elizabeth 68434.

## HARE HILL KITE FESTIVAL

On Cartmel Fell

(1.5 miles north of High Newton on fell road)

Sunday 3<sup>rd</sup> October, Noon – 5pm

Come fly your kite and help raise money for Step by Step Cumbria

Bring your kite, family and friends

Cream teas, stalls, tractor rides

Entrance - £2.50, 6 years and under free

For more information ring 015395 31311 or email [lambton@kencomp.net](mailto:lambton@kencomp.net)

**Step by Step: “Restoring broken lives back into the community through 12 transforming steps of faith and Christian hope**

### CHRISTMAS SHOEBOX CAMPAIGN 2010

We are once again asking for your support for the Operation Christmas Child Shoebox Appeal and would like to encourage as many people as possible to fill shoeboxes. Empty shoeboxes and leaflets will be available in your local church and the contact people for the Two Valleys Parishes are as follows:-

District Co-ordinator Rosemary Webster 015395 68013

**Cartmel Fell** Ann Ratcliffe 015395 58107

**Crosthwaite** Caroline Holmes 015395 68599  
or Geraldine Wilson 015395 68836

**Helsington** Irene Matthews 015395 68495

**Underbarrow** Irene Matthews 015395 68495

**Witherslack** Tony & Irene Brennand 015395 58337

**Winstar** Margaret Gambie 015394 42325

Filled shoeboxes can be left in church and will be collected by your contact person.

The date for collecting shoe boxes and any extra items you may have from

Crosthwaite Exchange is **Wednesday 17<sup>th</sup> November 2010**.

The checking day for all shoeboxes is **Monday 22<sup>nd</sup> November** at Winstar Village Hall.

**Thank you for your support.**

### HARALD HAUGAARD TRIO

23<sup>rd</sup> November at 7.30 p.m.

**Brigsteer & Helsington Village Hall**

Performing as part of Highlights Community Touring Scheme, Harald Hauggard presents his outstanding new trio featuring Danish guitarist Rasmus Zeeburg, percussionist Sune Rahbeck and a special guest performance by singer Helen Blum. They play a mix of Danish and Celtic roots and folk music, with Danish dance tunes featuring alongside Haugaard's own beautiful compositions. Harald studied both classical and folk fiddle and is acclaimed as one of the world's top fiddlers. Tickets: adults £7.00, children £3.50, family £19.

## **AUTUMN BALL—15 OCTOBER CROSTHWAITE VILLAGE HALL**

The Governors and Friends of Crosthwaite School invite you their Autumn ball. Tickets cost £25 and include a 3 course buffet meal, live music and a bottle of red and white wine on each table. Proceeds will be divided between the school and local children's causes. Tickets from school on 68471 or from Helen Todd on 015395 68384 or Paula Cross on 015395 68797.

## **CROSTHWAITE GARDEN RAMBLE PREMIER— 23 OCTOBER VILLAGE HALL**

Well we are nearly there, it will soon be time for the world premier of the 2010 Garden Ramble in glorious Technicolour, All the glitterati will be coming and it's a night that you cannot miss; make sure that you walk down the red carpet. The Executive Producer is Jim Bownass ; it's a BVS- Video Production. This is another blockbuster and is sure to fill cinemas everywhere. Many folk have already seen the trailer on the 14<sup>th</sup> June; this is the full 63 minutes version-unexpurgated. All 16 gardens on screen. You just cannot miss this film! Lights out at 7.30 pm; wine and nibbles for a modest charge. Bring your money, if you want to buy a DVD.

## **PIANO WANTED FOR CROSTHWAITE VILLAGE HALL**

If you have an unwanted piano, or know where we could purchase a second hand one at a reasonable cost, please get in touch with Gordon Pitt on 015395 68210 or Jim Bownass on 68203.

# ***NOTICES FOR INDIVIDUAL PARISHES***

## **BRIGSTEER**

The 'Second Saturday' Coffee Morning will be held at Kell Garth, Brigsteer, on 8th October, 10.30-12 noon. For further details, contact Zita on 015395 68765.

Brigsteer **Table Tennis group** will start at 8pm on every Tuesday from October 5<sup>th</sup>, in the new Brigsteer Village Hall. New players will be welcome.

