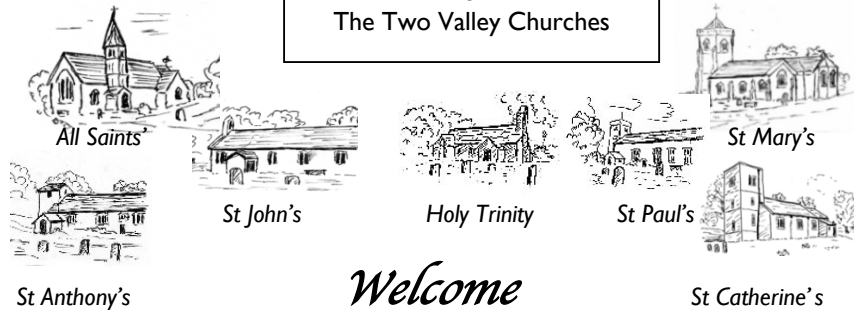


4th Sunday before Lent

10th February 2019

NOTICE SHEET
for
The Two Valley Churches



Welcome

Welcome to our Sunday Service

Please do stay for coffee and chat following the service.

Prayer is always available; please see the Minister at the end of the service.

A Prayer for the week ahead

*Lord of the hosts of heaven,
our salvation and our strength,
without you we are lost:
guard us from all that harms or hurts
and raise us when we fall;
through Jesus Christ our Lord.
Amen.*

Diary Dates

Sunny Side Up breakfasts

We will be resuming the occasional Saturday morning Sunny Side Up Breakfasts in the Village Halls across our Two Valleys. The dates are all Saturdays and are as follows: 2nd March, Crosthwaite, 27th April, Cartmel Fell, 8th June, Crook 27th July Witherslack, 21st September Brigsteer, 9th November Winster

Refresh

Wednesday 27th February 7.30pm

“Refresh” meets in St Mary’s Crosthwaite, Do come along to a short time of informal worship, bible reading and prayer. Something a bit different to our usual Sunday services. For anyone across the Two Valleys churches. Aims to finish around 8.30pm.

Art and the Bible Story, "Christ driving the traders from the temple" A powerful, spiritual picture by El Greco is this week's painting for our observation and reflection with themes of passion, love and anger to discuss. **Tues 2.15pm Castle St Centre**, and repeated **Weds 7.45 pm St Thomas' Kendal Lounge**. Cost £1 to cover costs and any profits go to Kendal Winter Shelter Project. Everyone welcome, no expertise needed. Come as often and as regular as you like.

World Day of Prayer

Friday 1st March 2.00pm

Praying for Slovenia, A service for everyone. Theme: Come – Everything is Ready! Service is at Kendal Parish Church followed by refreshments.

Ash Wednesday

6th March 2019 10.00am

A service of Holy Communion (CW) with Ashing at St Mary’s, Crosthwaite. Everyone is welcome. This service of Holy Communion with Ashing is a significant and powerful way of beginning the season of Lent.

Revision of Church Electoral Roll

Please note that every six years the Church Electoral Rolls are completely revised. This year if you wish to remain a member on your local Church Electoral Roll or if you wish to become a member, please complete an Application Form which can be obtained from your local Electoral Roll Officer. You need to be at least 16 years old, a member of the Church of England, and either living in your local parish or worshipping regularly at the church if you live outside the parish.

Food Bank News

2018 was the busiest year since the food bank started nearly seven years ago, a request has gone out for Sponge or Rice Puddings and microwave Rice Pots. Thank you.

Manna House Official Opening

9th March 11.00am -1.00pm

All invited for a showcase of Manna House services in celebration of the new premises at the Stephenson Centre on Ann Street Kendal.

Prayer

Please remember Dorothy and Martin Grace in your prayers upon the death of Martins mum Elizabeth during the hours of Thursday morning

Next Sunday

10th February

All our village church services for the month of February can be found in the Two Valleys Parish News or on the Two Valleys Web Site.

www.crosthwaiteandlyth.co.uk/twovalleys

General Enquires, weddings and baptisms for churches served by Rev. Michael Woodcock please contact mich@elwoodcock.com or 015395 6827