



All Saints'  
Underbarrow

**NOTICE SHEET**

for  
The Parish of Underbarrow  
with Helsington,  
worshipping at  
All Saints and St John's,  
part of the  
Two Valleys Team Ministry



St John's  
Helsington

[www.crosthwaiteandlyth.co.uk/twovalleys.html](http://www.crosthwaiteandlyth.co.uk/twovalleys.html)

*Welcome to our Morning Service.*

**We especially welcome you if you are visiting us today.  
Please do stay for coffee and chat following the service.**

**The service today at Helsington is led by: Rev Ron Rutter**

**The service today at Underbarrow is led by: Rev Michael Middleton**

**Today's Readings: Romans 12:1-8 & Matthew 16:13-20**

**Prayer for the week**

God of glory,  
the end of our searching,  
help us to lay aside  
all that prevents us from seeking your kingdom,  
and to give all that we have  
to gain the pearl beyond all price,  
through our Saviour Jesus Christ



St Anthony's  
Cartmel Fell



Holy Trinity  
Winster



St Mary's  
Crosthwaite



St. Paul's  
Witherslack



St. Catherine's  
Crook

If you have any notices for the notice sheet and/or general enquiries please contact

[brianadmin@stkm.org.uk](mailto:brianadmin@stkm.org.uk)

*Diary Dates*

**Moving Mountains**

God for All ambition that by 2020 every person in Cumbria will have had an opportunity to discover more of God and his purpose for their lives. Various events will take place over the weekend of 8<sup>th</sup>-11<sup>th</sup> March next year. More details to follow.

**Dementia Friendly Churches – Update and Information**

There will be a dementia-friendly musical afternoon on Sunday 3<sup>rd</sup> September 2017 from 2.30 pm – 4.30 pm at Kendal Parish Church, followed by afternoon tea. This event is free of charge. To book seats telephone Beverley Moore on 07970286613

The Kendal Tea Service takes place at 2.30 pm on the third Thursday of every month at Kendal Parish Church. Can I remind you that as the Dementia Enabler for the Two Valleys community I would be pleased to talk to anyone who would like to discuss, in confidence, any concerns or needs that they might have as a person with dementia or as a carer. Di Dew – Dementia Enabler for the Two Valleys 015395 68680

**Market Place Books presents Bitesize Theology**

Theology is for everyone, and you are invited along to “The coffee shop sessions” at Cafe Nero, Kendal, for some relaxed talks and to help you gain a deeper understanding of Jesus and why he matters. Led by Dr Roger Latham, Director of Cumbria Christian Learning. 6.30 for 7pm start finishing at 8.30pm on the following dates 6<sup>th</sup> September, 11<sup>th</sup> October, 8<sup>th</sup> November

**“Time to Pray” for the Two Valleys** Tuesday 12<sup>th</sup> September 2.30pm  
Our next gathering will be in St. Anthony's, Cartmel Fell. We meet for about 30-45 minutes to talk and pray for all that is going on in our parishes. Do come and join in, even if you are not comfortable with praying out loud – silent prayers are just as valid. It makes all the difference having you there.

**Advance Notice. Underbarrow Harvest Festival and Supper**

The Harvest Festival will be held in All Saints' Church at 6 p.m. on Sunday 24<sup>th</sup> September. As in the previous two years, we are requesting that the church be decorated with flowers and non-perishable food. The latter will be given to a food bank in Kendal. The Harvest Supper will be held at 7 p.m. in The Institute on Tuesday September 26<sup>th</sup>. As in previous years, this promises to be a well-supported and enjoyable occasion.

Tickets, £10 for adults and £5 for children, are available from PCC members.

*Services for next week*

9.30am Underbarrow Holy Communion

*3<sup>rd</sup> September*

Canon Michael Middleton

**Prayer for Healing and Wholeness** is always available.

Please ask the service leader at the end of the service.