### **BRIGSTEER OPEN GARDENS 2011 Sunday & Monday May 29th & 30th**

Although this seems a long way ahead it will come all too quickly. Lots of help will be needed from opening your garden to assisting with parking and catering. Please put the dates in your diaries. If you need more information or wish to volunteer please phone Beryl Mansbridge on 015395 68570.

## **CARTMEL FELL**

### **HARVEST SONGS OF PRAISE SUNDAY 10 OCTOBER 5.30 P.M.**

Do come to along to this special Songs of Praise service for Harvest All are welcome.

### **HARVEST SUPPER - 10 OCTOBER Parish Hall –6.45 p.m. approx.**

Higginsons will provide the hot dish, which will be followed by homemade puddings and desserts. After the meal there will be a sale of produce from the Church and a raffle, proceeds for charity. We hope many members of the local community will join us. It would be helpful if you could let Vanda (015395 31311) know if you intend to come. Costs Adults £6 Children £3.

## **JOINT SERVICE - 31 OCTOBER**

There will be a special joint Service in St Anthony's —see page 7 for further details.

## **CARMEL FELL W.I . WINE TASTING 6th October—8 p.m. Parish Hall**

Cartmel Fell WI extends a warm welcome to everyone, including husbands, friends and neighbours, to a Wine Tasting by Oddbins of Kendal. A wide variety of wines will be available with advice and information from an expert. An excellent evening not to be missed so put the date in your diary. There will be a small charge of £2 for guests. Look forward to seeing you all.

## **CARMEL FELL LOCAL HISTORY SOCIETY—AUTUMN PROGRAMME**

**11th October:** "Lakeland Inscribed" Lyn Wilman discloses unusual monuments and inscriptions, found when walking in the Lake District.

**8th November:** Andy Lowe. "Power from the Fells".

**13th December:** Christmas dinner.  
Enquiries to the secretary, Jeni Boothman, 015395 68389

## **THANK YOU**

Many thanks to Vicky and Oliver for inviting us to Cowmire Hall for our Summer Lunch. It was a most enjoyable occasion with good company, good food and a sunny day. Games, races and entertainment all added to the fun. £220 was raised for Church Funds.

## **CARMEL FELL COMMUNITY TRUST QUIZ & BINGO NIGHT - 9 OCTOBER**

7 p.m. at Cartmel Fell Parish Hall.  
Tickets £6.50 to include Pie & Pea supper.  
Bring your own drinks.

## **DATE FOR YOUR DIARY**

Quiz at the Mason's Arms on 15th November; More details next month.

## **BONFIRE NIGHT 6TH NOVEMBER**

at Cartmel Fell Parish Hall, with our usual lantern procession, fireworks, storytelling by the fire, hotpot supper etc. Further details in next month's magazine, or look out for the posters.

## **ST ANTHONY'S ROTAS COFFEE**

October 10th Harvest

October 24th Bridie Prichard

## **FLOWERS**

Harvest everyone

Anne Ratcliffe & Lily Holme

# **CROOK**

## **HARVEST THANKSGIVING**

We will be celebrating harvest at St Catherine's, Crook on Sunday October 3<sup>rd</sup>, with services at both 10am and 6.30pm. This year, we will be recognising the national initiative of "Back to Church Sunday", combined with our harvest services. Harvest provides a wonderful opportunity for us to welcome back those who have come to church in the past, as well as those who are curious to see what goes on each Sunday at 10am. The morning service will be more suitable for younger children. The evening service will be led by Tim Montgomery and will follow the pattern of previous years.

## **HOME GROUPS**

St Catherine's Crook holds home groups every fortnight on Thursdays. These are beginning again after the summer break on Thursday 23<sup>rd</sup> September. One group meets at the home of Tony and Hilary Fitch, Thorns Barn, Underbarrow on Thursday afternoons at 2.30pm and the other in the evenings at the home of Peter and Anne

Keene, Spigot House, Crook. Home groups are for everyone who would like to think, talk and learn a bit more and to spend some time with others. There are already three members of Hilary's group who come from Underbarrow, rather than Crook, and others are very welcome from across the Two Valleys. If you are interested in joining us, please contact either Brian Crowe (015395 68959) or Hilary Fitch (015395 68577).

## **CROSTHWAITE**

**Calor Cumbria Village of the Year 2009**  
**[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)**

### **ADVANCE WARNING—9 October**

Please be aware that on this Saturday there will be blank shots fired outside the memorial hall sometime in the late afternoon or early evening but no later than 9.30pm. This is part of a country and western wedding celebration. The police are aware of this and might be present. If you have any concerns please contact Jim Bow-nass or Valerie Harrison.

### **CROSTHWAITE ART CLUB**

The Art Club will re-convene for its autumn season at 1.45pm on Monday 4<sup>th</sup> October in the Memorial Hall. We hope to have a tutor once a month and on other Mondays members endeavour to assist one another with advice, criticism (constructive!) and encouragement. Members have a fair mix of abilities, and work in water-colour, acrylics, pastels and oils. Our meetings are also very pleasant social occasions. Anyone who would like to come along to join us or see what we do is assured of a warm welcome. For further information contact Rodney Sale on 015395 68785.

### **CROSTHWAITE & LYTH BOWLING CLUB**

Following a very enjoyable outdoor season the green will close at the end of September and reopen at the beginning of April when we look

forward to welcoming old and new members to the Club. If anyone in the adjoining Parishes of Brigsteer, Cartmel Fell, Crook, Winster and Witherslack would like to join us please put the date in your diary for next spring! Please contact Pat Walker, Secretary tel: 015395 68584.

### **CROSTHWAITE SHORT MAT BOWLING CLUB**

Indoor bowling will start on Tuesday 5th October, 7.30 p.m. to 10.00 p.m. in the village hall, and every Tuesday and Thursday until the end of March 2011. New members very welcome to these sociable evenings. Come along, or contact Penny Blair (Secretary) on 015395 68441.

#### **Crosthwaite and Lyth W.I.**

Following the success of our earlier  
**OPEN MEETINGS**

we invite you to join us  
at Crosthwaite Memorial Hall  
on Wednesday 20<sup>th</sup> October at 8pm.  
Our Speaker – **Terry Bond MBE**

will talk about  
*“Lancaster Castle – Fortress to a  
Prison”*

Admission £2, including light  
refreshments

All welcome – even men!

### **HOUSING MATTERS!**

**For the attention of those in need of homes, and those who can provide homes, in the parish of Crosthwaite and Lyth!**

There will be a meeting in the Argles Memorial Hall on Wednesday November 10th at 7.30pm when Senior Planner David McGowan and Community Housing Officer Paula Allen from the LDNPA will

come to tell us about the Authority's new planning policies. We are very much hoping that these will prove to be more flexible and that some much needed local homes can be built that will meet our community's aspirations. Come and find our more!

*Mary Harkness* (on behalf of Crosthwaite and Lyth Parish Council)

### **ST MARY'S ROTAS COFFEE**

10<sup>th</sup> Pat & Gordon Howarth.

24<sup>th</sup> Denise Park

### **FLOWERS**

3<sup>rd</sup> Volunteers please.

10<sup>th</sup> Gladys Doodsoon.

17<sup>th</sup> Volunteers please.

24<sup>th</sup> Mary Rockliffe

31<sup>st</sup> Volunteers please.

Note: Will flower volunteers please contact Vonnice Sharp (52005) Or Eileen Alston (68565)

### **CROSTHWAITE HELPLINE**

Please contact:

Geraldine & Arthur Wilson on 015395 68836.

## **HELSEINGTON**

### **HARVEST SUPPER IN NEW VILLAGE HALL 4 OCTOBER**

The traditional Helsington harvest supper will be held for the first time in the new Helsington & Brigsteer village hall at 7.00pm. So do come along and enjoy a hot meal (vegetarian option available) with home-made puds and cider/soft drinks, with live entertainment, sale of produce and a raffle. Convivial company and a chance to experience the superb new venue are guaranteed. Please note tradition de-

mands that you bring your own knife fork and spoon! Tickets at £7.50 for adults, £2.50 for children under 12 and £20.00 for a family are available from members of the PCC or at the door. Proceeds in aid of church funds.

### **HARVEST FESTIVAL 3 OCTOBER**

**9.30am at St John's Church Helsington**

Everyone is welcome to join us for a traditional Harvest Festival Service.

## **UNDERBARROW**

### **HARVEST FESTIVAL 3 OCTOBER**

**All Saints Church Underbarrow 6 p.m.**

Everyone is welcome to join us for a traditional Harvest Festival Service

### **HARVEST SUPPER 5 OCTOBER**

**7pm at Underbarrow Village Institute**

Tickets for the Harvest Supper are available from PCC members at £7.50 for adults and £5 for children. There will be a hot-pot supper followed by a selection of delicious home-made sweets. Everybody is welcome; **do come and enjoy this major village event!** All proceeds are in aid of church funds.

### **UNDERBARROW HELPLINE**

Please contact:

Frank Hodson on 01539 728280

Mabel Evans on 015395 68481

Tom Handley on 01539 724013

## **WINSTER**

### **HARVEST FESTIVAL 3 OCTOBER**

We welcome members of the Two Valleys Choir who are coming to enhance our 11 a.m. Harvest Festival again this year.

## **UNITED SERVICE WITH ST. MARY'S, WINDERMERE 24 OCTOBER**

We have again been invited to St. Mary's, Windermere to join with them for a united service of Evensong at 6.00pm. Special refreshments will follow. Do come along to this service as St. Mary's always puts on a good spread for us and shows such generous hospitality. If you need or would like a lift then contact Michael Woodcock 015395 68276. Note - No 11am service at Winster.

## **ANDY LOWE TALK & SLIDE SHOW 29 OCTOBER 7.30 p.m.**

We are delighted to welcome back Andy Lowe to Winster Village Hall to give one of his very popular slide shows. This time his subject will be "Lakeland Bridges". Andy is a well known and popular speaker, so this will definitely be an evening not to be missed. Please make a note of the date in your diary and come along to hear him.

## **HOLY TRINITY FLOWERS**

3rd Harvest—Everyone Welcome  
10th & 17th—Lily Holme  
24th and 31st—Margaret Gambie

## **WITHERSLACK**

[www.witherslack.org](http://www.witherslack.org)

### **WITHERSLACK COMMUNITY SHOP**

Monday 7.45 – 6.30  
Tuesday 7.45 – 6.30  
Wednesday 7.45 – 12.30  
Thursday 7.45 – 6.30  
Friday 7.45 – 7.00  
Saturday 9.00 – 4.00  
Tel. 015395 52188

## **HARVEST SUPPER & AUCTION SALE WITHERSLACK PARISH HALL**

**Saturday 2nd October at 6:45 pm**

Enjoy a Higginson's pie with peas, wine, sweet and coffee - followed by a short auction

Adults £6.50, Children £2.50  
(inc. wine) (inc. soft drink)

Tickets available from Hilda (52341), Val (52398), Community Shop (52188) and other PCC members. Contributions of produce for the Auction are most welcome.

## **SUNDAY CLUB**

Sunday Club in October joins in the Family Service for Harvest in church at 9.30am on **Sunday 3<sup>rd</sup> October**. The next Sunday Club will be on **Sunday 7<sup>th</sup> November** and we meet at St. Paul's church, Witherslack from 9.30am - 10.30am. All children aged 3 - 12 are welcome and will enjoy making friends with our expanding existing group who eat biscuits, play games and create craft items.

## **ST PAUL'S ROTAS**

### **SIDEMEN**

3rd Anne Duffin  
10th Danny Jackson  
17th Richard Coats & Steve Hodgson  
24th Val Pattison  
31st Joint Service at St. Anthony's

### **READERS**

3rd Hilda Jarvis  
10th Barbara Page  
17th Trevor Farrer  
26th Val Pattison  
31st Joint Service at St. Anthony's

## **FLOWERS**

Mrs L Bowman & Mrs A Walshaw



## **BRIGSTEER**

W.I. Brigsteer will meet on Thursday, 14th October, at 7.30pm. We hope to learn about the work of Medecins Sans Frontieres. Visitors will be most welcome.

## **CARTMEL FELL**

Members at the September meeting drifted through the evening misty eyed on a wave of nostalgia listening to the lyrics and music of Rodgers and Hammerstein. During an excellent presentation by Walter Johnston we were intrigued by revealing snippets of information about the background and stars of the famous musicals - who would have thought that Yul Brynner started his entertaining career as a ballet dancer!

Thanks were also given to Jane Crowe, in her absence, for the excellent summer outing she had arranged to Whitehaven - a splendid day with lots of varied interesting activities including a guided tour of the harbour, plenty of opportunities to sample delicious food at each stop and view (and buy!) arts and crafts. The next meeting, on Wednesday 6th Oct at 7.45pm Cartmell Fell Parish Hall, will be A Wine Tasting Evening to which we have pleasure in welcoming husbands and visitors. For further details tel: Anne Radcliffe 015395 52107

## **UNDERBARROW**

There was a well attended meeting in September with Ms.C Bell taking the floor for a most interesting talk about the RAF and low flying. The RAF carries out numerous tasks like moving troops across the world, dealing with humanitarian issues and extracting troops from problem areas like

Pakistan. In Cumbria, the RAF military helicopters light up the ground for troops to exit while on training exercises. They were involved in the recent Cumbrian floods connecting with the Air Ambulance and other emergency services. An essential part of their training involves low flying exercises - which is important for protecting troops on the ground, night and day in difficult terrain.

The RAF routinely spot check every low flying aircraft, every minute of every day, to ensure that they are not flying too low and creating unnecessary problems. Overall, low flying is what enables aid to be flown in to difficult places, because civilian aircraft cannot make drops. It also allows for troops to be deployed safely. The MOD tries to reassure anyone concerned about this aspect of RAF training, that it is carried out safely, and in the best interests of the British public.

## **WITHERSLACK**

Ann Walshaw thanked Shirley Christie for organising the train trip in August which was a great success. Also thanks to helpers at the "Village Fete" where we made £97 on our stall . The WI will decorate a window in church for the Harvest Festival. Two teams will compete in the Federation Quiz at Gilpin Bridge. Helpers and bakers were recruited for the Witherslack Horse Show. Catering is shared with the Parish Hall Committee this year. It is Witherslack's turn to host the Spring Flower Show next year on March 27th and a meeting has been arranged to plan the schedule. The speaker was Jack Ellerby who gave a presentation about the work of the Friends of the Lake District. It was very informative and showed what a busy group they are, striving to protect the precious landscape. They get many volunteers and young people involved. Next month:-October 12th . Bob Bradley talks about Red Squirrels. This meeting is OPEN to husbands and friends. Free admission.8 pm. Tea and biscuits. Visitors always welcome Tel:52302

# REGULAR EVENTS

## BRIGSTEER

Scottish Dancing	Thursdays at 7.30pm in Brigsteer Village Hall Contact Pauline Hampson 015395 68672
Table tennis	Tuesdays at 8pm in from October 5th in Brigsteer Village Hall
Yoga	Tuesdays 6 - 7.30pm from 14th September in Brigsteer Village Hall

## CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 8pm during winter
Chi Kung (beginners)	Wednesdays 4-5pm
Tai Chi	Thursdays 4-5pm

## CROSTHWAITE MEMORIAL HALL

Check bookings online at <http://www.crosthwaiteandlyth.co.uk>

Art Club	Mondays 1.45pm from Monday 4th October
Rainbows	Mondays 4.30pm-5.30pm
Playgroup	Tuesdays & Thursdays 9.30-11.30am from 7th
Exchange	1st Wednesday 1pm-4pm; other Weds 2pm-4pm
Women's Institute	Every 3rd Wednesday of the month at 7.30pm
Indoor Bowling	Tuesdays and Thursdays 7.30 p.m.—10.00 p.m.

## UNDERBARROW INSTITUTE

Quilting class	Mondays 2-4pm
Billiards Club	Mondays from 7.30pm
Brigsteer Table tennis	Tuesdays 8pm (see above)
WI	Every 2nd Wednesday of the month at 7.30pm (1.30pm in Nov, Dec, Jan & Feb)

## WINSTER

Book & Plant days	10.30am—4.30pm last Saturday in the month
Keep Fit	Mondays 9.30am-10.30am
Line Dancing Classes	Mondays 7.30pm-9.30pm at Winster Village Hall

## WITHERSLACK

Indoor Bowling	Wednesdays 7.30-10pm
Parent & Toddler Group	Tuesdays 10am until Noon
Tea & Chat Group	Every 1st Tuesday of the month at 2pm
Women's Institute	Every 2nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am-12.30pm